# BUSINESS IMPACT ASSESSMENT ON OBESITY AND POPULATION LEVEL NUTRITION (BIA-OBESITY) BELGIUM 2020

## **CARREFOUR**

#### **Commitments \***



Overall score: 31/100

Overall ranking: 4/5

BIA-Obesity domain scores and overall score compared with the best performing company (best available practice) in Belgium

#### **Performance**

| FORM: product formulation °  | Results   | Ranking |
|--|-----------|---------|
| Median Nutri-Score of product portfolio  | С         |         |
| % of food products within product portfolio with Nutri-Score A                             | 24.9      | 2/5     |
| % of products within product portfolio with Nutri-Score E                                  | 12.8      | 1/5     |
| % of products within product portfolio that are ultra-processed                            | 49.7      | 2/5     |
| PROMO product and brand promotion  | Results   | Ranking |
| % of products not permitted to be marketed to children according to the WHO-Europe model ° | 68.5      | 2/5     |
| % of food promotions in circulars over one year for ultra-processed food products ~&       | 45.7-48.4 | 2/5     |
| % of food promotions in circulars over one year for fresh fruit and vegetables ~&          | 7.9-9.9   | 3/5     |

<sup>° 2018, ~ 2019 – 2020, &</sup>amp; Carrefour Market & Carrefour Hypermarket

<sup>\*</sup> Full engagement, Data collected till 31 October 2020

### Areas of strength and key recommendations to improve commitments on obesity and population level nutrition

| Domain  | Tertile | Areas of strength   | Key recommendations   |
|---|---------|---|---|
| STRAT -<br>Corporate<br>nutrition<br>strategy           | 1       | Clear commitment to improve population<br>nutrition and health on the national website  | <ul> <li>Publish regular reports detailing the company's approach to population nutrition and health and regular reporting on nutritional objectives and targets</li> <li>Refer to global priorities within the overarching nutrition strategy e.g. World Health Organization recommendations and Sustainable Development Goals</li> <li>Include SMART (specific, measurable, achievable, relevant and time bound) objectives and targets within the overarching nutrition strategy</li> <li>Link the Key Performance Indicators of senior managers to the overarching nutrition strategy and related objectives and targets</li> </ul>   |
| FORM –<br>Product<br>formulation                        | 2       | <ul> <li>Signatory to the "Convention for a Balanced Diet"</li> <li>Some action taken to reduce salt, saturated fats, sugars and portion sizes based on internally set reformulation targets. Public reporting on progress in reducing levels of salt in bread.</li> </ul>  | <ul> <li>Develop SMART targets to reduce sodium, saturated fats, added sugars and portion sizes across the product portfolio</li> <li>Commit to limit the addition of artificial trans-fats to products</li> <li>Adopt an official nutrient profiling system (e.g. Nutri-Score) to guide reformulation efforts</li> </ul>   |
| LABEL -<br>Nutrition<br>labelling                       | 3       | <ul> <li>Providing clear and comprehensive online nutritional information for all (own-brand) products, on a per 100g/ml basis</li> <li>Supporting of and commitment to implement the Nutri-Score on packages of own-brand food products</li> <li>Disclosing the policy position regarding front-of-pack labelling</li> <li>Providing information on Nutri-Score online for own-brand products</li> </ul> | <ul> <li>Commit to only label products with nutrition and health claims when products are healthy, according to an official nutrient profiling system</li> <li>Use shelf tags that provide Nutri-Score for all (own-brand) food products in-store</li> </ul>  |
| PROMO –<br>Product<br>and brand<br>promotion            | 1       | Signatory to the Belgian Pledge   | <ul> <li>Make and publish commitments to reduce the exposure of children to unhealthy food marketing on own website</li> <li>Develop a marketing policy that applies to children up to the age of 18 years and that defines a target audience using children's peak viewing times instead of proportion of population watching</li> <li>Commit to not use premium offers (e.g., promotional toys, games, vouchers and competitions) in marketing of unhealthy products</li> <li>Commit to not use promotional characters (e.g., cartoons, tie-ins, celebrities) in marketing of unhealthy products</li> <li>Commit to limit the in-store promotion of unhealthy products</li> <li>Commit to limit the proportion of unhealthy (compared with healthy) foods promoted in regular catalogues</li> <li>Commit for in-store product presentations, product giveaways or tastings to be for healthy products only</li> </ul> |
| ACCESS –<br>Product<br>accessibility                    | 1       |   | <ul> <li>Commit to a greater level of discount applying to healthy foods compared to unhealthy foods</li> <li>Commit to limit multi-buy specials on unhealthy foods</li> <li>Support the implementation of fiscal policies by the government to make healthier foods relatively cheaper and unhealthy foods relatively more expensive taking into account the growing scientific evidence base</li> <li>Publicly commit to dedicate a minimum amount of shelf space/floor space to healthy products and a maximum to less healthy products</li> <li>Commit for checkouts to be free from unhealthy items</li> <li>Commit to limit the placement of unhealthy items at end of aisle displays or other high-traffic areas</li> <li>Adopt an official nutrient profiling system (i.e. Nutri-Score) to classify products for the purposes of product accessibility</li> </ul>   |
| RELAT –<br>Relationships<br>with other<br>organisations | 2       | Public disclosure of supported external research<br>and nutrition education programs  | <ul> <li>Publicly disclose support for professional organizations and external research</li> <li>Publish information on political donations or statement of no activity within this area</li> <li>Publish support of Belgian industry associations, think tanks, interest groups, community organisations or other organisations that are involved in population nutrition, obesity and NCD issues on own website</li> </ul>  |
| OVERALL   | 2       | Actively engaged with the BIA-Obesity tool and process  | Actively engage with the BIA-Obesity tool and process   |