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# Food Consumption Survey Belgium Database 2014-2015

**GENERAL DATABASE**

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## 1. Introduction

This manual focuses on the variables and indicators of the **general database**. These variables have been collected either by a CAPI (computer-assisted personal interviewing), a self-reported questionnaire/form (health questionnaire or logbook) or an objective measurement (accelerometer, anthropometric measurements).

All data are organised at the individual level. A person selected through sampling and having agreed to participate in the survey is considered as a participant. In children (3-9 years) a parent or legal guardian was used as a proxy respondent. The person in charge of cooking in the household had to answer the questions concerning food safety (chapter 4). Thus, data concerns either information on the respondent him/herself or information on the household he/she lives in.

This section aims to list all variables stated in the questionnaires and explain all indicators constructed on their basis. Variables and indicators are presented by topic.

The French and Dutch versions of the questionnaires are available on the website of the Food Consumption Survey 2014-2015:

- Dutch version: <https://fcs.wiv-isp.be/nl/SitePages/Vragenlijsten.aspx>
- French version: <https://fcs.wiv-isp.be/fr/SitePages/Questionnaires.aspx>

**Comment:** Because a small cell risk analysis pointed out a potential risk of indirect identification of individuals, certain restrictions will have to be applied in delivering information concerning household characteristics (chapter 2.3):

- they should not be delivered;  
OR
- the age of household members should be aggregated in broader age group and the composition of the household should be made less precise.



## 2. Background characteristics

### 2.1. Interview related information

#### **Variables FCS 2014**

id	Identification number of participant
Intervie	Date of CAPI interview 1
Intervie2	Date of CAPI interview 2
hc00	Person responding to the questions
DateHQ	Date of self-completing health questionnaire

#### **Indicators FCS 2014**

wfin	Weight of the individual within the sample
mark_capi	Number of available CAPI interviews
mark_epic	Number of available 24-hour recalls
mark_hq	Availability of health questionnaire
mark_accel	Availability of accelerometer data
mark_log	Availability of physical activity logbook
season	Season
day	Day of the week

*Remark: idcode2 until idcode12 are empty variables which separate the information of each member of the household.*



Variable FCS2014	id
Title Type of variable Possible value Value labels Construction	<p data-bbox="619 331 1114 365">Identification number of participant</p> <p data-bbox="619 371 692 405">Char</p> <p data-bbox="619 412 890 445">X<sub>1</sub>X<sub>2</sub>X<sub>3</sub>X<sub>4</sub>X<sub>5</sub>X<sub>6</sub>X<sub>7</sub>X<sub>8</sub></p> <p data-bbox="619 452 635 486">/</p> <p data-bbox="619 492 1054 526">The id is composed of 8 digits:</p> <ul data-bbox="667 533 1353 1429" style="list-style-type: none"> <li data-bbox="667 533 1353 633">• The first digit: number of the region (1 = Flemish region, 2 = Brussels-capital region, 3 = Walloon region)</li> <li data-bbox="667 640 1353 891">• The first three digits: number of the group (101-136, 201-207, 301-321). A total of 64 groups participated to the survey. A group is largely equivalent to a 'municipality'. Nevertheless, in the case of large cities, several groups can be allocated to a similar municipality.</li> <li data-bbox="667 898 1353 931">• Fourth digit: trimester of sampling (1,2,3,4)</li> <li data-bbox="667 938 1353 1429">• Fifth and sixth digit:            The sixth digit refers to the age-gender stratum of participant:           <ul style="list-style-type: none"> <li data-bbox="756 1048 1078 1081">– 1 = 3-5 years male</li> <li data-bbox="756 1088 1106 1122">– 2 = 3-5 years female</li> <li data-bbox="756 1128 1078 1162">– 3 = 6-9 years male</li> <li data-bbox="756 1169 1106 1202">– 4 = 6-9 years female</li> <li data-bbox="756 1209 1115 1243">– 5 = 10-17 years male</li> <li data-bbox="756 1249 1142 1283">– 6 = 10-17 years female</li> <li data-bbox="756 1290 1115 1323">– 7 = 18-39 years male</li> <li data-bbox="756 1330 1142 1364">– 8 = 18-39 years female</li> <li data-bbox="756 1370 1115 1404">– 9 = 40-64 years male</li> <li data-bbox="756 1411 1142 1444">– 0 = 40-64 years female</li> </ul>           The fifth digit refers to the number of the selected person in that stratum.         </li> </ul> <p data-bbox="619 1503 1353 1615">(caution: for a participant from the <i>first trimester</i> the fifth and the sixth digit both refer to the age-gender stratum (1-10))</p> <ul data-bbox="667 1621 1353 1995" style="list-style-type: none"> <li data-bbox="667 1621 1353 1912">• The seventh digit: identification of the cluster (1, 2, 3, 4)            A cluster is an ensemble of 4 people who were considered as "equivalent" in the sampling process (same municipality of residence, gender and age). The principle behind the clustering is that one person of each cluster should take part in the survey.</li> <li data-bbox="667 1919 1353 1995">• The eight digit: identification of the individual in the cluster (1, 2, 3, 4)</li> </ul>
Denominator	All participants



Remarks	<p><b>Example:</b> The participant with id “31231711”:</p> <ul style="list-style-type: none"> <li>– Is living in the Walloon region (3)</li> <li>– Belongs to group 312 (is living in Liège)</li> <li>– Was sampled for the third trimester</li> <li>– Refers to a participant of the first age-gender stratum (male between 3-5 years)</li> <li>– Refers to the seventh selected person in that stratum</li> <li>– Belongs to the first cluster</li> <li>– Is the second individual within that cluster</li> </ul>
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<b>Variable FCS2014</b>	<b>Intervie</b>
Title	Date of CAPI interview 1
Type of variable	Num
Possible value	Between 01/02/2014 and 18/05/2015
Value labels	DD/MM/YYYY
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>Intervie2</b>
Title	Date of CAPI interview 2
Type of variable	Num
Possible value	Between 12/02/2014 and 22/05/2015
Value labels	DD/MM/YYYY
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>hc00</b>
Title	Person responding to the questions
Type of variable	Num
Possible value	1 to 4
Value labels	<ul style="list-style-type: none"> <li>• 1 = Mother</li> <li>• 2 = Father</li> <li>• 3 = Female caretaker of the participating child (e.g. sister, aunt)</li> <li>• 4 = Male caretaker of the participating child (e.g. brother, uncle)</li> </ul>
Denominator	Children
Remarks	/

<b>Variable FCS2014</b>	<b>DateHQ</b>
Title	Date of self-completing health questionnaire



Type of variable	Char
Possible value	DD/MM/YYYY
Value labels	/
Denominator	All participants
Remarks	This variable has not yet been subjected to a quality control, as it was not used for the report.



<b>Indicator FCS2014</b>	<b>wfin</b>
Title	Weight of the individual within the sample
Type of variable	Num
Possible value	From 0.088 to 13.900
Value labels	/
Based on variable(s)	Age, prov, hc0105, season
Construction	The weight is the ratio between the population of a stratum (variable "N") and the number of interviews in this stratum (variable "total"). The factor 4 (quarters) comes in to reweight the sample to an equal spread over the whole year: <ul style="list-style-type: none"> <li>• <math>wfin = (N/(4*total))</math>;</li> </ul> The weighting factors are normalized: <ul style="list-style-type: none"> <li>• <math>wfin = (wfin*3299)/8361510</math> ;</li> </ul>
Denominator	All participants
Remarks	National statistics from the population by provinces on January 2014 were used to calculate the weighting factor.

<b>Indicator FCS2014</b>	<b>mark_capi</b>
Title	Number of available CAPI interviews
Type of variable	Num
Possible value	0 to 2
Value labels	<ul style="list-style-type: none"> <li>• 0 = No CAPI interview</li> <li>• 1 = One CAPI interview</li> <li>• 2 = Two CAPI interviews</li> </ul>
Based on variable(s)	intervie, intervie2
Construction	<ul style="list-style-type: none"> <li>• if <math>intervie=. \text{ or } intervie2=. \text{ then } mark\_capi=1</math>; else <math>mark\_capi=2</math>;</li> <li>• if <math>mark\_capi = . \text{ and } intervie = . \text{ and } intervie2 = . \text{ then } mark\_capi = 0</math>;</li> </ul>
Denominator	All participants
Remarks	When the variable 'intervie' (date of CAPI interview) is missing no CAPI interview was done.

<b>Indicator FCS2014</b>	<b>mark_epic</b>
Title	Number of available 24-hour recalls
Type of variable	Num
Possible value	0 to 2
Value labels	<ul style="list-style-type: none"> <li>• 0 = No 24-hour recalls</li> <li>• 1 = One 24-hour recall</li> <li>• 2 = Two 24-hour recalls</li> </ul>
Based on variable(s)	INT_DATE
Construction	<ul style="list-style-type: none"> <li>• PROC TRANSPOSE DATA=merged32 OUT=transposed;</li> </ul>





	<pre> BY ID_NUM ; VAR INT_DATE; RUN;  • DATA transposed (DROP= _NAME_ _LABEL_); SET transposed; IF COL1=. OR COL2=. THEN mark_epic=1; ELSE mark_epic=2; RUN;  • DATA merged; DATA merged; if mark_epic = . and int_date = . then mark_epic = 0; RUN; </pre>
Denominator	All participants
Remarks	When the variable 'int_date (date of 24-hour recall interview) is missing no 24-hour recall was done.

<b>Indicator FCS2014</b>	<b>mark_hq</b>
Title	Availability of health questionnaire
Type of variable	Num
Possible value	1
Value labels	<ul style="list-style-type: none"> <li>• 1 = Available health questionnaire</li> <li>• -1 = Missing health questionnaire</li> <li>• -3 = Not applicable</li> </ul>
Based on variable(s)	ed01-ed08, db01-db26, pd01-pd07, hs01-hs11
Construction	<pre> • array health (52) ed01-ed08 db01-db26 pd01-pd07 hs01-hs11; array hquest (52); do i=1 to 52; if health(i) ne . then hquest(i)=1;else hquest(i)=0; end;  • if sum(of hquest1-hquest52)=0 then h_quest=0;else h_quest=1; • drop hquest1-hquest52;  • if h_quest=1 then mark_hq=1; • else if h_quest=0 and hq=1 then mark_hq=- 1; • else if h_quest=0 and hq=. then mark_hq=- 3; </pre>
Denominator	All participants
Remarks	



<b>Indicator FCS2014</b>	<b>mark_accel</b>
Title	Availability of accelerometer data
Type of variable	Num
Possible value	1
Value labels	<ul style="list-style-type: none"> <li>• 1 = Available accelerometer data</li> <li>• -1 = Missing accelerometer data</li> <li>• -3 = Not applicable</li> </ul>
Based on variable(s)	date, age, val01
Construction	<ul style="list-style-type: none"> <li>• if date ne . then mark_accel=1;</li> <li>• else if date = . and (3&lt;=age&lt;18) then mark_accel=-1</li> <li>• else if date = . and age&gt;=18 and val01=1 then mark_accel=-1;</li> <li>• else if date = . and (age = . or val01 = .) then mark_accel=-1;/</li> <li>• else if date = . and age&gt;=18 and val01 in (2,8,9) then mark_accel=-3;</li> </ul>
Denominator	All participants
Remarks	

<b>Indicator FCS2014</b>	<b>mark_log</b>
Title	Availability of physical activity logbook
Type of variable	Char
Possible value	adult or child
Value labels	<ul style="list-style-type: none"> <li>• -1 = Missing PA logbook</li> <li>• -3 = Not applicable</li> </ul>
Based on variable(s)	logbook (child/adult), age, val01
Construction	<ul style="list-style-type: none"> <li>• if logbook='child' then mark_log='child';/*logbook filled in by children or adolescents*/</li> <li>• else if logbook='adult' then mark_log='adult';</li> <li>• else if logbook="" and (3&lt;=age&lt;18) then mark_log='-1';</li> <li>• else if logbook="" and age&gt;=18 and val01=1 then mark_log='-1';</li> <li>• else if logbook="" and (age=. or val01=.) then mark_log='-1';</li> <li>• else if logbook="" and age&gt;=18 and val01 in (2,8,9) then mark_log='-3';</li> </ul>
Denominator	All participants
Remarks	

<b>Indicator FCS2014</b>	<b>season</b>
Title	Season
Type of variable	Num
Possible value	1 to 4



Value labels	<ul style="list-style-type: none"> <li>• 1 = Winter</li> <li>• 2 = Spring</li> <li>• 3 = Summer</li> <li>• 4 = Autumn</li> </ul>
Based on variable(s)	date_rec1 (date of the first 24-hour recall), interview
Construction	<ul style="list-style-type: none"> <li>• if date_rec1 ne . then do;</li> <li>• if '01jan2014'd &lt;= date_rec1 &lt; '21mar2014'd or '21dec2014'd &lt;= date_rec1 &lt; '21mar2015'd then season=1;</li> <li>• else if '21mar2014'd &lt;= date_rec1 &lt; '21jun2014'd or '21mar2015'd &lt;= date_rec1 &lt; '21jun2015'd then season=2;</li> <li>• else if '21jun2014'd &lt;= date_rec1 &lt; '21sep2014'd then season=3;</li> <li>• else if '21sep2014'd &lt;= date_rec1 &lt; '21dec2014'd then season=4; end;</li> <li>• if date_rec1 = . then do;</li> <li>• if '01jan2014'd &lt;= interview &lt; '21mar2014'd or '21dec2014'd &lt;= interview &lt; '21mar2015'd then season=1;</li> <li>• else if '21mar2014'd &lt;= interview &lt; '21jun2014'd or '21mar2015'd &lt;= interview &lt; '21jun2015'd then season=2;</li> <li>• else if '21jun2014'd &lt;= interview &lt; '21sep2014'd then season=3;</li> <li>• else if '21sep2014'd &lt;= interview &lt; '21dec2014'd then season=4;end;</li> </ul>
Denominator	All participants
Remarks	The season is based on the date of the first 24-hour recall. If this interview is missing the season is based on the date of the first CAPI interview.

<b>Indicator FCS2014</b>	<b>day</b>
Title	Day of the week
Type of variable	Num
Possible value	1 to 7
Value labels	<ul style="list-style-type: none"> <li>• 1 = Sunday</li> <li>• 2 = Monday</li> <li>• 3 = Tuesday</li> <li>• 4 = Wednesday</li> <li>• 5 = Thursday</li> <li>• 6 = Friday</li> <li>• 7 = Saturday</li> <li>• -1 = No answer/missing</li> </ul>
Based on variable(s)	date_rec



Construction  
Denominator  
Remarks

- `day = weekday(date_rec);`
- All participants
- “Date\_rec” is a variable collected from the Globodiet interview.
  - In SAS the WEEKDAY function produces an integer that represents the day of the week, where 1=Sunday, 2=Monday, ... , 7=Saturday.



## 2.2. Demographic information

### Variables FCS 2014

hc0104	Indicated age of participant
hc0105	Gender of participant
gc011	Language usually spoken at home (answer 1)
gc012	Language usually spoken at home (answer 2)
gc0101	Other language usually spoken at home
gc02	Country of birth of participant
gc03	Country of birth of partner of the participant
gc06	Country of birth of the person answering the questions
gc07	Country of birth of the partner of the person answering the questions
gc041	Nationality of participant (answer 1)
gc042	Nationality of participant (answer 2)
gc043	Nationality of participant (answer 3)
gc051	Nationality of the partner of the participant (answer 1)
gc052	Nationality of the partner of the participant (answer 2)
gc081	Nationality of the person answering the questions (answer 1)
gc082	Nationality of the person answering the questions (answer 2)
gc091	Nationality of the partner of the person answering the questions (answer 1)
gc092	Nationality of the partner of the person answering the questions (answer 2)

### Indicators FCS 2014

age	Age of the participant
age7c	Age of the participant
agegroup	Age of the participant
PSU	Primary Sampling Unit (Municipality)
prov	Province
regio	Region
gc04_1	Nationality of participant



<b>Variable FCS2014</b>	<b>hc0104</b>
Title	Indicated age of participant
Type of variable	Num
Possible value	3 to 65
Value labels	/
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>hc0105</b>
Title	Gender of participant
Type of variable	Num
Possible value	1 or 2
Value labels	<ul style="list-style-type: none"><li>• 1 = Male</li><li>• 2 = Female</li></ul>
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>gc011</b>
Title	Language usually spoken at home (answer 1)
Type of variable	Num
Possible value	1 or 2
Value labels	<ul style="list-style-type: none"><li>• 1 = Dutch/French</li><li>• 2 = Other language</li></ul>
Denominator	All participants
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc012</b>
Title	Language usually spoken at home (answer 2)
Type of variable	Num
Possible value	1 or 2
Value labels	<ul style="list-style-type: none"><li>• 1 = Dutch/French</li><li>• 2 = Other language</li> <li>• -3 = Not applicable</li></ul>
Denominator	All participants
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc0101</b>
Title	Other language usually spoken at home
Type of variable	Char
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>
Denominator	All participants



Remarks	/
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<b>Variable FCS2014</b>	<b>gc02</b>
Title	Country of birth of participant
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• 1 = Belgium</li><li>• 2 = Other EU member state</li><li>• 3 = Not a EU member state</li></ul>
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>gc03</b>
Title	Country of birth of partner of the participant
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• 1 = Belgium</li><li>• 2 = Other EU member state</li><li>• 3 = Not a EU member state</li> <li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>
Denominator	Adults
Remarks	/

<b>Variable FCS2014</b>	<b>gc06</b>
Title	Country of birth of the person answering the questions
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• 1 = Belgium</li><li>• 2 = Other EU member state</li><li>• 3 = Not a EU member state</li> <li>• -3 = Not applicable</li></ul>
Denominator	Children
Remarks	/

<b>Variable FCS2014</b>	<b>gc07</b>
Title	Country of birth of the partner of the person answering the questions
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• 1 = Belgium</li><li>• 2 = Other EU member state</li></ul>



Denominator	Children
Remarks	/

- 3 = Not a EU member state
- -3 = Not applicable

<b>Variable FCS2014</b>	<b>gc041</b>
Title	Nationality of participant (answer 1)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li> </ul>
Denominator	All participants
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc042</b>
Title	Nationality of participant (answer 2)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li> </ul>
Denominator	All participants
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc043</b>
Title	Nationality of participant (answer 3)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1=Belgium</li> <li>• 2=Other EU member state</li> <li>• 3=Not a EU member state</li> <li>• -3 = Not applicable</li> </ul>
Denominator	All participants
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc051</b>
Title	Nationality of the partner of the participant (answer 1)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> </ul>





	<ul style="list-style-type: none"> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li> </ul>
Denominator	Adults
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc052</b>
Title	Nationality of the partner of the participant (answer 2)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li>   <li>• -3 = Not applicable</li> </ul>
Denominator	Adults
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc081</b>
Title	Nationality of the person answering the questions (answer 1)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li>   <li>• -3 = Not applicable</li> </ul>
Denominator	Children
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc082</b>
Title	Nationality of the person answering the questions (answer 2)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li>   <li>• -3 = Not applicable</li> </ul>
Denominator	Children
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc091</b>
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Title	Nationality of the partner of the person answering the questions (answer 1)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• 1 = Belgium</li><li>• 2 = Other EU member state</li><li>• 3 = Not a EU member state</li> <li>• -3= Not applicable</li></ul>
Denominator	Children
Remarks	Multiple answers possible.

<b>Variable FCS2014</b>	<b>gc092</b>
Title	Nationality of the partner of the person answering the questions (answer 2)
Type of variable	Num
Possible value	/
Value labels	<ul style="list-style-type: none"><li>• 1 = Belgium</li><li>• 2 = Other EU member state</li><li>• 3 = Not a EU member state</li> <li>• -3 = Not applicable</li></ul>
Denominator	Children
Remarks	Multiple answers possible.



<b>Indicator FCS2014</b>	<b>age</b>
Title	Age of participant
Type of variable	Num
Possible value	3.173 to 64.978
Value labels	/
Based on variable(s)	hc0103, Intervie
Construction	<ul style="list-style-type: none"> <li>• age = ROUND (yrdif(hc0103,intervie,"age"), 0.001)</li> <li>• if age &gt;=65 then age=age-1;</li> </ul>
Denominator	All participants
Remarks	<ul style="list-style-type: none"> <li>• The age was calculated based on the difference between the date of birth and the date of interview 1.</li> <li>• Individuals until 64 years were selected, but persons could already have had a birthdate before the first date of interview and be one year older (65 years). Their ages were put as 64 (age -1) to be included in the 7<sup>th</sup> and 3<sup>th</sup> age category.</li> </ul>

<b>Indicator FCS2014</b>	<b>age7c</b>
Title	Age of participant
Type of variable	Num
Possible value	1 to 7
Value labels	<ul style="list-style-type: none"> <li>• 1 = 3-5 years</li> <li>• 2 = 6-9 years</li> <li>• 3 = 10-13 years</li> <li>• 4 = 14-17 years</li> <li>• 5 = 18-34 years</li> <li>• 6 = 35-50 years</li> <li>• 7 = 51-64 years</li> </ul>
Based on variable(s)	age
Construction	<p>age is recoded in 7 categories:</p> <ul style="list-style-type: none"> <li>• if 3 &lt;= age &lt; 6 then age7c = 1</li> <li>• else if 6 &lt;= age &lt; 10 then age7c = 2;</li> <li>• else if 10 &lt;= age &lt; 14 then age7c = 3;</li> <li>• else if 14 &lt;= age &lt; 18 then age7c = 4;</li> <li>• else if 18 &lt;= age &lt; 35 then age7c = 5;</li> <li>• else if 35 &lt;= age &lt; 51 then age7c = 6;</li> <li>• else if 51 &lt;= age &lt; 65 then age7c = 7;</li> </ul>
Denominator	All participants
Remarks	/

<b>Indicator FCS2014</b>	<b>agegroup</b>
Title	Age of participant



Type of variable	Num
Possible value	1 to 3
Value labels	<ul style="list-style-type: none"> <li>• 1 = 3-9 years</li> <li>• 2 = 10-17 years</li> <li>• 3 = 18-64 years</li> </ul>
Based on variable(s)	age
Construction	<p>age was recoded in 3 categories:</p> <ul style="list-style-type: none"> <li>• if <math>3 \leq \text{age} &lt; 10</math> then agegroup = 1;</li> <li>• else if <math>10 \leq \text{age} &lt; 18</math> then agegroup = 2;</li> <li>• else if <math>18 \leq \text{age} &lt; 65</math> then agegroup = 3;</li> </ul>
Denominator	All participants
Remarks	/

Indicator	PSU
<b>FCS2014</b>	
Title	Primary sampling unit
Type of variable	Num
Possible value	101 to 321
Value labels	<ul style="list-style-type: none"> <li>• 101 = Antwerpen 1</li> <li>• 102 = Antwerpen 2</li> <li>• 103 = Antwerpen 3</li> <li>• 104 = Essen</li> <li>• 105 = Hemiksem</li> <li>• 106 = Morstel</li> <li>• 107 = Bonheiden</li> <li>• 108 = Bornem</li> <li>• 109 = Mechelen</li> <li>• 110 = Mol</li> <li>• 111 = Grimbergen</li> <li>• 112 = Meise</li> <li>• 113 = Opwijk</li> <li>• 114 = Overijse</li> <li>• 115 = Bertem</li> <li>• 116 = Leuven</li> <li>• 117 = Blankenberge</li> <li>• 118 = Brugge</li> <li>• 119 = Ieper</li> <li>• 120 = Avelgem</li> <li>• 121 = Harelbeke</li> <li>• 122 = Oostende</li> <li>• 123 = De Haan</li> <li>• 124 = Zottegem</li> <li>• 125 = Aalter</li> <li>• 126 = De Pinte</li> <li>• 127 = Evergem</li> <li>• 128 = Gent 1</li> <li>• 133 = Sint-Truiden</li> <li>• 134 = Hechtel-Eksel</li> <li>• 135 = Neerpelt</li> <li>• 136 = Tongeren</li> <li>• 201 = Anderlecht</li> <li>• 202 = Auderghem</li> <li>• 203 = Bruxelles</li> <li>• 204 = Forest</li> <li>• 205 = Ixelles</li> <li>• 206 = Jette</li> <li>• 207 = Schaerbeek</li> <li>• 301 = Jodoigne</li> <li>• 302 = Wavre</li> <li>• 303 = Charleroi</li> <li>• 304 = Gerpinnes</li> <li>• 305 = Manage</li> <li>• 306 = Mons</li> <li>• 307 = Comines-Warneron</li> <li>• 308 = La Louvière</li> <li>• 309 = Binche</li> <li>• 310 = Brunehaut</li> <li>• 311 = Flemalle</li> <li>• 312 = Liège</li> <li>• 313 = Neupré</li> <li>• 314 = Seraing</li> <li>• 315 = Soumagne</li> <li>• 316 = Remicourt</li> <li>• 317 = Marche-en-</li> </ul>



	<ul style="list-style-type: none"> <li>• 129 = Gent 2</li> <li>• 130 = Zulte</li> <li>• 131 = Beveren</li> <li>• 132 = Hasselt</li> </ul>	<ul style="list-style-type: none"> <li>• 318 = Famenne</li> <li>• 319 = Florenville</li> <li>• 320 = Beauraing</li> <li>• 321 = Jemeppe-sur-Sambre</li> <li>• 321 = Namur</li> </ul>
Based on variable(s)	id	
Construction	PSU = substr(put(id,10.),1,3);	
Denominator	All participants	
Remarks	The country has been divided into groups representing geographical division. A total of 64 groups participated to the Food Consumption Survey. A group is largely equivalent to a “municipality”. Nevertheless, in the case of large cities, several groups can be allocated to similar municipality.	

<b>Indicator FCS2014</b>	<b>prov</b>
Title	Province
Type of variable	Num
Possible value	1 to 11
Value labels	<ul style="list-style-type: none"> <li>• 1 = Antwerp</li> <li>• 2 = Flemish Brabant</li> <li>• 3 = West Flanders</li> <li>• 4 = East Flanders</li> <li>• 5 = Limburg</li> <li>• 6 = Brussels-Capital region</li> <li>• 7 = Walloon Brabant</li> <li>• 8 = Hainaut</li> <li>• 9 = Liège</li> <li>• 10 = Luxembourg</li> <li>• 11 = Namur</li> </ul>
Based on variable(s)	PSU
Construction	<ul style="list-style-type: none"> <li>• if 101 &lt;= PSU &lt;= 110 then prov = 1;</li> <li>• else if 111 &lt;= PSU &lt;= 116 then prov = 2;</li> <li>• else if 131 &lt;= PSU &lt;= 137 then prov = 3;</li> <li>• else if 122 &lt;= PSU &lt;= 130 then prov = 4;</li> <li>• else if 117 &lt;= PSU &lt;= 121 then prov = 5;</li> <li>• else if 259 &lt;= PSU &lt;= 264 then prov = 6;</li> <li>• else if PSU in (338,339) then prov = 7;</li> <li>• else if 340 &lt;= PSU &lt;= 347 then prov = 8;</li> <li>• else if 348 &lt;= PSU &lt;= 353 then prov = 9;</li> <li>• else if PSU in (354,355) then prov = 10;</li> <li>• else if 356 &lt;= PSU &lt;= 358 then prov = 11;</li> </ul>
Denominator	All participants
Remarks	/



<b>Indicator FCS2014</b>	<b>regio</b>
Title	Region
Type of variable	Num
Possible value	1 to 3
Value labels	<ul style="list-style-type: none"> <li>• 1 = Flemish region</li> <li>• 2 = Brussels-capital region</li> <li>• 3 = Walloon region</li> </ul>
Based on variable(s)	id
Construction	<ul style="list-style-type: none"> <li>• regio = substr(put(id,10.),1,1)</li> </ul>
Denominator	All participants
Remarks	/

<b>Indicator FCS2014</b>	<b>gc04_1</b>
Title	Nationality of participant
Type of variable	Num
Possible value	1 to 3
Value labels	<ul style="list-style-type: none"> <li>• 1 = Belgium</li> <li>• 2 = Other EU member state</li> <li>• 3 = Not a EU member state</li> </ul>
Based on variable(s)	gc041, gc042, gc043
Construction	<ul style="list-style-type: none"> <li>• if gc041=1 or gc042=1 or gc043=1 then gc04_belgium=1; else gc04_belgium=0;</li> <li>• if gc041=2 or gc042=2 or gc043=2 then gc04_EU=1; else gc04_EU=0;</li> <li>• if gc041=3 or gc042=3 or gc043=3 then gc04_notEU=1; else gc04_notEU=0;</li> <li>• if gc041=-1 and gc042=-1 and gc043=-1 then do; gc04_belgium=-1; gc04_EU=-1; gc04_notEU=-1; end;</li> <li>• if gc04_belgium=-1 and gc04_EU=-1 and gc04_notEU=-1 then gc04_1=-1;</li> <li>• if gc04_belgium=1 then gc04_1=1;</li> <li>• if gc04_belgium=0 and gc04_EU=1 then gc04_1=2;</li> <li>• if gc04_belgium=0 and gc04_EU=0 and gc04_notEU=1 then gc04_1=3;</li> </ul>
Denominator	All participants
Remarks	A person with the Belgian nationality can also have another nationality (dual nationality)



## 2.3. Household characteristics

### Variables FCS 2014

HHsize	Household size
hc0102	Relation to participant (participant itself)
hc0110	Relation of person 2 to participant
hc0118	Relation of person 3 to participant
hc0126	Relation of person 4 to participant
hc0134	Relation of person 5 to participant
hc0142	Relation of person 6 to participant
hc0150	Relation of person 7 to participant
hc0158	Relation of person 8 to participant
hc0166	Relation of person 9 to participant
hc0174	Relation of person 10 to participant
hc0182	Relation of person 11 to participant
hc0190	Relation of person 12 to participant
hc0112	Age of person 2 in the household
hc0120	Age of person 3 in the household
hc0128	Age of person 4 in the household
hc0136	Age of person 5 in the household
hc0144	Age of person 6 in the household
hc0152	Age of person 7 in the household
hc0160	Age of person 8 in the household
hc0168	Age of person 9 in the household
hc0176	Age of person 10 in the household
hc0184	Age of person 11 in the household
hc0192	Age of person 12 in the household
hc0113	Gender of person 2 in the household
hc0121	Gender of person 3 in the household
hc0129	Gender of person 4 in the household
hc0137	Gender of person 5 in the household
hc0145	Gender of person 6 in the household
hc0153	Gender of person 7 in the household
hc0161	Gender of person 8 in the household
hc0169	Gender of person 9 in the household
hc0177	Gender of person 10 in the household
hc0185	Gender of person 11 in the household
hc0193	Gender of person 12 in the household
partner	Partner in the household

### Indicators FCS 2014

HHsize_1	Household size
HHtype	Relation to participant (participant itself)



<b>Variable FCS2014</b>	<b>HHsize</b>
Title	Household size
Type of variable	Num
Possible value	0 to 12
Value labels	/
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>hc0102, hc0110, hc0118, hc0126, hc0134, hc0142, hc0150, hc0158, hc0166, hc0174, hc0182, hc0190</b>
Title	Relation to participant
Type of variable	Num
Possible value	1 to 8
Value labels	<ul style="list-style-type: none"> <li>• 1 = Selected person</li> <li>• 2 = Partner</li> <li>• 3 = Mother</li> <li>• 4 = Father</li> <li>• 5 = Child</li> <li>• 6 = Other family relationship</li> <li>• 7 = No kinship</li> <li>• 8 = Brother or sister</li>   <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>
Denominator	All participants
Remarks	The first person in the household is always the selected person (hc0102=1).

<b>Variable FCS2014</b>	<b>hc0112, hc0120, hc0128, hc0136, hc0144, hc0152, hc0160, hc0168, hc0176, hc0184, hc0192</b>
Title	Age of persons in the household
Type of variable	Num
Possible value	0 to 98
Value labels	/
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>hc0113, hc0121, hc0129, hc0137, hc0145, hc0153, hc0161, hc0169, hc0177, hc0185, hc0193</b>
Title	Gender of persons in the household
Type of variable	Num





Possible value	1 or 2
Value labels	<ul style="list-style-type: none"> <li>• 1 = Male</li> <li>• 2 = Female</li>   <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>
Denominator	All participants
Remarks	/

<b>Variable FCS2014</b>	<b>partner</b>
Title	Partner in the household
Type of variable	Num
Possible value	1 or 2
Value labels	<ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li>   <li>• -3 = Not applicable</li> </ul>
Denominator	Children and adults
Remarks	<ul style="list-style-type: none"> <li>• This question was asked in order to inform the CAPI system whether certain questions concerning the partner should be asked or not.</li> <li>• If the participant was a child and a mother and father were indicated in the household they should also answer 'yes' to this question.</li> </ul>



<b>Indicator FCS2014</b>	<b>HHsize_1</b>
Title	Household size
Type of variable	Num
Possible value	1 to 4
Value labels	<ul style="list-style-type: none"> <li>• 1 = 1 person</li> <li>• 2 = 2 persons</li> <li>• 3 = 3 persons</li> <li>• 4 = 4 persons or more</li> </ul>
Based on variable(s)	HHsize
Construction	<ul style="list-style-type: none"> <li>• if HHsize=. then HHsize_1=-1;</li> <li>• else if HHsize=1 then HHsize_1=1;</li> <li>• else if HHsize=2 then HHsize_1=2;</li> <li>• else if HHsize=3 then HHsize_1=3;</li> <li>• else if HHsize&gt;3 then HHsize_1=4;</li> </ul>
Denominator	All participants
Remarks	/

<b>Indicator FCS2014</b>	<b>HHtype</b>
Title	Household type
Type of variable	Num
Possible value	1 to 5
Value labels	<ul style="list-style-type: none"> <li>• 1 = Single</li> <li>• 2 = Single father or mother with child(ren)</li> <li>• 3 = Couple without child(ren)</li> <li>• 4 = Couple with child(ren)</li> <li>• 5 = Other</li> </ul>
Based on variable(s)	<ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul>
Construction	hc0102 , hc0110, hc0118, hc0126, hc0134, hc0142, hc0150, hc0158, hc0166, hc0174, hc0182, hc0190 array a{*} hc0102 hc0110 hc0118 hc0126 hc0134 hc0142 hc0150 hc0158 hc0166 hc0174 hc0182 hc0190; values_gt_2=0; values_gt_3=0; values_gt_4=0; values_gt_5=0; values_gt_6=0; values_gt_7=0; values_gt_8=0; values_gt_mv=0; do _n_=1 to dim(a); if a{_n_}=2 then values_gt_2+1;/*Number of partners in the household*/ if a{_n_}=3 then values_gt_3+1;/*Number of mothers*/ if a{_n_}=4 then values_gt_4+1;/*Number of fathers*/



```
        if a{_n_}=5 then values_gt_5+1;/*Number of
children*/
        if a{_n_}=6 then values_gt_6+1;/*Number of
'other family relationship'*/
        if a{_n_}=7 then values_gt_7+1;/*Number of
'without family relationship'*/
        if a{_n_}=8 then values_gt_8+1;/*Number of
sisters/brothers*/
        if a{_n_}=-1 then values_gt_mv+1;/*No
answer or do not know*/
    end;
```

- if values\_gt\_mv>0 then HHtype=-1;
- else if values\_gt\_2=0 and values\_gt\_3=0 and values\_gt\_4=0 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8=0 then HHtype=1;
- else if (age < 18 or (age > 18 and hc0106 = 1)) and values\_gt\_2=0 and values\_gt\_3=1 and values\_gt\_4=0 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8>=0 then HHtype=2;
- else if (age < 18 or (age > 18 and hc0106 = 1)) and values\_gt\_2=0 and values\_gt\_3=0 and values\_gt\_4=1 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8>=0 then HHtype=2;
- else if values\_gt\_2=0 and values\_gt\_3=0 and values\_gt\_4=0 and values\_gt\_5>0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8=0 then HHtype=2;
- else if values\_gt\_2=1 and values\_gt\_3=0 and values\_gt\_4=0 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8=0 then HHtype=3;
- else if (age < 18 or (age > 18 and hc0106 = 1)) and values\_gt\_2=0 and values\_gt\_3=1 and values\_gt\_4=1 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8>=0 then HHtype=4;
- else if (age < 18 or (age > 18 and hc0106 = 1)) and values\_gt\_2=0 and values\_gt\_3=0 and values\_gt\_4=2 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and values\_gt\_8>=0 then HHtype=4;
- else if (age < 18 or (age > 18 and hc0106 = 1)) and values\_gt\_2=0 and values\_gt\_3=2 and values\_gt\_4=0 and values\_gt\_5=0 and values\_gt\_6=0 and values\_gt\_7=0 and



<p>Denominator Remarks</p>	<p>values_gt_8&gt;=0 then HHtype=4;</p> <ul style="list-style-type: none"><li>• else if values_gt_2=1 and values_gt_3=0 and values_gt_4=0 and values_gt_5&gt;0 and values_gt_6=0 and values_gt_7=0 and values_gt_8=0 then HHtype=4;</li><li>• else HHtype=5;</li></ul> <p>All participants Individuals aged 18 or younger or aged older than 18 and daytime students are considered as 'children'.</p>
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## 2.4. Education

### Variables FCS 2014

hc0106	Going to school (participant)
hc0114	Going to school (person 2 in the household)
hc0122	Going to school (person 3 in the household)
hc0130	Going to school (person 4 in the household)
hc0138	Going to school (person 5 in the household)
hc0146	Going to school (person 6 in the household)
hc0154	Going to school (person 7 in the household)
hc0162	Going to school (person 8 in the household)
hc0170	Going to school (person 9 in the household)
hc0178	Going to school (person 10 in the household)
hc0186	Going to school (person 11 in the household)
hc0194	Going to school (person 12 in the household)
hc0107	Type of school (participant)
hc0115	Type of school (person 2 in household)
hc0123	Type of school (person 3 in household)
hc0131	Type of school (person 4 in household)
hc0139	Type of school (person 5 in household)
hc0147	Type of school (person 6 in household)
hc0155	Type of school (person 7 in household)
hc0163	Type of school (person 8 in household)
hc0171	Type of school (person 9 in household)
hc0179	Type of school (person 10 in household)
hc0187	Type of school (person 11 in household)
hc0195	Type of school (person 12 in household)
hc010701	Other type of school (participant)
hc010702	Other type of school (person 2 in household)
hc010703	Other type of school (person 3 in household)
hc010704	Other type of school (person 4 in household)
hc010705	Other type of school (person 5 in household)
hc010706	Other type of school (person 6 in household)
hc010707	Other type of school (person 7 in household)
hc010708	Other type of school (person 8 in household)
hc010709	Other type of school (person 9 in household)
hc010710	Other type of school (person 10 in household)
hc010711	Other type of school (person 11 in household)
hc010712	Other type of school (person 12 in household)
hc0108	Highest diploma (participant)
hc0116	Highest diploma (person 2 in the household)
hc0124	Highest diploma (person 3 in the household)
hc0132	Highest diploma (person 4 in the household)
hc0140	Highest diploma (person 5 in the household)
hc0148	Highest diploma (person 6 in the household)
hc0156	Highest diploma (person 7 in the household)
hc0164	Highest diploma (person 8 in the household)
hc0172	Highest diploma (person 9 in the household)
hc0180	Highest diploma (person 10 in the household)



hc0188	Highest diploma (person 11 in the household)
hc0196	Highest diploma (person 12 in the household)
hc010801	Other diploma (participant)
hc010802	Other diploma (person 2 in household)
hc010803	Other diploma (person 3 in household)
hc010804	Other diploma (person 4 in household)
hc010805	Other diploma (person 5 in household)
hc010806	Other diploma (person 6 in household)
hc010807	Other diploma (person 7 in household)
hc010808	Other diploma (person 8 in household)
hc010809	Other diploma (person 9 in household)
hc010810	Other diploma (person 10 in household)
hc010811	Other diploma (person 11 in household)
hc010812	Other diploma (person 12 in household)

**Indicators FCS 2014**

el_hh	Educational level of the household
el_ind	Educational level of the participant



<b>Variable FCS2014</b>	<b>hc0106</b>
Title	Going to school (participant)
Type of variable	Num
Possible value	1 or 2
Value labels	<ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> </ul>
Denominator	All participants
Remarks	Going to school means following day time education (eventually part-time)

<b>Variable FCS2014</b>	<b>hc0114, hc0122, hc0130, hc0138, hc0146, hc0154, hc0162, hc0170, hc0178, hc0186, hc0194</b>
Title	Going to school (persons in the household)
Type of variable	Num
Possible value	1 or 2
Value labels	<ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>
Denominator	All participants
Remarks	Going to school means following day time education (eventually part-time)

<b>Variable FCS2014</b>	<b>hc0107</b>
Title	Type of school (participant)
Type of variable	Num
Possible value	0 to 10
Value labels	<ul style="list-style-type: none"> <li>• 0 = Other</li> <li>• 1 = Pre-primary education/kinder garten</li> <li>• 2 = Primary education</li> <li>• 3 = Lower secondary education or secondary education of the 1st and 2nd degree</li> <li>• 4 = Higher secondary education or secondary education of the 3th degree</li> <li>• 5 = Post-secondary not-higher education</li> <li>• 6 = Higher education outside the university – short type, graduate (A1), professional bachelor</li> <li>• 7 = Higher education outside the university – long type, master on a high school</li> <li>• 8 = Academic bachelor (high school or university)</li> <li>• 9 = University, licentiate, engineer or master</li> </ul>



Based on variable(s)	• 10 = Doctorate with thesis hc0107
Construction	IF hc0107=11 then hc0107=0
Denominator	All participants
Remarks	Going to school means following day time education (eventually part-time) Answers to open question hc010701 taking into account – recoded into corresponding category hc0107 when possible

<b>Variable FCS2014</b>	<b>hc0115, hc0123, hc0131, hc0139, hc0147, hc0155, hc0163, hc0171, hc0179, hc0187, hc0195</b>
Title	Type of school (other persons in household)
Type of variable	Num
Possible value	0 to 10
Value labels	<ul style="list-style-type: none"> <li>• 0 = Other</li> <li>• 1 = Pre-primary education/kinder garten</li> <li>• 2 = Primary education</li> <li>• 3 = Lower secondary education or secondary education of the 1st and 2nd degree</li> <li>• 4 = Higher secondary education or secondary education of the 3th degree</li> <li>• 5 = Post-secondary not-higher education</li> <li>• 6 = Higher education outside the university – short type, graduate (A1), professional bachelor</li> <li>• 7 = Higher education outside the university – long type, master on a high school</li> <li>• 8 = Academic bachelor (high school or university)</li> <li>• 9 = University, licentiate, engineer or master</li> <li>• 10 = Doctorate with thesis</li>   <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>
Based on variable(s)	hc0115, hc0123, hc0131, hc0139, hc0147, hc0155, hc0163, hc0171, hc0179, hc0187, hc0195
Construction	IF hc01xx=11 then hc01xx=0
Denominator	All participants
Remarks	Going to school means following day time education (eventually part-time) Answers to open questions hc010702 to hc010712 taking into account – recoded into corresponding category when possible.

<b>Variable FCS2014</b>	<b>hc010701</b>
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Title	Other type of school (participant)
Type of variable	Char
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>
Construction	/
Denominator	All participants with another type of school
Remarks	<ul style="list-style-type: none"> <li>• Going to school means following day time education (eventually part-time)</li> <li>• Question only asked if hc01xx=11</li> </ul>

<b>Variable FCS2014</b>	<b>hc010702, hc010703, hc010704, hc010705, hc010706, hc010707, hc010708, hc010709, hc010710, hc010711, hc010712</b>
Title	Other type of school (other persons in household)
Type of variable	Char
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• -3= Not applicable</li> </ul>
Construction	/
Denominator	All participants with a person in their household with another type of school
Remarks	<ul style="list-style-type: none"> <li>• Going to school means following day time education (eventually part-time)</li> <li>• Question only asked if hc01xx=11</li> </ul>

<b>Variable FCS2014</b>	<b>hc0108</b>
Title	Highest diploma (participant)
Type of variable	Num
Possible value	0 to 10
Value labels	<ul style="list-style-type: none"> <li>• 0 = Other diploma</li> <li>• 1 = No diploma</li> <li>• 2 = Primary education</li> <li>• 3 = Lower secondary education or secondary education of the 1st and 2nd degree</li> <li>• 4 = Higher secondary education or secondary education of the 3th degree</li> <li>• 5 = Post-secondary not-higher education</li> <li>• 6 = Higher education outside the university – short type, graduate (A1), professional bachelor</li> <li>• 7 = Higher education outside the university – long type, master on a high school</li> <li>• 8 = Academic bachelor (high school or university)</li> <li>• 9 = University, licentiate, engineer or master</li> <li>• 10 = Doctorate with thesis</li> </ul>



	<ul style="list-style-type: none"> <li>-1= No answer</li> <li>-3 = Not applicable</li> </ul>
Based on variable(s)	hc0108
Construction	IF hc0108=11 then hc0108=0
Denominator	All participants
Remarks	Answers to open question hc010801 taking into account – recoded into corresponding category hc0108 when possible

<b>Variable FCS2014</b>	<b>hc0116, hc0124, hc0132, hc0140, hc0148, hc0156, hc0164, hc0172, hc0180, hc0188, hc0196</b>
Title	Highest diploma (other persons in the household)
Type of variable	Num
Possible value	0 to 10
Value labels	<ul style="list-style-type: none"> <li>0 = Other diploma</li> <li>1 = No diploma</li> <li>2 = Primary education</li> <li>3 = Lower secondary education or secondary education of the 1st and 2nd degree</li> <li>4 = Higher secondary education or secondary education of the 3th degree</li> <li>5 = Post-secondary not-higher education</li> <li>6 = Higher education outside the university – short type, graduate (A1), professional bachelor</li> <li>7 = Higher education outside the university – long type, master on a high school</li> <li>8 = Academic bachelor (high school or university)</li> <li>9 = University, licentiate, engineer or master</li> <li>10 = Doctorate with thesis</li> </ul>
	<ul style="list-style-type: none"> <li>-1= No answer</li> <li>-3 = Not applicable</li> </ul>
Based on variable(s)	hc0116, hc0124, hc0132, hc0140, hc0148, hc0156, hc0164, hc0172, hc0180, hc0188, hc0196
Construction	IF hc01xx=11 then hc01xx=0
Denominator	All participants
Remarks	Answers to open questions hc010802 to hc010812 taking into account – recoded into corresponding category when possible

<b>Variable FCS2014</b>	<b>hc010801</b>
Title	Other diploma (participant)
Type of variable	Char
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>-3 = not applicable</li> </ul>



Construction	/
Denominator	All participants with another type of diploma
Remarks	Question only asked if hc01xx=11

<b>Variable FCS2014</b>	<b>hc010802, hc010803, hc010804, hc010805, hc010806, hc010807, hc010808, hc010809, hc010810, hc010811, hc010812</b>
Title	Other diploma (other persons in household)
Type of variable	Char
Possible value	/
Value labels	<ul style="list-style-type: none"> <li>• -3 = not applicable</li> </ul>
Construction	/
Denominator	All participants with a person in their household with another type of diploma
Remarks	Question only asked if hc01xx=11



<b>Indicator FCS2014</b>	<b>el_hh</b>
Title	Educational level of the household
Type of variable	Num
Possible value	0 to 3
Value labels	<ul style="list-style-type: none"> <li>• 0 = Other</li> <li>• 1 = Secondary or lower</li> <li>• 2 = Higher education short type</li> <li>• 3 = Higher education long type</li>   <li>• -1 = Missing</li> </ul>
Based on variable(s)	hc0110, hc0118, hc0126, hc0134, hc0142, hc0150, hc0158, hc0166, hc0174, hc0182, hc0190, hc0116, hc0124, hc0132, hc0140, hc0148, hc0156, hc0164, hc0172, hc0180, hc0188, hc0196, agegroup, hc0107, hc0108
Construction	<p><b>Extracting the education level of the mother:</b></p> <ul style="list-style-type: none"> <li>• array mother (11) hc0110 hc0118 hc0126 hc0134 hc0142 hc0150 hc0158 hc0166 hc0174 hc0182 hc0190;</li> <li>• array ed (11) hc0116 hc0124 hc0132 hc0140 hc0148 hc0156 hc0164 hc0172 hc0180 hc0188 hc0196</li> <li>• do i = 1 to 11;</li> <li>• if mother(i)=3 then ed_mother=ed(i);</li> <li>• end;</li>   <li>• if ed_mother=. then ed_mother=-3;</li> </ul> <p><b>Extracting the education level of the father:</b></p> <ul style="list-style-type: none"> <li>• array father (11) hc0110 hc0118 hc0126 hc0134 hc0142 hc0150 hc0158 hc0166 hc0174 hc0182 hc0190;</li> <li>• array edf (11) hc0116 hc0124 hc0132 hc0140 hc0148 hc0156 hc0164 hc0172 hc0180 hc0188 hc0196;</li> <li>• do i = 1 to 11;</li> <li>• if father(i)=4 then ed_father=edf(i);</li> <li>• end;</li>   <li>• if ed_father=. then ed_father=-3;</li> </ul> <p><b>Extracting the education level of the partner:</b></p> <ul style="list-style-type: none"> <li>• array part (22) hc0110 hc0118 hc0126 hc0134 hc0142 hc0150 hc0158 hc0166 hc0174 hc0182 hc0190 hc0116 hc0124 hc0132 hc0140 hc0148 hc0156 hc0164</li> </ul>



- ```
hc0172 hc0180 hc0188 hc0196;
```
- do i = 1 to 11;
  - if part(i)=2 then  
ed\_partner=part(i+11);/\*extracting the  
education level of the partner\*/
  - end;
  
  - if ed\_partner=. then ed\_partner=-3;

**Computing the highest education level of the household:**

- if agegroup=1 or agegroup=2 then  
el\_hh1=max(ed\_mother,ed\_father);
- else if agegroup=3 then  
el\_hh1=max(hc0108,ed\_partner);

**For adults (agegroup=3) who are still studying:  
education level = study orientation – 1:**

- if agegroup=3 and  
max(hc0108,ed\_partner)=-3 and hc0106=1  
and hc0107 ne 0 and hc0107 ne -1 then  
el\_hh1=hc0107-1;
- else if agegroup=3 and  
max(hc0108,ed\_partner)=-3 and hc0106=1  
and hc0107 = 0 then el\_hh1=0;/\*other\*/
- else if agegroup=3 and  
max(hc0108,ed\_partner)=-3 and hc0106=1  
and hc0107 = -1 then el\_hh1=-1;

**For children/adolescents who do not have  
father neither mother:**

- if idcode=11441612 or idcode=13310614 or  
idcode=20522611 then el\_hh1=-1;/\*no  
answer\*/
- if idcode=11042211 then  
el\_hh1=9;/\*reference person = 7 (without  
family relationship)\*/
- if idcode=13522512 then  
el\_hh1=4;/\*reference person = 6 (with family  
relationship)\*/
- if idcode=20244612 then  
el\_hh1=6;/\*reference person = 8  
(brother/sister of 20 years old, still studying -  
-> 7 - 1)\*/
- if idcode=20321621 then  
el\_hh1=9;/\*reference person = 8 (adult  
brother/sister)\*/



|             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• if idcode=31442311 then<br/>el_hh1=3;/*reference person = 6 (with family relationship)*/</li> <li>• if idcode=32110511 then<br/>el_hh1=8;/*reference person = 6 (with family relationship)*/</li> <li>• if idcode=31442513 then<br/>el_hh1=4;/*reference person = 7 (without family relationship)*/</li> <li>• if idcode=12921511 then<br/>el_hh1=5;/*reference person = 6 (with family relationship)*/</li> <li>• if idcode=20222513 then do;hc0108=-1;<br/>hc0110=-1; hc0116=-1; hc0118=-1;<br/>hc0124=-1; hc0126=-1; hc0132=-1;<br/>hc0134=-1; hc0140=-1; hc0142=-1;<br/>hc0148=-1; hc0150=-1; hc0156=-1;<br/>hc0158=-1; hc0164=-1; hc0166=-1;<br/>hc0172=-1; hc0174=-1; hc0180=-1;<br/>hc0182=-1; hc0188=-1; hc0190=-1;<br/>hc0196=-1; HHsize_1=-1; HHtype=-1;<br/>ed_mother=-1; ed_father=-1; el_hh1=-1;</li> </ul> <p><b>Calculate highest educational level (regroup categories):</b></p> <ul style="list-style-type: none"> <li>• if el_hh1=-1 then el_hh=-1;</li> <li>• else if el_hh1=-3 then el_hh=-3;</li> <li>• else if 1 &lt;= el_hh1 &lt;= 5 then el_HH=1;</li> <li>• else if 6 &lt;= el_hh1 &lt;= 7 then el_HH=2;</li> <li>• else if 8 &lt;= el_hh1 &lt;= 10 then el_HH=3;</li> <li>• else if el_hh1=0 then el_HH=0;</li> </ul> |
| Denominator | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks     | <p>The highest educational level of the household is considered.</p> <p>Only mother/father (for children and adolescents) or partner are taken into account.</p> <p>For children without parents the educational level of another person in the household is chosen.</p> <p>For adults (&gt;=18 years old) who are still studying the education level equals the study orientation -1.</p> <p>The participant with idcode=20222513 is an adolescent living alone.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

|                          |                                    |
|--------------------------|------------------------------------|
| <b>Indicator FCS2014</b> | <b>el_ind</b>                      |
| Title                    | Educational level of the household |
| Type of variable         | Num                                |
| Possible value           | 0 to 3                             |



|                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels                         | <ul style="list-style-type: none"><li>• 0 = Other</li><li>• 1 = Secondary or lower</li><li>• 2 = Higher education short type</li><li>• 3 = Higher education long type</li><br/><li>• -1 = Missing</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Based on variable(s)<br>Construction | agegroup, hc0108, hc0106, hc0107 <ul style="list-style-type: none"><li>• if agegroup=1 or agegroup=2 then el_ind1=el_hh1</li><li>• else if agegroup=3 then el_ind1=hc0108;</li><br/><li>• if agegroup=3 and hc0108=-3 and hc0106=1 and hc0107 ne 0 and hc0107 ne -1 then el_ind1=hc0107-1;</li><li>• else if agegroup=3 and hc0108=-3 and hc0106=1 and hc0107=0 then el_ind1=0;</li><li>• else if agegroup=3 and hc0108=-3 and hc0106=1 and hc0107=-1 then el_ind1=-1;</li><br/><li>• if el_ind1=-1 then el_ind=-1;</li><li>• else if el_ind1=-3 then el_ind=-3;</li><li>• else if 1 &lt;= el_ind1 &lt;= 5 then el_ind=1;</li><li>• else if 6 &lt;= el_ind1 &lt;= 7 then el_ind=2;</li><li>• else if 8 &lt;= el_ind1 &lt;= 10 then el_ind=3;</li><li>• else if el_ind1=0 then el_ind=0;</li></ul> |
| Denominator<br>Remarks               | All participants<br>For adults (>=18 years old) who are still studying the education level equals the study orientation -1.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |



## 2.5. Employment

### **Variables FCS 2014**

|      |                                                         |
|------|---------------------------------------------------------|
| em01 | Employment of participant                               |
| em02 | Employment of partner of participant                    |
| em03 | Employment of father/male guardian of participant       |
| em04 | Employment of mother/female guardian of participant     |
| em05 | Employment of person answering the questions            |
| em06 | Employment of partner of person answering the questions |





|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>em01</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Title                   | Employment of participant                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Possible value          | 1 to 12                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Unemployed (e.g. pension, fulltime student, sickness or invalidity, ...)</li> <li>• 2 = Unskilled manual worker (e.g. taxi driver, agricultural worker, ...)</li> <li>• 3 = Half-skilled or unskilled manual worker (e.g. industrial worker without education)</li> <li>• 4 = Skilled manual worker (e.g. technician with education)</li> <li>• 5 = Leading manual worker (e.g. foreman, ...)</li> <li>• 6 = Self-employed and/or leading farmer (e.g. agriculturist)</li> <li>• 7 = Self-employed without personnel (e.g. artisan, ...)</li> <li>• 8 = Self-employed with less than 10 personnel (e.g. merchant, ...)</li> <li>• 9 = Half- and unskilled non-manual work (e.g. shop assistant, office, public service, ...)</li> <li>• 10 = Skilled non-manual work (e.g. nurse, clerk in the private sector, ...)</li> <li>• 11 = Self-employed higher grade professionals (e.g. dentist, lawyer, ...)</li> <li>• 12 = Management, academics (e.g. company director, great entrepreneur, ...)</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Remarks                 | This variable has not been used for the report and is therefore not cleaned.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

|                         |                                                                                                                                                                                                                                                                                                                                                                              |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>em02</b>                                                                                                                                                                                                                                                                                                                                                                  |
| Title                   | Employment of partner of participant                                                                                                                                                                                                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                          |
| Possible value          | 1 to 12                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Unemployed (e.g. pension, fulltime student, sickness or invalidity, ...)</li> <li>• 2 = Unskilled manual worker (e.g. taxi driver, agricultural worker, ...)</li> <li>• 3 = Half-skilled or unskilled manual worker (e.g. industrial worker without education)</li> <li>• 4 = Skilled manual worker (e.g. technician</li> </ul> |



|                                |                                                                                                |
|--------------------------------|------------------------------------------------------------------------------------------------|
| <p>Denominator<br/>Remarks</p> | <p>Adults<br/>This variable has not been used for the report and is therefore not cleaned.</p> |
|--------------------------------|------------------------------------------------------------------------------------------------|

- with education)
- 5 = Leading manual worker (e.g. foreman, ...)
- 6 = Self-employed and/or leading farmer (e.g. agriculturist)
- 7 = Self-employed without personnel (e.g. artisan, ...)
- 8 = Self-employed with less than 10 personnel (e.g. merchant, ...)
- 9 = Half- and unskilled non-manual work (e.g. shop assistant, office, public service, ...)
- 10 = Skilled non-manual work (e.g. nurse, clerk in the private sector, ...)
- 11 = Self-employed higher grade professionals (e.g. dentist, lawyer, ...)
- 12 = Management, academics (e.g. company director, great entrepreneur, ...)
- -1 = No answer
- -3 = Not applicable

|                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Variable FCS2014</b></p> <p>Title<br/>Type of variable<br/>Possible value<br/>Value labels</p> | <p><b>em03</b></p> <p>Employment of father/male guardian of participant<br/>Num<br/>1 to 12</p> <ul style="list-style-type: none"> <li>• 1 = Unemployed (e.g. pension, fulltime student, sickness or invalidity, ...)</li> <li>• 2 = Unskilled manual worker (e.g. taxi driver, agricultural worker, ...)</li> <li>• 3 = Half-skilled or unskilled manual worker (e.g. industrial worker without education)</li> <li>• 4 = Skilled manual worker (e.g. technician with education)</li> <li>• 5 = Leading manual worker (e.g. foreman, ...)</li> <li>• 6 = Self-employed and/or leading farmer (e.g. agriculturist)</li> <li>• 7 = Self-employed without personnel (e.g. artisan, ...)</li> <li>• 8 = Self-employed with less than 10 personnel (e.g. merchant, ...)</li> <li>• 9 = Half- and unskilled non-manual work (e.g. shop assistant, office, public service, ...)</li> </ul> |
|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• 10 = Skilled non-manual work (e.g. nurse, clerk in the private sector, ...)</li> <li>• 11 = Self-employed higher grade professionals (e.g. dentist, lawyer, ...)</li> <li>• 12 = Management, academics (e.g. company director, great entrepreneur, ...)</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> Adolescents<br>This variable has not been used for the report and is therefore not cleaned. |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b><br><br>Title<br><br>Type of variable<br>Possible value<br>Value labels<br><br><br><br><br><br><br><br><br><br>Denominator<br>Remarks | <b>em04</b><br><br>Employment of mother/female guardian of participant<br>Num<br>1 to 12<br><ul style="list-style-type: none"> <li>• 1 = Unemployed (e.g. pension, fulltime student, sickness or invalidity, ...)</li> <li>• 2 = Unskilled manual worker (e.g. taxi driver, agricultural worker, ...)</li> <li>• 3 = Half-skilled or unskilled manual worker (e.g. industrial worker without education)</li> <li>• 4 = Skilled manual worker (e.g. technician with education)</li> <li>• 5 = Leading manual worker (e.g. foreman, ...)</li> <li>• 6 = Self-employed and/or leading farmer (e.g. agriculturist)</li> <li>• 7 = Self-employed without personnel (e.g. artisan, ...)</li> <li>• 8 = Self-employed with less than 10 personnel (e.g. merchant, ...)</li> <li>• 9 = Half- and unskilled non-manual work (e.g. shop assistant, office, public service, ...)</li> <li>• 10 = Skilled non-manual work (e.g. nurse, clerk in the private sector, ...)</li> <li>• 11 = Self-employed higher grade professionals (e.g. dentist, lawyer, ...)</li> <li>• 12 = Management, academics (e.g. company director, great entrepreneur, ...)</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> Adolescents<br>This variable has not been used for the report and is therefore not cleaned. |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



| <b>Variable FCS2014</b> | <b>em05</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Employment of person answering the questions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Possible value          | 1 to 12                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Unemployed (e.g. pension, fulltime student, sickness or invalidity, ...)</li><li>• 2 = Unskilled manual worker (e.g. taxi driver, agricultural worker, ...)</li><li>• 3 = Half-skilled or unskilled manual worker (e.g. industrial worker without education)</li><li>• 4 = Skilled manual worker (e.g. technician with education)</li><li>• 5 = Leading manual worker (e.g. foreman, ...)</li><li>• 6 = Self-employed and/or leading farmer (e.g. agriculturist)</li><li>• 7 = Self-employed without personnel (e.g. artisan, ...)</li><li>• 8 = Self-employed with less than 10 personnel (e.g. merchant, ...)</li><li>• 9 = Half- and unskilled non-manual work (e.g. shop assistant, office, public service, ...)</li><li>• 10 = Skilled non-manual work (e.g. nurse, clerk in the private sector, ...)</li><li>• 11 = Self-employed higher grade professionals (e.g. dentist, lawyer, ...)</li><li>• 12 = Management, academics (e.g. company director, great entrepreneur, ...)</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Remarks                 | This variable has not been used for the report and is therefore not cleaned.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

| <b>Variable FCS2014</b> | <b>em06</b>                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Employment of partner of person answering the questions                                                                                                                                                                                                                                                                                                                 |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                     |
| Possible value          | 1 to 12                                                                                                                                                                                                                                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Unemployed (e.g. pension, fulltime student, sickness or invalidity, ...)</li><li>• 2 = Unskilled manual worker (e.g. taxi driver, agricultural worker, ...)</li><li>• 3 = Half-skilled or unskilled manual worker (e.g. industrial worker without education)</li><li>• 4 = Skilled manual worker (e.g. technician</li></ul> |



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <p>with education)</p> <ul style="list-style-type: none"><li>• 5 = Leading manual worker (e.g. foreman, ...)</li><li>• 6 = Self-employed and/or leading farmer (e.g. agriculturist)</li><li>• 7 = Self-employed without personnel (e.g. artisan, ...)</li><li>• 8 = Self-employed with less than 10 personnel (e.g. merchant, ...)</li><li>• 9 = Half- and unskilled non-manual work (e.g. shop assistant, office, public service, ...)</li><li>• 10 = Skilled non-manual work (e.g. nurse, clerk in the private sector, ...)</li><li>• 11 = Self-employed higher grade professionals (e.g. dentist, lawyer, ...)</li><li>• 12 = Management, academics (e.g. company director, great entrepreneur, ...)</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> <p>Children<br/>This variable has not been used for the report and is therefore not cleaned.</p> |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



## 2.6. Pregnancy and breastfeeding

### Variables FCS 2014

|      |                                                                       |
|------|-----------------------------------------------------------------------|
| pr01 | Pregnancy status                                                      |
| pr02 | Weight before pregnancy                                               |
| pr03 | Lactation status                                                      |
| pr04 | Age of child exclusive breastfeeding (months)                         |
| bf01 | Age of termination of exclusive breastfeeding (weeks)                 |
| bf02 | Age of termination of breastfeeding and complementary feeding (weeks) |

### Indicators FCS 2014

|      |                                                                          |
|------|--------------------------------------------------------------------------|
| pr_1 | Pregnant woman                                                           |
| pr_2 | Lactating woman                                                          |
| BF_1 | Duration of exclusive breastfeeding (weeks)                              |
| BF_2 | Duration of exclusive breastfeeding                                      |
| BF_3 | Children that received exclusive breastfeeding at birth                  |
| BF_4 | Children that received exclusive breastfeeding until 12 weeks or longer  |
| BF_5 | Children that received exclusive breastfeeding until 24 weeks or longer. |



|                         |                                                                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pr01</b>                                                                                                                                                          |
| Title                   | Pregnant woman                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                  |
| Possible value          | 1 or 0                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• 9 = Don't know</li><br/><li>• -1 = Missing answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Women between 15 and 50 years old                                                                                                                                    |
| Remarks                 | /                                                                                                                                                                    |

|                         |                                                                                                     |
|-------------------------|-----------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pr02</b>                                                                                         |
| Title                   | Weight before pregnancy                                                                             |
| Type of variable        | Num                                                                                                 |
| Possible value          | /                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = Missing answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Women between 15 and 50 years old                                                                   |
| Remarks                 | /                                                                                                   |

|                         |                                                                                                                                                                                                                               |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pr03</b>                                                                                                                                                                                                                   |
| Title                   | Breastfeeding status                                                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                           |
| Possible value          | /                                                                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes, exclusive breastfeeding</li><li>• 2 = Yes, breastfeeding and complementary foods</li><li>• 3 = No</li><br/><li>• -1 = Missing answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Women between 15 and 50 years old                                                                                                                                                                                             |
| Remarks                 | /                                                                                                                                                                                                                             |

|                         |                                                                                                     |
|-------------------------|-----------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pr04</b>                                                                                         |
| Title                   | Age child exclusive breastfeeding (months)                                                          |
| Type of variable        | Num                                                                                                 |
| Possible value          | /                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = Missing answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Women between 15 and 50 years old                                                                   |
| Remarks                 | This variable indicates until which age the                                                         |



participant has exclusively breastfed her child (in months).

|                         |                                                                             |
|-------------------------|-----------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>bf01</b>                                                                 |
| Title                   | Age of termination of exclusive breastfeeding (weeks)                       |
| Type of variable        | Num                                                                         |
| Possible value          | /                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>       |
| Denominator             | Children                                                                    |
| Remarks                 | If the participant did not give breastfeeding “0 weeks” should be answered. |

|                         |                                                                             |
|-------------------------|-----------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>bf02</b>                                                                 |
| Title                   | Age of termination of breastfeeding and complementary feeding (weeks)       |
| Type of variable        | Num                                                                         |
| Possible value          | /                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>       |
| Denominator             | Children                                                                    |
| Remarks                 | If the participant did not give breastfeeding “0 weeks” should be answered. |





|                          |                                                                                                                                                                                                                     |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>pr_1</b>                                                                                                                                                                                                         |
| Title                    | Pregnant woman                                                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                 |
| Possible value           | 1 or 0                                                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Pregnant woman</li> <li>• 0 = Not pregnant woman</li> <li>• -1 = Missing answer</li> <li>• -3 = Not applicable</li> </ul>                                              |
| Based on variable(s)     | pr01                                                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>• if pr01 = 1 then pr_1 = 1;</li> <li>• else if pr01 = 2 then pr_1 = 0;</li> <li>• else if pr01 = -1 then pr_1 = -1;</li> <li>• else if pr01 = -3 then pr_1 = -3;</li> </ul> |
| Denominator              | Women between 15 and 50 years old                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                   |

|                          |                                                                                                                                                                                                                                 |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>pr_2</b>                                                                                                                                                                                                                     |
| Title                    | Lactating woman                                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                             |
| Possible value           | 1 or 0                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Lactating woman</li> <li>• 0 = Not lactating woman</li> <li>• -1 = Missing answer</li> <li>• -3 = Not applicable</li> </ul>                                                        |
| Based on variable(s)     | pr03                                                                                                                                                                                                                            |
| Construction             | <ul style="list-style-type: none"> <li>• if pr03 = 1 or pr03 = 2 then pr_2 = 1;</li> <li>• else if pr03 = 3 then pr_2 = 0;</li> <li>• else if pr03 = -1 then pr_2 = -1;</li> <li>• else if pr03 = -3 then pr_2 = -3;</li> </ul> |
| Denominator              | Women between 15 and 50 years old                                                                                                                                                                                               |
| Remarks                  | /                                                                                                                                                                                                                               |

|                          |                                                                                                   |
|--------------------------|---------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>BF_1</b>                                                                                       |
| Title                    | Duration of exclusive breastfeeding (weeks)                                                       |
| Type of variable         | Num                                                                                               |
| Possible value           | /                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | bf01                                                                                              |
| Construction             | bf_1 = bf01;                                                                                      |
| Denominator              | Children                                                                                          |
| Remarks                  | /                                                                                                 |



| <b>Indicator FCS2014</b> | <b>BF_2</b>                                                                                                                                                                                                                                                                                                                       |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Duration of exclusive breastfeeding                                                                                                                                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                               |
| Possible value           | 1 to 4                                                                                                                                                                                                                                                                                                                            |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Never exclusive breastfeeding</li> <li>• 2 = Exclusive breastfeeding during 1 to 12 weeks</li> <li>• 3 = Exclusive breastfeeding during 13 to 24 weeks</li> <li>• 4 = Exclusive breastfeeding more than 24 weeks</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | bf01                                                                                                                                                                                                                                                                                                                              |
| Construction             | <ul style="list-style-type: none"> <li>• if bf01 = 0 then bf_2 = 1;</li> <li>• else if 0 &lt; bf01 &lt;= 12 then bf_2 = 2;</li> <li>• else if 13 &lt;= bf01 &lt;= 24 then bf_2 = 3;</li> <li>• else if bf01 &gt; 24 then bf_2 = 4;</li> </ul>                                                                                     |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                          |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                 |

| <b>Indicator FCS2014</b> | <b>BF_3</b>                                                                                                                            |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Children that received exclusive breastfeeding at birth                                                                                |
| Type of variable         | Num                                                                                                                                    |
| Possible value           | 1 to 4                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | bf01                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• if bf01 = 0 then bf_3 = 0;</li> <li>• if bf01 &gt; 0 then bf_3 = 1;</li> </ul>                |
| Denominator              | Children                                                                                                                               |
| Remarks                  | /                                                                                                                                      |

| <b>Indicator FCS2014</b> | <b>BF_4</b>                                                                   |
|--------------------------|-------------------------------------------------------------------------------|
| Title                    | Children that received exclusive breastfeeding until 12 weeks or longer       |
| Type of variable         | Num                                                                           |
| Possible value           | 1 to 4                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> </ul> |



|                      |                                                                                                   |
|----------------------|---------------------------------------------------------------------------------------------------|
| Based on variable(s) | bf01                                                                                              |
| Construction         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator          | Children                                                                                          |
| Remarks              | /                                                                                                 |

|                          |                                                                                                                                        |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>BF_5</b>                                                                                                                            |
| Title                    | Children that received exclusive breastfeeding until 24 weeks or longer.                                                               |
| Type of variable         | Num                                                                                                                                    |
| Possible value           | 1 to 4                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | bf01                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= bf01 &lt; 24 then bf_5 = 0;</li> <li>• if bf01 &gt;= 24 then bf_5 = 1;</li> </ul>  |
| Denominator              | Children                                                                                                                               |
| Remarks                  | /                                                                                                                                      |



## 2.7. Smoking

### Variables FCS 2014

|      |                                                           |
|------|-----------------------------------------------------------|
| ta01 | Smoking                                                   |
| ta02 | Number of cigarettes/cigars per day for a daily smoker    |
| ta03 | Number of days per week                                   |
| ta04 | Number of cigarettes/cigars per day for a habitual smoker |
| ta05 | Passive smoking                                           |



| <b>Variable FCS2014</b> | <b>ta01</b>                                                                                                                                                                                                                                      |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Smoking                                                                                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                                              |
| Possible value          | 1 to 3                                                                                                                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes, every day</li><li>• 2 = Yes, once in a while</li><li>• 3 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                             |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                           |
| Remarks                 | <ul style="list-style-type: none"><li>• Question asked during CAPI for adults and in health questionnaire for adolescents.</li><li>• This variable has not yet been subjected to a quality control, as it was not used for the report.</li></ul> |

| <b>Variable FCS2014</b> | <b>ta02</b>                                                                                                                                                                                                                                                                               |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Number of cigarettes/cigars per day for a <u>daily</u> smoker                                                                                                                                                                                                                             |
| Type of variable        | Num                                                                                                                                                                                                                                                                                       |
| Possible value          | /                                                                                                                                                                                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                            |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                                                                    |
| Remarks                 | <ul style="list-style-type: none"><li>• Question asked during CAPI for adults and in health questionnaire for adolescents.</li><li>• Question only asked if ta01=1.</li><li>• This variable has not yet been subjected to a quality control, as it was not used for the report.</li></ul> |

| <b>Variable FCS2014</b> | <b>ta03</b>                                                                                                                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Number of days per week for a <u>habitual</u> smoker                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                             |
| Possible value          | 1 to 3                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = One day or less</li><li>• 2 = Two to four days</li><li>• 3 = Almost every day</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                          |
| Remarks                 | <ul style="list-style-type: none"><li>• Question asked during CAPI for adults and in health questionnaire for adolescents.</li></ul>                                                            |



- Question only asked if ta01=2.
- This variable has not yet been subjected to a quality control, as it was not used for the report.

| <b>Variable FCS2014</b> | <b>ta04</b>                                                                                                                                                                                                                                                                                   |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Number of cigarettes/cigars per day for a <u>habitual</u> smoker                                                                                                                                                                                                                              |
| Type of variable        | Num                                                                                                                                                                                                                                                                                           |
| Possible value          | /                                                                                                                                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                             |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                                                                        |
| Remarks                 | <ul style="list-style-type: none"> <li>• Question asked during CAPI for adults and in health questionnaire for adolescents.</li> <li>• Question only asked if ta01=2.</li> <li>• This variable has not yet been subjected to a quality control, as it was not used for the report.</li> </ul> |

| <b>Variable FCS2014</b> | <b>ta05</b>                                                                                                                            |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Passive smoking                                                                                                                        |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Children                                                                                                                               |
| Remarks                 | This variable has not yet been subjected to a quality control, as it was not used for the report.                                      |



## 2.8. Anthropometric measurements

### Variables FCS 2014

|        |                     |
|--------|---------------------|
| height | Body height         |
| wght   | Body weight         |
| waist  | Waist circumference |

### Indicators FCS 2014

|      |                              |
|------|------------------------------|
| AM_1 | Body Mass Index              |
| AM_2 | Body Mass Index (categories) |
| AM_3 | Waist circumference          |
| AM_4 | Waist circumference risk     |
| AM_5 | Waist-to-height ratio        |
| AM_6 | Waist-to-height ratio risk   |



|                         |                                                                    |
|-------------------------|--------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>height</b>                                                      |
| Title                   | Body height                                                        |
| Type of variable        | Num                                                                |
| Possible value          | /                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = Missing</li></ul>     |
| Denominator             | All participants                                                   |
| Remarks                 | Measured body height using a portable stadiometer (type SECA 213). |

|                         |                                                                             |
|-------------------------|-----------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>wght</b>                                                                 |
| Title                   | Body weight                                                                 |
| Type of variable        | Num                                                                         |
| Possible value          | /                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = Missing</li></ul>              |
| Denominator             | All participants                                                            |
| Remarks                 | Measured body weight using an electronic scale (type SECA 815 or SECA 804). |

|                         |                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>waist</b>                                                                        |
| Title                   | Waist circumference                                                                 |
| Type of variable        | Num                                                                                 |
| Possible value          | /                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = Missing</li></ul>                      |
| Denominator             | All participants                                                                    |
| Remarks                 | Measured waist circumference using a non-stretchable measuring tape (type Meterex). |





|                          |                                                                                                                                                                                                           |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>AM_1</b>                                                                                                                                                                                               |
| Title                    | Body Mass Index                                                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                                       |
| Possible value           | /                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = Missing</li> <li>• -3 = Not applicable</li> </ul>                                                                                                           |
| Based on variable(s)     | wght, height                                                                                                                                                                                              |
| Construction             | <ul style="list-style-type: none"> <li>• if wght=-1 or height=-1 then bmi=-1;</li> <li>• else if wght=-3 or height=-3 then bmi=-3;</li> <li>• else bmi = ROUND (wght/((height/100)**2), 0.01);</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                          |
| Remarks                  | /                                                                                                                                                                                                         |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>AM_2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Title                    | Body Mass Index (categories)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Possible value           | 1 to 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Underweight</li> <li>• 2 = Normal</li> <li>• 3 = Overweight</li> <li>• 4 = Obese</li> <li>• -1 = Missing</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Based on variable(s)     | AM_1, agegroup                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Construction             | <p><b>Adults:</b></p> <ul style="list-style-type: none"> <li>• if agegroup=3 then do;</li> <li>• if AM_1= -1 then AM_2 = -1;</li> <li>• else if AM_1= -3 then AM_2 = -3;</li> <li>• else if 0.00 &lt; AM_1 &lt; 18.50 then AM_2=1;</li> <li>• else if 18.50 &lt;= AM_1 &lt;= 24.99 then AM_2=2;</li> <li>• else if 25.00 &lt;= AM_1 &lt;= 29.99 then AM_2=3;</li> <li>• else if AM_1 &gt;=30.00 then AM_2=4;</li> </ul> <p><b>Children and adolescents:</b><br/>Use gender and age specific cut-points for 18.5 (=cut1), 25 (=cut2) and 30 (=cut3) from <a href="http://www.worldobesity.org/resources/child-obesity/newchildcutoffs/">http://www.worldobesity.org/resources/child-obesity/newchildcutoffs/</a></p> <ul style="list-style-type: none"> <li>• if (agegroup=1 or agegroup=2) then do;</li> <li>• if AM_1=-1 then AM_2 =-1;</li> <li>• else if AM_1=-3 then AM_2 =-3;</li> </ul> |



|             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• else if <math>0.00 &lt; AM_1 &lt; cut1</math> then <math>AM_2 = 1</math>;</li> <li>• else if <math>cut1 \leq AM_1 &lt; cut2</math> then <math>AM_2 = 2</math>;</li> <li>• else if <math>cut2 \leq AM_1 &lt; cut3</math> then <math>AM_2 = 3</math>;</li> <li>• else if <math>AM_1 \geq cut3</math> then <math>AM_2 = 4</math>;</li> </ul>                                                                                                                                                                                 |
| Denominator | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Remarks     | <p>For <b>adults</b> the classification according to BMI of the World Health Organization (WHO) were used (<a href="http://apps.who.int/bmi/index.jsp?introPage=intro_3.html">http://apps.who.int/bmi/index.jsp?introPage=intro_3.html</a>).</p> <p>For <b>children</b> (3-9 years) and <b>adolescents</b> (10-17 years) the cut-point defined by the IOTF (in function of age and gender) were used (<a href="http://www.worldobesity.org/resources/child-obesity/newchildcutoffs/">http://www.worldobesity.org/resources/child-obesity/newchildcutoffs/</a>)</p> |

|                          |                                                                                                 |
|--------------------------|-------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>AM_3</b>                                                                                     |
| Title                    | Waist circumference                                                                             |
| Type of variable         | Num                                                                                             |
| Possible value           | /                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = Missing</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | waist                                                                                           |
| Construction             | <ul style="list-style-type: none"> <li>• <math>AM_3 = waist</math></li> </ul>                   |
| Denominator              | All participants                                                                                |
| Remarks                  | /                                                                                               |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>AM_4</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Title                    | Waist circumference risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Normal</li> <li>• 2 = Increased risk</li> <li>• 3 = Substantially increased risk</li> <li>• -1 = Missing</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                             |
| Based on variable(s)     | waist, hc0105, age                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Construction             | <p><b>Adults:</b></p> <p>For males:</p> <ul style="list-style-type: none"> <li>• if <math>age &gt; 17.75</math> and <math>hc0105=1</math> then do;</li> <li>• if <math>waist = -1</math> then <math>AM_4 = -1</math>;</li> <li>• else if <math>waist = -3</math> then <math>AM_4 = -3</math>;</li> <li>• else if <math>0 &lt; waist &lt; 94</math> then <math>AM_4 = 1</math>;</li> <li>• else if <math>94 \leq waist &lt; 102</math> then <math>AM_4 = 2</math>;</li> <li>• else if <math>waist \geq 102</math> then <math>AM_4 = 3</math>;</li> </ul> <p>For females:</p> |



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• if age &gt; 17.75 and hc0105=2 then do;</li> <li>• if waist = -1 then AM_4= -1;</li> <li>• else if waist = -3 then AM_4 = -3;</li> <li>• else if 0 &lt; waist &lt; 80 then AM_4=1;</li> <li>• else if 80 &lt;= waist &lt; 88 then AM_4=2;</li> <li>• else if waist &gt;= 88 then AM_4=3;</li> </ul> <p><b>Children and adolescents:</b><br/>Use gender and age specific cut-points for SDS (Standard Deviation Score)&gt;1.3 (=cut1) and SDS&gt;2.3 (=cut2) from Fredriks et al. 2005.</p> <p>For boys:</p> <ul style="list-style-type: none"> <li>• if hc0105=1 and 3 &lt;= age &lt;= 17.75 then do;</li> <li>• if age=x and 0.00 &lt;waist&lt; cut1 then AM_4=1;</li> <li>• else if age=x and cut1 &lt;=waist&lt; cut2 then AM_4=2;</li> <li>• else if age=x and waist &gt;= cut2 then AM_4=2;</li> </ul> <p>For girls:</p> <ul style="list-style-type: none"> <li>• if hc0105=2 and 3 &lt;= age &lt;= 17.75 then do;</li> <li>• if age=x and 0.00 &lt;waist&lt; cut1 then AM_4=1;</li> <li>• else if age=x and cut1 &lt;=waist&lt; cut2 then AM_4=2;</li> </ul> <p>All participants</p> <p>For <b>adults</b> the cut-points defined by the WHO were used. Participants with an age &gt;17.75 were considered as adult because from this age, they are closer to 18 years old.</p> <p>For <b>children</b> and <b>adults</b> the cut-points defined by Fredriks et al. 2005) in function of age and gender were used.</p> <p><i>Fredriks, A.M., van Buuren, S., Fekkes, M. et al. Eur J Pediatr (2005) 164: 216. doi:10.1007/s00431-004-1586-7</i></p> |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                          |                                                                                                                                                                                       |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>AM_5</b>                                                                                                                                                                           |
| Title                    | Waist-to-height ratio                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                   |
| Possible value           | /                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = Missing</li> <li>• -3 = Not applicable</li> </ul>                                                                                       |
| Based on variable(s)     | waist, height                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if waist=-1 or height=-1 then AM_5=-1;</li> <li>• else if waist=-3 or height=-3 then AM_5= -3;</li> <li>• else AM_5=waist/height;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                      |
| Remarks                  | /                                                                                                                                                                                     |

|                          |             |
|--------------------------|-------------|
| <b>Indicator FCS2014</b> | <b>AM_6</b> |
|--------------------------|-------------|



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Waist-to-height ratio risk                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Possible value       | /                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = First level of risk related to abdominal obesity (waist-to-height ratio &gt;0.5)</li> <li>• 0 = No risk</li> <li>• -1 = Missing</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                         |
| Based on variable(s) | AM_5, age                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Construction         | <ul style="list-style-type: none"> <li>• if age ≥ 6 then do;</li> <li>• if AM_5 = -1 then AM_6 = -1;</li> <li>• else if AM_5 = -3 then AM_6 = -3;/</li> <li>• else if AM_5 ≥ 0.5 then AM_6 = 1;</li> <li>• else if AM_5 &lt; 0.5 then AM_6 = 0;</li> <li>• end;</li> <li>• if age &lt; 6 then AM_6 = -3;</li> </ul>                                                                                                                            |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Remarks              | <ul style="list-style-type: none"> <li>• A cut-off value of 0.5, according to Ashwell et al. 2012 and Kuba et al. 2013<br/> <i>Kuba, V. M., Leone, C., &amp; Damiani, D. (2013). BMC Pediatrics, 13, 91.</i><br/> <i>Ashwell M, Gunn P, Gibson S. (2012). Obes Rev, 13(3):275-86.</i> </li> <li>• This indicator is not valid for preschool children (younger than 6 years) therefore this indicator is put to non-applicable (-3).</li> </ul> |



## 3. Eating habits

### 3.1. Miscellaneous

#### **Variables FCS 2014**

|        |                                             |
|--------|---------------------------------------------|
| gf01   | Importance of nutrition for your health     |
| fb04   | Use of vitamin D supplement                 |
| fb0401 | Brandname of vitamin D supplement           |
| fb0402 | Frequency of intake of vitamin D supplement |



|                         |                                                                                                                                                        |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf01</b>                                                                                                                                            |
| Title                   | Importance of nutrition for your health                                                                                                                |
| Type of variable        | Num                                                                                                                                                    |
| Possible value          | 1 to 3                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Very important</li><li>• 2 = Important</li><li>• 3 = Not important</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                 |
| Remarks                 | This variable has not yet been subjected to a quality control, as it was not used for the report.                                                      |

|                         |                                                                                                   |
|-------------------------|---------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fb04</b>                                                                                       |
| Title                   | Use of vitamin D supplement                                                                       |
| Type of variable        | Num                                                                                               |
| Possible value          | 1 or 2                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul>                        |
| Denominator             | All participants                                                                                  |
| Remarks                 | This variable has not yet been subjected to a quality control, as it was not used for the report. |

|                         |                                                                                                                                                                                                                                      |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fb0401</b>                                                                                                                                                                                                                        |
| Title                   | Brandname of vitamin D supplement                                                                                                                                                                                                    |
| Type of variable        | Char                                                                                                                                                                                                                                 |
| Possible value          | /                                                                                                                                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                                                                       |
| Denominator             | All participants                                                                                                                                                                                                                     |
| Remarks                 | <ul style="list-style-type: none"><li>• This question was only asked if the participant answered fb04=1 'yes'.</li><li>• This variable has not yet been subjected to a quality control, as it was not used for the report.</li></ul> |

|                         |                                             |
|-------------------------|---------------------------------------------|
| <b>Variable FCS2014</b> | <b>fb0402</b>                               |
| Title                   | Frequency of intake of vitamin D supplement |
| Type of variable        | Char                                        |



|                |                                                                                                                                                                                                                                      |
|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Possible value | /                                                                                                                                                                                                                                    |
| Value labels   | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                                                                       |
| Denominator    | All participants                                                                                                                                                                                                                     |
| Remarks        | <ul style="list-style-type: none"><li>• This question was only asked if the participant answered fb04=1 'yes'.</li><li>• This variable has not yet been subjected to a quality control, as it was not used for the report.</li></ul> |



## 3.2. Parental feeding practices

### Variables FCS 2014

|      |                                                      |
|------|------------------------------------------------------|
| gf13 | Importance of nutrition for the health of your child |
| gf14 | Child involved in preparation meal                   |
| gf15 | Child involved in food shopping                      |
| gf16 | Child free access to fruit                           |
| gf17 | Child free access to snacks                          |
| gf18 | Type of snacks to which free access                  |
| gf19 | Child decide what to eat                             |
| gf20 | Child decide portion to eat                          |
| gf21 | Child obliged to empty dinner plate                  |
| gf22 | Child eats together with rest of the family          |
| tv01 | Watching TV during breakfast                         |
| tv02 | Watching TV during snack in the morning              |
| tv03 | Watching TV during lunch                             |
| tv04 | Watching TV during snack in the afternoon            |
| tv05 | Watching TV during dinner                            |
| tv06 | Watching TV during snack in the evening              |

### Indicators FCS 2014

|        |                                                 |
|--------|-------------------------------------------------|
| PP_1   | Nutrition important for health of child         |
| PP_2   | Free access to fruit                            |
| PP_3   | Free access to snacks (other than fruit)        |
| PP_5   | Child decide what to eat                        |
| PP_6   | Child decide portion to eat                     |
| PP_7   | Child obliged to empty dinner plate             |
| PP_8   | Child eats together with rest of the family     |
| PP_9   | Never watching TV during breakfast              |
| PP_10  | Never watching TV during lunch                  |
| PP_11  | Never watching TV during dinner                 |
| PP_12  | Never watching TV during snack in the morning   |
| PP_13  | Never watching TV during snack in the afternoon |
| PP_14  | Never watching TV during snack in the evening   |
| PP_15b | Involvement in meal preparation                 |
| PP_16b | Involvement in food shopping                    |





|                         |                                                                                                                                                        |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf13</b>                                                                                                                                            |
| Title                   | Importance of nutrition for the health of your child                                                                                                   |
| Type of variable        | Num                                                                                                                                                    |
| Possible value          | 1 to 3                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Very important</li><li>• 2 = Important</li><li>• 3 = Not important</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                               |
| Remarks                 | /                                                                                                                                                      |

|                         |                                                                                                                                                  |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf14</b>                                                                                                                                      |
| Title                   | Child involved in preparation meal                                                                                                               |
| Type of variable        | Num                                                                                                                                              |
| Possible value          | 1 to 3                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes, always</li><li>• 2 = Yes, sometimes</li><li>• 3 = Never</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                         |
| Remarks                 | /                                                                                                                                                |

|                         |                                                                                                                                                  |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf15</b>                                                                                                                                      |
| Title                   | Child involved in food shopping                                                                                                                  |
| Type of variable        | Num                                                                                                                                              |
| Possible value          | 1 to 3                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes, always</li><li>• 2 = Yes, sometimes</li><li>• 3 = Never</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                         |
| Remarks                 | /                                                                                                                                                |

|                         |                            |
|-------------------------|----------------------------|
| <b>Variable FCS2014</b> | <b>gf16</b>                |
| Title                   | Child free access to fruit |
| Type of variable        | Num                        |
| Possible value          | 1 or 2                     |



|              |                                                                                                          |
|--------------|----------------------------------------------------------------------------------------------------------|
| Value labels | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator  | Children                                                                                                 |
| Remarks      | /                                                                                                        |

|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf17</b>                                                                                              |
| Title                   | Child free access to snacks                                                                              |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 or 2                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                 |
| Remarks                 | /                                                                                                        |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf18</b>                                                           |
| Title                   | Type of snacks to which free access                                   |
| Type of variable        | Char                                                                  |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                              |
| Remarks                 | /                                                                     |

|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf19</b>                                                                                              |
| Title                   | Child decide what to eat                                                                                 |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 or 2                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                 |
| Remarks                 | /                                                                                                        |

|                         |                             |
|-------------------------|-----------------------------|
| <b>Variable FCS2014</b> | <b>gf20</b>                 |
| Title                   | Child decide portion to eat |
| Type of variable        | Num                         |



|                |                                                                                                          |
|----------------|----------------------------------------------------------------------------------------------------------|
| Possible value | 1 or 2                                                                                                   |
| Value labels   | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator    | Children                                                                                                 |
| Remarks        | /                                                                                                        |

|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf21</b>                                                                                              |
| Title                   | Child obliged to empty dinner plate                                                                      |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 or 2                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                 |
| Remarks                 | /                                                                                                        |

|                         |                                                                                                                                  |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf22</b>                                                                                                                      |
| Title                   | Child eats together with rest of the family                                                                                      |
| Type of variable        | Num                                                                                                                              |
| Possible value          | 1 to 3                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = Sometimes</li><li>• 3 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                         |
| Remarks                 | /                                                                                                                                |

|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>tv01</b>                                                                                                                                                                                |
| Title                   | Watching TV during breakfast                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 5                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                   |



|         |   |
|---------|---|
| Remarks | / |
|---------|---|

|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>tv02</b>                                                                                                                                                                                |
| Title                   | Watching TV during snack in the morning                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 5                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                          |

|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>tv03</b>                                                                                                                                                                                |
| Title                   | Watching TV during lunch                                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 5                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                          |

|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>tv04</b>                                                                                                                                                                                |
| Title                   | Watching TV during snack in the afternoon                                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 5                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                          |



|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>tv05</b>                                                                                                                                                                                |
| Title                   | Watching TV during dinner                                                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 5                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                          |

|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>tv06</b>                                                                                                                                                                                |
| Title                   | Watching TV during snack in the evening                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 5                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                          |



| <b>Indicator FCS2014</b> | <b>PP_1</b>                                                                                                                               |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Nutrition important for health of child                                                                                                   |
| Type of variable         | Num                                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                              |
| Based on variable(s)     | gf13                                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• if gf13 = 1 or gf13 = 2 then gf13_1 = 1;</li> <li>• else if gf13 = 3 then gf13_1 = 0;</li> </ul> |
| Denominator              | Children                                                                                                                                  |
| Remarks                  | /                                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>PP_2</b>                                                                                                               |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Title                    | Free access to fruit                                                                                                      |
| Type of variable         | Num                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>              |
| Based on variable(s)     | gf16                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• if gf16 = 1 then PP_2 = 1;</li> <li>• else if gf16 = 2 then PP_2 = 0;</li> </ul> |
| Denominator              | Children                                                                                                                  |
| Remarks                  | /                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>PP_3</b>                                                                                                               |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Title                    | Free access to snacks (other than fruit)                                                                                  |
| Type of variable         | Num                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>              |
| Based on variable(s)     | gf17                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• if gf17 = 1 then PP_3 = 1;</li> <li>• else if gf17 = 2 then PP_3 = 0;</li> </ul> |
| Denominator              | Children                                                                                                                  |
| Remarks                  | /                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>PP_5</b>              |
|--------------------------|--------------------------|
| Title                    | Child decide what to eat |
| Type of variable         | Num                      |
| Possible value           | 1 or 0                   |



|                      |                                                                                                                           |
|----------------------|---------------------------------------------------------------------------------------------------------------------------|
| Value labels         | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>              |
| Based on variable(s) | gf19                                                                                                                      |
| Construction         | <ul style="list-style-type: none"> <li>• if gf19 = 1 then PP_5 = 1;</li> <li>• else if gf19 = 2 then PP_5 = 0;</li> </ul> |
| Denominator          | Children                                                                                                                  |
| Remarks              | /                                                                                                                         |

|                          |                                                                                                                           |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_6</b>                                                                                                               |
| Title                    | Child decide portion to eat                                                                                               |
| Type of variable         | Num                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>              |
| Based on variable(s)     | gf20                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• if gf20 = 1 then PP_6 = 1;</li> <li>• else if gf20 = 2 then PP_6 = 0;</li> </ul> |
| Denominator              | Children                                                                                                                  |
| Remarks                  | /                                                                                                                         |

|                          |                                                                                                                           |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_7</b>                                                                                                               |
| Title                    | Child obliged to empty dinner plate                                                                                       |
| Type of variable         | Num                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>              |
| Based on variable(s)     | gf21                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• if gf21 = 1 then PP_7 = 1;</li> <li>• else if gf21 = 2 then PP_7 = 0;</li> </ul> |
| Denominator              | Children                                                                                                                  |
| Remarks                  | /                                                                                                                         |

|                          |                                                                                                              |
|--------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_8</b>                                                                                                  |
| Title                    | Child eats together with rest of the family                                                                  |
| Type of variable         | Num                                                                                                          |
| Possible value           | 1 or 0                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | gf22                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if gf22=1 or gf22=2 then gf22_1=1;</li> </ul>                       |



|             |                                 |
|-------------|---------------------------------|
| Denominator | • else if gf22=3 then gf22_1=0; |
| Remarks     | Children<br>/                   |

|                          |                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_9</b>                                                                                                                                                                                                                                                                                                                                                             |
| Title                    | Never watching TV during breakfast                                                                                                                                                                                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                     |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                  |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                            |
| Based on variable(s)     | gf06, tv01                                                                                                                                                                                                                                                                                                                                                              |
| Construction             | <ul style="list-style-type: none"> <li>• if gf06 = 1 then PP_9 = -3;</li> <li>• if gf06 ne 1 then do; <ul style="list-style-type: none"> <li>• if tv01=1 then PP_9 =1;</li> <li>• else if tv01=-3 then PP_9 =-3;</li> <li>• else if tv01=-1 then PP_9 =-1;</li> <li>• else if tv01=2 or tv01=3 or tv01=4 or tv01=5 then PP_9 =0;</li> <li>• end;</li> </ul> </li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                |
| Remarks                  | This indicator is only calculated for children that take a breakfast. If the child never takes breakfast (gf06=1) then this question is not applicable (-3).                                                                                                                                                                                                            |

|                          |                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_10</b>                                                                                                                                                                                                                                                                                                                                                                 |
| Title                    | Never watching TV during lunch                                                                                                                                                                                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                 |
| Based on variable(s)     | gf07, tv03                                                                                                                                                                                                                                                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• if gf07 = 1 then PP_10 = -3;</li> <li>• if gf07 ne 1 then do; <ul style="list-style-type: none"> <li>• if tv03=1 then PP_10 =1;</li> <li>• else if tv03=-3 then PP_10 =-3;</li> <li>• else if tv03=-1 then PP_10 =-1;</li> <li>• else if tv03=2 or tv03=3 or tv03=4 or tv03=5 then PP_10 =0;</li> <li>• end;</li> </ul> </li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                     |
| Remarks                  | This indicator is only calculated for children that take lunch. If the child never takes lunch (gf07=1) then this question is not applicable (-3).                                                                                                                                                                                                                           |





| <b>Indicator FCS2014</b> | <b>PP_11</b>                                                                                                                                                                                                                                                                                                                                                                               |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Never watching TV during dinner                                                                                                                                                                                                                                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                        |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                               |
| Based on variable(s)     | gf08, tv05                                                                                                                                                                                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if gf08 = 1 then PP_11 = -3;</li> <li>• if gf08 ne 1 then do;               <ul style="list-style-type: none"> <li>• if tv05=1 then PP_11 =1;</li> <li>• else if tv05=-3 then PP_11 =-3;</li> <li>• else if tv05=-1 then PP_11 =-1;</li> <li>• else if tv05=2 or tv05=3 or tv05=4 or tv05=5 then PP_11 =0;</li> <li>• end;</li> </ul> </li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                   |
| Remarks                  | This indicator is only calculated for children that take dinner. If the child never takes lunch (gf08=1) then this question is not applicable (-3).                                                                                                                                                                                                                                        |

| <b>Indicator FCS2014</b> | <b>PP_12</b>                                                                                                                                                                                                                                                                                                                                                                                   |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Never watching TV during snack in the morning                                                                                                                                                                                                                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                            |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                   |
| Based on variable(s)     | gf0901, tv02                                                                                                                                                                                                                                                                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• if gf0901 = 1 then PP_12 = -3;</li> <li>• if gf0901 ne 1 then do;               <ul style="list-style-type: none"> <li>• if tv02=1 then PP_12 =1;</li> <li>• else if tv02=-3 then PP_12 =-3;</li> <li>• else if tv02=-1 then PP_12 =-1;</li> <li>• else if tv02=2 or tv02=3 or tv02=4 or tv02=5 then PP_12 =0;</li> <li>• end;</li> </ul> </li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks                  | This indicator is only calculated for children that take a snack in the morning. If the child never takes a snack in the morning (gf0901=1) then this question is not applicable (-3).                                                                                                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>PP_13</b>                                    |
|--------------------------|-------------------------------------------------|
| Title                    | Never watching TV during snack in the afternoon |
| Type of variable         | Num                                             |



|                      |                                                                                                                                                                                                                                                                                                                                                                             |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Possible value       | 1 or 0                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels         | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                |
| Based on variable(s) | gf0902, tv04                                                                                                                                                                                                                                                                                                                                                                |
| Construction         | <ul style="list-style-type: none"> <li>• if gf0902 = 1 then PP_13= -3;</li> <li>• if gf0902 ne 1 then do; <ul style="list-style-type: none"> <li>• if tv04=1 then PP_13=1;</li> <li>• else if tv04=-3 then PP_13=-3;</li> <li>• else if tv04=-1 then PP_13=-1;</li> <li>• else if tv04=2 or tv04=3 or tv04=4 or tv04=5 then PP_13=0;</li> <li>• end;</li> </ul> </li> </ul> |
| Denominator          | Children                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks              | This indicator is only calculated for children that take a snack in the afternoon. If the child never takes a snack in the afternoon (gf0902=1) then this question is not applicable (-3).                                                                                                                                                                                  |

|                          |                                                                                                                                                                                                                                                                                                                                                                                  |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_14</b>                                                                                                                                                                                                                                                                                                                                                                     |
| Title                    | Never watching TV during snack in the evening                                                                                                                                                                                                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                              |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                     |
| Based on variable(s)     | gf0903, tv06                                                                                                                                                                                                                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if gf0903 = 1 then PP_14 = -3;</li> <li>• if gf0903 ne 1 then do; <ul style="list-style-type: none"> <li>• if tv06=1 then PP_14 =1;</li> <li>• else if tv06=-3 then PP_14 =-3;</li> <li>• else if tv06=-1 then PP_14 =-1;</li> <li>• else if tv06=2 or tv06=3 or tv06=4 or tv06=5 then PP_14 =0;</li> <li>• end;</li> </ul> </li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | This indicator is only calculated for children that take a snack in the evening. If the child never takes a snack in the evening (gf0903=1) then this question is not applicable (-3).                                                                                                                                                                                           |

|                          |                                                                     |
|--------------------------|---------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>PP_15b</b>                                                       |
| Title                    | Involvement in meal preparation                                     |
| Type of variable         | Num                                                                 |
| Possible value           | 1 to 3                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes, always</li> </ul> |



|                      |          |                                                                                                                                                                                                                                                                          |
|----------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | gf14     | <ul style="list-style-type: none"> <li>• 2 = Yes, sometimes</li> <li>• 3 = Never</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                               |
| Construction         |          | <ul style="list-style-type: none"> <li>• if gf14 = 1 then PP_15b = 1;</li> <li>• else if gf14 = 2 then PP_15b = 2;</li> <li>• else if gf14 = 3 then PP_15b = 3;</li> <li>• else if gf14 = -3 then PP_15b = -3;</li> <li>• else if gf14 = -1 then PP_15b = -1;</li> </ul> |
| Denominator          | Children |                                                                                                                                                                                                                                                                          |
| Remarks              | /        |                                                                                                                                                                                                                                                                          |

|                          |                                                                                                                                                                                                                                                                          |  |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <b>Indicator FCS2014</b> | <b>PP_16b</b>                                                                                                                                                                                                                                                            |  |
| Title                    | Involvement in food shopping                                                                                                                                                                                                                                             |  |
| Type of variable         | Num                                                                                                                                                                                                                                                                      |  |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                   |  |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes, always</li> <li>• 2 = Yes, sometimes</li> <li>• 3 = Never</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                    |  |
| Based on variable(s)     | gf15                                                                                                                                                                                                                                                                     |  |
| Construction             | <ul style="list-style-type: none"> <li>• if gf15 = 1 then PP_16b = 1;</li> <li>• else if gf15 = 2 then PP_16b = 2;</li> <li>• else if gf15 = 3 then PP_16b = 3;</li> <li>• else if gf15 = -3 then PP_16b = -3;</li> <li>• else if gf15 = -1 then PP_16b = -1;</li> </ul> |  |
| Denominator              | Children                                                                                                                                                                                                                                                                 |  |
| Remarks                  | /                                                                                                                                                                                                                                                                        |  |



### 3.3. Use of (iodized) salt

#### Variables FCS2014

|        |                                  |
|--------|----------------------------------|
| fb01   | Use of salt during cooking       |
| fb02   | Use of salt at the table         |
| fb03   | Use of iodized salt              |
| fb0301 | Brandname of iodized salt        |
| gf23   | Use of salt at table by children |

#### Indicators FCS 2014

|      |                                                           |
|------|-----------------------------------------------------------|
| SI_1 | Use of salt during cooking                                |
| SI_2 | Use of salt during cooking by parent/guardian of children |
| SI_3 | Use of salt at table                                      |
| SI_4 | Use of salt at table by parent/guardian of children       |
| SI_5 | Use of salt at table by children                          |
| SI_6 | Use of iodized salt                                       |
| SI_7 | Use of salt during cooking and at table                   |



|                         |                                                                            |
|-------------------------|----------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fb01</b>                                                                |
| Title                   | Use of salt during cooking                                                 |
| Type of variable        | Num                                                                        |
| Possible value          | 1 to 2                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul> |
| Denominator             | Children and adults                                                        |
| Remarks                 | /                                                                          |

|                         |                                                                                                    |
|-------------------------|----------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fb02</b>                                                                                        |
| Title                   | Use of salt at table                                                                               |
| Type of variable        | Num                                                                                                |
| Possible value          | 1 to 3                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• 3 = Sometimes</li></ul> |
| Denominator             | All participants                                                                                   |
| Remarks                 | /                                                                                                  |

|                         |                                                                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fb03</b>                                                                                                                                                                                                                                |
| Title                   | Use of iodized salt                                                                                                                                                                                                                        |
| Type of variable        | Num                                                                                                                                                                                                                                        |
| Possible value          | 1 to 2                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul>                                                                                                                                                                 |
| Denominator             | All participants                                                                                                                                                                                                                           |
| Remarks                 | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li><li>• Question was not asked in children and adolescents if fb01=2 and fb02=2</li><li>• Question was not asked in adolescents if fb02=2</li></ul> |

|                         |                           |
|-------------------------|---------------------------|
| <b>Variable FCS2014</b> | <b>fb0301</b>             |
| Title                   | Brandname of iodized salt |



|                  |                                                                                                |
|------------------|------------------------------------------------------------------------------------------------|
| Type of variable | Char                                                                                           |
| Possible value   | /                                                                                              |
| Value labels     | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator      | All participants using iodized salt                                                            |
| Remarks          | Question was not asked if fb03=2                                                               |

|                         |                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf23</b>                                                                                                   |
| Title                   | Child can add salt to meal                                                                                    |
| Type of variable        | Num                                                                                                           |
| Possible value          | 1 or 2                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                      |
| Remarks                 | /                                                                                                             |



| <b>Indicator FCS2014</b> | <b>SI_1</b>                                                                                                                                                                                                                                        |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Use of salt during cooking                                                                                                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                                                                |
| Possible value           | 0 or 1                                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                       |
| Based on variable(s)     | fb01, age7c                                                                                                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if age7c in (5,6,7) and fb01=-3 then SI_1=-3;</li> <li>• if age7c in (5,6,7) and fb01=1 then SI_1=1;</li> <li>• if age7c in (5,6,7) and fb01=2 then SI_1=0;</li> <li>• if SI_1=. then SI_1=-3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                             |
| Remarks                  | /                                                                                                                                                                                                                                                  |

| <b>Indicator FCS2014</b> | <b>SI_2</b>                                                                                                                                                                                                                                  |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Use of salt during cooking by parent/guardian of children                                                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                                                                          |
| Possible value           | 0 or 1                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                 |
| Based on variable(s)     | fb01, age7c                                                                                                                                                                                                                                  |
| Construction             | <ul style="list-style-type: none"> <li>• if age7c in (1,2) and fb01=-3 then SI_2=-3;</li> <li>• if age7c in (1,2) and fb01=1 then SI_2=1;</li> <li>• if age7c in (1,2) and fb01=2 then SI_2=0;</li> <li>• if SI_2=. then SI_2=-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                                            |

| <b>Indicator FCS2014</b> | <b>SI_3</b>                                                                                                                                                                                                                |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Use of salt at table                                                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                        |
| Possible value           | 0 or 1                                                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                               |
| Based on variable(s)     | fb02, age7c                                                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>• if age7c in (3,4,5,6,7) and fb02=-3 then SI_3=-3;</li> <li>• if age7c in (3,4,5,6,7) and fb02 in (1,3) then SI_3=1;</li> <li>• if age7c in (3,4,5,6,7) and fb02=2 then</li> </ul> |



|             |                                      |
|-------------|--------------------------------------|
|             | SI_3=0;<br>• if SI_3=. then SI_3=-3; |
| Denominator | Adolescents and adults               |
| Remarks     | /                                    |

|                          |                                                                                                                                                                                                                                                     |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>SI_4</b>                                                                                                                                                                                                                                         |
| Title                    | Use of salt at table by parent/guardian of children                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                                                 |
| Possible value           | 0 or 1                                                                                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                        |
| Based on variable(s)     | fb02, age7c                                                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if age7c in (1,2) and fb02=-3 then SI_4=-3;</li> <li>• if age7c in (1,2) and fb02 in (1,3) then SI_4=1;</li> <li>• if age7c in (1,2) and fb02=2 then SI_4=0;</li> <li>• if SI_4=. then SI_4=-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                            |
| Remarks                  | /                                                                                                                                                                                                                                                   |

|                          |                                                                                                                                                                                                                                                     |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>SI_4</b>                                                                                                                                                                                                                                         |
| Title                    | Use of salt at table by parent/guardian of children                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                                                 |
| Possible value           | 0 or 1                                                                                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                        |
| Based on variable(s)     | fb02, age7c                                                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if age7c in (1,2) and fb02=-3 then SI_4=-3;</li> <li>• if age7c in (1,2) and fb02 in (1,3) then SI_4=1;</li> <li>• if age7c in (1,2) and fb02=2 then SI_4=0;</li> <li>• if SI_4=. then SI_4=-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                            |
| Remarks                  | /                                                                                                                                                                                                                                                   |

|                          |                                                                               |
|--------------------------|-------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>SI_5</b>                                                                   |
| Title                    | Use of salt at table by children                                              |
| Type of variable         | Num                                                                           |
| Possible value           | 0 or 1                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> </ul> |





|                      |                                                                                                                                                                         |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | gf23                                                                                                                                                                    |
| Construction         | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> <li>if gf23=-3 then SI_5=-3;</li> <li>if gf23=1 then SI_5=1;</li> <li>if gf23=2 then SI_5=0;</li> </ul> |
| Denominator          | Children                                                                                                                                                                |
| Remarks              | /                                                                                                                                                                       |

|                          |                                                                                                                                                                              |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>SI_6</b>                                                                                                                                                                  |
| Title                    | Use of iodized salt                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                          |
| Possible value           | 0 or 1                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>0 = No</li> <li>1 = Yes</li> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                               |
| Based on variable(s)     | fb03                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>if fb03=-1 then SI_6=-1;</li> <li>if fb03=-3 then SI_6=-3;</li> <li>if fb03=1 then SI_6=1;</li> <li>if fb03=2 then SI_6=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                             |
| Remarks                  | /                                                                                                                                                                            |

|                          |                                                                                                                                                                                                                                                                                                                                                       |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>SI_7</b>                                                                                                                                                                                                                                                                                                                                           |
| Title                    | Use of salt during cooking and at table                                                                                                                                                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                   |
| Possible value           | 1 to 4                                                                                                                                                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>1=Use salt during cooking AND at table</li> <li>2=Use salt only during cooking</li> <li>3=Use salt only at table</li> <li>4=Never use salt during cooking or table</li> <li>-3 = Not applicable</li> </ul>                                                                                                     |
| Based on variable(s)     | SI_1, SI_3                                                                                                                                                                                                                                                                                                                                            |
| Construction             | <ul style="list-style-type: none"> <li>if age7c in (5,6,7) and SI_1=1 and SI_3=1 then SI_7=1;</li> <li>if age7c in (5,6,7) and SI_1=1 and SI_3=0 then SI_7=2;</li> <li>if age7c in (5,6,7) and SI_1=0 and SI_3=1 then SI_7=3;</li> <li>if age7c in (5,6,7) and SI_1=0 and SI_3=0 then SI_7=4;</li> <li>if age7c in (1,2,3,4) then SI_7=-3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                                     |



### 3.4. Opinion on nutrition policy

#### Variables FCS2014

|      |                                                                                                                                                |
|------|------------------------------------------------------------------------------------------------------------------------------------------------|
| fp01 | Role of government in banning advertisements for junk food and fast food aimed at children                                                     |
| fp02 | Role of government in spending money on information campaigns to inform about risks of unhealthy eating                                        |
| fp03 | Role of government in teaching children about 'healthy eating' in schools                                                                      |
| fp04 | Role of government in imposing taxes on foods rich in sugar, fat and salt en using the earnings for promoting healthier foods                  |
| fp05 | Role of government in subsidizing fruits and vegetables to promote healthy eating                                                              |
| fp06 | Role of government in co-operating with the food industry to improve the nutritional content of processed foods                                |
| fp07 | Role of government in imposing restrictions on food companies for certain ingredients to improve the nutritional content of processed foods    |
| fp08 | Role of government in reducing the VAT rates for healthy foods and raise them for foods rich in sugar, fat and salt.                           |
| fp09 | Safety of genetically modified plants for own health and that of family                                                                        |
| fp10 | Clear indication on packaging of milk, eggs, meat or other animal products derived from animals fed with genetically modified organisms (GMOs) |
| fp11 | Government providing more information on the use of GMOs in food                                                                               |

#### Indicators FCS2014

|        |                                                                                                                                       |
|--------|---------------------------------------------------------------------------------------------------------------------------------------|
| fp01_1 | Government can play a role in banning advertisements for junk food and fast food aimed at children                                    |
| fp02_2 | Government can play a role in spending money on information campaigns to inform people about the risks of unhealthy eating            |
| fp03_3 | Government can play a role in teaching children about 'healthy eating' in schools                                                     |
| fp04_4 | Government can play a role in imposing taxes on foods rich in sugar, fat and salt en using the earnings for promoting healthier foods |
| fp05_5 | Government can play a role in subsidizing fruits and vegetables to promote healthy eating                                             |
| fp06_6 | Government can play a role in co-operating with the food industry to improve the nutritional content of                               |



|         |                                                                                                                                                         |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
|         | processed foods                                                                                                                                         |
| fp07_7  | Government can play a role in imposing restrictions on food companies for certain ingredients to improve the nutritional content of processed foods     |
| fp08_8  | Government can play a role in reducing the VAT rates for healthy foods and raise them for foods rich in sugar, fat and salt.                            |
| fp09_9  | Genetically modified plants are safe for own health and that of family                                                                                  |
| fp10_10 | Milk, eggs, meat or other animal products derived from animals fed with genetically modified organisms (GMOs) should have clear indication on packaging |
| fp11_11 | Government should provide more information on the use of GMOs in food                                                                                   |



| <b>Variable FCS2014</b> | <b>fp01</b>                                                                                                                                                                                                                  |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Role of government in banning advertisements for junk food and fast food aimed at children                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                                                          |
| Possible value          | 1 to 5                                                                                                                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Strongly disagree</li><li>• 2 = Disagree</li><li>• 3 = Neutral</li><li>• 4 = Agree</li><li>• 5 = Strongly agree</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                       |
| Remarks                 | Question fp01: should the government play a role in banning advertisements for junk food and fast food aimed at children?                                                                                                    |

| <b>Variable FCS2014</b> | <b>fp02</b>                                                                                                                                                                                                                  |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Role of government in spending money on information campaigns to inform about risks of unhealthy eating                                                                                                                      |
| Type of variable        | Num                                                                                                                                                                                                                          |
| Possible value          | 1 to 5                                                                                                                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Strongly disagree</li><li>• 2 = Disagree</li><li>• 3 = Neutral</li><li>• 4 = Agree</li><li>• 5 = Strongly agree</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                       |
| Remarks                 | Question fp02: should the government play a role in banning advertisements for junk food and fast food aimed at children?                                                                                                    |

| <b>Variable FCS2014</b> | <b>fp03</b>                                                               |
|-------------------------|---------------------------------------------------------------------------|
| Title                   | Role of government in teaching children about 'healthy eating' in schools |
| Type of variable        | Num                                                                       |
| Possible value          | 1 to 5                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Strongly disagree</li></ul>   |



|             |                                                                                                                                                                                                     |
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|             | <ul style="list-style-type: none"> <li>• 2 = Disagree</li> <li>• 3 = Neutral</li> <li>• 4 = Agree</li> <li>• 5 = Strongly agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator | Adults                                                                                                                                                                                              |
| Remarks     | Question fp03: should the government play a role in teaching children about 'healthy eating' in schools                                                                                             |

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| <b>Variable FCS2014</b> | <b>fp04</b>                                                                                                                                                                                                                          |
| Title                   | Role of government in imposing taxes on foods rich in sugar, fat and salt en using the earnings for promoting healthier foods                                                                                                        |
| Type of variable        | Num                                                                                                                                                                                                                                  |
| Possible value          | 1 to 5                                                                                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Strongly disagree</li> <li>• 2 = Disagree</li> <li>• 3 = Neutral</li> <li>• 4 = Agree</li> <li>• 5 = Strongly agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adults                                                                                                                                                                                                                               |
| Remarks                 | Question fp04: should the government play a role in imposing taxes on foods rich in sugar, fat and salt en using the earnings for promoting healthier foods                                                                          |

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| <b>Variable FCS2014</b> | <b>fp05</b>                                                                                                                                                                                                                          |
| Title                   | Role of government in subsidizing fruits and vegetables to promote healthy eating                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                                                                  |
| Possible value          | 1 to 5                                                                                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Strongly disagree</li> <li>• 2 = Disagree</li> <li>• 3 = Neutral</li> <li>• 4 = Agree</li> <li>• 5 = Strongly agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adults                                                                                                                                                                                                                               |
| Remarks                 | Question fp05: should the government play a role in subsidizing fruits and vegetables to promote healthy                                                                                                                             |



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| <b>Variable FCS2014</b> | <b>fp06</b>                                                                                                                                                                                                                  |
| Title                   | Role of government in subsidizing fruits and vegetables to promote healthy eating                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                                          |
| Possible value          | 1 to 5                                                                                                                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Strongly disagree</li><li>• 2 = Disagree</li><li>• 3 = Neutral</li><li>• 4 = Agree</li><li>• 5 = Strongly agree</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                       |
| Remarks                 | Question fp06: should the government play a role in subsidizing fruits and vegetables to promote healthy eating                                                                                                              |

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| <b>Variable FCS2014</b> | <b>fp07</b>                                                                                                                                                                                                                  |
| Title                   | Role of government in imposing restrictions on food companies for certain ingredients to improve the nutritional content of processed foods                                                                                  |
| Type of variable        | Num                                                                                                                                                                                                                          |
| Possible value          | 1 to 5                                                                                                                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Strongly disagree</li><li>• 2 = Disagree</li><li>• 3 = Neutral</li><li>• 4 = Agree</li><li>• 5 = Strongly agree</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                       |
| Remarks                 | Question fp07: should the government play a role in imposing restrictions on food companies for certain ingredients to improve the nutritional content of processed foods                                                    |

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| <b>Variable FCS2014</b> | <b>fp08</b>                                                                                                          |
| Title                   | Role of government in reducing the VAT rates for healthy foods and raise them for foods rich in sugar, fat and salt. |



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| Type of variable | Num                                                                                                                                                                                                                          |
| Possible value   | 1 to 5                                                                                                                                                                                                                       |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Strongly disagree</li><li>• 2 = Disagree</li><li>• 3 = Neutral</li><li>• 4 = Agree</li><li>• 5 = Strongly agree</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults                                                                                                                                                                                                                       |
| Remarks          | Question fp07: should the government play a role in in reducing the VAT rates for healthy foods and raise them for foods rich in sugar, fat and salt.                                                                        |

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| <b>Variable FCS2014</b> | <b>fp09</b>                                                                                                                                                                                                                           |
| Title                   | Safety of genetically modified plants for own health and that of family                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                   |
| Possible value          | 1 to 5                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Disagree</li><li>• 2 = Agree</li><li>• 3 = Don't know/not enough information</li><li>• 4 = Don't understand the question</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                                |
| Remarks                 | Question fp09: How do you feel about the following statement concerning the use of genetically modified plants in food?<br>Genetically modified plants are safe for my health and that of my family                                   |

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| <b>Variable FCS2014</b> | <b>fp10</b>                                                                                                                                                                                             |
| Title                   | Clear indication on packaging of milk, eggs, meat or other animal products derived from animals fed with genetically modified organisms (GMOs)                                                          |
| Type of variable        | Num                                                                                                                                                                                                     |
| Possible value          | 1 to 5                                                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Disagree</li><li>• 2 = Agree</li><li>• 3 = Don't know/not enough information</li><li>• 4 = Don't understand the question</li><li>• -1 = No answer</li></ul> |



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| Denominator | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                         |
| Remarks     | <p>Adults</p> <p>Question fp10: How do you feel about the following statement concerning the use of genetically modified plants in food?</p> <p>If milk, eggs, meat or other animal products are derived from animals fed with genetically modified organisms (GMOs) this should be clearly indicated on the packaging of these products.</p> |

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| <b>Variable FCS2014</b> | <b>fp11</b>                                                                                                                                                                                                                               |
| Title                   | Government providing more information on the use of GMOs in food                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                                       |
| Possible value          | 1 to 5                                                                                                                                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"> <li>1 = Disagree</li> <li>2 = Agree</li> <li>3 = Don't know/not enough information</li> <li>4 = Don't understand the question</li> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>          |
| Denominator             | Adults                                                                                                                                                                                                                                    |
| Remarks                 | <p>Question fp11: How do you feel about the following statement concerning the use of genetically modified plants in food?</p> <p>The government should provide more information on the use of GMOs in food (e.g. via a website, ...)</p> |





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| <b>Indicator FCS2014</b> | <b>fp01_1</b>                                                                                                                                                                                                                                                                                                                                  |
| Title                    | Government can play a role in banning advertisements for junk food and fast food aimed at children                                                                                                                                                                                                                                             |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                            |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                          |
| Based on variable(s)     | fp01                                                                                                                                                                                                                                                                                                                                           |
| Construction             | <ul style="list-style-type: none"> <li>• if fp01 = -1 then fp01_1 = -1;</li> <li>• else if fp01 = 9 then fp01_1 = -1;</li> <li>• else if fp01 = -3 then fp01_1 = -3;</li> <li>• else if fp01 = 1 or fp01 = 2 then fp01_1 = 1;</li> <li>• else if fp01 = 3 then fp01_1 = 2;</li> <li>• else if fp01 = 4 or fp01 = 5 then fp01_1 = 3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>fp02_2</b>                                                                                                                                                                                                                                                                                                                                  |
| Title                    | Government can play a role in spending money on information campaigns to inform people about the risks of unhealthy eating                                                                                                                                                                                                                     |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                            |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                          |
| Based on variable(s)     | fp02                                                                                                                                                                                                                                                                                                                                           |
| Construction             | <ul style="list-style-type: none"> <li>• if fp02 = -1 then fp02_2 = -1;</li> <li>• else if fp02 = 9 then fp02_2 = -1;</li> <li>• else if fp02 = -3 then fp02_2 = -3;</li> <li>• else if fp02 = 1 or fp02 = 2 then fp02_2 = 1;</li> <li>• else if fp02 = 3 then fp02_2 = 2;</li> <li>• else if fp02 = 4 or fp02 = 5 then fp02_2 = 3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>fp03_3</b> |
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| Title                | Government can play a role in teaching children about 'healthy eating' in schools                                                                                                                                                                                                                                                              |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                            |
| Possible value       | 1 to 3                                                                                                                                                                                                                                                                                                                                         |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                          |
| Based on variable(s) | fp03                                                                                                                                                                                                                                                                                                                                           |
| Construction         | <ul style="list-style-type: none"> <li>• if fp03 = -1 then fp03_3 = -1;</li> <li>• else if fp03 = 9 then fp03_3 = -1;</li> <li>• else if fp03 = -3 then fp03_3 = -3;</li> <li>• else if fp03 = 1 or fp03 = 2 then fp03_3 = 1;</li> <li>• else if fp03 = 3 then fp03_3 = 2;</li> <li>• else if fp03 = 4 or fp03 = 5 then fp03_3 = 3;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                                                         |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>fp04_4</b>                                                                                                                                                                                                                                                                                                                                  |
| Title                    | Government can play a role in imposing taxes on foods rich in sugar, fat and salt en using the earnings for promoting healthier foods                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                            |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                          |
| Based on variable(s)     | fp04                                                                                                                                                                                                                                                                                                                                           |
| Construction             | <ul style="list-style-type: none"> <li>• if fp04 = -1 then fp04_4 = -1;</li> <li>• else if fp04 = 9 then fp04_4 = -1;</li> <li>• else if fp04 = -3 then fp04_4 = -3;</li> <li>• else if fp04 = 1 or fp04 = 2 then fp04_4 = 1;</li> <li>• else if fp04 = 3 then fp04_4 = 2;</li> <li>• else if fp04 = 4 or fp04 = 5 then fp04_4 = 3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>fp05_5</b>                                                                             |
| Title                    | Government can play a role in subsidizing fruits and vegetables to promote healthy eating |
| Type of variable         | Num                                                                                       |
| Possible value           | 1 to 3                                                                                    |



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| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                          |
| Based on variable(s) | fp05                                                                                                                                                                                                                                                                                                                                           |
| Construction         | <ul style="list-style-type: none"> <li>• if fp05 = -1 then fp05_5 = -1;</li> <li>• else if fp05 = 9 then fp05_5 = -1;</li> <li>• else if fp05 = -3 then fp05_5 = -3;</li> <li>• else if fp05 = 1 or fp05 = 2 then fp05_5 = 1;</li> <li>• else if fp05 = 3 then fp05_5 = 2;</li> <li>• else if fp05 = 4 or fp05 = 5 then fp05_5 = 3;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                                                         |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>fp06_6</b>                                                                                                                                                                                                                                                                                        |
| Title                    | Government can play a role in co-operating with the food industry to improve the nutritional content of processed foods                                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                  |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                |
| Based on variable(s)     | fp06                                                                                                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• else if fp06 = 9 then fp06_6 = -1;</li> <li>• else if fp06 = -3 then fp06_6 = -3;</li> <li>• else if fp06 = 1 or fp06 = 2 then fp06_6 = 1;</li> <li>• else if fp06 = 3 then fp06_6 = 2;</li> <li>• else if fp06 = 4 or fp06 = 5 then fp06_6 = 3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                               |
| Remarks                  | /                                                                                                                                                                                                                                                                                                    |

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| <b>Indicator FCS2014</b> | <b>fp07_7</b>                                                                                                                                       |
| Title                    | Government can play a role in imposing restrictions on food companies for certain ingredients to improve the nutritional content of processed foods |
| Type of variable         | Num                                                                                                                                                 |
| Possible value           | 1 to 3                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Neutral</li> <li>• 3 = Agree</li> <li>• -1 = No answer</li> </ul>              |



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| Based on variable(s) | fp07                                                                                                                                                                                                                                                                                                                                                            |
| Construction         | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> <li>if fp07 = -1 then fp07_7 = -1;</li> <li>else if fp07 = 9 then fp07_7 = -1;</li> <li>else if fp07 = -3 then fp07_7 = -3;</li> <li>else if fp07 = 1 or fp07 = 2 then fp07_7 = 1;</li> <li>else if fp07 = 3 then fp07_7 = 2;</li> <li>else if fp07 = 4 or fp07 = 5 then fp07_7 = 3;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                                                                          |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                               |

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| <b>Indicator FCS2014</b> | <b>fp08_8</b>                                                                                                                                                                                                                                                                              |
| Title                    | Government can play a role in reducing the VAT rates for healthy foods and raise them for foods rich in sugar, fat and salt.                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                                                                                        |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Disagree</li> <li>2 = Neutral</li> <li>3 = Agree</li> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                |
| Based on variable(s)     | fp08                                                                                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>else if fp08 = 9 then fp08_8 = -1;</li> <li>else if fp08 = -3 then fp08_8 = -3;</li> <li>else if fp08 = 1 or fp08 = 2 then fp08_8 = 1;</li> <li>else if fp08 = 3 then fp08_8 = 2;</li> <li>else if fp08 = 4 or fp08 = 5 then fp08_8 = 3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                                                                                          |

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| <b>Indicator FCS2014</b> | <b>fp09_9</b>                                                                                                                                                            |
| Title                    | Genetically modified plants are safe for own health and that of family                                                                                                   |
| Type of variable         | Num                                                                                                                                                                      |
| Possible value           | 1 to 3                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Disagree</li> <li>2 = Agree</li> <li>3 = No prior knowledge</li> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>   |
| Based on variable(s)     | fp09                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>if fp09 = -1 then fp09_9 = -1;</li> <li>else if fp09 = -3 then fp09_9 = -3;</li> <li>else if fp09 = 1 then fp09_9 = 1;</li> </ul> |



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| Denominator | Adults |
| Remarks     | /      |

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| <b>Indicator FCS2014</b> | <b>fp10_10</b>                                                                                                                                                                                                                                                                           |
| Title                    | Milk, eggs, meat or other animal products derived from animals fed with genetically modified organisms (GMOs) should have clear indication on packaging                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                                                                                      |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Agree</li> <li>• 3 = No prior knowledge</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                         |
| Based on variable(s)     | fp10                                                                                                                                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if fp10 = -1 then fp10_10 = -1;</li> <li>• else if fp10 = -3 then fp10_10 = -3;</li> <li>• else if fp10 = 1 then fp10_10 = 1;</li> <li>• else if fp10 = 2 then fp10_10 = 2;</li> <li>• else if fp10 = 3 or fp10 = 4 then fp10_10 = 3</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                                                                        |

|                          |                                                                                                                                                                                                                                                                                           |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>fp11_11</b>                                                                                                                                                                                                                                                                            |
| Title                    | Government should provide more information on the use of GMOs in food                                                                                                                                                                                                                     |
| Type of variable         | Num                                                                                                                                                                                                                                                                                       |
| Possible value           | 1 to 3                                                                                                                                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Disagree</li> <li>• 2 = Agree</li> <li>• 3 = No prior knowledge</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                          |
| Based on variable(s)     | fp11                                                                                                                                                                                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• if fp11 = -1 then fp11_11 = -1;</li> <li>• else if fp11 = -3 then fp11_11 = -3;</li> <li>• else if fp11 = 1 then fp11_11 = 1;</li> <li>• else if fp11 = 2 then fp11_11 = 2;</li> <li>• else if fp11 = 3 or fp11 = 4 then fp11_11 = 3;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                    |
| Remarks                  | /                                                                                                                                                                                                                                                                                         |



## 3.5. Meal duration

### Variables FCS2014

|       |                                       |
|-------|---------------------------------------|
| gf02a | Average preparation time of breakfast |
| gf02b | Average preparation time of lunch     |
| gf02c | Average preparation time of dinner    |
| gf03a | Average consumption time of breakfast |
| gf03b | Average consumption time of lunch     |
| gf03c | Average consumption time of dinner    |

### Indicators FCS2014

|       |                                                    |
|-------|----------------------------------------------------|
| MD_1  | Average preparation time of breakfast (min)        |
| MD_2  | Average preparation time of lunch (min)            |
| MD_3  | Average preparation time of dinner (min)           |
| MD_12 | More than 5 minutes preparation time of breakfast  |
| MD_22 | More than 10 minutes preparation time of lunch     |
| MD_32 | More than 30 minutes preparation time of dinner    |
| MD_4  | Average consumption time of breakfast (min)        |
| MD_5  | Average consumption time of lunch (min)            |
| MD_6  | Average consumption time of dinner (min)           |
| MD_42 | More than 10 minutes consumption time of breakfast |
| MD_52 | More than 15 minutes consumption time of lunch     |
| MD_62 | More than 25 minutes consumption time of dinner    |



|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf02a</b>                                                                                   |
| Title                   | Average preparation time of breakfast                                                          |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf02b</b>                                                                                   |
| Title                   | Average preparation time of lunch                                                              |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf02c</b>                                                                                   |
| Title                   | Average preparation time of dinner                                                             |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                  |
|-------------------------|------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf03a</b>                                                     |
| Title                   | Average consumption time of breakfast                            |
| Type of variable        | Num                                                              |
| Possible value          | /                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li></ul> |
| Denominator             | All participants                                                 |
| Remarks                 | /                                                                |

|                         |              |
|-------------------------|--------------|
| <b>Variable FCS2014</b> | <b>gf03b</b> |
|-------------------------|--------------|



|                  |                                                                  |
|------------------|------------------------------------------------------------------|
| Title            | Average consumption time of lunch                                |
| Type of variable | Num                                                              |
| Possible value   | /                                                                |
| Value labels     | <ul style="list-style-type: none"><li>• -1 = No answer</li></ul> |
| Denominator      | All participants                                                 |
| Remarks          | /                                                                |

|                         |                                    |
|-------------------------|------------------------------------|
| <b>Variable FCS2014</b> | <b>gf03c</b>                       |
| Title                   | Average consumption time of dinner |
| Type of variable        | Num                                |
| Possible value          | /                                  |
| Value labels            | /                                  |
| Denominator             | All participants                   |
| Remarks                 | /                                  |





|                          |                                                                                                 |
|--------------------------|-------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_1</b>                                                                                     |
| Title                    | Average preparation time of breakfast (min)                                                     |
| Type of variable         | Num                                                                                             |
| Possible value           | /                                                                                               |
| Value labels             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>  |
| Based on variable(s)     | gf02a, gf06                                                                                     |
| Construction             | <ul style="list-style-type: none"><li>• MD_1=gf02a;</li><li>• if gf06=1 then MD_1=-3;</li></ul> |
| Denominator              | Adults                                                                                          |
| Remarks                  | If the participant never eats breakfast (gf06=1), the preparation time is not applicable (-3).  |

|                          |                                                                                                 |
|--------------------------|-------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_2</b>                                                                                     |
| Title                    | Average preparation time of lunch (min)                                                         |
| Type of variable         | Num                                                                                             |
| Possible value           | /                                                                                               |
| Value labels             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>  |
| Based on variable(s)     | gf02b, gf07                                                                                     |
| Construction             | <ul style="list-style-type: none"><li>• MD_2=gf02b;</li><li>• if gf07=1 then MD_2=-3;</li></ul> |
| Denominator              | Adults                                                                                          |
| Remarks                  | If the participant never eats lunch (gf07=1), the preparation time is not applicable (-3).      |

|                          |                                                                                                 |
|--------------------------|-------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_3</b>                                                                                     |
| Title                    | Average preparation time of dinner (min)                                                        |
| Type of variable         | Num                                                                                             |
| Possible value           | /                                                                                               |
| Value labels             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>  |
| Based on variable(s)     | gf02c, gf08                                                                                     |
| Construction             | <ul style="list-style-type: none"><li>• MD_3=gf02c;</li><li>• if gf08=1 then MD_3=-3;</li></ul> |
| Denominator              | Adults                                                                                          |
| Remarks                  | If the participant never eats dinner (gf08=1), the preparation time is not applicable (-3).     |

|                          |                                                   |
|--------------------------|---------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_12</b>                                      |
| Title                    | More than 5 minutes preparation time of breakfast |
| Type of variable         | Num                                               |
| Possible value           | /                                                 |



|                      |                                                                                                                                                                                                       |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels         | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -3 = Not applicable</li> </ul>                                                                                          |
| Based on variable(s) | MD_1                                                                                                                                                                                                  |
| Construction         | <ul style="list-style-type: none"> <li>• if MD_1=-3 then MD_12=-3;</li> <li>• if MD_1=-1 then MD_12=-1;</li> <li>• if 0&lt;=MD_1&lt;=5 then MD_12=0;</li> <li>• if MD_1&gt;5 then MD_12=1;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                |
| Remarks              | /                                                                                                                                                                                                     |

|                          |                                                                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_22</b>                                                                                                                                                                                            |
| Title                    | More than 10 minutes preparation time of lunch                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                     |
| Possible value           | /                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                  |
| Based on variable(s)     | MD_2                                                                                                                                                                                                    |
| Construction             | <ul style="list-style-type: none"> <li>• if MD_2=-3 then MD_22=-3;</li> <li>• if MD_2=-1 then MD_22=-1;</li> <li>• if 0&lt;=MD_2&lt;=10 then MD_22=0;</li> <li>• if MD_2&gt;10 then MD_22=1;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                                                       |

|                          |                                                                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_32</b>                                                                                                                                                                                            |
| Title                    | More than 30 minutes preparation time of dinner                                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                     |
| Possible value           | /                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                  |
| Based on variable(s)     | MD_3                                                                                                                                                                                                    |
| Construction             | <ul style="list-style-type: none"> <li>• if MD_3=-3 then MD_32=-3;</li> <li>• if MD_3=-1 then MD_32=-1;</li> <li>• if 0&lt;=MD_3&lt;=30 then MD_32=0;</li> <li>• if MD_3&gt;30 then MD_32=1;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                                                       |

|                          |             |
|--------------------------|-------------|
| <b>Indicator FCS2014</b> | <b>MD_4</b> |
|--------------------------|-------------|



|                      |                                                                                                                                                                                |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Average consumption time of breakfast (min)                                                                                                                                    |
| Type of variable     | Num                                                                                                                                                                            |
| Possible value       | /                                                                                                                                                                              |
| Value labels         | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                        |
| Based on variable(s) | gf03a, gf06                                                                                                                                                                    |
| Construction         | <ul style="list-style-type: none"> <li>• MD_4=gf03a;</li> <li>• if gf06=1 then MD_4=0;</li> <li>• if MD_4=0 then MD_4=-3;</li> </ul>                                           |
| Denominator          | All participants                                                                                                                                                               |
| Remarks              | <p>If a participant indicated they never eat breakfast (gf06=1) the average consumption time of breakfast was put to zero.</p> <p>Zero minutes was put as 'not applicable'</p> |

|                          |                                                                                                                                                                        |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_5</b>                                                                                                                                                            |
| Title                    | Average consumption time of lunch (min)                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                    |
| Possible value           | /                                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                      |
| Based on variable(s)     | gf03b, gf07                                                                                                                                                            |
| Construction             | <ul style="list-style-type: none"> <li>• MD_5=gf03b;</li> <li>• if gf07=1 then MD_5=0;</li> <li>• if MD_5=0 then MD_5=-3;</li> </ul>                                   |
| Denominator              | All participants                                                                                                                                                       |
| Remarks                  | <p>If a participant indicated they never eat lunch (gf07=1) the average consumption time of lunch was put to zero.</p> <p>Zero minutes was put as 'not applicable'</p> |

|                          |                                                                                                                                      |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MD_6</b>                                                                                                                          |
| Title                    | Average consumption time of dinner (min)                                                                                             |
| Type of variable         | Num                                                                                                                                  |
| Possible value           | /                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                              |
| Based on variable(s)     | gf03c, gf08                                                                                                                          |
| Construction             | <ul style="list-style-type: none"> <li>• MD_6=gf03c;</li> <li>• if gf08=1 then MD_6=0;</li> <li>• if MD_6=0 then MD_6=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                     |
| Remarks                  | <p>If a participant indicated they never eat dinner (gf08=1) the average consumption time of dinner was put to zero.</p>             |



Zero minutes was put as 'not applicable'

| <b>Indicator FCS2014</b> | <b>MD_42</b>                                                                                                                                                                                              |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | More than 10 minutes consumption time of breakfast                                                                                                                                                        |
| Type of variable         | Num                                                                                                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                             |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> MD_4                                                                                                                              |
| Construction             | <ul style="list-style-type: none"> <li>• if MD_4=-3 then MD_42=-3;</li> <li>• if MD_4=-1 then MD_42=-1;</li> <li>• if 0 &lt; MD_4 &lt;=10 then MD_42=0;</li> <li>• if MD_4&gt;10 then MD_42=1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                          |
| Remarks                  | /                                                                                                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>MD_52</b>                                                                                                                                                                                              |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | More than 15 minutes consumption time of breakfast                                                                                                                                                        |
| Type of variable         | Num                                                                                                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                             |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> MD_5                                                                                                                              |
| Construction             | <ul style="list-style-type: none"> <li>• if MD_5=-3 then MD_52=-3;</li> <li>• if MD_5=-1 then MD_52=-1;</li> <li>• if 0 &lt; MD_5 &lt;=15 then MD_52=0;</li> <li>• if MD_5&gt;15 then MD_52=1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                          |
| Remarks                  | /                                                                                                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>MD_62</b>                                                                  |
|--------------------------|-------------------------------------------------------------------------------|
| Title                    | More than 25 minutes consumption time of breakfast                            |
| Type of variable         | Num                                                                           |
| Possible value           | 1 or 0                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul> |
|                          | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>       |



|                      |                                                                                                                                                                                                     |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | MD_6                                                                                                                                                                                                |
| Construction         | <ul style="list-style-type: none"><li>• if MD_6=-3 then MD_62=-3;</li><li>• if MD_6=-1 then MD_62=-1;</li><li>• if 0 &lt; MD_6 &lt;=25 then MD_62=0;</li><li>• if MD_6&gt;25 then MD_62=1</li></ul> |
| Denominator          | All participants                                                                                                                                                                                    |
| Remarks              | /                                                                                                                                                                                                   |



## 3.6. Meal frequency

### Variables FCS2014

|        |                                       |
|--------|---------------------------------------|
| gf05   | Meals on fixed times                  |
| gf06   | Consumption frequency breakfast       |
| gf07   | Consumption frequency lunch           |
| gf08   | Consumption frequency dinner          |
| gf0901 | Consumption frequency snack morning   |
| gf0902 | Consumption frequency snack afternoon |
| gf0903 | Consumption frequency snack evening   |

### Indicators FCS2014

|        |                                                    |
|--------|----------------------------------------------------|
| MF_1B  | Consumption frequency breakfast                    |
| MF_1L  | Consumption frequency lunch                        |
| MF_1D  | Consumption frequency dinner                       |
| MF_1S1 | Consumption frequency snack morning                |
| MF_1S2 | Consumption frequency snack afternoon              |
| MF_1S3 | Consumption frequency snack evening                |
| MF_2B  | Regular consumption breakfast                      |
| MF_2S1 | Regular consumption snack morning                  |
| MF_2S2 | Regular consumption snack afternoon                |
| MF_2S3 | Regular consumption snack evening                  |
| MF_3B  | Breakfast less than once a week                    |
| MF_4   | Regular consumption of breakfast, lunch and dinner |
| MF_5   | Meals on fixed times                               |



|                         |                                                                                                                                                    |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf05</b>                                                                                                                                        |
| Title                   | Meals on fixed times                                                                                                                               |
| Type of variable        | Num                                                                                                                                                |
| Possible value          | 1 to 2                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = I eat at fixed times</li><li>• 2 = I eat at varying times</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                             |
| Remarks                 | /                                                                                                                                                  |

|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf06</b>                                                                                                                                                                                                                                                   |
| Title                   | Consumption frequency breakfast                                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 1 day per month</li><li>• 3 = 1-3 days per month</li><li>• 4 = 1 day per month</li><li>• 5 = 2-4 days per week</li><li>• 6 = 5-6 days per week</li><li>• 7 = Once per day</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                              |
| Remarks                 | A drink alone (e.g. a cup of milk) was not considered as a meal                                                                                                                                                                                               |

|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf07</b>                                                                                                                                                                                                                                                   |
| Title                   | Consumption frequency lunch                                                                                                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 1 day per month</li><li>• 3 = 1-3 days per month</li><li>• 4 = 1 day per month</li><li>• 5 = 2-4 days per week</li><li>• 6 = 5-6 days per week</li><li>• 7 = Once per day</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                              |
| Remarks                 | A drink alone (e.g. a cup of milk) was not considered as a meal                                                                                                                                                                                               |



|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf08</b>                                                                                                                                                                                                                                                   |
| Title                   | Consumption frequency dinner                                                                                                                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 1 day per month</li><li>• 3 = 1-3 days per month</li><li>• 4 = 1 day per month</li><li>• 5 = 2-4 days per week</li><li>• 6 = 5-6 days per week</li><li>• 7 = Once per day</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                              |
| Remarks                 | A drink alone (e.g. a cup of milk) was not considered as a meal                                                                                                                                                                                               |

|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf0901</b>                                                                                                                                                                                                                                                 |
| Title                   | Consumption frequency snack morning                                                                                                                                                                                                                           |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 1 day per month</li><li>• 3 = 1-3 days per month</li><li>• 4 = 1 day per month</li><li>• 5 = 2-4 days per week</li><li>• 6 = 5-6 days per week</li><li>• 7 = Once per day</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                              |
| Remarks                 | A drink alone (e.g. a cup of milk) was not considered as a meal                                                                                                                                                                                               |

|                         |                                                                                                                                                                                                                                    |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf0902</b>                                                                                                                                                                                                                      |
| Title                   | Consumption frequency snack afternoon                                                                                                                                                                                              |
| Type of variable        | Num                                                                                                                                                                                                                                |
| Possible value          | 1 to 7                                                                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 1 day per month</li><li>• 3 = 1-3 days per month</li><li>• 4 = 1 day per month</li><li>• 5 = 2-4 days per week</li><li>• 6 = 5-6 days per week</li></ul> |





|             |                                                                 |
|-------------|-----------------------------------------------------------------|
| Denominator | • 7 = Once per day<br>All participants                          |
| Remarks     | A drink alone (e.g. a cup of milk) was not considered as a meal |

|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf0903</b>                                                                                                                                                                                                                                                 |
| Title                   | Consumption frequency snack evening                                                                                                                                                                                                                           |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 1 day per month</li><li>• 3 = 1-3 days per month</li><li>• 4 = 1 day per month</li><li>• 5 = 2-4 days per week</li><li>• 6 = 5-6 days per week</li><li>• 7 = Once per day</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                              |
| Remarks                 | A drink alone (e.g. a cup of milk) was not considered as a meal                                                                                                                                                                                               |



| <b>Indicator FCS2014</b> | <b>MF_1B</b>                                                                                                                                                                                                                                                                                                                         |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Consumption frequency breakfast                                                                                                                                                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                  |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Less than 1 day per month</li> <li>• 3 = 1 day per month</li> <li>• 4 = 2-4 days per week</li> <li>• 5 = 5-6 days per week</li> <li>• 6 = Once per day</li> </ul>                                                                                                  |
| Based on variable(s)     | gf06                                                                                                                                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if gf06=-1 then MF_1B=-1;</li> <li>• else if gf06=1 then MF_1B=1;</li> <li>• else if gf06 in (2,3) then MF_1B=2;</li> <li>• else if gf06=4 then MF_1B=3;</li> <li>• else if gf06=5 then MF_1B=4;</li> <li>• else if gf06=6 then MF_1B=5;</li> <li>• else if gf06=7 then MF_1B=6;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                    |

| <b>Indicator FCS2014</b> | <b>MF_1L</b>                                                                                                                                                                                                                                                                                                                         |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Consumption frequency lunch                                                                                                                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                  |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Less than 1 day per month</li> <li>• 3 = 1 day per month</li> <li>• 4 = 2-4 days per week</li> <li>• 5 = 5-6 days per week</li> <li>• 6 = Once per day</li> </ul>                                                                                                  |
| Based on variable(s)     | gf07                                                                                                                                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if gf07=-1 then MF_1L=-1;</li> <li>• else if gf07=1 then MF_1L=1;</li> <li>• else if gf07 in (2,3) then MF_1L=2;</li> <li>• else if gf07=4 then MF_1L=3;</li> <li>• else if gf07=5 then MF_1L=4;</li> <li>• else if gf07=6 then MF_1L=5;</li> <li>• else if gf07=7 then MF_1L=6;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                    |

| <b>Indicator FCS2014</b> | <b>MF_1D</b> |
|--------------------------|--------------|
|--------------------------|--------------|



|                             |                                                                                                                                                                                                                                                                                                                                      |
|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Title</b>                | Consumption frequency dinner                                                                                                                                                                                                                                                                                                         |
| <b>Type of variable</b>     | Num                                                                                                                                                                                                                                                                                                                                  |
| <b>Possible value</b>       | /                                                                                                                                                                                                                                                                                                                                    |
| <b>Value labels</b>         | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Less than 1 day per month</li> <li>• 3 = 1 day per month</li> <li>• 4 = 2-4 days per week</li> <li>• 5 = 5-6 days per week</li> <li>• 6 = Once per day</li> </ul>                                                                                                  |
| <b>Based on variable(s)</b> | gf08                                                                                                                                                                                                                                                                                                                                 |
| <b>Construction</b>         | <ul style="list-style-type: none"> <li>• if gf08=-1 then MF_1D=-1;</li> <li>• else if gf08=1 then MF_1D=1;</li> <li>• else if gf08 in (2,3) then MF_1D=2;</li> <li>• else if gf08=4 then MF_1D=3;</li> <li>• else if gf08=5 then MF_1D=4;</li> <li>• else if gf08=6 then MF_1D=5;</li> <li>• else if gf08=7 then MF_1D=6;</li> </ul> |
| <b>Denominator</b>          | All participants                                                                                                                                                                                                                                                                                                                     |
| <b>Remarks</b>              | /                                                                                                                                                                                                                                                                                                                                    |

|                             |                                                                                                                                                                                                                                                                                                                                                           |
|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b>    | <b>MF_1S1</b>                                                                                                                                                                                                                                                                                                                                             |
| <b>Title</b>                | Consumption frequency snack morning                                                                                                                                                                                                                                                                                                                       |
| <b>Type of variable</b>     | Num                                                                                                                                                                                                                                                                                                                                                       |
| <b>Possible value</b>       | /                                                                                                                                                                                                                                                                                                                                                         |
| <b>Value labels</b>         | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Less than 1 day per month</li> <li>• 3 = 1 day per month</li> <li>• 4 = 2-4 days per week</li> <li>• 5 = 5-6 days per week</li> <li>• 6 = Once per day</li> </ul>                                                                                                                       |
| <b>Based on variable(s)</b> | gf0901                                                                                                                                                                                                                                                                                                                                                    |
| <b>Construction</b>         | <ul style="list-style-type: none"> <li>• if gf0901=-1 then MF_1S1=-1;</li> <li>• else if gf0901=1 then MF_1S1=1;</li> <li>• else if gf0901 in (2,3) then MF_1S1=2;</li> <li>• else if gf0901=4 then MF_1S1=3;</li> <li>• else if gf0901=5 then MF_1S1=4;</li> <li>• else if gf0901=6 then MF_1S1=5;</li> <li>• else if gf0901=7 then MF_1S1=6;</li> </ul> |
| <b>Denominator</b>          | All participants                                                                                                                                                                                                                                                                                                                                          |
| <b>Remarks</b>              | /                                                                                                                                                                                                                                                                                                                                                         |

|                          |                                                               |
|--------------------------|---------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_1S2</b>                                                 |
| <b>Title</b>             | Consumption frequency snack afternoon                         |
| <b>Type of variable</b>  | Num                                                           |
| <b>Possible value</b>    | /                                                             |
| <b>Value labels</b>      | <ul style="list-style-type: none"> <li>• 1 = Never</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | <ul style="list-style-type: none"> <li>• 2 = Less than 1 day per month</li> <li>• 3 = 1 day per month</li> <li>• 4 = 2-4 days per week</li> <li>• 5 = 5-6 days per week</li> <li>• 6 = Once per day</li> </ul>                                                                                                                                                   |
| Construction         | gf0902 <ul style="list-style-type: none"> <li>• if gf0902=-1 then MF_1S2=-1;</li> <li>• else if gf0902=1 then MF_1S2=1;</li> <li>• else if gf0902 in (2,3) then MF_1S2=2;</li> <li>• else if gf0902=4 then MF_1S2=3;</li> <li>• else if gf0902=5 then MF_1S2=4;</li> <li>• else if gf0902=6 then MF_1S2=5;</li> <li>• else if gf0902=7 then MF_1S2=6;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                 |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                |

|                          |                                                                                                                                                                                                                                                                                                              |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_1S3</b>                                                                                                                                                                                                                                                                                                |
| Title                    | Consumption frequency snack evening                                                                                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                          |
| Possible value           | /                                                                                                                                                                                                                                                                                                            |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Less than 1 day per month</li> <li>• 3 = 1 day per month</li> <li>• 4 = 2-4 days per week</li> <li>• 5 = 5-6 days per week</li> <li>• 6 = Once per day</li> </ul>                                                                          |
| Based on variable(s)     | gf0903                                                                                                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if gf0903=1 then MF_1S3=1;</li> <li>• else if gf0903 in (2,3) then MF_1S3=2;</li> <li>• else if gf0903=4 then MF_1S3=3;</li> <li>• else if gf0903=5 then MF_1S3=4;</li> <li>• else if gf0903=6 then MF_1S3=5;</li> <li>• else if gf0903=7 then MF_1S3=6;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                             |
| Remarks                  | /                                                                                                                                                                                                                                                                                                            |

|                          |                                                                                                                                                                            |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_2B</b>                                                                                                                                                               |
| Title                    | Regular consumption breakfast                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                        |
| Possible value           | /                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Less than 5 days per week (irregular)</li> <li>• 1 = At least 5 days per week (regular)</li> </ul>                            |
| Based on variable(s)     | gf06                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if gf06&gt;5 then MF_2B=1;</li> <li>• else if 1&lt;=gf06&lt;=5 then MF_2B=0;</li> <li>• else if gf06=-1 then MF_2B=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                          |



|                          |                                                                                                                                                                                       |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_2S1</b>                                                                                                                                                                         |
| Title                    | Regular consumption snack morning                                                                                                                                                     |
| Type of variable         | Num                                                                                                                                                                                   |
| Possible value           | /                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Less than 5 days per week (irregular)</li> <li>• 1 = At least 5 days per week (regular)</li> </ul>                                       |
| Based on variable(s)     | gf0901                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>• if gf0901&gt;5 then MF_2S1=1;</li> <li>• else if 1 &lt;=gf0901 &lt;=5 then MF_2S1=0;</li> <li>• else if gf0901=-1 then MF_2S1=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                      |
| Remarks                  | /                                                                                                                                                                                     |

|                          |                                                                                                                                                                                        |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_2S2</b>                                                                                                                                                                          |
| Title                    | Regular consumption snack afternoon                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                    |
| Possible value           | /                                                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Less than 5 days per week (irregular)</li> <li>• 1 = At least 5 days per week (regular)</li> </ul>                                        |
| Based on variable(s)     | gf0902                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if gf0902&gt;5 then MF_2S2=1;</li> <li>• else if 1 &lt;= gf0902 &lt;=5 then MF_2S2=0;</li> <li>• else if gf0902=-1 then MF_2S2=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                       |
| Remarks                  | /                                                                                                                                                                                      |

|                          |                                                                                                                                                                                        |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_2S3</b>                                                                                                                                                                          |
| Title                    | Regular consumption snack evening                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                    |
| Possible value           | /                                                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Less than 5 days per week (irregular)</li> <li>• 1 = At least 5 days per week (regular)</li> </ul>                                        |
| Based on variable(s)     | gf0903                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if gf0903&gt;5 then MF_2S3=1;</li> <li>• else if 1 &lt;= gf0903 &lt;=5 then MF_2S3=0;</li> <li>• else if gf0903=-1 then MF_2S3=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                       |
| Remarks                  | /                                                                                                                                                                                      |

|                          |                                                                                                                         |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_3B</b>                                                                                                            |
| Title                    | Breakfast less than once a week                                                                                         |
| Type of variable         | Num                                                                                                                     |
| Possible value           | /                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = At least 1 day per week</li> <li>• 1 = Less than 1 day per week</li> </ul> |
| Based on variable(s)     | gf06                                                                                                                    |
| Construction             | <ul style="list-style-type: none"> <li>• if gf06=-1 then MF_3B=-1;</li> </ul>                                           |



|             |                                                                                                                                              |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | <ul style="list-style-type: none"> <li>• else if gf06 in (1,2,3) then MF_3B=1;</li> <li>• else if gf06 in (4,5,6,7) then MF_3B=0;</li> </ul> |
| Remarks     | /                                                                                                                                            |

|                          |                                                                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_4</b>                                                                                                                                                                                             |
| Title                    | Regular consumption of breakfast, lunch and dinner                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                     |
| Possible value           | /                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = At least 5 days per week breakfast, lunch and dinner (regular)</li> <li>• 1 = Less than 5 days per week breakfast, lunch and dinner (irregular)</li> </ul> |
| Based on variable(s)     | gf06, gf07, gf08                                                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if gf06&gt;5 AND gf07&gt;5 and gf08&gt;5 then MF_4=1;</li> <li>• else if gf06=-1 or gf07=-1 or gf08=-1 then MF_4=-1;</li> <li>• else MF_4=0;</li> </ul>        |
| Denominator              | All participants                                                                                                                                                                                        |
| Remarks                  | /                                                                                                                                                                                                       |

|                          |                                                                                                                                                                 |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>MF_5</b>                                                                                                                                                     |
| Title                    | Meals on fixed times                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                             |
| Possible value           | /                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Eating meals on varying times</li> <li>• 1 = Eating meals on fixed times</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | gf05                                                                                                                                                            |
| Construction             | <ul style="list-style-type: none"> <li>• MF_5=gf05;</li> <li>• if MF_5=2 then MF_5=0;</li> </ul>                                                                |
| Denominator              | Adolescents and adults                                                                                                                                          |
| Remarks                  | /                                                                                                                                                               |



### 3.7. Family meals and involvement meal preparation

#### **Variables FCS 2014**

|      |                                           |
|------|-------------------------------------------|
| gf00 | Help with preparation of meals            |
| gf04 | Frequency consumption of meal with family |

#### **Indicators FCS2014**

|      |                                           |
|------|-------------------------------------------|
| FM_1 | Frequency consumption of meal with family |
| FM_2 | At least one meal per day with family     |
| FM_3 | Help with preparation of meals            |



|                         |                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf00</b>                                                                                                   |
| Title                   | Help with preparation of meals                                                                                |
| Type of variable        | Num                                                                                                           |
| Possible value          | 1 to 3                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                   |
| Remarks                 | /                                                                                                             |

|                         |                                                                                                                                                                                                                                               |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf04</b>                                                                                                                                                                                                                                   |
| Title                   | Frequency consumption of meal with family                                                                                                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                                                                                           |
| Possible value          | 1 to 5                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Two or more meals a day</li><li>• 2 = One meal a day</li><li>• 3 = Only in the weekend</li><li>• 4 = Only on days of celebration</li><li>• 5 = Never</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                        |
| Remarks                 | /                                                                                                                                                                                                                                             |





|                          |                                                                                                                                                                                                                  |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FM_1</b>                                                                                                                                                                                                      |
| Title                    | Frequency consumption of meal with family                                                                                                                                                                        |
| Type of variable         | Num                                                                                                                                                                                                              |
| Possible value           | 1 to 5                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Two or more meals a day</li> <li>• 2 = One meal a day</li> <li>• 3 = Only in the weekend</li> <li>• 4 = Only on days of celebration</li> <li>• 5 = Never</li> </ul> |
| Based on variable(s)     | gf04                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• rename gf04=FM_1;</li> </ul>                                                                                                                                            |
| Denominator              | Adolescents and adults                                                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                                                                |

|                          |                                                                                                                                                                                                                     |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FM_2</b>                                                                                                                                                                                                         |
| Title                    | At least one meal per day with family                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                 |
| Possible value           | 1 or 0                                                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                       |
| Based on variable(s)     | FM_1                                                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>• if FM_1=-1 then FM_2=-1;</li> <li>• else if FM_1=-3 then FM_2=-3;</li> <li>• else if FM_1 in (1,2) then FM_2=1;</li> <li>• else if FM_1 in (3,4,5) then FM_2=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                                              |
| Remarks                  | /                                                                                                                                                                                                                   |

|                          |                                                                                                                                                                                                              |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FM_3</b>                                                                                                                                                                                                  |
| Title                    | Help with preparation of meals                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                |
| Based on variable(s)     | gf00                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> <li>• rename gf00=FM_3;</li> <li>• if FM_3=2 then FM_3=0;</li> <li>• if FM_3=1 then FM_3=1;</li> <li>• if FM_3=-3 then FM_3=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                                  |



|         |   |
|---------|---|
| Remarks | / |
|---------|---|



## 3.8. Organic products

### Variables FCS2014

|        |                                               |
|--------|-----------------------------------------------|
| gf10   | Consumption organic products                  |
| gf111  | Reason for buying organic products (answer 1) |
| gf112  | Reason for buying organic products (answer 2) |
| gf113  | Reason for buying organic products (answer 3) |
| gf114  | Reason for buying organic products (answer 4) |
| gf115  | Reason for buying organic products (answer 5) |
| gf116  | Reason for buying organic products (answer 6) |
| gf1101 | Other reason for buying organic products      |
| gf121  | Type of organic products (answer 1)           |
| gf122  | Type of organic products (answer 2)           |
| gf123  | Type of organic products (answer 3)           |
| gf124  | Type of organic products (answer 4)           |
| gf125  | Type of organic products (answer 5)           |
| gf126  | Type of organic products (answer 6)           |
| gf1201 | Other type of organic products                |

### Indicators FCS2014

|              |                                                                                                                                               |
|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| OP_1         | Consumption organic products                                                                                                                  |
| OP_2         | Consumption organic products                                                                                                                  |
| bio_1        | Reason for buying organic products: These products are more healthy                                                                           |
| bio_2        | Reason for buying organic products: These products are cheaper                                                                                |
| bio_3        | Reason for buying organic products: The quality of these products is better                                                                   |
| bio_4        | Reason for buying organic products: The taste of these products is better                                                                     |
| bio_5        | Reason for buying organic products: These products are better for the environment                                                             |
| bio_6        | Reason for buying organic products: Other reason                                                                                              |
| bio_avail    | Reason for buying organic products: Non-organic version of the products is not available (anymore)                                            |
| bio_nochoice | Reason for buying organic products: Coincidence, accidentally, unaware, someone else of household buys them, no choice (at work, in food box) |
| bio_look     | Reason for buying organic products: Organic products look better                                                                              |
| bio_try      | Reason for buying organic products: To try out organic products (curiosity)                                                                   |
| bio_garden   | Reason for buying organic products: Own (or family/friend) garden/self-cultivation                                                            |
| bio_support  | Reason for buying organic products: To support the organic market, local agriculture, fair prices, ethical,                                   |



|            |                                                                                    |
|------------|------------------------------------------------------------------------------------|
|            | cultural reasons or beliefs, animal wellbeing                                      |
| bio_med    | Reason for buying organic products: Medical reasons (e.g. celiac disease, allergy) |
| bio_veg    | Type of organic products: Vegetables                                               |
| bio_fruit  | Type of organic products: Fruit                                                    |
| bio_meat   | Type of organic products: Meat                                                     |
| bio_dairy  | Type of organic products: Dairy products                                           |
| bio_bread  | Type of organic products: Bread                                                    |
| bio_other  | Type of organic products: Other products                                           |
| bio_fish   | Type of organic products: Fish & seafood                                           |
| bio_egg    | Type of organic products: Eggs                                                     |
| bio_potato | Type of organic products: Potatoes                                                 |
| bio_grain  | Type of organic products: Grain products (pasta, rice, cereals, ...)               |
| bio_cookie | Type of organic products: Biscuits, cookies, cake, ...                             |
| bio_nuts   | Type of organic products: Nuts & seeds                                             |
| bio_coffee | Type of organic products: Coffee & tea                                             |
| bio_drink  | Type of organic products: Drinks (juice, soda, wine, beer, ...)                    |
| bio_choc   | Type of organic products: Chocolates                                               |
| bio_sugar  | Type of organic products: Sugars, honey, jam, candy                                |
| bio_oil    | Type of organic products: Vegetable oils                                           |
| bio_sauce  | Type of organic products: Condiments, spices, sauces and conserves                 |
| bio_subst  | Type of organic products: Meat substitutes (e.g. tofu, quorn, soya products)       |



|                         |                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf10</b>                                                                                                                                                                                |
| Title                   | Consumption organic products                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                        |
| Possible value          | 1 to 6                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Rarely</li><li>• 3 = Sometimes</li><li>• 4 = Most of the time</li><li>• 5 = Always</li><br/><li>• -1 = No answer</li></ul> |
| Denominator             | All participants                                                                                                                                                                           |
| Remarks                 | /                                                                                                                                                                                          |

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|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf111</b>                                                                                                                                                                                                                                                                                                                                                                                |
| Title                   | Reason for buying organic products (answer 1)                                                                                                                                                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = These products are more healthy</li><li>• 2 = These products are cheaper</li><li>• 3 = The quality of these products is better</li><li>• 4 = The taste of these products is better</li><li>• 5 = These products are better for the environment</li><li>• 6 = Other reason</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                                                                                                                                                            |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                           |

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| <b>Variable FCS2014</b> | <b>gf112</b>                                                                                                                                                                                                                             |
| Title                   | Reason for buying organic products (answer 2)                                                                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                                                      |
| Possible value          | 1 to 6                                                                                                                                                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = These products are more healthy</li><li>• 2 = These products are cheaper</li><li>• 3 = The quality of these products is better</li><li>• 4 = The taste of these products is better</li></ul> |



|             |                                                                                                                                                                                       |
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| Denominator | All participants                                                                                                                                                                      |
| Remarks     | /                                                                                                                                                                                     |
|             | <ul style="list-style-type: none"><li>• 5 = These products are better for the environment</li><li>• 6 = Other reason</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |

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| <b>Variable FCS2014</b> | <b>gf113</b>                                                                                                                                                                                                                                                                                                                                                                           |
| Title                   | Reason for buying organic products (answer 3)                                                                                                                                                                                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                    |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = These products are more healthy</li><li>• 2 = These products are cheaper</li><li>• 3 = The quality of these products is better</li><li>• 4 = The taste of these products is better</li><li>• 5 = These products are better for the environment</li><li>• 6 = Other reason</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>gf114</b>                                                                                                                                                                                                                                                                                                                                                                           |
| Title                   | Reason for buying organic products (answer 4)                                                                                                                                                                                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                    |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = These products are more healthy</li><li>• 2 = These products are cheaper</li><li>• 3 = The quality of these products is better</li><li>• 4 = The taste of these products is better</li><li>• 5 = These products are better for the environment</li><li>• 6 = Other reason</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                      |



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| <b>Variable FCS2014</b> | <b>gf115</b>                                                                                                                                                                                                                                                                                                                                                                                |
| Title                   | Reason for buying organic products (answer 5)                                                                                                                                                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = These products are more healthy</li><li>• 2 = These products are cheaper</li><li>• 3 = The quality of these products is better</li><li>• 4 = The taste of these products is better</li><li>• 5 = These products are better for the environment</li><li>• 6 = Other reason</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                                                                                                                                                            |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                           |

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| <b>Variable FCS2014</b> | <b>gf116</b>                                                                                                                                                                                                                                                                                                                                                                                |
| Title                   | Reason for buying organic products (answer 6)                                                                                                                                                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = These products are more healthy</li><li>• 2 = These products are cheaper</li><li>• 3 = The quality of these products is better</li><li>• 4 = The taste of these products is better</li><li>• 5 = These products are better for the environment</li><li>• 6 = Other reason</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                                                                                                                                                            |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                           |

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|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf1101</b>                                                         |
| Title                   | Other reason for buying organic products                              |
| Type of variable        | Char                                                                  |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |



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| Denominator | All participants |
| Remarks     | /                |

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| <b>Variable FCS2014</b> | <b>gf121</b>                                                                                                                                                                                                                                      |
| Title                   | Type of organic products (answer 1)                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                               |
| Possible value          | 1 to 6                                                                                                                                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Vegetables</li><li>• 2 = Fruit</li><li>• 3 = Meat</li><li>• 4 = Dairy products</li><li>• 5 = Bread</li><li>• 6 = Other products</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                  |
| Remarks                 | /                                                                                                                                                                                                                                                 |

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| <b>Variable FCS2014</b> | <b>gf122</b>                                                                                                                                                                                                                                      |
| Title                   | Type of organic products (answer 2)                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                               |
| Possible value          | 1 to 6                                                                                                                                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Vegetables</li><li>• 2 = Fruit</li><li>• 3 = Meat</li><li>• 4 = Dairy products</li><li>• 5 = Bread</li><li>• 6 = Other products</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                  |
| Remarks                 | /                                                                                                                                                                                                                                                 |

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|-------------------------|------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf123</b>                                                     |
| Title                   | Type of organic products (answer 3)                              |
| Type of variable        | Num                                                              |
| Possible value          | 1 to 6                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Vegetables</li></ul> |





|             |                                                                                                                                                              |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"><li>• 2 = Fruit</li><li>• 3 = Meat</li><li>• 4 = Dairy products</li><li>• 5 = Bread</li><li>• 6 = Other products</li></ul> |
|             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                               |
| Denominator | All participants                                                                                                                                             |
| Remarks     | /                                                                                                                                                            |

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| <b>Variable FCS2014</b> | <b>gf124</b>                                                                                                                                                                          |
| Title                   | Type of organic products (answer 4)                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 6                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Vegetables</li><li>• 2 = Fruit</li><li>• 3 = Meat</li><li>• 4 = Dairy products</li><li>• 5 = Bread</li><li>• 6 = Other products</li></ul> |
|                         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                        |
| Denominator             | All participants                                                                                                                                                                      |
| Remarks                 | /                                                                                                                                                                                     |

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| <b>Variable FCS2014</b> | <b>gf125</b>                                                                                                                                                                          |
| Title                   | Type of organic products (answer 5)                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 6                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Vegetables</li><li>• 2 = Fruit</li><li>• 3 = Meat</li><li>• 4 = Dairy products</li><li>• 5 = Bread</li><li>• 6 = Other products</li></ul> |
|                         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                        |
| Denominator             | All participants                                                                                                                                                                      |
| Remarks                 | /                                                                                                                                                                                     |



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| <b>Variable FCS2014</b> | <b>gf126</b>                                                                                                                                                                                                                                      |
| Title                   | Type of organic products (answer 6)                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                               |
| Possible value          | 1 to 6                                                                                                                                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Vegetables</li><li>• 2 = Fruit</li><li>• 3 = Meat</li><li>• 4 = Dairy products</li><li>• 5 = Bread</li><li>• 6 = Other products</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                                                                                                                                                                                                  |
| Remarks                 | /                                                                                                                                                                                                                                                 |

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|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>gf1201</b>                                                         |
| Title                   | Other type of organic products                                        |
| Type of variable        | Char                                                                  |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | All participants                                                      |
| Remarks                 | /                                                                     |



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| <b>Indicator FCS2014</b> | <b>OP_1</b>                                                                                                                                                                                  |
| Title                    | Consumption organic products                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                          |
| Possible value           | 1 to 5                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Rarely</li> <li>• 3 = Sometimes</li> <li>• 4 = Most of the time</li> <li>• 5 = Always</li> <li>• -1 = No answer</li> </ul> |
| Based on variable(s)     | gf10                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• OP_1=gf10</li> </ul>                                                                                                                                |
| Denominator              | All participants                                                                                                                                                                             |
| Remarks                  | /                                                                                                                                                                                            |

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| <b>Indicator FCS2014</b> | <b>OP_2</b>                                                                                                                                                           |
| Title                    | Consumption organic products                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                   |
| Possible value           | 1 or 0                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Never eats organic products</li> <li>• 1 = Eats organic products</li> <li>• -1 = No answer</li> </ul>                    |
| Based on variable(s)     | gf10                                                                                                                                                                  |
| Construction             | <ul style="list-style-type: none"> <li>• if gf10=-1 then OP_2=-1;</li> <li>• else if gf10 in (2,3,4,5) then OP_2=1;</li> <li>• else if gf10=1 then OP_2=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                      |
| Remarks                  | /                                                                                                                                                                     |

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| <b>Indicator FCS2014</b> | <b>bio_1, bio_2, bio_3, bio_4, bio_5, bio_6, bio_avail, bio_nochoice, bio_look, bio_try, bio_garden, bio_support bio_med</b>           |
| Title                    | Reason for buying organic products                                                                                                     |
| Type of variable         | Num                                                                                                                                    |
| Possible value           | 1 or 0                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | gf111, gf112, gf113, gf114, gf115, gf116, gf1101                                                                                       |
| Construction             | <i>The detailed syntax is available upon request.</i>                                                                                  |
| Denominator              | All participants                                                                                                                       |
| Remarks                  | /                                                                                                                                      |



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| <b>Indicator FCS2014</b> | <b>bio_veg, bio_fruit, bio_meat, bio_dairy, bio_bread, bio_other, bio_fish, bio_egg, bio_potato, bio_grain, bio_cookie, bio_nuts, bio_coffee, bio_drinks, bio_choc, bio_sugar, bio_oil, bio_sauce, bio_subst</b> |
| Title                    | Type of organic products                                                                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                              |
| Possible value           | 1 or 0                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 0 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                           |
| Based on variable(s)     | gf121, gf122, gf123, gf124, gf125, gf126, gf1201                                                                                                                                                                 |
| Construction             | <i>The detailed syntax is available upon request.</i>                                                                                                                                                            |
| Denominator              | All participants                                                                                                                                                                                                 |
| Remarks                  | /                                                                                                                                                                                                                |



### 3.9. Attitude towards weight

#### Variables FCS2014

|        |                                                                                              |
|--------|----------------------------------------------------------------------------------------------|
| db01   | Weight attitude                                                                              |
| db02   | Slim or watch one's weight through modifying the kind of food eaten                          |
| db03   | Slim or watch one's weight through reducing intake of calories                               |
| db04   | Slim or watch one's weight through increasing physical activity                              |
| db05   | Slim or watch one's weight through skipping meals                                            |
| db06   | Slim or watch one's weight through modifying relative importance of meals                    |
| db07   | Slim or watch one's weight through eating less sweet foods                                   |
| db08   | Slim or watch one's weight through eating less foods rich in fat                             |
| db09   | Slim or watch one's weight through eating more fruit and vegetables                          |
| db10   | Slim or watch one's weight through drinking more water                                       |
| db11   | Slim or watch one's weight through fasting during 24 hours or longer                         |
| db12   | Slim or watch one's weight through using light products                                      |
| db13   | Slim or watch one's weight through using diet products                                       |
| db14   | Slim or watch one's weight through smoking                                                   |
| db15   | Slim or watch one's weight through using laxatives                                           |
| db16   | Slim or watch one's weight through participating to group talks                              |
| db17   | Slim or watch one's weight through vomiting after meals                                      |
| db18   | Slim or watch one's weight through following a diet under supervision of dietician or doctor |
| db19   | Slim or watch one's weight through other methods                                             |
| db1901 | Other method(s)                                                                              |
| db20   | Diet advised by general practitioner                                                         |
| db21   | Diet advised by specialist                                                                   |
| db22   | Diet advised by dietician                                                                    |
| db23   | Diet advised by media, press, tabloids                                                       |
| db24   | Diet advised by family, friends or acquaintance                                              |
| db25   | Diet on own initiative                                                                       |
| db26   | Diet advised by others                                                                       |
| db2601 | Other advisor(s)                                                                             |



### **Indicators FCS2014**

|       |                                                                    |
|-------|--------------------------------------------------------------------|
| DB_01 | Weight attitude                                                    |
| DB_02 | Slim or watch one's weight through modifying type of food consumed |
| DB_03 | Slim or watch one's weight through modifying eating pattern        |
| DB_04 | Slim or watch one's weight through increasing physical activity    |
| DB_05 | Slim or watch one's weight through using diet products             |
| DB_06 | Slim or watch one's weight through unhealthy methods               |
| DB_07 | Slim or watch one's weight under professional supervision          |
| DB_08 | Diet advised by doctor or dietician                                |
| DB_09 | Diet advised by media or press                                     |
| DB_10 | Diet advised by family or friends                                  |
| DB_11 | Diet advised on own initiative                                     |



|                         |                                                                                                                                                                                                                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db01</b>                                                                                                                                                                                                                                                                         |
| Title                   | Weight attitude                                                                                                                                                                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = I'm trying to lose weight</li><li>• 2 = I'm trying to keep my weight stable</li><li>• 3 = I'm trying to gain weight</li><li>• 4 = I'm not worried about my weight</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                                                              |
| Remarks                 | /                                                                                                                                                                                                                                                                                   |

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db02</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through modifying type of food consumed                                                                     |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db03</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through reducing intake of calories                                                                         |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |



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| <b>Variable FCS2014</b> | <b>db04</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through increasing physical activity                                                                        |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db05</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through skipping meals                                                                                      |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>db06</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through modifying relative importance of meals                                                              |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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|-------------------------|-------------|
| <b>Variable FCS2014</b> | <b>db07</b> |
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|------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Title            | Slim or watch one's weight through eating less sweet foods                                                                             |
| Type of variable | Num                                                                                                                                    |
| Possible value   | 1 or 2                                                                                                                                 |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adolescents and adults                                                                                                                 |
| Remarks          | /                                                                                                                                      |

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db08</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through eating less foods rich in fat                                                                       |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db09</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through eating more fruit and vegetables                                                                    |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

|                         |                                                  |
|-------------------------|--------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db10</b>                                      |
| Title                   | Slim or watch one's weight through drinking more |



|                  |                                                                                                                                   |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Type of variable | water                                                                                                                             |
| Possible value   | Num                                                                                                                               |
| Value labels     | 1 or 2                                                                                                                            |
| Denominator      | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Remarks          | Adolescents and adults                                                                                                            |
|                  | /                                                                                                                                 |

|                         |                                                                                                                                   |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db11</b>                                                                                                                       |
| Title                   | Slim or watch one's weight through fasting during 24 hours or longer                                                              |
| Type of variable        | Num                                                                                                                               |
| Possible value          | 1 or 2                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                            |
| Remarks                 | /                                                                                                                                 |

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|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db12</b>                                                                                                                       |
| Title                   | Slim or watch one's weight through using light products                                                                           |
| Type of variable        | Num                                                                                                                               |
| Possible value          | 1 or 2                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                            |
| Remarks                 | /                                                                                                                                 |

|                         |                                                        |
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| <b>Variable FCS2014</b> | <b>db13</b>                                            |
| Title                   | Slim or watch one's weight through using diet products |
| Type of variable        | Num                                                    |



|                |                                                                                                                                        |
|----------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Possible value | 1 or 2                                                                                                                                 |
| Value labels   | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator    | Adolescents and adults                                                                                                                 |
| Remarks        | /                                                                                                                                      |

|                         |                                                                                                                                        |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db14</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through smoking                                                                                             |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>db15</b>                                                                                                                            |
| Title                   | Slim or watch one's weight through using laxatives                                                                                     |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

|                         |                                                                            |
|-------------------------|----------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db16</b>                                                                |
| Title                   | Slim or watch one's weight through participating to group talks            |
| Type of variable        | Num                                                                        |
| Possible value          | 1 or 2                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul> |



|             |                                                                                                                       |
|-------------|-----------------------------------------------------------------------------------------------------------------------|
| Denominator | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults |
| Remarks     | /                                                                                                                     |

|                         |                                                                                                                       |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db17</b>                                                                                                           |
| Title                   | Slim or watch one's weight through vomiting after meals                                                               |
| Type of variable        | Num                                                                                                                   |
| Possible value          | 1 or 2                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul>                                            |
| Denominator             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults |
| Remarks                 | /                                                                                                                     |

|                         |                                                                                                                       |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db18</b>                                                                                                           |
| Title                   | Slim or watch one's weight under supervision of a dietician or doctor                                                 |
| Type of variable        | Num                                                                                                                   |
| Possible value          | 1 or 2                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul>                                            |
| Denominator             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults |
| Remarks                 | /                                                                                                                     |

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|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db19</b>                                                                                    |
| Title                   | Slim or watch one's weight through other methods                                               |
| Type of variable        | Num                                                                                            |
| Possible value          | 1 or 2                                                                                         |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul>                     |
| Denominator             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |



|             |                        |
|-------------|------------------------|
| Denominator | Adolescents and adults |
| Remarks     | /                      |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db1901</b>                                                                                  |
| Title                   | Slim or watch one's weight through other methods                                               |
| Type of variable        | Char                                                                                           |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                         |
| Remarks                 | Only participants with db19= 1 (yes) received this question.                                   |

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| <b>Variable FCS2014</b> | <b>db20</b>                                                                                                                            |
| Title                   | Diet advised by general practitioner                                                                                                   |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>db21</b>                                                                                                                            |
| Title                   | Diet advised by specialist                                                                                                             |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>db22</b> |
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|                  |                                                                                                                                        |
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| Title            | Diet advised by dietician                                                                                                              |
| Type of variable | Num                                                                                                                                    |
| Possible value   | 1 or 2                                                                                                                                 |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adolescents and adults                                                                                                                 |
| Remarks          | /                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>db23</b>                                                                                                                            |
| Title                   | Diet advised by media, press, tabloids                                                                                                 |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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| <b>Variable FCS2014</b> | <b>db24</b>                                                                                                                            |
| Title                   | Diet advised by family, friends or acquaintance                                                                                        |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

|                         |                        |
|-------------------------|------------------------|
| <b>Variable FCS2014</b> | <b>db25</b>            |
| Title                   | Diet on own initiative |
| Type of variable        | Num                    |



|                |                                                                                                                                        |
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| Possible value | 1 or 2                                                                                                                                 |
| Value labels   | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator    | Adolescents and adults                                                                                                                 |
| Remarks        | /                                                                                                                                      |

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|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db26</b>                                                                                                                            |
| Title                   | Diet advised by others                                                                                                                 |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                 |
| Remarks                 | /                                                                                                                                      |

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|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>db2601</b>                                                                                  |
| Title                   | Other advisor(s)                                                                               |
| Type of variable        | Char                                                                                           |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                         |
| Remarks                 | Only participants with db26 = 1 (yes) received this question.                                  |



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| <b>Indicator FCS2014</b> | <b>DB_01</b>                                                                                                                                                                                                                                                          |
| Title                    | Weight attitude                                                                                                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                                                   |
| Possible value           | 1 to 4                                                                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Trying to lose weight</li> <li>• 2 = Trying to keep weight stable</li> <li>• 3 = Trying to gain weight</li> <li>• 4 = Not worried about weight</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | db01                                                                                                                                                                                                                                                                  |
| Construction             | <ul style="list-style-type: none"> <li>• DB_01=db01</li> </ul>                                                                                                                                                                                                        |
| Denominator              | Adolescents and adults                                                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                                                     |

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|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>DB_02</b>                                                                                                                                                                                                                                                                                                                                                                                         |
| Title                    | Slim or watch one's weight through modifying type of food consumed                                                                                                                                                                                                                                                                                                                                   |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                  |
| Possible value           | 1 or 2                                                                                                                                                                                                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                         |
| Based on variable(s)     | db02, db03, db07, db08, db09, db10, db12                                                                                                                                                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if db02=1 or db03=1 or db07=7 or db08=1 or db09=1 or db10=1 or db12=1 then db_02=1;</li> <li>• else if db02=-1 and db03=-1 and db07=-1 and db08=-1 and db09=-1 and db10=-1 and db12=-1 then db_02=-1;</li> <li>• else if db02=-3 and db03=-3 and db07=-3 and db08=-3 and db09=-3 and db10=-3 and db12=-3 then db_02=-3;</li> <li>• else db_02=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                                                                                                                                                                                                                               |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                                                                                    |

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| <b>Indicator FCS2014</b> | <b>DB_03</b>                                                                  |
| Title                    | Slim or watch one's weight through modifying eating pattern                   |
| Type of variable         | Num                                                                           |
| Possible value           | 1 or 2                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul> |





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| Based on variable(s) | db06                                                                                                                                                                                                                                  |
| Construction         | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> <li>if db06=1 then db_03=1;</li> <li>else if db06=-1 then db_03=-1;</li> <li>else if db06=-3 then db_03=-3;</li> <li>else db_03=0;</li> </ul> |
| Denominator          | Adolescents and adults                                                                                                                                                                                                                |
| Remarks              | /                                                                                                                                                                                                                                     |

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| <b>Indicator FCS2014</b> | <b>DB_04</b>                                                                                                                                                                                                                          |
| Title                    | Slim or watch one's weight through increasing physical activity                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                   |
| Possible value           | 1 or 2                                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> </ul>                                                                                                                                                             |
| Based on variable(s)     | db04                                                                                                                                                                                                                                  |
| Construction             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> <li>if db04=1 then db_04=1;</li> <li>else if db04=-1 then db_04=-1;</li> <li>else if db04=-3 then db_04=-3;</li> <li>else db_04=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                     |

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| <b>Indicator FCS2014</b> | <b>DB_05</b>                                                                                                                                                                                                                          |
| Title                    | Slim or watch one's weight through using diet products                                                                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                                                                                   |
| Possible value           | 1 or 2                                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> </ul>                                                                                                                                                             |
| Based on variable(s)     | db13                                                                                                                                                                                                                                  |
| Construction             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> <li>if db13=1 then db_05=1;</li> <li>else if db13=-1 then db_05=-1;</li> <li>else if db13=-3 then db_05=-3;</li> <li>else db_05=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                     |

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| <b>Indicator FCS2014</b> | <b>DB_06</b>                                 |
| Title                    | Slim or watch one's weight through unhealthy |



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| Type of variable     | methods                                                                                                                                                                                                                                                                                                                          |
| Possible value       | Num                                                                                                                                                                                                                                                                                                                              |
| Value labels         | 1 or 2                                                                                                                                                                                                                                                                                                                           |
|                      | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                     |
| Based on variable(s) | db05, db11, db14, db15, db17                                                                                                                                                                                                                                                                                                     |
| Construction         | <ul style="list-style-type: none"> <li>• if db05=1 or db11=1 or db14=1 or db15=1 or db17=1 then db_06=1;</li> <li>• else if db05=-1 and db11=-1 and db14=-1 and db15=-1 and db17=-1 then db_06=-1;</li> <li>• else if db05=-3 and db11=-3 and db14=-3 and db15=-3 and db17=-3 then db_06=-3;</li> <li>• else db_06=0;</li> </ul> |
| Denominator          | Adolescents and adults                                                                                                                                                                                                                                                                                                           |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                |

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| <b>Indicator FCS2014</b> | <b>DB_07</b>                                                                                                                                                                                                               |
| Title                    | Slim or watch one's weight under professional supervision                                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                        |
| Possible value           | 1 or 2                                                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                               |
| Based on variable(s)     | db16, db18                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if db16=1 or db18=1 then db_07=1;</li> <li>• else if db16=-1 and db18=-1 then db_07=-1;</li> <li>• else if db16=-3 and db18=-3 then db_07=-3;</li> <li>• else db_07=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                          |

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| <b>Indicator FCS2014</b> | <b>DB_08</b>                                                                                                                                 |
| Title                    | Diet advised by doctor or dietician                                                                                                          |
| Type of variable         | Num                                                                                                                                          |
| Possible value           | 1 or 2                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | db20, db21, db22                                                                                                                             |



|              |                                                                                                                                                                                                                                                              |
|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Construction | <ul style="list-style-type: none"> <li>• if db20=1 or db21=1 or db22=1 then db_08=1;</li> <li>• else if db20=-1 and db21=-1 and db22=-1 then db_08=-1;</li> <li>• else if db20=-3 and db21=-3 and db22=-3 then db_08=-3;</li> <li>• else db_08=0;</li> </ul> |
| Denominator  | Adolescents and adults                                                                                                                                                                                                                                       |
| Remarks      | /                                                                                                                                                                                                                                                            |

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| <b>Indicator FCS2014</b> | <b>DB_09</b>                                                                                                                                                                             |
| Title                    | Diet advised by media or press                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                      |
| Possible value           | 1 or 2                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                   |
| Based on variable(s)     | db23                                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if db23=1 then db_09=1;</li> <li>• else if db23=-1 then db_09=-1;</li> <li>• else if db23=-3 then db_09=-3;</li> <li>• else db_09=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                        |

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| <b>Indicator FCS2014</b> | <b>DB_10</b>                                                                                                                                                                             |
| Title                    | Diet advised by family or friends                                                                                                                                                        |
| Type of variable         | Num                                                                                                                                                                                      |
| Possible value           | 1 or 2                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                   |
| Based on variable(s)     | db24                                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if db24=1 then db_10=1;</li> <li>• else if db24=-1 then db_10=-1;</li> <li>• else if db24=-3 then db_10=-3;</li> <li>• else db_10=0;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                        |

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|--------------------------|--------------------------------|
| <b>Indicator FCS2014</b> | <b>DB_11</b>                   |
| Title                    | Diet advised on own initiative |
| Type of variable         | Num                            |
| Possible value           | 1 or 2                         |



|                      |                                                                                                                                                                                                                                            |
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| Value labels         | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 0 = No</li></ul>                                                                                                                                                                 |
| Based on variable(s) | db25                                                                                                                                                                                                                                       |
| Construction         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li><li>• if db25=1 then db_11=1;</li><li>• else if db25=-1 then db_11=-1;</li><li>• else if db25=-3 then db_11=-3;</li><li>• else db_11=0;</li></ul> |
| Denominator          | Adolescents and adults                                                                                                                                                                                                                     |
| Remarks              | /                                                                                                                                                                                                                                          |



### 3.10. Specific diets

#### Variables FCS2014

SPDIET                      Difficult to stop eating

#### Indicators FCS2014

|         |                                          |
|---------|------------------------------------------|
| DIET_00 | Following one or more specific diets     |
| DIET_50 | Energy restricted diets                  |
| DIET_03 | Fat and/or cholesterol restricted diet   |
| DIET_04 | Protein restricted diet                  |
| DIET_05 | Sodium restricted                        |
| DIET_06 | Diabetes specific diet                   |
| DIET_07 | Easy digestible diet                     |
| DIET_08 | Dietary fibre enriched diet              |
| DIET_51 | Diets due to food allergy or intolerance |
| DIET_52 | Diets with restricted animal products    |
| DIET_53 | Diets due to religion or philosophy      |
| DIET_54 | Diets due to pregnancy or lactation      |
| DIET_99 | All other diets                          |



| <b>Variable FCS2014</b> | <b>SPDIET</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Diet advised by others                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Possible value          | 00 to 99                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"><li>• 00 = None</li><li>• 01 = Energy restricted (doctor's order)</li><li>• 02 = Energy restricted (own initiative)</li><li>• 03 = Fat and/or cholesterol restricted</li><li>• 04 = Protein restricted</li><li>• 05 = Sodium restricted (e.g. hypertension)</li><li>• 06 = Diabetes</li><li>• 07 = Easy digestible (e.g. stomach/bowel disease)</li><li>• 08 = Dietary fiber enriched</li><li>• 09 = Food Allergy: cow's milk protein free</li><li>• 10 = Food Allergy: chicken egg protein free</li><li>• 31 = Food allergy: soya protein free</li><li>• 27 = Food allergy : peanut protein free</li><li>• 11 = Gluten free</li><li>• 12 = Lactose restricted</li><li>• 13 = Other food intolerance/allergy</li><li>• 14 = Vegetarian: no meat/no fish</li><li>• 15 = Little meat (less than once a week)</li><li>• 16 = No meat/with fish</li><li>• 17 = Veganism: no animal products at all</li><li>• 18 = Macrobiotic</li><li>• 19 = Antroposofic</li><li>• 20 = Islamic diet</li><li>• 21 = Jewish diet</li><li>• 22 = During pregnancy</li><li>• 23 = During breast feeding</li><li>• 99 = Other</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Remarks                 | Multiple answers are possible and divided by a comma (e.g. 01,03)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |



| <b>Indicator FCS2014</b> | <b>DIET_00</b>                                                                                                                                                                                                                                                                                                                                                                                           |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Following one or more specific diets                                                                                                                                                                                                                                                                                                                                                                     |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                      |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                             |
| Based on variable(s)     | SPDIET                                                                                                                                                                                                                                                                                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='00' THEN DIET_00=0;</li> <li>• ELSE DIET_00=1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul>                                                                      |

| <b>Indicator FCS2014</b> | <b>DIET_50</b>                                                                                                                |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Energy restricted diets                                                                                                       |
| Type of variable         | Num                                                                                                                           |
| Possible value           | 1 or 0                                                                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                  |
| Based on variable(s)     | SPDIET                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> </ul> |



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| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <br/> <li>• IF diet1='01' OR diet2='01' OR diet3='01' OR diet4='01' OR diet5='01' OR diet6='01' THEN DIET_01=1;</li> <li>• ELSE DIET_01=0;</li> <br/> <li>• IF diet1='02' OR diet2='02' OR diet3='02' OR diet4='02' OR diet5='02' OR diet6='02' THEN DIET_02=1;</li> <li>• ELSE DIET_02=0;</li> <br/> <li>• IF DIET_01=1 OR DIET_02=1 THEN DIET_50=1;</li> <li>• ELSE DIET_50=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
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| <b>Indicator FCS2014</b> | <b>DIET_03</b>                                                                                                                                                                                                                                                                 |
| Title                    | Fat and/or cholesterol restricted diet                                                                                                                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                                                                                            |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                             |
| Based on variable(s)     | SPDIET                                                                                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <br/> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <br/> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> </ul> |





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| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <br/> <li>• IF diet1='03' OR diet2='03' OR diet3='03' OR diet4='03' OR diet5='03' OR diet6='03' THEN DIET_03=1;</li> <li>• ELSE DIET_03=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
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| Indicator FCS2014      | DIET_04                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                  | Protein restricted diet                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of variable       | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Possible value         | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Value labels           | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                               |
| Based on variable(s)   | SPDIET                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Construction           | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <br/> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <br/> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <br/> <li>• IF diet1='04' OR diet2='04' OR diet3='04' OR diet4='04' OR diet5='04' OR diet6='04' THEN DIET_04=1;</li> <li>• ELSE DIET_04=0;</li> </ul> |
| Denominator<br>Remarks | <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> </ul>                                                                                                                                                                                                                                                   |



- Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.

| <b>Indicator FCS2014</b> | <b>DIET_05</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Sodium restricted                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                  |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> SPDIET                                                                                                                                                                                                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='05' OR diet2='05' OR diet3='05' OR diet4='05' OR diet5='05' OR diet6='05' THEN DIET_05=1;</li> <li>• ELSE DIET_05=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Remarks                  | <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul>                                                                                                                                            |

| <b>Indicator FCS2014</b> | <b>DIET_06</b>                                                                                               |
|--------------------------|--------------------------------------------------------------------------------------------------------------|
| Title                    | Diabetes specific diet                                                                                       |
| Type of variable         | Num                                                                                                          |
| Possible value           | 1 or 0                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul> |



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| Based on variable(s) | SPDIET                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Construction         | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='06' OR diet2='06' OR diet3='06' OR diet4='06' OR diet5='06' OR diet6='06' THEN DIET_06=1;</li> <li>• ELSE DIET_06=0;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Remarks              | <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul>                                                                                                                                            |

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| <b>Indicator FCS2014</b> | <b>DIET_07</b>                                                                                                                                                                                                                                                                                                                       |
| Title                    | Easy digestible diet                                                                                                                                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                  |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                         |
| Based on variable(s)     | SPDIET                                                                                                                                                                                                                                                                                                                               |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> </ul> |



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| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• IF diet1='07' OR diet2='07' OR diet3='07' OR diet4='07' OR diet5='07' OR diet6='07' THEN DIET_07=1;</li> <li>• ELSE DIET_07=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
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| Indicator FCS2014      | DIET_08                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                  | Dietary fibre enriched diet                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Type of variable       | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Possible value         | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Value labels           | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                   |
| Based on variable(s)   | SPDIET                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Construction           | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='08' OR diet2='08' OR diet3='08' OR diet4='08' OR diet5='08' OR diet6='08' THEN DIET_08=1;</li> <li>• ELSE DIET_08=0;</li> </ul> |
| Denominator<br>Remarks | <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul>                                                                                                                    |



| <b>Indicator FCS2014</b> | <b>DIET_51</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Diets due to food allergy or intolerance                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 0 = No</li><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Based on variable(s)     | SPDIET                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"><li>• DIET=compress(SPDIET,',');</li><li>• DI=put(input(cats(DIET),12.),z12.);</li><li>• diet1=SUBSTR(DI,11,2);</li><li>• diet2=SUBSTR(DI,9,2);</li><li>• diet3=SUBSTR(DI,7,2);</li><li>• diet4=SUBSTR(DI,5,2);</li><li>• diet5=SUBSTR(DI,3,2);</li><li>• diet6=SUBSTR(DI,1,2);</li><li>• IF diet1='09' OR diet2='09' OR diet3='09' OR diet4='09' OR diet5='09' OR diet6='09' THEN DIET_09=1;</li><li>• ELSE DIET_09=0;</li><li>• IF diet1='10' OR diet2='10' OR diet3='10' OR diet4='10' OR diet5='10' OR diet6='10' THEN DIET_10=1;</li><li>• ELSE DIET_10=0;</li><li>• IF diet1='31' OR diet2='31' OR diet3='31' OR diet4='31' OR diet5='31' OR diet6='31' THEN DIET_31=1;</li><li>• ELSE DIET_31=0;</li><li>• IF diet1='27' OR diet2='27' OR diet3='27' OR diet4='27' OR diet5='27' OR diet6='27' THEN DIET_27=1;</li><li>• ELSE DIET_27=0;</li><li>• IF diet1='11' OR diet2='11' OR diet3='11' OR diet4='11' OR diet5='11' OR diet6='11' THEN DIET_11=1;</li><li>• ELSE DIET_11=0;</li><li>• IF diet1='12' OR diet2='12' OR diet3='12' OR</li></ul> |



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| Denominator<br>Remarks | <pre>diet4='12' OR diet5='12' OR diet6='12' THEN DIET_12=1;</pre> <ul style="list-style-type: none"> <li>• ELSE DIET_12=0;</li> </ul> <pre>IF diet1='13' OR diet2='13' OR diet3='13' OR diet4='13' OR diet5='13' OR diet6='13' THEN DIET_13=1;</pre> <ul style="list-style-type: none"> <li>• ELSE DIET_13=0;</li> </ul> <pre>IF DIET_09=1 OR DIET_10=1 OR DIET_31=1 OR DIET_27=1 OR DIET_11=1 OR DIET_12=1 OR DIET_13=1 THEN DIET_51=1;</pre> <ul style="list-style-type: none"> <li>• ELSE DIET_51=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
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| Indicator FCS2014    | DIET_52                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Diets with restricted animal products                                                                                                                                                                                                                                                                                                                                                                                                               |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Possible value       | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                        |
| Based on variable(s) | SPDIET                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Construction         | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='14' OR diet2='14' OR diet3='14' OR diet4='14' OR diet5='14' OR diet6='14' THEN DIET_14=1;</li> </ul> |



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| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• ELSE DIET_14=0;</li> <li>• IF diet1='15' OR diet2='15' OR diet3='15' OR diet4='15' OR diet5='15' OR diet6='15' THEN DIET_15=1;</li> <li>• ELSE DIET_15=0;</li> <li>• IF diet1='16' OR diet2='16' OR diet3='16' OR diet4='16' OR diet5='16' OR diet6='16' THEN DIET_16=1;</li> <li>• ELSE DIET_16=0;</li> <li>• IF diet1='17' OR diet2='17' OR diet3='17' OR diet4='17' OR diet5='17' OR diet6='17' THEN DIET_17=1;</li> <li>• ELSE DIET_17=0;</li> <li>• IF diet1='18' OR diet2='18' OR diet3='18' OR diet4='18' OR diet5='18' OR diet6='18' THEN DIET_18=1;</li> <li>• ELSE DIET_18=0;</li> <li>• IF DIET_14=1 OR DIET_15=1 OR DIET_16=1 OR DIET_17=1 OR DIET_18=1 THEN DIET_52=1;</li> <li>• ELSE DIET_52=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
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| <b>Indicator FCS2014</b> | <b>DIET_53</b>                                                                                               |
| Title                    | Diets due to religion or philosophy                                                                          |
| Type of variable         | Num                                                                                                          |
| Possible value           | 1 or 0                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | SPDIET                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> </ul>                               |



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='19' OR diet2='19' OR diet3='19' OR diet4='19' OR diet5='19' OR diet6='19' THEN DIET_19=1;</li> <li>• ELSE DIET_19=0;</li> <li>• IF diet1='20' OR diet2='20' OR diet3='20' OR diet4='20' OR diet5='20' OR diet6='20' THEN DIET_20=1;</li> <li>• ELSE DIET_20=0;</li> <li>• IF diet1='21' OR diet2='21' OR diet3='21' OR diet4='21' OR diet5='21' OR diet6='21' THEN DIET_21=1;</li> <li>• ELSE DIET_21=0;</li> <li>• IF DIET_19=1 OR DIET_20=1 OR DIET_21=1 THEN DIET_53=1;</li> <li>• ELSE DIET_53=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                          |                                                                                                              |
|--------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>DIET_54</b>                                                                                               |
| Title                    | Diets due to pregnancy or lactation                                                                          |
| Type of variable         | Num                                                                                                          |
| Possible value           | 1 or 0                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | SPDIET                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> </ul>                               |





|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> <li>• diet2=SUBSTR(DI,9,2);</li> <li>• diet3=SUBSTR(DI,7,2);</li> <li>• diet4=SUBSTR(DI,5,2);</li> <li>• diet5=SUBSTR(DI,3,2);</li> <li>• diet6=SUBSTR(DI,1,2);</li> <li>• IF diet1='22' OR diet2='22' OR diet3='22' OR diet4='22' OR diet5='22' OR diet6='22' THEN DIET_22=1;</li> <li>• ELSE DIET_22=0;</li> <li>• IF diet1='23' OR diet2='23' OR diet3='23' OR diet4='23' OR diet5='23' OR diet6='23' THEN DIET_23=1;</li> <li>• ELSE DIET_23=0;</li> <li>• IF DIET_22=1 OR DIET_23=1 THEN DIET_54=1;</li> <li>• ELSE DIET_54=0;</li> </ul> <p>All participants</p> <ul style="list-style-type: none"> <li>• The compress function is used to take out the commas.</li> <li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li> <li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li> </ul> |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| Indicator FCS2014    | DIET_99                                                                                                                                                         |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | All other diets                                                                                                                                                 |
| Type of variable     | Num                                                                                                                                                             |
| Possible value       | 1 or 0                                                                                                                                                          |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                                                    |
| Based on variable(s) | SPDIET                                                                                                                                                          |
| Construction         | <ul style="list-style-type: none"> <li>• DIET=compress(SPDIET,',');</li> <li>• DI=put(input(cats(DIET),12.),z12.);</li> <li>• diet1=SUBSTR(DI,11,2);</li> </ul> |



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"><li>• diet2=SUBSTR(DI,9,2);</li><li>• diet3=SUBSTR(DI,7,2);</li><li>• diet4=SUBSTR(DI,5,2);</li><li>• diet5=SUBSTR(DI,3,2);</li><li>• diet6=SUBSTR(DI,1,2);</li></ul><br><ul style="list-style-type: none"><li>• IF diet1='99' OR diet2='99' OR diet3='99' OR diet4='99' OR diet5='99' OR diet6='99' THEN DIET_99=1;</li><li>• ELSE DIET_99=0;</li></ul> <p>All participants</p> <ul style="list-style-type: none"><li>• The compress function is used to take out the commas.</li><li>• Then, all 0's are filled in front of the diet, so that all SPDIET variables have the same length.</li><li>• Finally, pieces of a length of 2 being one diet are selected, to a maximum of 6 diets per person.</li></ul> |
|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



## 3.11. Eating disorder

### Variables FCS2014

|      |                                         |
|------|-----------------------------------------|
| ed01 | Difficult to stop eating                |
| ed02 | Vomit after eating                      |
| ed03 | Spend too much time thinking about food |
| ed04 | Feeling that food controls my life      |
| ed05 | Cutting food up in small pieces         |
| ed06 | Taking longer to finish a meal          |
| ed07 | Others think I'm too thin               |
| ed08 | Others pressure me to eat               |

### Indicators FCS2014

|      |                                  |
|------|----------------------------------|
| ED_1 | Symptoms of eating disorder      |
| ED_3 | EAT-A score (oral control)       |
| ED_4 | EAT-B score (food preoccupation) |



|                         |                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed01</b>                                                                                                                                                                           |
| Title                   | Difficult to stop eating                                                                                                                                                              |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 4                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                |
| Remarks                 | /                                                                                                                                                                                     |

|                         |                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed02</b>                                                                                                                                                                           |
| Title                   | Vomit after eating                                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 4                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                |
| Remarks                 | /                                                                                                                                                                                     |

|                         |                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed03</b>                                                                                                                                                                           |
| Title                   | Spend too much time thinking about food                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 4                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |



|             |                        |
|-------------|------------------------|
| Denominator | Adolescents and adults |
| Remarks     | /                      |

|                         |                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed04</b>                                                                                                                                                                           |
| Title                   | Feeling that food controls my life                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 4                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                |
| Remarks                 | /                                                                                                                                                                                     |

|                         |                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed05</b>                                                                                                                                                                           |
| Title                   | Cutting food up in small pieces                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                   |
| Possible value          | 1 to 4                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                |
| Remarks                 | /                                                                                                                                                                                     |

|                         |                                                                                                                           |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed06</b>                                                                                                               |
| Title                   | Taking longer to finish a meal                                                                                            |
| Type of variable        | Num                                                                                                                       |
| Possible value          | 1 to 4                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li></ul> |



|             |                                                                                                                       |
|-------------|-----------------------------------------------------------------------------------------------------------------------|
| Denominator | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults |
| Remarks     | /                                                                                                                     |

|                         |                                                                                                                           |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed07</b>                                                                                                               |
| Title                   | Others think I'm too tin                                                                                                  |
| Type of variable        | Num                                                                                                                       |
| Possible value          | 1 to 4                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults     |
| Remarks                 | /                                                                                                                         |

|                         |                                                                                                                           |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ed08</b>                                                                                                               |
| Title                   | Others pressure me to eat                                                                                                 |
| Type of variable        | Num                                                                                                                       |
| Possible value          | 1 to 4                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Seldom</li><li>• 3 = Often</li><li>• 4 = Always</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults     |
| Remarks                 | /                                                                                                                         |



| <b>Indicator FCS2014</b> | <b>ED_1</b>                                                                                                                                                                                                                                                                                                                                                                        |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Symptoms of eating disorder                                                                                                                                                                                                                                                                                                                                                        |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                |
| Possible value           | 1 to 5                                                                                                                                                                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                       |
| Based on variable(s)     | ED_3, ED_4                                                                                                                                                                                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if ED_3=-1 or ED_4=-1 then EAT_S1=-1;</li> <li>• else if ED_3=-3 or ED_4=-3 then EAT_S1=-3;</li> <li>• else EAT_S1=sum(ED_3,ED_4);</li> <br/> <li>• if EAT_S1=-1 then ED_1=-1;</li> <li>• else if EAT_S1=-3 then ED_1=-3;</li> <li>• else if 0 &lt;= EAT_S1 &lt;= 4 then ED_1=0;</li> <li>• else if EAT_S1 &gt; 4 then ED_1=1;</li> </ul> |
| Denominator              | Adolescents and adults                                                                                                                                                                                                                                                                                                                                                             |
| Remarks                  | Persons with a score higher than 4 present the most characteristics of an eating disorder                                                                                                                                                                                                                                                                                          |

| <b>Indicator FCS2014</b> | <b>ED_3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | EAT-A score (oral control)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Based on variable(s)     | ed04, ed05, ed06, ed07, ed08                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if ed01=-3 then result1=-3;</li> <li>• else if ed01=-1 then result1=-1;</li> <li>• else if ed01=1 or ed01=2 then result1=0;</li> <li>• else if ed01=3 then result1=1;</li> <li>• else if ed01=4 then result1=2;</li> </ul> <p>This calculation is performed for all variables (ed04 until ed08).</p> <ul style="list-style-type: none"> <li>• if ed04=-1 or ed05=-1 or ed06=-1 or ed07=-1 then ED_3=-1;</li> <li>• else if ed04=-3 or ed05=-3 or ed06=-3 or ed07=-3 then ED_3=-3;</li> <li>• else<br/>ED_3=sum(result4,result5,result6,result7)</li> </ul> |



|             |                            |
|-------------|----------------------------|
| Denominator | All participants           |
| Remarks     | EAT-A subtype oral control |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>ED_4</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Title                    | EAT-B score (food preoccupation)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Based on variable(s)     | ed01, ed02, ed03                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• if ed01=-3 then result1=-3;</li> <li>• else if ed01=-1 then result1=-1;</li> <li>• else if ed01=1 or ed01=2 then result1=0;</li> <li>• else if ed01=3 then result1=1;</li> <li>• else if ed01=4 then result1=2;</li> </ul> <p>This calculation is performed for all variables (ed01 until ed03).</p> <ul style="list-style-type: none"> <li>• if ed01=-1 or ed02=-1 or ed03=-1 then ED_4=-1;</li> <li>• else if ed01=-3 or ed02=-3 or ed03=-3 then ED_4=-3;</li> <li>• else ED_4=sum(result1,result2,result3);</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Remarks                  | EAT-A subtype food preoccupation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |





## 4. Food safety

### Variables FCS 2014

|        |                                                                                                 |
|--------|-------------------------------------------------------------------------------------------------|
| fs01   | Consumption unopened products after expiration date                                             |
| fs0201 | Consumption unopened products after expiration date (answer 1)                                  |
| fs0202 | Consumption unopened products after expiration date (answer 2)                                  |
| fs0203 | Consumption unopened products after expiration date (answer 3)                                  |
| fs0204 | Consumption unopened products after expiration date (answer 4)                                  |
| fs0205 | Consumption unopened products after expiration date (answer 5)                                  |
| fs0206 | Consumption unopened products after expiration date (answer 6)                                  |
| fs0207 | Consumption unopened products after expiration date (answer 7)                                  |
| fs0208 | Consumption unopened products after expiration date (answer 8)                                  |
| fs0209 | Consumption unopened products after expiration date (answer 9)                                  |
| fs0210 | Consumption unopened products after expiration date (answer 10)                                 |
| fs0211 | Consumption unopened products after expiration date (answer 11)                                 |
| fs0212 | Consumption unopened products after expiration date (answer 12)                                 |
| fs0213 | Consumption unopened products after expiration date (answer 13)                                 |
| fs0214 | Description other products consumption after expiration date                                    |
| fs03   | Conservation method cold or cool preparations based on raw eggs                                 |
| fs0301 | Other conservation method                                                                       |
| fs0401 | Days of conservation product purchased at the butchers: paté                                    |
| fs0402 | Days of conservation product purchased at the butchers: salami                                  |
| fs0403 | Days of conservation product purchased at the butchers: cooked ham                              |
| fs0404 | Days of conservation product purchased at the butchers: spread based on mayonnaise              |
| fs0501 | Days of conservation product in a closed package (packaged under protective atmosphere): paté   |
| fs0502 | Days of conservation product in a closed package (packaged under protective atmosphere): salami |



|        |                                                                                                                     |
|--------|---------------------------------------------------------------------------------------------------------------------|
| fs0503 | Days of conservation product in a closed package (packaged under protective atmosphere): cooked ham                 |
| fs0504 | Days of conservation product in a closed package (packaged under protective atmosphere): spread based on mayonnaise |
| fs06   | Behaviour after breaking raw eggs                                                                                   |
| fs07   | Behaviour after treating raw meat or poultry                                                                        |
| fs08   | Behaviour after using cutting board for cutting raw meat or poultry                                                 |
| fs0801 | Other behaviour after using cutting board for cutting raw meat or poultry                                           |
| fs09   | Behaviour knife after cutting raw meat or poultry                                                                   |
| fs101  | Method of thawing meat, fish or poultry (answer 1)                                                                  |
| fs102  | Method of thawing meat, fish or poultry (answer 2)                                                                  |
| fs103  | Method of thawing meat, fish or poultry (answer 3)                                                                  |
| fs104  | Method of thawing meat, fish or poultry (answer 4)                                                                  |
| fs105  | Method of thawing meat, fish or poultry (answer 5)                                                                  |
| fs106  | Method of thawing meat, fish or poultry (answer 6)                                                                  |
| fs107  | Method of thawing meat, fish or poultry (answer 7)                                                                  |
| fs1001 | Other thawing method                                                                                                |
| fs11   | Frequency of use of deep fryer at home                                                                              |
| fs12   | Type of fat used for deep-frying                                                                                    |
| fs1201 | Specification of fat used for deep-frying (answer 1)                                                                |
| fs1202 | Specification of fat used for deep-frying (answer 2)                                                                |
| fs1203 | Specification of fat used for deep-frying (answer 3)                                                                |
| fs1204 | Specification of fat used for deep-frying (answer 4)                                                                |
| fs13   | Frequency of changing fat used for deep-frying                                                                      |
| fs14   | Colour of fries deep-fried at home                                                                                  |
| fs151  | Method of checking if chicken is well-done (answer 1)                                                               |
| fs152  | Method of checking if chicken is well-done (answer 2)                                                               |
| fs153  | Method of checking if chicken is well-done (answer 3)                                                               |
| fs154  | Method of checking if chicken is well-done (answer 4)                                                               |
| fs16   | Washing hands before meal preparation                                                                               |
| fs17   | Method of washing hands before meal preparation                                                                     |
| fs18   | Frequency of cleaning fridge                                                                                        |
| fs1801 | Number of times last year fridge cleaned                                                                            |
| fs19   | Maximum temperature of fridge                                                                                       |
| fs2001 | Risk for health consuming product after “best before”                                                               |



fs2002 date  
Risk for health consuming product after “use by”  
date

#### **Indicators FCS2014**

|        |                                                                                             |
|--------|---------------------------------------------------------------------------------------------|
| FS_1a  | Maximum temperature of fridge                                                               |
| FS_1   | Correct knowledge maximum temperature fridge                                                |
| FS_2   | Correct knowledge “best before” date                                                        |
| FS_3   | Correct knowledge “use by” date                                                             |
| FS_4   | Correct knowledge “best before” and “use by” date                                           |
| FS_5   | Consumption of unopened products after expiration date                                      |
| FS_7   | Attitude after breaking raw eggs                                                            |
| FS_8   | Correct attitude after breaking raw eggs                                                    |
| FS_9   | Attitude after touching raw meat or poultry                                                 |
| FS_10  | Correct attitude after touching raw meat or poultry                                         |
| FS_11  | Attitude towards reuse of cutting board after cutting raw meat or poultry                   |
| FS_12  | Correct attitude towards reuse of cutting board after cutting raw meat or poultry           |
| FS_13  | Attitude towards reuse of knife after cutting raw meat or poultry                           |
| FS_14  | Correct attitude towards reuse of knife after cutting raw meat or poultry                   |
| FS_15  | Correct attitude towards all cross-contamination indicators                                 |
| FS_16  | Conserving cold preparations based on raw eggs in fridge                                    |
| FS_17a | Conservation duration of paté purchased at butchers                                         |
| FS_17  | Conservation duration of maximum 4 days of paté purchased at butchers                       |
| FS_18a | Conservation duration of salami purchased at butchers                                       |
| FS_18  | Conservation duration of maximum 7 days of salami purchased at butchers                     |
| FS_19a | Conservation duration of cooked ham purchased at butchers                                   |
| FS_19  | Conservation duration of maximum 4 days of cooked ham purchased at butchers                 |
| FS_20a | Conservation duration of spread based on mayonnaise purchased at butchers                   |
| FS_20  | Conservation duration of maximum 4 days of spread based on mayonnaise purchased at butchers |
| FS_21a | Conservation duration of paté packaged under protective atmosphere                          |
| FS_21  | Conservation duration of maximum 4 days of paté                                             |



|        |                                                                                                            |
|--------|------------------------------------------------------------------------------------------------------------|
|        | packaged under protective atmosphere                                                                       |
| FS_22a | Conservation duration of salami packaged under protective atmosphere                                       |
| FS_22  | Conservation duration of maximum 7 days of salami packaged under protective atmosphere                     |
| FS_23a | Conservation duration of cooked ham packaged under protective atmosphere                                   |
| FS_23  | Conservation duration of maximum 4 days of cooked ham packaged under protective atmosphere                 |
| FS_24a | Conservation duration of spread based on mayonnaise packaged under protective atmosphere                   |
| FS_24  | Conservation duration of maximum 4 days of spread based on mayonnaise packaged under protective atmosphere |
| FS_26  | Correct method of thawing of meat, poultry or fish                                                         |
| FS_27  | Frequency of use of deep-fryer at home                                                                     |
| FS_28  | Type of fat used for deep-frying                                                                           |
| FS_29  | Frequency of changing frying fat                                                                           |
| FS_30  | Regular changing of frying fat (maximum 5 times used)                                                      |
| FS_31  | Colour of fries deep-fried at home                                                                         |
| FS_33  | Systematically washing hands before meal preparation                                                       |
| FS_34  | Correct method of washing hands before meal preparation                                                    |
| FS_35  | Frequency of cleaning fridge                                                                               |
| FS_36  | Cleaning fridge at least once a month                                                                      |



|                         |                                                                                                                                                                         |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs01</b>                                                                                                                                                             |
| Title                   | Consumption unopened products after expiration date                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                     |
| Possible value          | 1 or 2                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li></ul>                                                                |
| Denominator             | All households                                                                                                                                                          |
| Remarks                 | For two persons (id=10322624, id=12231911) it was detected they answered to the questions but did not cook themselves. Therefore, all their answers were put as missing |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs0201, fs0202, fs0203, fs0204, fs0205, fs0206, fs0207, fs0208, fs0209, fs0210, fs0211, fs0212, fs0213</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Title                   | Consumption unopened products after expiration date (answer 1-13)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Possible value          | 1 to 13                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yoghurt and soft curd cheese</li><li>• 2 = Dry foods (flower, coffee, spices, pasta, cookies)</li><li>• 3 = Cheese</li><li>• 4 = Cold meats like smoked meat or fish</li><li>• 5 = Canned foods</li><li>• 6 = Pudding desserts and milk</li><li>• 7 = Yellow fat spreads and baking fats</li><li>• 8 = Chocolate</li><li>• 9 = Carbonated drinks</li><li>• 10 = Eggs</li><li>• 11 = Chips and salty snacks</li><li>• 12 = Mustard, ketchup, other sauces</li><li>• 13 = Other products</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Remarks                 | Multiple answers possible.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |



|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs0214</b>                                                                                  |
| Title                   | Description other products consumption after expiration date                                   |
| Type of variable        | Char                                                                                           |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                 |
| Remarks                 | /                                                                                              |

|                         |                                                                                                                                                                                                                             |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs03</b>                                                                                                                                                                                                                 |
| Title                   | Conservation method cold or cool preparations based on raw eggs                                                                                                                                                             |
| Type of variable        | Num                                                                                                                                                                                                                         |
| Possible value          | 1 to 4                                                                                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = I keep them at room temperature</li><li>• 2 = I keep them in the fridge</li><li>• 3 = I keep them in a cool storage</li><li>• 4 = Other</li><br/><li>• -1 = No answer</li></ul> |
| Denominator             | All households                                                                                                                                                                                                              |
| Remarks                 | /                                                                                                                                                                                                                           |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs0301</b>                                                                                  |
| Title                   | Other conservation method                                                                      |
| Type of variable        | Char                                                                                           |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                 |
| Remarks                 | /                                                                                              |

|                         |                                                                                                                 |
|-------------------------|-----------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs0401, fs0402, fs0403, fs0404</b>                                                                           |
| Title                   | Days of conservation product purchased at the butchers: pate – salami – cooked ham – spread based on mayonnaise |
| Type of variable        | Num                                                                                                             |
| Possible value          | /                                                                                                               |



|              |                                                                |
|--------------|----------------------------------------------------------------|
| Value labels | <ul style="list-style-type: none"><li>-1 = No answer</li></ul> |
| Denominator  | All households                                                 |
| Remarks      | /                                                              |

|                         |                                                                                                                                                  |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs0501, fs0502, fs0503, fs0504</b>                                                                                                            |
| Title                   | Days of conservation product in a closed package (packaged under protective atmosphere): pate – salami – cooked ham – spread based on mayonnaise |
| Type of variable        | Num                                                                                                                                              |
| Possible value          | /                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>-1 = No answer</li></ul>                                                                                   |
| Denominator             | All households                                                                                                                                   |
| Remarks                 | /                                                                                                                                                |

|                         |                                                                                                                                                                                                                                                                    |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs06</b>                                                                                                                                                                                                                                                        |
| Title                   | Behaviour after breaking raw eggs                                                                                                                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                                                                                                                |
| Possible value          | 1 to 5                                                                                                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>1 = I never use raw eggs</li><li>2 = I first rinse my hands with water</li><li>3 = I continue with preparing the food</li><li>4 = I first wash my hands with soap</li><li>5 = I first wipe my hands on a dishcloth</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>-1 = No answer</li></ul> All households                                                                                                                                                                                      |
| Remarks                 | /                                                                                                                                                                                                                                                                  |

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|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs07</b>                                                                                                                                                                                                                                                         |
| Title                   | Behaviour after treating raw meat or poultry                                                                                                                                                                                                                        |
| Type of variable        | Num                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 5                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>1 = I never use meat or poultry</li><li>2 = I first wash my hands with soap</li><li>3 = I rinse my hands with water</li><li>4 = I continue with preparing the food</li><li>5 = I first wipe my hands on a dishcloth</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>-1 = No answer</li></ul>                                                                                                                                                                                                      |
| Remarks                 |                                                                                                                                                                                                                                                                     |



|             |                |
|-------------|----------------|
| Denominator | All households |
| Remarks     | /              |

|                         |                                                                                                                                                                                                                                                                                                                     |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs08</b>                                                                                                                                                                                                                                                                                                         |
| Title                   | Behaviour after using cutting board for cutting raw meat or poultry                                                                                                                                                                                                                                                 |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = I never cut raw meat or poultry</li><li>• 2 = I rinse or wipe it off</li><li>• 3 = I use another cutting board</li><li>• 4 = I wash it with bleach or disinfectant</li><li>• 5 = I wash it with detergent</li><li>• 6 = I use it as it is</li><li>• 7 = Other</li></ul> |
| Denominator             | All households                                                                                                                                                                                                                                                                                                      |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                   |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs0801</b>                                                                                  |
| Title                   | Other behaviour after using cutting board for cutting raw meat or poultry                      |
| Type of variable        | Char                                                                                           |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                 |
| Remarks                 | /                                                                                              |

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| <b>Variable FCS2014</b> | <b>fs09</b>                                                                                                                                                                                                                                                         |
| Title                   | Behaviour knife after cutting raw meat or poultry                                                                                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 5                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = I rinse the knife with cold water</li><li>• 2 = I reuse the knife</li><li>• 3 = I wipe the knife with a cloth</li><li>• 4 = I wash the knife with detergent and warm water</li><li>• 5 = I take a clean knife</li></ul> |





|             |                                                                                                   |
|-------------|---------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator | All households                                                                                    |
| Remarks     | /                                                                                                 |

|                         |                                                                                                                                                                                                                                                                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs101, fs102, fs103, fs104, fs105, fs106, fs107</b>                                                                                                                                                                                                                                                                                         |
| Title                   | Method of thawing meat, fish or poultry (answer 1-7)                                                                                                                                                                                                                                                                                           |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                            |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = I let it thaw in the refrigerator</li> <li>• 2 = I use the microwave</li> <li>• 3 = I let it thaw at room temperature</li> <li>• 4 = I immerse it in cold water</li> <li>• 5 = I immerse it in hot water</li> <li>• 6 = Other methods</li> <li>• 7 = I don't eat meat, fish or poultry</li> </ul> |
|                         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                              |
| Denominator             | All households                                                                                                                                                                                                                                                                                                                                 |
| Remarks                 | Multiple answers possible.                                                                                                                                                                                                                                                                                                                     |

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|-------------------------|---------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs1001</b>                                                                                     |
| Title                   | Other thawing method                                                                              |
| Type of variable        | Char                                                                                              |
| Possible value          | /                                                                                                 |
| Value labels            | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | All households                                                                                    |
| Remarks                 | /.                                                                                                |

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|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs11</b>                                                                                                                                                             |
| Title                   | Frequency of use of deep fryer at home                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                     |
| Possible value          | 1 to 5                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = 1 time per month or less</li> <li>• 3 = 2-3 times per month</li> <li>• 4 = 1 time per week</li> </ul> |



|             |                                                                                                          |
|-------------|----------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"><li>• 5 = more than 1 time per week</li><li>• -1 = No answer</li></ul> |
| Denominator | All households                                                                                           |
| Remarks     | /                                                                                                        |


|                         |                                                                                                                                                                                                                                                                 |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs12</b>                                                                                                                                                                                                                                                     |
| Title                   | Type of fat used for deep-frying                                                                                                                                                                                                                                |
| Type of variable        | Num                                                                                                                                                                                                                                                             |
| Possible value          | 1 to 5                                                                                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Frying oil</li><li>• 2 = Vegetable frying fat</li><li>• 3 = Animal frying vet</li><li>• 4 = Other</li><li>• 5 = I don't use frying fat or oil</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                                                                                                                                                                                  |
| Remarks                 | /                                                                                                                                                                                                                                                               |

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|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs1201, fs1202, fs1203, fs1204</b>                                                          |
| Title                   | Specification of fat used for deep-frying (answer 1-4)                                         |
| Type of variable        | Char                                                                                           |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                 |
| Remarks                 | /                                                                                              |

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|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs13</b>                                                                                                                                                                                               |
| Title                   | Frequency of changing fat used for deep-frying                                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                       |
| Possible value          | 1 to 4                                                                                                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 0 = Less than 5 times</li><li>• 1 = After 5 times</li><li>• 2 = After 6-10 times</li><li>• 3 = After 11-20 times</li><li>• 4 = After more than 20 times</li></ul> |



|             |                                                                                                                                                                                                                            |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> All households                                                                                                           |
| Remarks     | The answer category '0' was not originally presented as an answer category, but several participants indicated this answer in an open remark field during the CAPI interview. Therefore, this answer was added afterwards. |

|                         |                                                                                                                                                    |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs14</b>                                                                                                                                        |
| Title                   | Colour of fries deep-fried at home                                                                                                                 |
| Type of variable        | Num                                                                                                                                                |
| Possible value          | 1 to 4                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Picture 1</li> <li>• 2 = Picture 2</li> <li>• 3 = Picture 3</li> <li>• 4 = Picture 4</li> </ul>       |
| Denominator             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> All households                                   |
| Remarks                 |  <p>Bron: <i>Danish Veterinary and Food Administration</i></p> |

|                         |                                                         |
|-------------------------|---------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs151, fs152, fs153, fs154</b>                       |
| Title                   | Method of checking if chicken is well-done (answer 1-4) |
| Type of variable        | Num                                                     |
| Possible value          | 1 to 4                                                  |



|              |                                                                                                                                                                                                                                                                                                |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels | <ul style="list-style-type: none"><li>• 1 = I use a thermometer</li><li>• 2 = I watch the cooking time</li><li>• 3 = I check the colour of the meat</li><li>• 4 = I don't check it</li></ul><br><ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator  | All households                                                                                                                                                                                                                                                                                 |
| Remarks      | Multiple answers possible.                                                                                                                                                                                                                                                                     |

|                         |                                                                                                                                                                        |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs16</b>                                                                                                                                                            |
| Title                   | Washing hands before preparation meal                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                    |
| Possible value          | 1 to 3                                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• 3 = Sometimes</li></ul><br><ul style="list-style-type: none"><li>• -1 = No answer</li></ul> |
| Denominator             | All households                                                                                                                                                         |
| Remarks                 | /                                                                                                                                                                      |

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|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs17</b>                                                                                                                                                                                                                                                                                                                                         |
| Title                   | Method of washing hands before preparation meal                                                                                                                                                                                                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = I wash my hands with cold water</li><li>• 2 = I wash my hands with warm water</li><li>• 3 = I wash my hands with cold water and soap</li><li>• 4 = I wash my hands with warm water and soap</li></ul><br><ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                                                                                                                                                                                                                                                                      |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                   |

|                         |                              |
|-------------------------|------------------------------|
| <b>Variable FCS2014</b> | <b>fs18</b>                  |
| Title                   | Frequency of cleaning fridge |



|                  |                                                                                                                                                                                                                                                                                                                                                                                        |
|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of variable | Num                                                                                                                                                                                                                                                                                                                                                                                    |
| Possible value   | 1 to 7                                                                                                                                                                                                                                                                                                                                                                                 |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Less than once a year</li><li>• 2 = Once a year</li><li>• 3 = 2 to 6 times a year</li><li>• 4 = 7 to 11 times a year</li><li>• 5 = 12 to 23 times a year (=1 to 2 times a month)</li><li>• 6 = More than 24 times a year (= more than twice a month)</li><li>• 7 = If the fridge is dirty and last year this was about ... times</li></ul> |
| Denominator      | All households                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks          | /                                                                                                                                                                                                                                                                                                                                                                                      |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs1801</b>                                                                                  |
| Title                   | Number of times last year fridge cleaned                                                       |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | All households                                                                                 |
| Remarks                 | This question is only asked if fs18=7                                                          |

|                         |                                                                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fs19</b>                                                                                                                                                                                                                           |
| Title                   | Maximum temperature of fridge                                                                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                                                   |
| Possible value          | 1 to 5                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = -18 °C</li><li>• 2 = -4 °C</li><li>• 3 = 4 °C</li><li>• 4 = 7°C</li><li>• 5 = 12°C</li><li>• 9 = Don't know</li></ul><br><ul style="list-style-type: none"><li>• -1 = No answer</li></ul> |
| Denominator             | All households                                                                                                                                                                                                                        |
| Remarks                 | /                                                                                                                                                                                                                                     |

|                         |               |
|-------------------------|---------------|
| <b>Variable FCS2014</b> | <b>fs2001</b> |
|-------------------------|---------------|



|                  |                                                                                                         |
|------------------|---------------------------------------------------------------------------------------------------------|
| Title            | Risk for health consuming product after “best before” date                                              |
| Type of variable | Num                                                                                                     |
| Possible value   | 1 or 2                                                                                                  |
| Value labels     | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> <li>• 9 = Don’t know</li> </ul> |
| Denominator      | All households                                                                                          |
| Remarks          | /                                                                                                       |

| Variable FCS2014 | fs2002                                                                                                  |
|------------------|---------------------------------------------------------------------------------------------------------|
| Title            | Risk for health consuming product after “use by” date                                                   |
| Type of variable | Num                                                                                                     |
| Possible value   | 1 or 2                                                                                                  |
| Value labels     | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> <li>• 9 = Don’t know</li> </ul> |
| Denominator      | All households                                                                                          |
| Remarks          | /                                                                                                       |

| Indicator FCS2014    | FS_1a                                                                                                                                                                                               |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Maximum temperature of fridge                                                                                                                                                                       |
| Type of variable     | Num                                                                                                                                                                                                 |
| Possible value       | 1 to 6                                                                                                                                                                                              |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = -18 °C</li> <li>• 2 = -4 °C</li> <li>• 3 = 4 °C</li> <li>• 4 = 7°C</li> <li>• 5 = 12°C</li> <li>• 6 = Don’t know</li> </ul>                            |
| Based on variable(s) | fs19                                                                                                                                                                                                |
| Construction         | <ul style="list-style-type: none"> <li>• if fs19=1 then fs_1a=1;</li> <li>• else if fs19=2 then fs_1a=2;</li> <li>• else if fs19=3 then fs_1a=3;</li> <li>• else if fs19=4 then fs_1a=4;</li> </ul> |



|             |                                                                                                                                                                    |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | <ul style="list-style-type: none"> <li>• else if fs19=5 then fs_1a=5;</li> <li>• else if fs19=9 then fs_1a=6;</li> <li>• else if fs19=-1 then fs_1a=-1;</li> </ul> |
| Remarks     | /                                                                                                                                                                  |

|                          |                                                                                                                                                                              |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FS_1</b>                                                                                                                                                                  |
| Title                    | Correct knowledge maximum temperature fridge                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Wrong knowledge or don't know</li> <li>• 1 = Correct knowledge</li> </ul>                                                       |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul>                                                                                                           |
| Construction             | fs19 <ul style="list-style-type: none"> <li>• if fs19=3 then fs_1=1;</li> <li>• else if fs19 in (1,2,4,5,9) then fs_1=0;</li> <li>• else if fs19=-1 then fs_1=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                             |
| Remarks                  | The correct answer is '4°C'.                                                                                                                                                 |

|                          |                                                                                                                                                                                     |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FS_2</b>                                                                                                                                                                         |
| Title                    | Correct knowledge "best before" date                                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                                 |
| Possible value           | 1 or 0                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Wrong knowledge or don't know</li> <li>• 1 = Correct knowledge</li> </ul>                                                              |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul>                                                                                                                  |
| Construction             | fs2001 <ul style="list-style-type: none"> <li>• if fs2001=2 then fs_2=1;</li> <li>• else if fs2001=1 or fs2001=9 then fs_2=0;</li> <li>• else if fs2001=-1 then fs_2=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                    |
| Remarks                  | The correct answer is 'No' (2). There is no risk to consume products after the "best before" date.                                                                                  |

|                          |                                                                                                                        |
|--------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FS_3</b>                                                                                                            |
| Title                    | Correct knowledge "use by" date                                                                                        |
| Type of variable         | Num                                                                                                                    |
| Possible value           | 1 or 0                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Wrong knowledge or don't know</li> <li>• 1 = Correct knowledge</li> </ul> |
|                          | <ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul>                                                     |



|                      |                                                                                                                                                                               |
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| Based on variable(s) | fs2002                                                                                                                                                                        |
| Construction         | <ul style="list-style-type: none"> <li>• if fs2002=1 then fs_3=1;</li> <li>• else if fs2002=2 or fs2002=9 then fs_3=0;/</li> <li>• else if fs2002=-1 then fs_3=-1;</li> </ul> |
| Denominator          | All participants                                                                                                                                                              |
| Remarks              | The correct answer is 'Yes' (1). There is a risk to consume products after the "use by" date.                                                                                 |

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| <b>Indicator FCS2014</b> | <b>FS_4</b>                                                                                                                                                       |
| Title                    | Correct knowledge "best before" and "use by" date                                                                                                                 |
| Type of variable         | Num                                                                                                                                                               |
| Possible value           | 1 or 0                                                                                                                                                            |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = Wrong knowledge or don't know</li> <li>• 1 = Correct knowledge</li> </ul>                                            |
| Based on variable(s)     | FS_2, FS_3                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if fs_2=1 and fs_3=1 then fs_4=1;</li> <li>• else if fs_2=-1 or fs_3=-1 then fs_4=-1;</li> <li>• else fs_4=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                 |

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| <b>Indicator FCS2014</b> | <b>FS_5</b>                                                                                                                                                |
| Title                    | Consumption of unopened products after expiration date                                                                                                     |
| Type of variable         | Num                                                                                                                                                        |
| Possible value           | 1 or 0                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No (respect expiration date)</li> <li>• 1 = Yes (don't respect expiration date)</li> </ul>                    |
| Based on variable(s)     | fs01                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if fs01=1 then fs_5=1;</li> <li>• else if fs01=2 then fs_5=0;</li> <li>• else if fs01=-1 then fs_5=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                           |
| Remarks                  | /                                                                                                                                                          |

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| <b>Indicator FCS2014</b> | <b>FS_7</b>                                                                     |
| Title                    | Attitude after breaking raw eggs                                                |
| Type of variable         | Num                                                                             |
| Possible value           | 1 to 4                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Rising hands with water</li> </ul> |





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|                      | <ul style="list-style-type: none"> <li>• 2 = I continue with preparing the food</li> <li>• 3 = I first wash my hands with soap</li> <li>• 4 = I first wipe my hands on a dishcloth</li> </ul>                                                                                    |
|                      | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                |
| Based on variable(s) | fs06                                                                                                                                                                                                                                                                             |
| Construction         | <ul style="list-style-type: none"> <li>• if fs06=2 then fs_7=1;</li> <li>• else if fs06=3 then fs_7=2;</li> <li>• else if fs06=4 then fs_7=3;</li> <li>• else if fs06=5 then fs_7=4;</li> <li>• else if fs06=1 then fs_7=-3;</li> <li>• else if fs06=-1 then fs_7=-1;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                 |
| Remarks              | If participants indicated they never use raw eggs (fs06=1) their answer was recoded to '-3' not applicable.                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>FS_8</b>                                                                                                                                                                                                 |
| Title                    | Correct attitude after breaking raw eggs                                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                                         |
| Possible value           | 1 or 0                                                                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct attitude (washing hands with water and soap)</li> <li>• 0 = Other incorrect attitude</li> </ul>                                                        |
|                          | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                           |
| Based on variable(s)     | fs06                                                                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if fs06=4 then fs_8=1;</li> <li>• else if fs06 in (2,3,5) then fs_8=0;</li> <li>• else if fs06=1 then fs_8=-3;</li> <li>• else if fs06=-1 then fs_8=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                            |
| Remarks                  | The correct attitude is to wash hands with water and soap (fs06=4).<br>If participants indicated they never use raw eggs (fs06=1) their answer was recoded to '-3' not applicable.                          |

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| <b>Indicator FCS2014</b> | <b>FS_9</b>                                                                     |
| Title                    | Attitude after touching raw meat or poultry                                     |
| Type of variable         | Num                                                                             |
| Possible value           | 1 to 4                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Rising hands with water</li> </ul> |



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|                      | <ul style="list-style-type: none"> <li>• 2 = Continue preparing food</li> <li>• 3 = Washing hands with water and soap</li> <li>• 4 = Wiping hands on dishcloth</li> </ul>                                                                                                        |
|                      | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                |
| Based on variable(s) | fs07                                                                                                                                                                                                                                                                             |
| Construction         | <ul style="list-style-type: none"> <li>• if fs07=3 then fs_9=1;</li> <li>• else if fs07=4 then fs_9=2;</li> <li>• else if fs07=2 then fs_9=3;</li> <li>• else if fs07=5 then fs_9=4;</li> <li>• else if fs07=1 then fs_9=-3;</li> <li>• else if fs07=-1 then fs_9=-1;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                 |
| Remarks              | If participants indicated they never handle/eat raw meat or poultry (fs07=1) their answer was recoded to '-3' not applicable.                                                                                                                                                    |

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| <b>Indicator FCS2014</b> | <b>FS_10</b>                                                                                                                                                                                                     |
| Title                    | Attitude after touching raw meat or poultry                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                              |
| Possible value           | 1 or 0                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct attitude (washing hands with water and soap)</li> <li>• 0 = Other incorrect attitude</li> </ul>                                                             |
|                          | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                |
| Based on variable(s)     | fs07                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if fs07=4 then fs_10=1;</li> <li>• else if fs07 in (1,2,3) then fs_10=0;</li> <li>• else if fs07=-3 then fs_10=-3;</li> <li>• else if fs07=-1 then fs_10=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                 |
| Remarks                  | /                                                                                                                                                                                                                |

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| <b>Indicator FCS2014</b> | <b>FS_11</b>                                                                                                                                                                                             |
| Title                    | Attitude towards reuse of cutting board after cutting raw meat or poultry                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                                                      |
| Possible value           | 1 to 6                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = I use it again as it is</li> <li>• 2 = I rinse or wipe it off</li> <li>• 3 = I use another cutting board</li> <li>• 4 = I wash it with detergent</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                                   |
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|                      | <ul style="list-style-type: none"> <li>• 5 = I wash it with bleach or disinfectant</li> <li>• 6 = Other</li> </ul>                                                                                                                                                                                                                                                                |
| Based on variable(s) | fs08                                                                                                                                                                                                                                                                                                                                                                              |
| Construction         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                 |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                  |
| Remarks              | If participants indicated they never handle/eat raw meat or poultry (fs08=1) their answer was recoded to '-3' not applicable.                                                                                                                                                                                                                                                     |
|                      | <ul style="list-style-type: none"> <li>• if fs08=6 then fs_11=1;</li> <li>• else if fs08=2 then fs_11=2;</li> <li>• else if fs08=3 then fs_11=3;</li> <li>• else if fs08=5 then fs_11=4;</li> <li>• else if fs08=4 then fs_11=5;</li> <li>• else if fs08=7 then fs_11=6;</li> <li>• else if fs08=1 or fs08=-3 then fs_11=-3;</li> <li>• else if fs08=-1 then fs_11=-1;</li> </ul> |

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| <b>Indicator FCS2014</b> | <b>FS_12</b>                                                                                                                                                                                                                           |
| Title                    | Attitude towards reuse of cutting board after cutting raw meat or poultry                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                    |
| Possible value           | 1 or 0                                                                                                                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct attitude (using another cutting board or washing it with water and soap)</li> <li>• 0 = Other incorrect attitude</li> </ul>                                                       |
| Based on variable(s)     | fs08                                                                                                                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                      |
| Denominator              | All participants                                                                                                                                                                                                                       |
| Remarks                  | If participants indicated they never handle/eat raw meat or poultry (fs08=1) their answer was recoded to '-3' not applicable.                                                                                                          |
|                          | <ul style="list-style-type: none"> <li>• if fs08=3 or fs08=5 then fs_12=1;</li> <li>• else if fs08 in (2,4,6,7) then fs_12=0;</li> <li>• else if fs08=1 or fs08=-3 then fs_12=-3;</li> <li>• else if fs08=-1 then fs_12=-1;</li> </ul> |

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| <b>Indicator FCS2014</b> | <b>FS_13</b>                                                      |
| Title                    | Attitude towards reuse of knife after cutting raw meat or poultry |
| Type of variable         | Num                                                               |
| Possible value           | 1 to 4                                                            |



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| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Use it again as it is</li> <li>• 2 = Rinse or wipe it off</li> <li>• 3 = Use another clean knife</li> <li>• 4 = Wash the knife with water and soap</li> </ul>                                                                                        |
| Based on variable(s) | fs09                                                                                                                                                                                                                                                                                              |
| Construction         | <ul style="list-style-type: none"> <li>• if fs09=2 then fs_13=1;</li> <li>• else if fs09=1 or fs09=3 then fs_13=2;</li> <li>• else if fs09=5 then fs_13=3;</li> <li>• else if fs09=4 then fs_13=4;</li> <li>• else if fs09=-3 then fs_13=-3;</li> <li>• else if fs09=-1 then fs_13=-1;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                  |
| Remarks              | /                                                                                                                                                                                                                                                                                                 |

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| <b>Indicator FCS2014</b> | <b>FS_14</b>                                                                                                                                                                                                               |
| Title                    | Correct attitude towards reuse of knife after cutting raw meat or poultry                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                        |
| Possible value           | 1 or 0                                                                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct attitude (using another knife or washing it with water and soap)</li> <li>• 0 = Other incorrect attitude</li> </ul>                                                   |
| Based on variable(s)     | fs09                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if fs09=4 or fs09=5 then fs_14=1;</li> <li>• else if fs09 in (1,2,3) then fs_14=0;</li> <li>• else if fs09=-3 then fs_14=-3;</li> <li>• else if fs09=-1 then fs_14=-1;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                                                                          |

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| <b>Indicator FCS2014</b> | <b>FS_15</b>                                                                                                                                                              |
| Title                    | Correct attitude towards all cross-contamination indicators                                                                                                               |
| Type of variable         | Num                                                                                                                                                                       |
| Possible value           | 1 or 0                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct attitude towards all cross-contamination aspects</li> <li>• 0 = Wrong attitude for one or several aspects</li> </ul> |



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| Based on variable(s) | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul> FS_8, FS_10, FS_12, FS_14, FS_15                                                                                                                                                                  |
| Construction         | <ul style="list-style-type: none"> <li>if fs_8=-3 and fs_10=-3 and fs_12=-3 and fs_14=-3 then fs_15=-3;</li> <li>else if fs_8=-1 and fs_10=-1 and fs_12=-1 and fs_14=-1 then fs_15=-1;</li> <li>else if fs_8=0 or fs_10=0 or fs_12=0 or fs_14=0 then fs_15=0;</li> <li>else fs_15=1;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                |
| Remarks              | /                                                                                                                                                                                                                                                                                               |

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| <b>Indicator FCS2014</b> | <b>FS_16</b>                                                                                                                                                                                                                                                                                      |
| Title                    | Conserving cold preparations based on raw eggs in fridge                                                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                                                                               |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                            |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Correct conservation method (keeping it in the fridge or freezer)</li> <li>0 = Wrong conservation method</li> </ul>                                                                                                                                    |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul> fs03, fs0301                                                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>if fs03=2 or (fs03=4 and fs0301 ='Diepvries') then fs_16=1;</li> <li>else if fs03=-3 then fs_16=-3;</li> <li>else if fs03=-1 then fs_16=-1;</li> <li>else if fs03=4 and fs0301 = -1 then fs_16=-1;</li> <li>else if fs03 in (1,3) then fs_16=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                                                                                                                                                 |

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| <b>Indicator FCS2014</b> | <b>FS_17a</b>                                                                                                                                                            |
| Title                    | Conservation duration of paté purchased at butchers                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                      |
| Possible value           | 1 to 7                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>1 = 2 days or less</li> <li>2 = 3 days</li> <li>3 = 4 days</li> <li>4 = 5 days</li> <li>5 = 6 days</li> <li>6 = 7 days</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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|                      | <ul style="list-style-type: none"> <li>• 7 = more than 7 days</li> <li>• -1 = No answer</li> </ul>                                                                                                                                                                                                                                                                                                                                                     |
| Based on variable(s) | fs0401                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Construction         | <ul style="list-style-type: none"> <li>• if fs0401 in (0,1,2) then fs_17a=1;</li> <li>• else if fs0401=3 then fs_17a=2;</li> <li>• else if fs0401=4 then fs_17a=3;</li> <li>• else if fs0401=5 then fs_17a=4;</li> <li>• else if fs0401=6 then fs_17a=5;</li> <li>• else if fs0401=7 then fs_17a=6;</li> <li>• else if fs0401&gt;7 then fs_17a=7;</li> <li>• else if fs0401=-1 then fs_17a=-1;</li> <li>• else if fs0401=-3 then fs_17a=-3;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>FS_17</b>                                                                                                                                                                                                                       |
| Title                    | Conservation duration of maximum 4 days of paté purchased at butchers                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                      |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul> fs0401                                                                                                                                                          |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= fs0401 &lt;= 4 then fs_17=1;</li> <li>• else if fs0401 &gt; 4 then fs_17=0;</li> <li>• else if fs0401=-1 then fs_17=-1;</li> <li>• else if fs0401=-3 then fs_17=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                  |

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| <b>Indicator FCS2014</b> | <b>FS_18a</b>                                                                                                                                                                                                        |
| Title                    | Conservation duration of salami purchased at butchers                                                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                                                                  |
| Possible value           | 1 to 7                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> </ul> |



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| Based on variable(s) | fs0402                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Construction         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• if fs0402 in (0,1,2) then fs_18a=1;</li> <li>• else if fs0402=3 then fs_18a=2;</li> <li>• else if fs0402=4 then fs_18a=3;</li> <li>• else if fs0402=5 then fs_18a=4;</li> <li>• else if fs0402=6 then fs_18a=5;</li> <li>• else if fs0402=7 then fs_18a=6;</li> <li>• else if fs0402&gt;7 then fs_18a=7;</li> <li>• else if fs0402=-1 then fs_18a=-1;</li> <li>• else if fs0402=-3 then fs_18a=-3;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| <b>Indicator FCS2014</b> | <b>FS_18</b>                                                                                                                                                                                                                                                 |
| Title                    | Conservation duration of maximum 7 days of salami purchased at butchers                                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                                |
| Based on variable(s)     | fs0402                                                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• if 0 &lt;= fs0402 &lt;= 7 then fs_18=1;</li> <li>• else if fs0402 &gt; 7 then fs_18=0;</li> <li>• else if fs0402=-1 then fs_18=-1;</li> <li>• else if fs0402=-3 then fs_18=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                             |
| Remarks                  | /                                                                                                                                                                                                                                                            |

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| <b>Indicator FCS2014</b> | <b>FS_19a</b>                                                                                                                                                                                                        |
| Title                    | Conservation duration of cooked ham purchased at butchers                                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                                                                  |
| Possible value           | 1 to 7                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> </ul> |



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| Based on variable(s) | fs0403                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Construction         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• if fs0403 in (0,1,2) then fs_19a=1;</li> <li>• else if fs0403=3 then fs_19a=2;</li> <li>• else if fs0403=4 then fs_19a=3;</li> <li>• else if fs0403=5 then fs_19a=4;</li> <li>• else if fs0403=6 then fs_19a=5;</li> <li>• else if fs0403=7 then fs_19a=6;</li> <li>• else if fs0403&gt;7 then fs_19a=7;</li> <li>• else if fs0403=-1 then fs_19a=-1;</li> <li>• else if fs0403=-3 then fs_19a=-3;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| <b>Indicator FCS2014</b> | <b>FS_19</b>                                                                                                                                                                                                                                                 |
| Title                    | Conservation duration of maximum 4 days of cooked ham purchased at butchers                                                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                                |
| Based on variable(s)     | fs0403                                                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• if 0 &lt;= fs0403 &lt;= 4 then fs_19=1;</li> <li>• else if fs0403 &gt; 4 then fs_19=0;</li> <li>• else if fs0403=-1 then fs_19=-1;</li> <li>• else if fs0403=-3 then fs_19=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                             |
| Remarks                  | /                                                                                                                                                                                                                                                            |

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| <b>Indicator FCS2014</b> | <b>FS_20a</b>                                                                                                                                                                                                        |
| Title                    | Conservation duration of spread based on mayonnaise purchased at butchers                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                                                                  |
| Possible value           | 1 to 7                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> </ul> |
|                          | <ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul>                                                                                                                                                   |





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| Based on variable(s) | fs0404                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Construction         | <ul style="list-style-type: none"> <li>• if fs0404 in (0,1,2) then fs_20a=1;</li> <li>• else if fs0404=3 then fs_20a=2;</li> <li>• else if fs0404=4 then fs_20a=3;</li> <li>• else if fs0404=5 then fs_20a=4;</li> <li>• else if fs0404=6 then fs_20a=5;</li> <li>• else if fs0404=7 then fs_20a=6;</li> <li>• else if fs0404&gt;7 then fs_20a=7;</li> <li>• else if fs0404=-1 then fs_20a=-1;</li> <li>• else if fs0404=-3 then fs_20a=-3;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>FS_20</b>                                                                                                                                                                                                                       |
| Title                    | Conservation duration of maximum 4 days of spread based on mayonnaise purchased at butchers                                                                                                                                        |
| Type of variable         | Num                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> </ul>                                                                                                                            |
| Based on variable(s)     | fs0404                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= fs0404 &lt;= 4 then fs_20=1;</li> <li>• else if fs0404 &gt; 4 then fs_20=0;</li> <li>• else if fs0404=-1 then fs_20=-1;</li> <li>• else if fs0404=-3 then fs_20=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                  |

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| <b>Indicator FCS2014</b> | <b>FS_21a</b>                                                                                                                                                                                                                                  |
| Title                    | Conservation duration of paté packaged under protective atmosphere butchers                                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                                                                            |
| Possible value           | 1 to 7                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> <li>• -1 = No answer</li> </ul> |



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| Based on variable(s) | fs0501                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Construction         | <ul style="list-style-type: none"> <li>• if fs0501 in (0,1,2) then fs_21a=1;</li> <li>• else if fs0501=3 then fs_21a=2;</li> <li>• else if fs0501=4 then fs_21a=3;</li> <li>• else if fs0501=5 then fs_21a=4;</li> <li>• else if fs0501=6 then fs_21a=5;</li> <li>• else if fs0501=7 then fs_21a=6;</li> <li>• else if fs0501&gt;7 then fs_21a=7;</li> <li>• else if fs0501=-1 then fs_21a=-1;</li> <li>• else if fs0501=-3 then fs_21a=-3;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>FS_21</b>                                                                                                                                                                                                                       |
| Title                    | Conservation duration of maximum 4 days of paté packaged under protective atmosphere butchers                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> </ul>                                                                                                                            |
| Based on variable(s)     | fs0501                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= fs0501 &lt;= 4 then fs_21=1;</li> <li>• else if fs0501 &gt; 4 then fs_21=0;</li> <li>• else if fs0501=-1 then fs_21=-1;</li> <li>• else if fs0501=-3 then fs_21=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                  |

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| <b>Indicator FCS2014</b> | <b>FS_22a</b>                                                                                                                                                                                                                                  |
| Title                    | Conservation duration of salami packaged under protective atmosphere                                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                                                                            |
| Possible value           | 1 to 7                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> <li>• -1 = No answer</li> </ul> |
| Based on variable(s)     | fs0502                                                                                                                                                                                                                                         |



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| Construction | <ul style="list-style-type: none"> <li>• if fs0502 in (0,1,2) then fs_22a=1;</li> <li>• else if fs0502=3 then fs_22a=2;</li> <li>• else if fs0502=4 then fs_22a=3;</li> <li>• else if fs0502=5 then fs_22a=4;</li> <li>• else if fs0502=6 then fs_22a=5;</li> <li>• else if fs0502=7 then fs_22a=6;</li> <li>• else if fs0502&gt;7 then fs_22a=7;</li> <li>• else if fs0502=-1 then fs_22a=-1;</li> <li>• else if fs0502=-3 then fs_22a=-3;</li> </ul> |
| Denominator  | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks      | /                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>FS_22</b>                                                                                                                                                                                                                       |
| Title                    | Conservation duration of maximum 7 days of salami packaged under protective atmosphere                                                                                                                                             |
| Type of variable         | Num                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> </ul>                                                                                                                            |
| Based on variable(s)     | fs0502                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= fs0502 &lt;= 7 then fs_22=1;</li> <li>• else if fs0502 &gt; 7 then fs_22=0;</li> <li>• else if fs0502=-1 then fs_22=-1;</li> <li>• else if fs0502=-3 then fs_22=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                  |

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| <b>Indicator FCS2014</b> | <b>FS_23a</b>                                                                                                                                                                                                                                  |
| Title                    | Conservation duration of cooked ham packaged under protective atmosphere                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                            |
| Possible value           | 1 to 7                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> <li>• -1 = No answer</li> </ul> |
| Based on variable(s)     | fs0503                                                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if fs0503 in (0,1,2) then fs_23a=1;</li> </ul>                                                                                                                                                        |



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|             | <ul style="list-style-type: none"> <li>• else if fs0503=3 then fs_23a=2;</li> <li>• else if fs0503=4 then fs_23a=3;</li> <li>• else if fs0503=5 then fs_23a=4;</li> <li>• else if fs0503=6 then fs_23a=5;</li> <li>• else if fs0503=7 then fs_23a=6;</li> <li>• else if fs0503&gt;7 then fs_23a=7;</li> <li>• else if fs0503=-1 then fs_23a=-1;</li> <li>• else if fs0503=-3 then fs_23a=-3;</li> </ul> |
| Denominator | All participants                                                                                                                                                                                                                                                                                                                                                                                        |
| Remarks     | /                                                                                                                                                                                                                                                                                                                                                                                                       |

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| <b>Indicator FCS2014</b> | <b>FS_23</b>                                                                                                                                                                                                                       |
| Title                    | Conservation duration of maximum 4 days of cooked ham packaged under protective atmosphere                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> </ul>                                                                                                                            |
| Based on variable(s)     | fs0503                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= fs0503 &lt;= 4 then fs_23=1;</li> <li>• else if fs0503 &gt; 4 then fs_23=0;</li> <li>• else if fs0503=-1 then fs_23=-1;</li> <li>• else if fs0503=-3 then fs_23=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                  |

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| <b>Indicator FCS2014</b> | <b>FS_24a</b>                                                                                                                                                                                                                                  |
| Title                    | Conservation duration of spread based on mayonnaise packaged under protective atmosphere                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                            |
| Possible value           | 1 to 7                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = 2 days or less</li> <li>• 2 = 3 days</li> <li>• 3 = 4 days</li> <li>• 4 = 5 days</li> <li>• 5 = 6 days</li> <li>• 6 = 7 days</li> <li>• 7 = more than 7 days</li> <li>• -1 = No answer</li> </ul> |
| Based on variable(s)     | fs0504                                                                                                                                                                                                                                         |



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| Construction | <ul style="list-style-type: none"> <li>• if fs0504 in (0,1,2) then fs_24a=1;</li> <li>• else if fs0504=3 then fs_24a=2;</li> <li>• else if fs0504=4 then fs_24a=3;</li> <li>• else if fs0504=5 then fs_24a=4;</li> <li>• else if fs0504=6 then fs_24a=5;</li> <li>• else if fs0504=7 then fs_24a=6;</li> <li>• else if fs0504&gt;7 then fs_24a=7;</li> <li>• else if fs0504=-1 then fs_24a=-1;</li> <li>• else if fs0504=-3 then fs_24a=-3;</li> </ul> |
| Denominator  | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks      | /                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>FS_24</b>                                                                                                                                                                                                                       |
| Title                    | Conservation duration of maximum 4 days of spread based on mayonnaise packaged under protective atmosphere                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> </ul>                                                                                                                            |
| Based on variable(s)     | fs0504                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if 0 &lt;= fs0504 &lt;= 4 then fs_24=1;</li> <li>• else if fs0504 &gt; 4 then fs_24=0;</li> <li>• else if fs0504=-1 then fs_24=-1;</li> <li>• else if fs0504=-3 then fs_24=-3;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                   |
| Remarks                  | /                                                                                                                                                                                                                                  |

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| <b>Indicator FCS2014</b> | <b>FS_26</b>                                                                                                                                                                                                                  |
| Title                    | Correct method of thawing of meat, poultry or fish                                                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                                                                           |
| Possible value           | 1 or 0                                                                                                                                                                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct method</li> <li>• 0 = At least one incorrect method</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                  |
| Based on variable(s)     | fs101, fs102, fs103, fs104, fs105, fs106, fs107                                                                                                                                                                               |
| Construction             | <p><i>The multiple answers were first recoded to binary variables (1=yes;0=no):</i></p> <ul style="list-style-type: none"> <li>• if fs101=1 or fs102=1 or fs103=1 or fs104=1 or fs105=1 or fs106=1 or fs107=1 then</li> </ul> |



|                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
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| <p>Denominator</p> <p>Remarks</p> | <pre> fs10_1=1; else fs10_1=0; • if fs101=2 or fs102=2 or fs103=2 or fs104=2 or fs105=2 or fs106=2 or fs107=2 then fs10_2=1; else fs10_2=0; • if fs101=3 or fs102=3 or fs103=3 or fs104=3 or fs105=3 or fs106=3 or fs107=3 then fs10_3=1; else fs10_3=0; • if fs101=4 or fs102=4 or fs103=4 or fs104=4 or fs105=4 or fs106=4 or fs107=4 then fs10_4=1; else fs10_4=0; • if fs101=5 or fs102=5 or fs103=5 or fs104=5 or fs105=5 or fs106=5 or fs107=5 then fs10_5=1; else fs10_5=0; • if fs101=6 or fs102=6 or fs103=6 or fs104=6 or fs105=6 or fs106=6 or fs107=6 then fs10_6=1; else fs10_6=0; • if fs101=7 or fs102=7 or fs103=7 or fs104=7 or fs105=7 or fs106=7 or fs107=7 then fs10_7=1; else fs10_7=0; • if fs101=. and fs102=. and fs103=. and fs104=. and fs105=. and fs106=. and fs107=. then do; fs10_1=.; fs10_2=.; fs10_3=.; fs10_4=.;fs10_5=.;fs10_6=.;fs10_7=.;end;  Afterwards, the indicator fs_26 was created:  • if (fs10_1=-3 and fs10_2=-3 and fs10_3=-3 and fs10_4=-3 and fs10_5=-3 and fs10_6=- 3) then fs_26=-3; • else if fs10_1=-1 and fs10_2=-1 and fs10_3=-1 and fs10_4=-1 and fs10_5=-1 and fs10_6=-1 then fs_26=-1; • else if fs10_3=1 or fs10_5=1 or fs10_6=1 then fs_26=0; • else fs_26=1; </pre> <p>All participants</p> <p>Thawing in the fridge, microwave or in cold water are considered as safe and correct methods</p> |
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| <p><b>Indicator FCS2014</b></p> <p>Title</p> <p>Type of variable</p> <p>Possible value</p> <p>Value labels</p> | <p><b>FS_27</b></p> <p>Frequency of use of deep-fryer at home</p> <p>Num</p> <p>1 to 5</p> <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = 1 time per month or less</li> <li>• 3 = 2-3 times per month</li> <li>• 4 = 1 time per week</li> <li>• 5 = more than 1 time per week</li> </ul> |
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|----------------------|------------------------------------------------------------------|
| Based on variable(s) | fs11                                                             |
| Construction         | <ul style="list-style-type: none"> <li>-1 = No answer</li> </ul> |
| Denominator          | <ul style="list-style-type: none"> <li>fs_27=fs11;</li> </ul>    |
| Remarks              | All participants /                                               |

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| <b>Indicator FCS2014</b> | <b>FS_28</b>                                                                                                                                                                                                                                                                                                     |
| Title                    | Type of fat used for deep-frying                                                                                                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                              |
| Possible value           | 1 to 5                                                                                                                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Vegetable oil</li> <li>2 = Vegetable fat</li> <li>3 = Animal fat</li> <li>4 = Other</li> <li>5 = Nothing</li> </ul>                                                                                                                                                   |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                    |
| Construction             | fs11, fs12                                                                                                                                                                                                                                                                                                       |
| Denominator              | <ul style="list-style-type: none"> <li>if fs11=1 then fs_28=-3;</li> <li>else if fs12=-1 then fs_28=-1;</li> <li>else if fs12=1 then fs_28=1;</li> <li>else if fs12=2 then fs_28=2;</li> <li>else if fs12=3 then fs_28=3;</li> <li>else if fs12=4 then fs_28=4;</li> <li>else if fs12=5 then fs_28=5;</li> </ul> |
| Remarks                  | All participants /                                                                                                                                                                                                                                                                                               |

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| <b>Indicator FCS2014</b> | <b>FS_29</b>                                                                                                                                                                      |
| Title                    | Frequency of changing frying fat                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                               |
| Possible value           | 1 to 4                                                                                                                                                                            |
| Value labels             | <ul style="list-style-type: none"> <li>1 = After 1 to 5 times</li> <li>2 = After 6 to 10 times</li> <li>3 = After 11 to 20 times</li> <li>4 = After more than 20 times</li> </ul> |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                     |
| Construction             | fs11, fs13                                                                                                                                                                        |
| Remarks                  | <ul style="list-style-type: none"> <li>if fs11=1 then fs_29=-3;</li> <li>else if fs13=-1 then fs_29=-1;</li> <li>else if fs13=0 or fs13=1 then fs_29=1;</li> </ul>                |



|             |                                                                                                                                                                  |
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| Denominator | <ul style="list-style-type: none"> <li>• else if fs13=2 then fs_29=2;</li> <li>• else if fs13=3 then fs_29=3;</li> <li>• else if fs13=4 then fs_29=4;</li> </ul> |
| Remarks     | /                                                                                                                                                                |

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| <b>Indicator FCS2014</b> | <b>FS_30</b>                                                                                                                                                                                                                                                                    |
| Title                    | Regular changing of frying fat (maximum 5 times used)                                                                                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                                                                                                             |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = After maximum 5 times</li> <li>• 0 = After more than 5 times</li> </ul>                                                                                                                                                            |
| Based on variable(s)     | fs11, fs13                                                                                                                                                                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> <li>• if fs11=1 then fs_30=-3;</li> <li>• else if fs13=-1 then fs_30=-1;</li> <li>• else if fs13 in (0,1) then fs_30=1;</li> <li>• else if fs13 in (2,3,4) then fs_30=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                                                               |

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| <b>Indicator FCS2014</b> | <b>FS_31</b>                                                                                                                                                                                                                                                                                                                                    |
| Title                    | Colour of fries deep-fried at home                                                                                                                                                                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                             |
| Possible value           | 1 to 4                                                                                                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Light golden yellow</li> <li>• 2 = Golden yellow</li> <li>• 3 = Dark golden yellow</li> <li>• 4 = Dark brown</li> </ul>                                                                                                                                                                            |
| Based on variable(s)     | fs11, fs14                                                                                                                                                                                                                                                                                                                                      |
| Construction             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> <li>• if fs11=1 then fs_31=-3;</li> <li>• else if fs14=-1 then fs_31=-1;</li> <li>• else if fs14=1 then fs_31=1;</li> <li>• else if fs14=2 then fs_31=2;</li> <li>• else if fs14=3 then fs_31=3;</li> <li>• else if fs14=4 then fs_31=4;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                               |





| <b>Indicator FCS2014</b> | <b>FS_33</b>                                                                                                                                                         |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Systematically washing hands before meal preparation                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                  |
| Possible value           | 1 or 0                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                        |
| Based on variable(s)     | fs16                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>• if fs16=-1 then fs_33=-1;</li> <li>• else if fs16=1 then fs_33=1;</li> <li>• else if fs16 in (2,3) then fs_33=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                    |

| <b>Indicator FCS2014</b> | <b>FS_34</b>                                                                                                                                                                                                          |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Correct method of washing hands before meal preparation                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                   |
| Possible value           | 1 or 0                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Correct method (washing hands with water and soap)</li> <li>• 0 = Incorrect method</li> </ul>                                                                            |
| Based on variable(s)     | fs17                                                                                                                                                                                                                  |
| Construction             | <ul style="list-style-type: none"> <li>• if fs17=-1 then fs_34=-1;</li> <li>• else if fs17=-3 then fs_34=-3;</li> <li>• else if fs17 in (3,4) then fs_34=1;</li> <li>• else if fs17 in (1,2) then fs_34=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                                                                      |
| Remarks                  | /                                                                                                                                                                                                                     |

| <b>Indicator FCS2014</b> | <b>FS_35</b>                                                                                                                                                                                                                 |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Frequency of cleaning fridge                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                          |
| Possible value           | 1 to 5                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Once a year or less</li> <li>• 2 = 2 to 6 times a year</li> <li>• 3 = 7 to 11 times a year</li> <li>• 4 = 12 to 23 times a year</li> <li>• 5 = Twice a month or more</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | <ul style="list-style-type: none"> <li>-1 = No answer</li> </ul> fs18, fs1801                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Construction         | <ul style="list-style-type: none"> <li>if fs18=-1 then fs_35=-1;</li> <li>else if fs18 in (1,2) then fs_35=1;</li> <li>else if fs18=3 then fs_35=2;</li> <li>else if fs18=4 then fs_35=3;</li> <li>else if fs18=5 then fs_35=4;</li> <li>else if fs18=6 then fs_35=5;</li> <li>else if fs18=7 then do;               <ul style="list-style-type: none"> <li>if fs1801=-1 then fs_35=-1;</li> <li>else if fs1801 in (0,1) then fs_35=1;</li> <li>else if 2 &lt;= fs1801 &lt;= 6 then fs_35=2;</li> <li>else if 7 &lt;= fs1801 &lt;= 11 then fs_35=3;</li> <li>else if 12 &lt;= fs1801 &lt;= 23 then fs_35=4;</li> <li>else if fs1801 &gt;= 24 then fs_35=5;</li> </ul> </li> <li>end;</li> </ul> |
| Denominator          | All participants                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

|                          |                                                                                                                                                                            |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FS_36</b>                                                                                                                                                               |
| Title                    | Cleaning fridge at least once a month                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                        |
| Possible value           | 1 or 0                                                                                                                                                                     |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Once a month or more</li> <li>0 = Less than once a month</li> </ul>                                                             |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>-1 = No answer</li> </ul> FS_35                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>if fs_35=-1 then fs_36=-1;</li> <li>else if fs_35 in (4,5) then fs_36=1;</li> <li>else if fs_35 in (1,2,3) then fs_36=0;</li> </ul> |
| Denominator              | All participants                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                          |



## 5. Health

### 5.1. Self-perceived health

#### **Variables FCS 2014**

hs01

Self-perceived health



| <b>Variable FCS2014</b> | <b>hs01</b>                                                                                                                                                             |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Self-perceived health                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                     |
| Possible value          | 1 to 5                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Very good</li><li>• 2 = Good</li><li>• 3 = Fair</li><li>• 4 = Bad</li><li>• 5 = Very bad</li><li>• -1 = No answer</li></ul> |
| Denominator             | /                                                                                                                                                                       |
| Remarks                 | Question in adults and adolescents: How is your health in general?<br>Question in children for proxy: How is the health of your child in general?                       |



## 5.2. Psychological distress

### Variables FCS 2014

|      |                                       |
|------|---------------------------------------|
| hs02 | Been constantly afraid and anxious    |
| hs03 | Felt tense or uneasy                  |
| hs04 | Felt hopeless about the future        |
| hs05 | Felt dejected or sad                  |
| hs06 | Worried too much about various things |



|                         |                                                                                                                                                                                                                         |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs02</b>                                                                                                                                                                                                             |
| Title                   | Been constantly afraid and anxious                                                                                                                                                                                      |
| Type of variable        | Num                                                                                                                                                                                                                     |
| Possible value          | 1 to 4                                                                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Not bothered</li><li>• 2 = A little bothered</li><li>• 3 = Quite bothered</li><li>• 4 = Very bothered</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                                                  |
| Remarks                 | Questions from a short version (SCL-5) of the Hopkins Symptoms Checklist.                                                                                                                                               |

|                         |                                                                                                                                                                                                                         |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs03</b>                                                                                                                                                                                                             |
| Title                   | Felt tense or uneasy                                                                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                                                     |
| Possible value          | 1 to 4                                                                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Not bothered</li><li>• 2 = A little bothered</li><li>• 3 = Quite bothered</li><li>• 4 = Very bothered</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                                                  |
| Remarks                 | Questions from a short version (SCL-5) of the Hopkins Symptoms Checklist.                                                                                                                                               |

|                         |                                                                                                                                                             |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs04</b>                                                                                                                                                 |
| Title                   | Felt hopeless about the future                                                                                                                              |
| Type of variable        | Num                                                                                                                                                         |
| Possible value          | 1 to 4                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Not bothered</li><li>• 2 = A little bothered</li><li>• 3 = Quite bothered</li><li>• 4 = Very bothered</li></ul> |



|             |                                                                                                                       |
|-------------|-----------------------------------------------------------------------------------------------------------------------|
| Denominator | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> Adolescents and adults |
| Remarks     | Questions from a short version (SCL-5) of the Hopkins Symptoms Checklist.                                             |

|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs05</b>                                                                                                                                                                                                                                                   |
| Title                   | Felt dejected or sad                                                                                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Not bothered</li><li>• 2 = A little bothered</li><li>• 3 = Quite bothered</li><li>• 4 = Very bothered</li></ul><br><ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                                        |
| Remarks                 | Questions from a short version (SCL-5) of the Hopkins Symptoms Checklist.                                                                                                                                                                                     |

|                         |                                                                                                                                                                                                                                                               |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs06</b>                                                                                                                                                                                                                                                   |
| Title                   | Worried too much about various things                                                                                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Not bothered</li><li>• 2 = A little bothered</li><li>• 3 = Quite bothered</li><li>• 4 = Very bothered</li></ul><br><ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents and adults                                                                                                                                                                                                                                        |
| Remarks                 | Questions from a short version (SCL-5) of the Hopkins Symptoms Checklist.                                                                                                                                                                                     |



## 5.3. Disease

### Variables FCS 2014

|      |                                  |
|------|----------------------------------|
| hs07 | Diabetes                         |
| hs08 | Hypertension                     |
| hs09 | Hypercholesterolemia             |
| hs10 | Cardiovascular disease           |
| hs11 | Food allergy or food intolerance |





|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs07</b>                                                                                              |
| Title                   | Diabetes                                                                                                 |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 or 2                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li></ul> |
| Denominator             | All participants                                                                                         |
| Remarks                 | Questions was asked concerning the presence of the disease in the last <u>12 months</u>                  |

|                         |                                                                                                                   |
|-------------------------|-------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs08</b>                                                                                                       |
| Title                   | <b>Hypertension</b>                                                                                               |
| Type of variable        | Num                                                                                                               |
| Possible value          | 1 or 2                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li></ul>          |
| Denominator             | All participants                                                                                                  |
| Remarks                 | Questions was asked concerning the presence of hypertension (=raised blood pressure) in the last <u>12 months</u> |

|                         |                                                                                                                             |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs09</b>                                                                                                                 |
| Title                   | Hypercholesterolemia                                                                                                        |
| Type of variable        | Num                                                                                                                         |
| Possible value          | 1 or 2                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li></ul>                    |
| Denominator             | All participants                                                                                                            |
| Remarks                 | Questions was asked concerning the presence of hypercholesterolemia (=high cholesterol levels) in the last <u>12 months</u> |

|                         |             |
|-------------------------|-------------|
| <b>Variable FCS2014</b> | <b>hs10</b> |
|-------------------------|-------------|



|                  |                                                                                                                                            |
|------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Title            | Cardiovascular disease                                                                                                                     |
| Type of variable | Num                                                                                                                                        |
| Possible value   | 1 or 2                                                                                                                                     |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>     |
| Denominator      | Adults                                                                                                                                     |
| Remarks          | Questions was asked concerning the presence of cardiovascular disease (e.g. heart attack, heart failure, ...) in the last <u>12 months</u> |

|                         |                                                                                                                |
|-------------------------|----------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>hs11</b>                                                                                                    |
| Title                   | Food allergy or food intolerance                                                                               |
| Type of variable        | Num                                                                                                            |
| Possible value          | 1 or 2                                                                                                         |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -1 = No answer</li></ul>       |
| Denominator             | All participants                                                                                               |
| Remarks                 | Questions was asked concerning the presence of a food allergy or food intolerance in the last <u>12 months</u> |



## 5.4. Pubertal development

### Variables FCS 2014

|      |                                      |
|------|--------------------------------------|
| pd01 | Growth spurt                         |
| pd02 | Body hair                            |
| pd03 | Development in comparison with peers |
| pd04 | Voice change in boys                 |
| pd05 | Facial hair in boys                  |
| pd06 | Breast growth in girls               |
| pd07 | Menarche in girls                    |



|                         |                                                                                                                                                                                                                                                 |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd01</b>                                                                                                                                                                                                                                     |
| Title                   | Growth spurt                                                                                                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                                                                             |
| Possible value          | 1 to 4                                                                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = No, not yet started</li><li>• 2 = Yes, barely started</li><li>• 3 = Yes, definitely started</li><li>• 4 = Yes, seems complete</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                     |
| Remarks                 | /                                                                                                                                                                                                                                               |

|                         |                                                                                                                                                                                                                                                 |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd02</b>                                                                                                                                                                                                                                     |
| Title                   | Body hair                                                                                                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                                                                             |
| Possible value          | 1 to 4                                                                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = No, not yet started</li><li>• 2 = Yes, barely started</li><li>• 3 = Yes, definitely started</li><li>• 4 = Yes, seems complete</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                     |
| Remarks                 | /                                                                                                                                                                                                                                               |

|                         |                                                                                                                                                                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd03</b>                                                                                                                                                                                                                                |
| Title                   | Development in comparison with peers                                                                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                                                                        |
| Possible value          | 1 to 7                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Much earlier</li><li>• 2 = Earlier</li><li>• 3 = A little bit earlier</li><li>• 4 = The same as others</li><li>• 5 = A little bit later</li><li>• 6 = Later</li><li>• 7 = Much later</li></ul> |



|             |             |
|-------------|-------------|
| Denominator | Adolescents |
| Remarks     | /           |

|                         |                                                                                                                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd04</b>                                                                                                                                                                         |
| Title                   | Voice change in boys                                                                                                                                                                |
| Type of variable        | Num                                                                                                                                                                                 |
| Possible value          | 1 to 4                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = No, not yet started</li><li>• 2 = Yes, barely started</li><li>• 3 = Yes, definitely started</li><li>• 4 = Yes, seems complete</li></ul> |
| Denominator             | Adolescent boys                                                                                                                                                                     |
| Remarks                 | /                                                                                                                                                                                   |

|                         |                                                                                                                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd05</b>                                                                                                                                                                         |
| Title                   | Facial hair in boys                                                                                                                                                                 |
| Type of variable        | Num                                                                                                                                                                                 |
| Possible value          | 1 to 4                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = No, not yet started</li><li>• 2 = Yes, barely started</li><li>• 3 = Yes, definitely started</li><li>• 4 = Yes, seems complete</li></ul> |
| Denominator             | Adolescent boys                                                                                                                                                                     |
| Remarks                 | /                                                                                                                                                                                   |

|                         |                                                                           |
|-------------------------|---------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd06</b>                                                               |
| Title                   | Breast growth in girls                                                    |
| Type of variable        | Num                                                                       |
| Possible value          | 1 to 4                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = No, not yet started</li></ul> |



|             |                                                                                                                                                   |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"><li>• 2 = Yes, barely started</li><li>• 3 = Yes, definitely started</li><li>• 4 = Yes, seems complete</li></ul> |
| Denominator | Adolescent girls                                                                                                                                  |
| Remarks     | /                                                                                                                                                 |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pd07</b>                                                                                    |
| Title                   | Menarche in girls                                                                              |
| Type of variable        | Num                                                                                            |
| Possible value          | 1 or 2                                                                                         |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul>                     |
|                         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescent girls                                                                               |
| Remarks                 | /                                                                                              |



## 6. Physical activity and sedentary behaviour

### 6.1. Self-reported questionnaires

#### 6.1.1. IPAQ adults

##### Variables FCS 2014

|         |                                                     |
|---------|-----------------------------------------------------|
| ipaq01  | Job or unpaid work outside home                     |
| ipaq02  | Number of days per week vigorous PA as part of work |
| ipaq02h | Hours per day vigorous PA as part of work           |
| ipaq02m | Minutes per day vigorous PA as part of work         |
| ipaq03  | Number of days per week moderate PA as part of work |
| ipaq03h | Hours per day moderate PA as part of work           |
| ipaq03m | Minutes per day moderate PA as part of work         |
| ipaq04  | Number of days per week walking as part of work     |
| ipaq04h | Hours per day walking as part of work               |
| ipaq04m | Minutes per day walking as part of work             |
| ipaq05  | Number of days per week traveling in motor vehicle  |
| ipaq05h | Hours per day traveling in motor vehicle            |
| ipaq05m | Minutes per day traveling in motor vehicle          |
| ipaq06  | Number of days per week bicycle from place to place |
| ipaq06h | Hours per day bicycle from place to place           |
| ipaq06m | Minutes per day bicycle from place to place         |
| ipaq07  | Number of days per week walking from place to place |
| ipaq07h | Hours per day walking from place to place           |
| ipaq07m | Minutes per day walking from place to place         |
| ipaq08  | Number of days per week vigorous PA in the garden   |
| ipaq08h | Hours per day vigorous PA in the garden             |
| ipaq08m | Minutes per day vigorous PA in the garden           |
| ipaq09  | Number of days per week moderate PA in the garden   |
| ipaq09h | Hours per day moderate PA in the garden             |
| ipaq09m | Minutes per day moderate PA in the garden           |
| ipaq10  | Number of days per week moderate PA inside home     |
| ipaq10h | Hours per day moderate PA inside home               |
| ipaq10m | Minutes per day moderate PA inside home             |
| ipaq11  | Number of days per week walking in leisure time     |



|         |                                                     |
|---------|-----------------------------------------------------|
| ipaq11h | Hours per day walking in leisure time               |
| ipaq11m | Minutes per day walking in leisure time             |
| ipaq12  | Number of days per week vigorous PA in leisure time |
| ipaq12h | Hours per day vigorous PA in leisure time           |
| ipaq12m | Minutes per day vigorous PA in leisure time         |
| ipaq13  | Number of days per week moderate PA in leisure time |
| ipaq13h | Hours per day moderate PA in leisure time           |
| ipaq13m | Minutes per day moderate PA in leisure time         |
| ipaq14h | Hours per day sitting on a weekday                  |
| ipaq14m | Minutes per day sitting on a weekday                |
| ipaq15h | Hours per day sitting on a weekend day              |
| ipaq15m | Minutes per day sitting on a weekend day            |

#### **Indicators FCS 2014**

|                |                                                                                          |
|----------------|------------------------------------------------------------------------------------------|
| IP_MPA_T       | Number of minutes per day moderate PA (including walking)                                |
| IP_VPA_T       | Number of minutes per day vigorous PA (including walking)                                |
| IP_MVPA_T      | Number of minutes per day moderate-to-vigorous PA (including walking)                    |
| IP_Walk_WO_sub | Number of minutes per day walking as part of work                                        |
| IP_MPA_WO_sub  | Number of minutes per day moderate PA as part of work (including walking)                |
| IP_VPA_WO_sub  | Number of minutes per day vigorous PA as part of work                                    |
| IP_MVPA_WO_sub | Number of minutes per day moderate-to-vigorous PA as part of work (including walking)    |
| IP_Walk_TR_sub | Number of minutes per day walking as transport                                           |
| IP_Mod_TR_sub  | Number of minutes per day bicycle as transport                                           |
| IP_MVPA_TR_sub | Number of minutes per day walking and/or bicycle as transport                            |
| IP_MVPA_HW_sub | Number of minutes per day moderate-to-vigorous PA as part of housework/house maintenance |
| IP_Walk_LT_sub | Number of minutes per day walking during leisure time                                    |
| IP_MPA_LT_sub  | Number of minutes per day moderate PA during leisure time                                |
| IP_VPA_LT_sub  | Number of minutes per day vigorous PA during leisure time                                |
| IP_MVPA_LT_sub | Number of minutes per day moderate-to-vigorous PA during leisure time                    |
| IP_Work_per    | Total physical activity as part of work                                                  |
| IP_Tran_per    | Total physical activity as part of active transport                                      |
| IP_Home_per    | Total physical activity as part of house maintenance                                     |





|                |                                                                |
|----------------|----------------------------------------------------------------|
|                | and gardening                                                  |
| IP_LeTi_per    | Total physical activity as part of leisure time                |
| IP_WHO_CI_T    | Physical activity according to WHO                             |
| IP_WHO_Suff_T  | Sufficient physical activity according to WHO                  |
| IP_WHO_Hepa_T  | Health-enhancing physical activity according to WHO            |
| IP_TTSBD_tot   | Number of minutes per day sitting (including in motor vehicle) |
| IP_TVSBBD_tot  | Number of minutes per day sitting in motor vehicle             |
| IP_TSSBD_T     | Number of minutes per day sitting (excluding in motor vehicle) |
| IP_T5SBSTD_tot | Number of minutes per day sitting per week day                 |
| IP_T2SBSTD_tot | Number of minutes per day sitting per weekend day              |
| IP_sit_CI_T    | Sitting longer than 8 hours per day                            |



|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq01</b>                                                                                            |
| Title                   | Job or unpaid work outside home                                                                          |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 or 2                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                                   |
| Remarks                 | /                                                                                                        |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq02</b>                                                         |
| Title                   | Number of days per week vigorous PA as part of work                   |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                           |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq02h</b>                                                        |
| Title                   | Hours per day vigorous PA as part of work                             |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                           |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq02m</b>                                                        |
| Title                   | Minutes per day vigorous PA as part of work                           |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                           |
| Remarks                 | /                                                                     |

|                         |               |
|-------------------------|---------------|
| <b>Variable FCS2014</b> | <b>ipaq03</b> |
|-------------------------|---------------|



|                  |                                                                       |
|------------------|-----------------------------------------------------------------------|
| Title            | Number of days per week moderate PA as part of work                   |
| Type of variable | Num                                                                   |
| Possible value   | 0 to 7                                                                |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults with job or unpaid work outside home                           |
| Remarks          | /                                                                     |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq03h</b>                                                                                 |
| Title                   | Hours per day moderate PA as part of work                                                      |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                                                    |
| Remarks                 | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq03m</b>                                                                                 |
| Title                   | Minutes per day moderate PA as part of work                                                    |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                                                    |
| Remarks                 | /                                                                                              |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq04</b>                                                         |
| Title                   | Number of days per week walking as part of work                       |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                           |
| Remarks                 | /                                                                     |

|                         |                                       |
|-------------------------|---------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq04h</b>                        |
| Title                   | Hours per day walking as part of work |



|                  |                                                                                                |
|------------------|------------------------------------------------------------------------------------------------|
| Type of variable | Num                                                                                            |
| Possible value   | /                                                                                              |
| Value labels     | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults with job or unpaid work outside home                                                    |
| Remarks          | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq04m</b>                                                                                 |
| Title                   | Minutes per day walking as part of work                                                        |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults with job or unpaid work outside home                                                    |
| Remarks                 | /                                                                                              |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq05</b>                                                         |
| Title                   | Number of days per week traveling in motor vehicle                    |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq05h</b>                                                                                 |
| Title                   | Hours per day traveling in motor vehicle                                                       |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                            |
|-------------------------|--------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq05m</b>                             |
| Title                   | Minutes per day traveling in motor vehicle |
| Type of variable        | Num                                        |
| Possible value          | /                                          |



|              |                                                                                                |
|--------------|------------------------------------------------------------------------------------------------|
| Value labels | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator  | Adults                                                                                         |
| Remarks      | /                                                                                              |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq06</b>                                                         |
| Title                   | Number of days per week bicycle from place to place                   |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq06h</b>                                                        |
| Title                   | Hours per day bicycle from place to place                             |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq06m</b>                                                        |
| Title                   | Minutes per day bicycle from place to place                           |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq07</b>                                                         |
| Title                   | Number of days per week walking from place to place                   |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |



|         |   |
|---------|---|
| Remarks | / |
|---------|---|

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq07h</b>                                                                                 |
| Title                   | Hours per day walking from place to place                                                      |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq07m</b>                                                                                 |
| Title                   | Minutes per day walking from place to place                                                    |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq08</b>                                                         |
| Title                   | Number of days per week vigorous PA in the garden                     |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq08h</b>                                                        |
| Title                   | Hours per day vigorous PA in the garden                               |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                |
|-------------------------|----------------|
| <b>Variable FCS2014</b> | <b>ipaq08m</b> |
|-------------------------|----------------|



|                  |                                                                       |
|------------------|-----------------------------------------------------------------------|
| Title            | Minutes per day vigorous PA in the garden                             |
| Type of variable | Num                                                                   |
| Possible value   | /                                                                     |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults                                                                |
| Remarks          | /                                                                     |

**Variable FCS2014 ipaq09**

|                  |                                                                       |
|------------------|-----------------------------------------------------------------------|
| Title            | Number of days per week moderate PA in the garden                     |
| Type of variable | Num                                                                   |
| Possible value   | 0 to 7                                                                |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults                                                                |
| Remarks          | /                                                                     |

**Variable FCS2014 ipaq09h**

|                  |                                                                       |
|------------------|-----------------------------------------------------------------------|
| Title            | Hours per day moderate PA in the garden                               |
| Type of variable | Num                                                                   |
| Possible value   | /                                                                     |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults                                                                |
| Remarks          | /                                                                     |

**Variable FCS2014 ipaq09m**

|                  |                                                                       |
|------------------|-----------------------------------------------------------------------|
| Title            | Minutes per day moderate PA in the garden                             |
| Type of variable | Num                                                                   |
| Possible value   | /                                                                     |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults                                                                |
| Remarks          | /                                                                     |

**Variable FCS2014 ipaq10**

|                  |                                                 |
|------------------|-------------------------------------------------|
| Title            | Number of days per week moderate PA inside home |
| Type of variable | Num                                             |



|                |                                                                     |
|----------------|---------------------------------------------------------------------|
| Possible value | 0 to 7                                                              |
| Value labels   | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator    | Adults                                                              |
| Remarks        | /                                                                   |

|                         |                                                                     |
|-------------------------|---------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq10h</b>                                                      |
| Title                   | Hours per day moderate PA inside home                               |
| Type of variable        | Num                                                                 |
| Possible value          | /                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator             | Adults                                                              |
| Remarks                 | /                                                                   |

|                         |                                                                     |
|-------------------------|---------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq10m</b>                                                      |
| Title                   | Minutes per day moderate PA inside home                             |
| Type of variable        | Num                                                                 |
| Possible value          | /                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator             | Adults                                                              |
| Remarks                 | /                                                                   |

|                         |                                                                     |
|-------------------------|---------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq11</b>                                                       |
| Title                   | Number of days per week walking in leisure time                     |
| Type of variable        | Num                                                                 |
| Possible value          | 0 to 7                                                              |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator             | Adults                                                              |
| Remarks                 | /                                                                   |

|                         |                                                                     |
|-------------------------|---------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq11h</b>                                                      |
| Title                   | Hours per day walking in leisure time                               |
| Type of variable        | Num                                                                 |
| Possible value          | /                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator             | Adults                                                              |
| Remarks                 | /                                                                   |





|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq11m</b>                                                        |
| Title                   | Minutes per day walking in leisure time                               |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq12</b>                                                         |
| Title                   | Number of days per week vigorous PA in leisure time                   |
| Type of variable        | Num                                                                   |
| Possible value          | 0 to 7                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq12h</b>                                                        |
| Title                   | Hours per day vigorous PA in leisure time time                        |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq12m</b>                                                        |
| Title                   | Minutes per day vigorous PA in leisure time                           |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                     |
|-------------------------|-----------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq13</b>                                       |
| Title                   | Number of days per week moderate PA in leisure time |



|                  |                                                                       |
|------------------|-----------------------------------------------------------------------|
| Type of variable | Num                                                                   |
| Possible value   | 0 to 7                                                                |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adults                                                                |
| Remarks          | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq13h</b>                                                        |
| Title                   | Hours per day moderate PA in leisure time                             |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq13m</b>                                                        |
| Title                   | Minutes per day moderate PA in leisure time                           |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                |
| Remarks                 | /                                                                     |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq14h</b>                                                                                 |
| Title                   | Hours per day sitting on a weekday                                                             |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq14m</b>                                                                                 |
| Title                   | Minutes per day sitting on a weekday                                                           |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |



|             |        |
|-------------|--------|
| Denominator | Adults |
| Remarks     | /      |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq15h</b>                                                                                 |
| Title                   | Hours per day sitting on a weekend day                                                         |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ipaq15m</b>                                                                                 |
| Title                   | Minutes per day sitting on a weekend day                                                       |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adults                                                                                         |
| Remarks                 | /                                                                                              |



| Indicator FCS2014    | IP_MPA_T                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day moderate PA (including walking)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Possible value       | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Value labels         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Based on variable(s) | ipaq03, ipaq03h, ipaq03m, ipaq04, ipaq04h, ipaq04m, ipaq06, ipaq06h, ipaq06m, ipaq07, ipaq07h, ipaq07m, ipaq08, ipaq08h, ipaq08m, ipaq09, ipaq09h, ipaq09m, ipaq10, ipaq10h, ipaq10m, ipaq11, ipaq11h, ipaq11m, ipaq13, ipaq13h, ipaq13m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq04h=-3 then ipaq04t=-3;</li><li>• else if ipaq04h=-1 then ipaq04t=-1;</li><li>• else ipaq04t = ipaq04h*60+ipaq04m<br/>(analogue for ipaq03h until ipaq13h)</li></ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq04t&gt;0 and ipaq04t&lt;10 then ipaq04t=0;<br/>(analogue for ipaq03t until ipaq13t)</li></ul> <p><b>Calculate totals per week:</b></p> <p><b>Work:</b></p> <ul style="list-style-type: none"><li>• if (age7c &lt;= 4 and s2014&lt;14) then twpawow=-3;</li><li>• if (s2014&lt;14 and age7c&gt;4) then twpawow=-1;</li><li>• if (s2014=14) then twpawow=ipagt04*ipaq04;</li><li>• if (age7c &lt;= 4 and s2014&lt;14) then tmpawow=-3;</li><li>• if (s2014&lt;14 and age7c&gt;4) then tmpawow=-1;</li><li>• if (s2014=14) then tmpawow=ipagt03*ipaq03;</li><li>• if (s2014=14 and twpawow &gt; 600) then twpawow_trun=600;</li><li>• if (s2014=14 and twpawow &lt; 601) then twpawow_trun=twpawow;</li><li>• if (s2014=14 and tmpawow &gt; 600) then tmpawow_trun=600;</li><li>• if (s2014=14 and tmpawow &lt; 601) then</li></ul> |



tmpawow\_trun=tmpawow;

**Transport:**

- if (age7c <= 4 and s2014<14) then twpatrw=-3;
- if (s2014<14 and age7c>4) then twpatrw=-1;
- if (s2014=14) then twpatrw=ipaqt07\*ipaqt07;
  
- if (age7c <= 4 and s2014<14) then tmpatrw=-3;
- if (s2014<14 and age7c>4) then tmpatrw=-1;
- if (s2014=14) then tmpatrw=ipaqt06\*ipaqt06;
  
- if (s2014=14 and twpatrw > 840) then twpatrw\_trun=840;
- if (s2014=14 and twpatrw < 841) then twpatrw\_trun=twpatrw;
- if (s2014=14 and tmpatrw > 840) then tmpatrw\_trun=840;
- if (s2014=14 and tmpatrw < 841) then tmpatrw\_trun=tmpatrw;

**Home work:**

- if (age7c <= 4 and s2014<14) then do; tmpahww\_1=-3; tmpahww\_2=-3; tmpahww\_3=-3; end;
- if (s2014<14 and age7c>4) then do; tmpahww\_1=-1; tmpahww\_2=-1; tmpahww\_3=-1; end;
- if (s2014=14) then tmpahww\_1=ipaqt08\*ipaqt08;
- if (s2014=14) then tmpahww\_2=ipaqt09\*ipaqt09;
- if (s2014=14) then tmpahww\_3=ipaqt10\*ipaqt10;
  
- if (age7c <= 4 and s2014<14) then do; tmpahww\_1\_trun=-3; tmpahww\_2\_trun=-3; tmpahww\_3\_trun=-3; end;
- if (s2014<14 and age7c>4) then do; tmpahww\_1\_trun=-1; tmpahww\_2\_trun=-1; tmpahww\_3\_trun=-1; end;
- if (s2014=14 and tmpahww\_1 > 840) then tmpahww\_1\_trun=840;
- if (s2014=14 and tmpahww\_1 < 841) then tmpahww\_1\_trun=tmpahww\_1;
- if (s2014=14 and tmpahww\_2 > 840) then tmpahww\_2\_trun=840;



- if (s2014=14 and tmpahww\_2 < 841) then tmpahww\_2\_trun=tmpahww\_2;
- if (s2014=14 and tmpahww\_3 > 840) then tmpahww\_3\_trun=840;
- if (s2014=14 and tmpahww\_3 < 841) then tmpahww\_3\_trun=tmpahww\_3;

**Leisure time:**

- if (age7c <= 4 and s2014<14) then do; twpaltw=-3; tmpaltw=-3; end;
- if (s2014<14 and age7c>4) then do; twpaltw=-1; tmpaltw=-1; end;
- if (s2014=14) then twpaltw=ipagt11\*ipaqt11;
- if (s2014=14) then tmpaltw=ipagt13\*ipaqt13;
  
- if (age7c <= 4 and s2014<14) then do; twpaltw\_trun=-3; tmpaltw\_trun=-3; end;
- if (s2014<14 and age7c>4) then do; twpaltw\_trun=-1; tmpaltw\_trun=-1; end;
  
- if (s2014=14 and twpaltw > 840) then twpaltw\_trun=840;
- if (s2014=14 and twpaltw < 841) then twpaltw\_trun=twpaltw;
- if (s2014=14 and tmpaltw > 840) then tmpaltw\_trun=840;
- if (s2014=14 and tmpaltw < 841) then tmpaltw\_trun=tmpaltw;

**Calculate total:**

- if s2014=14 then tmpa=twpawow\_trun+tmpawow\_trun+ twpatrw\_trun+tmpatrw\_trun+tmpahww\_1\_trun+tmpahww\_2\_trun+tmpahww\_3\_trun+ twpaltw\_trun+tmpaltw\_trun;

**Truncation:**

- if (age7c <= 4 and s2014<14) then tmpa\_trun=-3;
- if (s2014<14 and age7c>4) then tmpa\_trun=-1;
- if (s2014=14 and tmpa > 1680) then tmpa\_trun=1680;
- if (s2014=14 and tmpa < 1681) then tmpa\_trun=tmpa;

**Correction factor:**

- if (s2014=14) then



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <p style="text-align: center;">tmpa_trun=tmpa_trun*0.80;</p> <p><b>Calculate in minutes/day</b></p> <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then ip_mpa_tot=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then ip_mpa_t=-1;</li> <li>• if (s2014=14 and tmpa_trun&gt;-1) then ip_mpa_t=tmpa_trun/7;</li> </ul> <p>Adults</p> <ul style="list-style-type: none"> <li>• Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ) (complete case analysis).</li> <li>• In discussion with Ghent University total durations were truncated:             <ul style="list-style-type: none"> <li>• Leisure time, homework or transport: max. 840 min/week</li> <li>• Work: max. 600 minutes/week</li> <li>• Moderate MPA: 1680 minutes/week</li> </ul> </li> <li>• A correction factor of 0.80 was applied to take into account the typical overestimation of self-reported duration of physical activity.</li> </ul> |
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| Indicator FCS2014    | IP_VPA_T                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day vigorous PA (including walking)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Possible value       | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Based on variable(s) | ipaq02, ipaq02h, ipaq02m, ipaq12, ipaq12h, ipaq12m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq02h=-3 then ipaq02t=-3;</li> <li>• else if ipaq02h=-1 then ipaq02t =-1;</li> <li>• else ipaq02t = ipaq02h*60+ipaq02m<br/>(analogue for ipaq03h until ipaq13h)</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq02t&gt;0 and ipaq02t&lt;10 then ipaq02t=0;<br/>(analogue for ipaq03t until ipaq13t)</li> </ul> <p><b>Calculate totals per week:</b></p> |

**Work:**

- if (age7c <= 4 and s2014<14) then  
tvpawow=-3;
- if (s2014<14 and age7c>4) then tvpawow=-1;
- if (s2014=14) then tvpawow=ipaqt02\*ipaqt02;
  
- if (age7c <= 4 and s2014<14) then  
tmpawow=-3;
- if (s2014<14 and age7c>4) then tmpawow=-1;
- if (s2014=14) then  
tmpawow=ipaqt03\*ipaqt03;
  
- if (s2014=14 and tvpawow > 600) then  
tvpawow\_trun=600;
- if (s2014=14 and tvpawow < 601) then  
tvpawow\_trun=tvpawow;

**Leisure time:**

- if (age7c <= 4 and s2014<14) then tvpaltw =-3;
- if (s2014<14 and age7c>4) then tvpaltw =-1;
- if (s2014=14) then tvpaltw=ipaqt12\*ipaqt12;
  
- if (age7c <= 4 and s2014<14) then do;  
tvpaltw\_trun=-3; tvpaltw\_trun=-3; end;
- if (s2014<14 and age7c>4) then do; tvpaltw\_trun=-1; tvpaltw\_trun=-1; end;
  
- if (s2014=14 and tvpaltw > 840) then  
tvpaltw\_trun=840;
- if (s2014=14 and tvpaltw < 841) then  
tvpaltw\_trun=tvpaltw;

**Calculate total:**

- if (s2014=14) then  
tvpa=tvpawow\_trun+tvpaltw\_trun;

**Truncation:**

- if (age7c <= 4 and s2014<14) then  
tvpa\_trun=-3;
- if (s2014<14 and age7c>4) then tvpa\_trun=-1;
- if (s2014=14 and tvpa > 780) then  
tvpa\_trun=780;
- if (s2014=14 and tvpa < 781) then





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| Denominator<br>Remarks | <p>tvpa_trun=tvpa;</p> <p><b>Correction factor:</b></p> <ul style="list-style-type: none"> <li>if (s2014=14) then tvpa_trun=tvpa_trun*0.80;</li> </ul> <p><b>Calculate in minutes/day</b></p> <ul style="list-style-type: none"> <li>if (age7c &lt;= 4 and s2014&lt;14) then ip_vpa_t=-3;</li> <li>if (s2014&lt;14 and age7c&gt;4) then ip_vpa_t=-1;</li> <li>if (s2014=14 and tvpa_trun&gt;-1) then ip_vpa_t=tvpa_trun/7;</li> </ul> <p><b>Adults</b></p> <ul style="list-style-type: none"> <li>Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ) (complete case analysis).</li> <li>In discussion with Ghent University total durations were truncated: <ul style="list-style-type: none"> <li>At work: max. 600 minutes/week</li> <li>Leisure time: max. 840 minutes/week</li> </ul> </li> <li>A correction factor of 0.8 was applied to take into account the typical overestimation of self-reported duration of physical activity.</li> </ul> |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| Indicator FCS2014    | IP_MVPA_T                                                                                                                                                                                                                                                                  |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day vigorous PA (including walking)                                                                                                                                                                                                                  |
| Type of variable     | Num                                                                                                                                                                                                                                                                        |
| Possible value       | /                                                                                                                                                                                                                                                                          |
| Value labels         | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                              |
| Based on variable(s) | IP_MPA_tot, IP_VPA_tot                                                                                                                                                                                                                                                     |
| Construction         | <ul style="list-style-type: none"> <li>if (age7c &lt;= 4 and s2014&lt;14) then ip_mvpa_t=-3;</li> <li>if (s2014&lt;14 and age7c&gt;4) then ip_mvpa_t=-1;</li> <li>if (s2014=14 and ip_mpa_tot&gt;-1 and ip_vpa_tot&gt;-1) then ip_mvpa_t=ip_mpa_tot+ip_vpa_tot;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                     |
| Remarks              | Only individuals with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)                                                                                                                                                                 |

| Indicator FCS2014 | IP_Walk_WO_sub |
|-------------------|----------------|
|-------------------|----------------|



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day walking as part of work                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Possible value       | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Based on variable(s) | ipaq01, ipaq04, ipaq04h, ipaq04m,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq03h then ipaqt03=-3;</li> <li>• else if ipaq03h then ipaqt03=-1;</li> <li>• else ipaqt03= ipaq03h *60+ ipaq03m ;<br/>(analogue for ipaq04)</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq03t&gt;0 and ipaq03t&lt;10 then ipaq03t=0;<br/>(analogue for ipaq04)</li> </ul> <p><b>Calculate total for walking:</b></p> <ul style="list-style-type: none"> <li>• IF (S2014=14) THEN<br/>TWPAWOW=IPAQT04*IPAQ04;</li> </ul> <p><b>Truncations:</b></p> <p>Use guidelines of Ghent University: per activity max 600 min/week:</p> <ul style="list-style-type: none"> <li>• IF (S2014=14 AND Tmpawow &gt; 600)<br/>THEN Tmpawow_trun=600;</li> <li>• IF (S2014=14 AND TWPAWOW &lt; 601)<br/>THEN TWPAWOW_trun=TWPAWOW;</li> </ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"> <li>• IF (S2014=14 AND IPAQ01=2) THEN<br/>IP_Walk_WO_sub=-3;</li> <li>• IF (S2014=14 AND IPAQ01 ne 2) THEN<br/>IP_Walk_WO_sub=TWPAWOW_trun;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Remarks              | <p>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).</p> <p>This indicator is only calculated for persons that work (IPAQ not equals 2).</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

Indicator FCS2014

IP\_MPA\_WO\_sub



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day moderate PA as part of work (including walking)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Possible value       | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Based on variable(s) | ipaq01, ipaq03, ipaq03h, ipaq03m, ipaq04, ipaq04h, ipaq04m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq03h then ipaqt03=-3;</li><li>• else if ipaq03h then ipaqt03=-1;</li><li>• else ipaqt03= ipaq03h *60+ ipaq03m ;<br/>(analogue for ipaq04)</li></ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq03t&gt;0 and ipaq03t&lt;10 then ipaq03t=0;<br/>(analogue for ipaq04)</li></ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"><li>• IF (S2014=14) THEN<br/>TWPAWOW=IPAQT04*IPAQ04;</li><li>• IF (S2014=14) THEN<br/>TMPAWOW=IPAQT03*IPAQ03;</li></ul> <p><b>Truncations:</b></p> <p>Use guidelines of Ghent University: per activity max 600 min/week:</p> <ul style="list-style-type: none"><li>• IF (S2014=14 AND TWPAWOW &lt; 601)<br/>THEN TWPAWOW_trun=TWPAWOW;</li><li>• IF (S2014=14 AND TMPAWOW &gt; 600)<br/>THEN TMPAWOW_trun=600;</li><li>• IF (S2014=14 AND TMPAWOW &gt; 600)<br/>THEN TMPAWOW_trun=600;</li><li>• IF (S2014=14 AND TMPAWOW &lt; 601)<br/>THEN TMPAWOW_trun=TMPAWOW;</li></ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"><li>• IF (S2014=14 AND IPAQ01=2) THEN<br/>IP_MPA_WO_sub=-3;</li><li>• IF (S2014=14 AND IPAQ01 ne 2) THEN<br/>IP_MPA_WO_sub=TWPAWOW_trun<br/>+TMPAWOW_trun;</li></ul> |



|             |                                                                                                                                                                                            |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | Adults                                                                                                                                                                                     |
| Remarks     | Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).<br>This indicator is only calculated for persons that work (IPAQ not equals 2). |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| <b>Indicator FCS2014</b> | <b>IP_VPA_WO_sub</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Title                    | Number of minutes per day vigorous PA as part of work                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Based on variable(s)     | ipaq02, ipaq02h, ipaq02m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>if ipaq02h then ipaqt02=-3;</li> <li>else if ipaq02h then ipaqt02=-1;</li> <li>else ipaqt02= ipaq02h *60+ ipaq02m ;</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>if ipaq02t&gt;0 and ipaq02t&lt;10 then ipaq02t=0;</li> </ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"> <li>IF (S2014=14) THEN<br/>TVPAWOW=IPAQT02*IPAQ02;</li> </ul> <p><b>Truncations:</b></p> <p>Use guidelines of Ghent University: per activity max 600 min/week:</p> <ul style="list-style-type: none"> <li>IF (S2014=14 AND TVPAWOW &gt; 600) THEN TVPAWOW_trun=600;</li> <li>IF (S2014=14 AND TVPAWOW &lt; 601) THEN TVPAWOW_trun=TVPAWOW;</li> </ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"> <li>IF (S2014=14 AND IPAQ01=2) THEN IP_VPA_WO_sub=-3;</li> <li>IF (S2014=14 AND IPAQ01 ne 2) THEN<br/>IP_VPA_WO_sub=TVPAWOW_trun;</li> </ul> |



|             |                                                                                                                                                                                            |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | Adults                                                                                                                                                                                     |
| Remarks     | Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).<br>This indicator is only calculated for persons that work (IPAQ not equals 2). |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| <b>Indicator FCS2014</b> | <b>IP_MVPA_WO_sub</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Title                    | Number of minutes per day moderate-to-vigorous PA as part of work (including walking)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Value labels             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Based on variable(s)     | ipaq01, ipaq02, ipaq02h, ipaq02m, ipaq03, ipaq03h, ipaq03m, ipaq04, ipaq04h, ipaq04m,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>if ipaq02h then ipaqt02=-3;</li> <li>else if ipaq02h then ipaqt02=-1;</li> <li>else ipaqt02= ipaq02h *60+ ipaq02m ;<br/>(analogue for ipaq03-ipaq04)</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>if ipaq02t&gt;0 and ipaq02t&lt;10 then ipaq02t=0;<br/>(analogue for ipaq03-ipaq04)</li> </ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"> <li>IF (S2014=14) THEN<br/>TWPAWOW=IPAQT04*IPAQ04;</li> <li>IF (S2014=14) THEN<br/>TMPAWOW=IPAQT03*IPAQ03;</li> <li>IF (S2014=14) THEN<br/>TVPAWOW=IPAQT02*IPAQ02;</li> </ul> <p><b>Truncations:</b></p> <p>Use guidelines of Ghent University: per activity max 600 min/week:</p> <ul style="list-style-type: none"> <li>IF (S2014=14 AND TWPAWOW &lt; 601) THEN TWPAWOW_trun=TWPAWOW;</li> <li>IF (S2014=14 AND TMPAWOW &gt; 600) THEN TMPAWOW_trun=600;</li> <li>IF (S2014=14 AND TVPAWOW &gt; 600)</li> </ul> |



|                                |                                                                                                                                                                                                              |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Denominator<br/>Remarks</p> | <p>Adults<br/>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)<br/>This indicator is only calculated for persons that work (IPAQ not equals 2).</p> |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

- THEN TMPAWOW\_trun=600;
- IF (S2014=14 AND TMPAWOW < 601) THEN TMPAWOW\_trun=TMPAWOW;
- IF (S2014=14 AND TVPAWOW > 600) THEN TVPAWOW\_trun=600;
- IF (S2014=14 AND TVPAWOW < 601) THEN TVPAWOW\_trun=TVPAWOW;

**Calculate total:**

- IF (S2014=14 AND IPAQ01=2) THEN IP\_MVPA\_WO\_sub=-3;
- IF (S2014=14 AND IPAQ01 ne 2) THEN IP\_MVPA\_WO\_sub=TWPAWOW\_trun+TMPAWOW\_trun+TVPAWOW\_trun;

|                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Indicator FCS2014</b></p> <p>Title<br/>Type of variable<br/>Possible value<br/>Value labels<br/>Based on variable(s)<br/>Construction</p> | <p><b>IP_Walk_TR_sub</b></p> <p>Number of minutes per day walking as transport Num<br/>/<br/> <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>           ipaq07, ipaq07h, ipaq07m<br/> <b>All durations are converted to minutes:</b> <ul style="list-style-type: none"> <li>• if ipaq07h then ipaqt07=-3;</li> <li>• else if ipaq07h then ipaqt07=-1;</li> <li>• else ipaqt07= ipaq05h *60+ ipaq07m ;</li> </ul> <b>Activities that take less than 10 minutes are converted to 0 minutes:</b> <ul style="list-style-type: none"> <li>• if ipaq07t&gt;0 and ipaq07t&lt;10 then ipaq07t=0;</li> </ul> <b>Calculate total in different intensities:</b> <ul style="list-style-type: none"> <li>• IF (S2014=14) THEN TWPATRW=IPAQT07*IPAQ07;</li> </ul> <b>Truncations:</b></p> |
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| <p>Denominator</p> <p>Remarks</p> | <p>Adults</p> <p>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)</p> |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------|

Use guidelines Ghent University: per activity max 840/1680 min/week:

- IF (S2014=14 AND TWPATRW > 840)  
THEN TWPATRW\_trun=840;
- IF (S2014=14 AND TWPATRW < 841)  
THEN TWPATRW\_trun=TWPATRW;

Use guidelines Ghent University: TTPATRW may not exceed 1290 minutes per week:

- IF (S2014<14 AND age7c>4) THEN  
TTPATRW=-1;
- IF (S2014=14 AND TWPATRW\_trun>-1  
AND TMPATRW\_trun>-1) THEN  
TTPATRW=TWPATRW\_trun+TMPATRW\_trun;
- IF (S2014=14 AND TTPATRW > 1290)  
THEN TTPATRW\_trun=1290;
- IF (S2014=14 AND TTPATRW < 1291)  
THEN TTPATRW\_trun=TTPATRW;

**Calculate the total:**

- IF (S2014=14 AND TTPATRW\_trun=0)  
THEN IP\_walk\_TR\_sub=-3;
- IF (S2014=14 AND TTPATRW\_trun>0)  
THEN  
IP\_walk\_TR\_sub=TWPATRW\_trun;

| Indicator FCS2014    | IP_Mod_TR_sub                                                                                                                                                                                                                     |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day bicycle as transport                                                                                                                                                                                    |
| Type of variable     | Num                                                                                                                                                                                                                               |
| Possible value       | /                                                                                                                                                                                                                                 |
| Value labels         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                 |
| Based on variable(s) | ipaq06, ipaq06h, ipaq06m                                                                                                                                                                                                          |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq06h then ipaqt06=-3;</li> <li>• else if ipaq06h then ipaqt06=-1;</li> <li>• else ipaqt06= ipaq06h *60+ ipaq06m ;</li> </ul> |



**Activities that take less than 10 minutes are converted to 0 minutes:**

- if ipaq06t>0 and ipaq06t<10 then ipaq06t=0;

**Calculate total in different intensities:**

- IF (S2014=14) THEN  
TMPATRW=IPAQT06\*IPAQ06;

**Truncations:**

Use guidelines Ghent University: per activity max 840 min/week:

- IF (S2014=14 AND TMPATRW > 840)  
THEN TMPATRW\_trun=840;
- IF (S2014=14 AND TMPATRW < 841)  
THEN TMPATRW\_trun=TMPATRW;

Use guidelines Ghent University: TTPATRW may not exceed 1290 min/week:

- IF (S2014<14 AND age7c>4) THEN  
TTPATRW=-1;
- IF (S2014=14 AND TWPATRW\_trun>-1  
AND TMPATRW\_trun>-1) THEN  
TTPATRW=TWPATRW\_trun+TMPATRW\_trun;
- IF (S2014=14 AND TTPATRW > 1290)  
THEN TTPATRW\_trun=1290;
- IF (S2014=14 AND TTPATRW < 1291)  
THEN TTPATRW\_trun=TTPATRW;

**Calculate the total:**

- IF (S2014=14 AND TTPATRW\_trun=0)  
THEN IP\_Mod\_TR\_sub=-3;
- IF (S2014=14 AND TTPATRW\_trun>0)  
THEN  
IP\_Mod\_TR\_sub=TMPATRW\_trun;

Denominator  
Remarks

Adults  
Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)

**Indicator FCS2014**

**IP\_MVPA\_TR\_sub**





|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Number of minutes per day walking and/or bicycle as transport                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Possible value       | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Value labels         | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Based on variable(s) | ipaq05, ipaq05h, ipaq05m, ipaq06, ipaq06h, ipaq06m, ipaq07, ipaq07h, ipaq07m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq05h then ipaqt05=-3;</li><li>• else if ipaq05h then ipaqt05=-1;</li><li>• else ipaqt05= ipaq05h *60+ ipaq05m ;<br/>(analogue for ipaq06-ipaq07)</li></ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq05t&gt;0 and ipaq05t&lt;10 then ipaq05t=0;<br/>(analogue for ipaq06-ipaq07)</li></ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"><li>• IF (S2014=14) THEN<br/>TWPATRW=IPAQT07*IPAQ07;</li><li>• IF (S2014=14) THEN<br/>TMPATRW=IPAQT06*IPAQ06;</li><li>• IF (S2014=14) THEN<br/>TVSBTRW=IPAQT05*IPAQ05;</li></ul> <p><b>Truncations:</b></p> <p>Use guidelines Ghent University: per activity max 840/1680 min/week:</p> <ul style="list-style-type: none"><li>• IF (S2014=14 AND TWPATRW &gt; 840)<br/>THEN TWPATRW_trun=840;</li><li>• IF (S2014=14 AND TWPATRW &lt; 841)<br/>THEN TWPATRW_trun=TWPATRW;</li><li>• IF (S2014=14 AND TMPATRW &gt; 840)<br/>THEN TMPATRW_trun=840;</li><li>• IF (S2014=14 AND TMPATRW &lt; 841)<br/>THEN TMPATRW_trun=TMPATRW;</li><li>• IF (S2014=14 AND TVSBTRW &gt; 1680)<br/>THEN TVSBTRW_trun=1680;</li><li>• IF (S2014=14 AND TVSBTRW &lt; 1681)<br/>THEN TVSBTRW_trun=TVSBTRW;</li></ul> |



|             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <p>Use guidelines Ghent University: TTPATRW may not exceed 1290 min/week:</p> <ul style="list-style-type: none"> <li>• IF (S2014&lt;14 AND age7c&gt;4) THEN TTPATRW=-1;</li> <li>• IF (S2014=14 AND TWPATRW_trun&gt;-1 AND TMPATRW_trun&gt;-1) THEN TTPATRW=TWPATRW_trun+TMPATRW_trun;</li> <li>• IF (S2014=14 AND TTPATRW &gt; 1290) THEN TTPATRW_trun=1290;</li> <li>• IF (S2014=14 AND TTPATRW &lt; 1291) THEN TTPATRW_trun=TTPATRW;</li> </ul> <p><b>Calculate the total:</b></p> <ul style="list-style-type: none"> <li>• IF (S2014=14 AND TTPATRW_trun=0) THEN IP_MVPA_TR_sub=-3;</li> <li>• IF (S2014=14 AND TTPATRW_trun&gt;0) THEN IP_MVPA_TR_sub=TWPATRW_trun+TMPATRW_trun;</li> </ul> |
| Denominator | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Remarks     | Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_MVPA_HW_sub</b>                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Title                    | Number of minutes per day moderate-to-vigorous PA as part of housework/house maintenance                                                                                                                                                                                                                                                                                                                                                                     |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                            |
| Based on variable(s)     | ipaq08, ipaq08h, ipaq08m, ipaq09, ipaq09h, ipaq09m, ipaq10, ipaq10h, ipaq10m                                                                                                                                                                                                                                                                                                                                                                                 |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq08h then ipaqt08=-3;</li> <li>• else if ipaq08h then ipaqt08=-1;</li> <li>• else ipaqt08= ipaq08h *60+ ipaq08m ;<br/>(analogue for ipaq09-ipaq10)</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq11t&gt;0 and ipaq11t&lt;10 then ipaq11t=0;</li> </ul> |



*(analogue for ipaq09-ipaq10)*

**Calculate total in different intensities:**

- IF (S2014=14) THEN  
TMPAHWW\_1=IPAQT08\*IPAQ08;
- IF (S2014=14) THEN  
TMPAHWW\_2=IPAQT09\*IPAQ09;
- IF (S2014=14) THEN  
TMPAHWW\_3=IPAQT10\*IPAQ10;

**Truncations:**

Use guidelines Ghent University: per activity max 840 min/week:

- IF (S2014=14 AND TMPAHWW\_1 > 840)  
THEN TMPAHWW\_1\_trun=840;
- IF (S2014=14 AND TMPAHWW\_1 < 841)  
THEN TMPAHWW\_1\_trun=TMPAHWW\_1;
- IF (S2014=14 AND TMPAHWW\_2 > 840)  
THEN TMPAHWW\_2\_trun=840;
- IF (S2014=14 AND TMPAHWW\_2 < 841)  
THEN TMPAHWW\_2\_trun=TMPAHWW\_2;
- IF (S2014=14 AND TMPAHWW\_3 > 840)  
THEN TMPAHWW\_3\_trun=840;
- IF (S2014=14 AND TMPAHWW\_3 < 841)  
THEN  
TMPAHWW\_3\_trun=TMPAHWW\_3;

Use guidelines Ghent: TTPAHWW may not exceed 1680 minutes per week:

- IF (S2014<14 AND age7c>4) THEN  
TTPAHWW=-1;
- IF (S2014=14 AND TMPAHWW\_1\_trun > -1  
AND TMPAHWW\_2\_trun > -1 AND  
TMPAHWW\_3\_trun > -1) THEN  
TTPAHWW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;
- IF (S2014=14 AND TTPAHWW > 1680)  
THEN TTPAHWW\_trun=1680;
- IF (S2014=14 AND TTPAHWW < 1681)  
THEN TTPAHWW\_trun=TTPAHWW;

**Calculate the total:**

- IF (S2014=14 AND TTPAHWW=0) THEN



|                        |                                                                                                                                                                                                                                                                                                                   |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <p>IP_MVPA_HW_sub=-3;</p> <ul style="list-style-type: none"> <li>IF (S2014=14 AND TTPAHWW&gt;0) THEN<br/>IP_MVPA_HW_sub=TMPAHWW_1_trun+<br/>TMPAHWW_2_trun+TMPAHWW_3_trun;</li> </ul> <p>Adults<br/>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)</p> |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

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|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_Walk_LT_sub</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Title                    | Number of minutes per day walking during leisure time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Based on variable(s)     | ipaq11, ipaq11h, ipaq11m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>if ipaq11h then ipaqt11=-3;</li> <li>else if ipaq11h then ipaqt11=-1;</li> <li>else ipaqt11= ipaq11h *60+ ipaq11m ;</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>if ipaq11t&gt;0 and ipaq11t&lt;10 then ipaq11t=0;</li> </ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"> <li>IF (S2014=14) THEN<br/>TWPALTW=IPAQT11*IPAQ11</li> </ul> <p><b>Truncations:</b></p> <p>Use guidelines Ghent University: per activity max 840 min/week:</p> <ul style="list-style-type: none"> <li>IF (S2014=14 AND TWPALTW &gt; 840) THEN<br/>TWPALTW_trun=840;</li> <li>IF (S2014=14 AND TWPALTW &lt; 841) THEN<br/>TWPALTW_trun=TWPALTW;</li> </ul> <p>Use guidelines Ghent: TTPALTW may not exceed 1680 minutes per week:</p> <ul style="list-style-type: none"> <li>IF (S2014&lt;14 AND age7c&gt;4) THEN<br/>TTPALTW=-1;</li> </ul> |



|                                |                                                                                                                             |
|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <p>Denominator<br/>Remarks</p> | <p>Adults<br/>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)</p> |
|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------|

- IF (S2014=14 AND TWPALTW\_trun > -1 AND TMPALTW\_trun > -1 AND TVPALTW\_trun > -1) THEN  
TTPALTW=TWPALTW\_trun+  
TMPALTW\_trun+TVPALTW\_trun;
- IF (S2014=14 AND TTPALTW > 1680)  
THEN TTPALTW\_trun=1680;
- IF (S2014=14 AND TTPALTW < 1681)  
THEN TTPALTW\_trun=TTPALTW;

**Calculate total:**

- IF (S2014=14 AND TTPALTW\_trun=0)  
THEN IP\_Walk\_LT\_sub=-3;
- IF (S2014=14 AND TTPALTW\_trun>0)  
THEN IP\_Walk\_LT\_sub=TWPALTW\_trun;

|                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Indicator FCS2014</b></p> <p>Title</p> <p>Type of variable</p> <p>Possible value</p> <p>Value labels</p> <p>Based on variable(s)</p> <p>Construction</p> | <p><b>IP_MPA_LT_sub</b></p> <p>Number of minutes per day moderate PA during leisure time</p> <p>Num</p> <p>/</p> <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> <p>ipaq11, ipaq11h, ipaq11m, ipaq13, ipaq13h, ipaq13m</p> <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq11h then ipaqt11=-3;</li> <li>• else if ipaq11h then ipaqt11=-1;</li> <li>• else ipaqt11= ipaq11h *60+ ipaq11m ;<br/>(analogue for ipaq13)</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq11t&gt;0 and ipaq11t&lt;10 then ipaq11t=0;<br/>(analogue for ipaq13)</li> </ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"> <li>• IF (S2014=14) THEN<br/>TWPALTW=IPAQT11*IPAQ11</li> <li>• IF (S2014=14) THEN</li> </ul> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



TMPALTW=IPAQT13\*IPAQ13;

**Truncations:**

Use guidelines Ghent University: per activity max 840 min/week:

- IF (S2014=14 AND TWPALTW > 840) THEN TWPALTW\_trun=840;
- IF (S2014=14 AND TWPALTW < 841) THEN TWPALTW\_trun=TWPALTW;
- IF (S2014=14 AND TMPALTW > 840) THEN TMPALTW\_trun=840;
- IF (S2014=14 AND TMPALTW < 841) THEN TMPALTW\_trun=TMPALTW;

Use guidelines Ghent: TTPALTW may not exceed 1680 minutes per week:

- IF (S2014<14 AND age7c>4) THEN TTPALTW=-1;
- IF (S2014=14 AND TWPALTW\_trun > -1 AND TMPALTW\_trun > -1 AND TVPALTW\_trun > -1) THEN TTPALTW=TWPALTW\_trun+TMPALTW\_trun+TVPALTW\_trun
- IF (S2014=14 AND TTPALTW > 1680) THEN TTPALTW\_trun=1680;
- IF (S2014=14 AND TTPALTW < 1681) THEN TTPALTW\_trun=TTPALTW;

**Calculate total:**

- IF (S2014=14 AND TTPALTW\_trun=0) THEN IP\_MPA\_LT\_sub=-3;
- IF (S2014=14 AND TTPALTW\_trun>0) THEN IP\_MPA\_LT\_sub=TWPALTW\_trun+TMPALTW\_trun;

Denominator  
Remarks

Adults  
Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)

**Indicator FCS2014**

**IP\_VPA\_LT\_sub**

Title

Number of minutes per day vigorous PA during



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of variable     | leisure time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Possible value       | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels         | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Based on variable(s) | ipaq12, ipaq12h, ipaq12m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq12h then ipaqt12=-3;</li><li>• else if ipaq12h then ipaqt12=-1;</li><li>• else ipaqt12= ipaq12h *60+ ipaq12m ;</li></ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq12t&gt;0 and ipaq12t&lt;10 then ipaq12t=0;</li></ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"><li>• IF (S2014=14) THEN<br/>TVPALTW=IPAQT12*IPAQ12;</li></ul> <p><b>Truncations:</b></p> <p>Use guidelines Ghent University: per activity max 840 min/week:</p> <ul style="list-style-type: none"><li>• IF (S2014=14 AND TVPALTW &gt; 840) THEN<br/>TVPALTW_trun=840;</li><li>• IF (S2014=14 AND TVPALTW &lt; 841) THEN<br/>TVPALTW_trun=TVPALTW;</li></ul> <p>Use guidelines Ghent: TTPALTW may not exceed 1680 minutes per week:</p> <ul style="list-style-type: none"><li>• IF (S2014&lt;14 AND age7c&gt;4) THEN<br/>TTPALTW=-1;</li><li>• IF (S2014=14 AND TWPALTW_trun &gt; -1 AND<br/>TMPALTW_trun &gt; -1 AND<br/>TVPALTW_trun &gt; -1) THEN<br/>TTPALTW=TWPALTW_trun+<br/>TMPALTW_trun+TVPALTW_trun</li><li>• IF (S2014=14 AND TTPALTW &gt; 1680)<br/>THEN TTPALTW_trun=1680;</li><li>• IF (S2014=14 AND TTPALTW &lt; 1681)<br/>THEN TTPALTW_trun=TTPALTW;</li></ul> <p><b>Calculate total:</b></p> |



|                        |                                                                                                                                                                                                                                                                                                                                     |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• IF (S2014=14 AND TTPALTW_trun=0)<br/>THEN IP_VPA_LT_sub=-3;</li> <li>• IF (S2014=14 AND TTPALTW_trun&gt;0)<br/>THEN<br/>IP_VPA_LT_sub=TVPALTW_trun;</li> </ul> <p>Adults<br/>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)</p> |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_MVPA_LT_sub</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Title                    | Number of minutes per day moderate-to-vigorous PA during leisure time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Possible value           | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Based on variable(s)     | ipaq11, ipaq11h, ipaq11m, ipaq12, ipaq12h, ipaq12m, ipaq13, ipaq13h, ipaq13m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq11h then ipaqt11=-3;</li> <li>• else if ipaq11h then ipaqt11=-1;</li> <li>• else ipaqt11= ipaq11h *60+ ipaq11m ;<br/>(analogue for ipaq12-ipaq13)</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq11t&gt;0 and ipaq11t&lt;10 then ipaq11t=0;<br/>(analogue for ipaq12-ipaq13)</li> </ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"> <li>• IF (S2014=14) THEN<br/>TWPALTW=IPAQT11*IPAQ11</li> <li>• IF (S2014=14) THEN<br/>TMPALTW=IPAQT13*IPAQ13;</li> <li>• IF (S2014=14) THEN<br/>TVPALTW=IPAQT12*IPAQ12;</li> </ul> <p><b>Truncations:</b></p> <p>Use guidelines Ghent University: per activity max 840 min/week:</p> <ul style="list-style-type: none"> <li>• IF (S2014=14 AND TWPALTW &gt; 840) THEN<br/>TWPALTW_trun=840;</li> </ul> |





- IF (S2014=14 AND TWPALTW < 841) THEN TWPALTW\_trun=TWPALTW;
- IF (S2014=14 AND TMPALTW > 840) THEN TMPALTW\_trun=840;
- IF (S2014=14 AND TMPALTW < 841) THEN TMPALTW\_trun=TMPALTW;
- IF (S2014=14 AND TVPALTW > 840) THEN TVPALTW\_trun=840;
- IF (S2014=14 AND TVPALTW < 841) THEN TVPALTW\_trun=TVPALTW;

Use guidelines Ghent: TTPALTW may not exceed 1680 minutes per week:

- IF (S2014<14 AND age7c>4) THEN TTPALTW=-1;
- IF (S2014=14 AND TWPALTW\_trun > -1 AND TMPALTW\_trun > -1 AND TVPALTW\_trun > -1) THEN TTPALTW= TWPALTW\_trun+TMPALTW\_trun+ TVPALTW\_trun
- IF (S2014=14 AND TTPALTW > 1680) THEN TTPALTW\_trun=1680;
- IF (S2014=14 AND TTPALTW < 1681) THEN TTPALTW\_trun=TTPALTW;

**Calculate total:**

- IF (S2014=14 AND TTPALTW\_trun=0) THEN IP\_MVPA\_LT\_sub=-3;
- IF (S2014=14 AND TTPALTW\_trun>0) THEN IP\_MVPA\_LT\_sub=TWPALTW\_trun+ TMPALTW\_trun+TVPALTW\_trun;

Denominator  
Remarks

Adults  
Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)

| Indicator FCS2014 | IP_Work_per                                                                                       |
|-------------------|---------------------------------------------------------------------------------------------------|
| Title             | Total physical activity as part of work                                                           |
| Type of variable  | Num                                                                                               |
| Possible value    | 0 to 100                                                                                          |
| Value labels      | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | ipaq02, ipaq02h, ipaq02m, ipaq03, ipaq03h, ipaq03m, ipaq04, ipaq04h, ipaq04m, ipaq05, ipaq05h, ipaq05m, ipaq06, ipaq06h, ipaq06m, ipaq07, ipaq07h, ipaq07m, ipaq08, ipaq08h, ipaq08m, ipaq09, ipaq09h, ipaq09m, ipaq10, ipaq10h, ipaq10m, ipaq11, ipaq11h, ipaq11m, ipaq12, ipaq12h, ipaq12m, ipaq13, ipaq13h, ipaq13m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq11h then ipaqt11=-3;</li><li>• else if ipaq11h then ipaqt11=-1;</li><li>• else ipaqt11= ipaq11h *60+ ipaq11m ;<br/>(analogue for ipaq02-ipaq13)</li></ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"><li>• if ipaq11t&gt;0 and ipaq11t&lt;10 then ipaq11t=0;<br/>(analogue for ipaq02-ipaq13)</li></ul> <p><b>Calculate total in different intensities:</b></p> <ul style="list-style-type: none"><li>• IF (S2014=14) THEN<br/>TWPALTW=IPAQT11*IPAQ11</li><li>• IF (S2014=14) THEN<br/>TMPALTW=IPAQT13*IPAQ13;</li><li>• IF (S2014=14) THEN<br/>TVPALTW=IPAQT12*IPAQ12;</li><br/><li>• IF (S2014=14) THEN<br/>TMPAHWW_1=IPAQT08*IPAQ08;</li><li>• IF (S2014=14) THEN<br/>TMPAHWW_2=IPAQT09*IPAQ09;</li><li>• IF (S2014=14) THEN<br/>TMPAHWW_3=IPAQT10*IPAQ10;</li><br/><li>• IF (S2014=14) THEN<br/>TWPATRW=IPAQT07*IPAQ07;</li><li>• IF (S2014=14) THEN<br/>TMPATRW=IPAQT06*IPAQ06;</li><li>• IF (S2014=14) THEN<br/>TVSBTRW=IPAQT05*IPAQ05;</li><br/><li>• IF (S2014=14) THEN<br/>TWPAWOW=IPAQT04*IPAQ04;</li><li>• IF (S2014=14) THEN<br/>TMPAWOW=IPAQT03*IPAQ03;</li><li>• IF (S2014=14) THEN<br/>TVPAWOW=IPAQT02*IPAq02;</li></ul> |



### Truncations:

Use guidelines Ghent University: per activity max 840/600/1680min/week:

- IF (S2014=14 AND TWPALTW > 840) THEN TWPALTW\_trun=840;
- IF (S2014=14 AND TWPALTW < 841) THEN TWPALTW\_trun=TWPALTW;
- IF (S2014=14 AND TMPALTW > 840) THEN TMPALTW\_trun=840;
- IF (S2014=14 AND TMPALTW < 841) THEN TMPALTW\_trun=TMPALTW;
- IF (S2014=14 AND TVPALTW > 840) THEN TVPALTW\_trun=840;
- IF (S2014=14 AND TVPALTW < 841) THEN TVPALTW\_trun=TVPALTW;
  
- IF (S2014=14 AND TMPAHWW\_1 > 840) THEN TMPAHWW\_1\_trun=840;
- IF (S2014=14 AND TMPAHWW\_1 < 841) THEN TMPAHWW\_1\_trun=TMPAHWW\_1;
- IF (S2014=14 AND TMPAHWW\_2 > 840) THEN TMPAHWW\_2\_trun=840;
- IF (S2014=14 AND TMPAHWW\_2 < 841) THEN TMPAHWW\_2\_trun=TMPAHWW\_2;
- IF (S2014=14 AND TMPAHWW\_3 > 840) THEN TMPAHWW\_3\_trun=840;
- IF (S2014=14 AND TMPAHWW\_3 < 841) THEN  
THEN  
TMPAHWW\_3\_trun=TMPAHWW\_3;
  
- IF (S2014=14 AND TWPATRW > 840) THEN TWPATRW\_trun=840;
- IF (S2014=14 AND TWPATRW < 841) THEN TWPATRW\_trun=TWPATRW;
- IF (S2014=14 AND TMPATRW > 840) THEN TMPATRW\_trun=840;
- IF (S2014=14 AND TMPATRW < 841) THEN TMPATRW\_trun=TMPATRW;
- IF (S2014=14 AND TVSBTRW > 1680) THEN TVSBTRW\_trun=1680;
- IF (S2014=14 AND TVSBTRW < 1681) THEN TVSBTRW\_trun=TVSBTRW;
  
- IF (S2014=14 AND TWPAWOW < 601) THEN TWPAWOW\_trun=TWPAWOW;
- IF (S2014=14 AND TMPAWOW > 600) THEN TMPAWOW\_trun=600;



- IF (S2014=14 AND TMPAWOW < 601) THEN  
TMPAWOW\_trun=TMPAWOW;
- IF (S2014=14 AND TVPAWOW > 600) THEN  
TVPAWOW\_trun=600;
- IF (S2014=14 AND TVPAWOW < 601) THEN  
TVPAWOW\_trun=TVPAWOW;

**Calculate separate totals:**

- IF (S2014=14) THEN  
IP\_MVPA\_LT=TWPALTW\_trun+  
TMPALTW\_trun+TVPALTW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_HW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_TR=TWPATRW\_trun+TMPATRW\_t  
run;
- IF (S2014=14) THEN  
IP\_MVPA\_WO=TWPAWOW\_trun+  
TMPAWOW\_trun+TVPAWOW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_HW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;

**Calculate the total:**

- IF (S2014=14 AND age7c>4 AND  
IP\_MVPA\_WO=0) THEN IP\_Work\_per=0;
- IF (S2014=14 AND age7c>4 AND  
IP\_MVPA\_WO>0) THEN  
IP\_Work\_per=((IP\_MVPA\_WO)/  
(IP\_MVPA\_WO+  
IP\_MVPA\_TR+IP\_MVPA\_LT+  
IP\_MVPA\_HW))\*100;

Denominator  
Remarks

Adults  
Only individual with s2014=14 are complete  
individuals (provided an answer for each question of  
the IPAQ)

**Indicator FCS2014 IP\_Tran\_per**

|                         |                                                                                                            |
|-------------------------|------------------------------------------------------------------------------------------------------------|
| Title                   | Total physical activity as part of active transport                                                        |
| Type of variable        | Num                                                                                                        |
| Possible value          | 0 to 100                                                                                                   |
| Value labels            | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>          |
| Based on<br>variable(s) | ipaq02, ipaq02h, ipaq02m, ipaq03, ipaq03h, ipaq03m,<br>ipaq04, ipaq04h, ipaq04m, ipaq05, ipaq05h, ipaq05m, |



Construction

ipaq06, ipaq06h, ipaq06m, ipaq07, ipaq07h, ipaq07m, ipaq08, ipaq08h, ipaq08m, ipaq09, ipaq09h, ipaq09m, ipaq10, ipaq10h, ipaq10m, ipaq11, ipaq11h, ipaq11m, ipaq12, ipaq12h, ipaq12m, ipaq13, ipaq13h, ipaq13m  
**All durations are converted to minutes:**

- if ipaq11h then ipaqt11=-3;
- else if ipaq11h then ipaqt11=-1;
- else ipaqt11= ipaq11h \*60+ ipaq11m ;  
(analogue for ipaq02-ipaq13)

**Activities that take less than 10 minutes are converted to 0 minutes:**

- if ipaq11t>0 and ipaq11t<10 then ipaq11t=0;  
(analogue for ipaq02-ipaq13)

**Calculate total in different intensities:**

- IF (S2014=14) THEN  
TWPALTW=IPAQT11\*IPAQ11
- IF (S2014=14) THEN  
TMPALTW=IPAQT13\*IPAQ13;
- IF (S2014=14) THEN  
TVPALTW=IPAQT12\*IPAQ12;
  
- IF (S2014=14) THEN  
TMPAHWW\_1=IPAQT08\*IPAQ08;
- IF (S2014=14) THEN  
TMPAHWW\_2=IPAQT09\*IPAQ09;
- IF (S2014=14) THEN  
TMPAHWW\_3=IPAQT10\*IPAQ10;
  
- IF (S2014=14) THEN  
TWPATRW=IPAQT07\*IPAQ07;
- IF (S2014=14) THEN  
TMPATRW=IPAQT06\*IPAQ06;
- IF (S2014=14) THEN  
TVSBTRW=IPAQT05\*IPAQ05;
  
- IF (S2014=14) THEN  
TWPAWOW=IPAQT04\*IPAQ04;
- IF (S2014=14) THEN  
TMPAWOW=IPAQT03\*IPAQ03;
- IF (S2014=14) THEN  
TVPAWOW=IPAQT02\*IPAQ02;

**Truncations:**



Use guidelines Ghent University: per activity max 840/600/1680 min/week:

- IF (S2014=14 AND TWPALTW > 840) THEN TWPALTW\_trun=840;
- IF (S2014=14 AND TWPALTW < 841) THEN TWPALTW\_trun=TWPALTW;
- IF (S2014=14 AND TMPALTW > 840) THEN TMPALTW\_trun=840;
- IF (S2014=14 AND TMPALTW < 841) THEN TMPALTW\_trun=TMPALTW;
- IF (S2014=14 AND TVPALTW > 840) THEN TVPALTW\_trun=840;
- IF (S2014=14 AND TVPALTW < 841) THEN TVPALTW\_trun=TVPALTW;
  
- IF (S2014=14 AND TMPAHWW\_1 > 840) THEN TMPAHWW\_1\_trun=840;
- IF (S2014=14 AND TMPAHWW\_1 < 841) THEN TMPAHWW\_1\_trun=TMPAHWW\_1;
- IF (S2014=14 AND TMPAHWW\_2 > 840) THEN TMPAHWW\_2\_trun=840;
- IF (S2014=14 AND TMPAHWW\_2 < 841) THEN TMPAHWW\_2\_trun=TMPAHWW\_2;
- IF (S2014=14 AND TMPAHWW\_3 > 840) THEN TMPAHWW\_3\_trun=840;
- IF (S2014=14 AND TMPAHWW\_3 < 841) THEN TMPAHWW\_3\_trun=TMPAHWW\_3;
  
- IF (S2014=14 AND TWPATRW > 840) THEN TWPATRW\_trun=840;
- IF (S2014=14 AND TWPATRW < 841) THEN TWPATRW\_trun=TWPATRW;
- IF (S2014=14 AND TMPATRW > 840) THEN TMPATRW\_trun=840;
- IF (S2014=14 AND TMPATRW < 841) THEN TMPATRW\_trun=TMPATRW;
- IF (S2014=14 AND TVSBTRW > 1680) THEN TVSBTRW\_trun=1680;
- IF (S2014=14 AND TVSBTRW < 1681) THEN TVSBTRW\_trun=TVSBTRW;
  
- IF (S2014=14 AND TWPAWOW < 601) THEN TWPAWOW\_trun=TWPAWOW;
- IF (S2014=14 AND TMPAWOW > 600) THEN TMPAWOW\_trun=600;
- IF (S2014=14 AND TMPAWOW < 601) THEN TMPAWOW\_trun=TMPAWOW;



- IF (S2014=14 AND TVPAWOW > 600) THEN TVPAWOW\_trun=600;
- IF (S2014=14 AND TVPAWOW < 601) THEN TVPAWOW\_trun=TVPAWOW;

**Calculate separate totals:**

- IF (S2014=14) THEN IP\_MVPA\_LT=TWPALTW\_trun+TMPALTW\_trun+TVPALTW\_trun;
- IF (S2014=14) THEN IP\_MVPA\_HW=TMPAHWW\_1\_trun+TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;
- IF (S2014=14) THEN IP\_MVPA\_TR=TWPATRW\_trun+TMPATRW\_trun;
- IF (S2014=14) THEN IP\_MVPA\_WO=TWPAWOW\_trun+TMPAWOW\_trun+TVPAWOW\_trun;
- IF (S2014=14) THEN IP\_MVPA\_HW=TMPAHWW\_1\_trun+TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;

**Calculate the total:**

- IF (S2014=14 AND age7c>4 AND IP\_MVPA\_TR=0) THEN IP\_Tran\_per=0;
- IF (S2014=14 AND age7c>4 AND IP\_MVPA\_TR>0) THEN IP\_Tran\_per=((IP\_MVPA\_TR)/(IP\_MVPA\_WO+IP\_MVPA\_TR+IP\_MVPA\_LT+IP\_MVPA\_HW))\*100;

|             |                                                                                                           |
|-------------|-----------------------------------------------------------------------------------------------------------|
| Denominator | Adults                                                                                                    |
| Remarks     | Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ) |

| Indicator FCS2014    | IP_Home_per                                                                                                                                                                                                                                                         |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Total physical activity as part of house maintenance and gardening                                                                                                                                                                                                  |
| Type of variable     | Num                                                                                                                                                                                                                                                                 |
| Possible value       | 0 to 100                                                                                                                                                                                                                                                            |
| Value labels         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                   |
| Based on variable(s) | ipaq02, ipaq02h, ipaq02m, ipaq03, ipaq03h, ipaq03m, ipaq04, ipaq04h, ipaq04m, ipaq05, ipaq05h, ipaq05m, ipaq06, ipaq06h, ipaq06m, ipaq07, ipaq07h, ipaq07m, ipaq08, ipaq08h, ipaq08m, ipaq09, ipaq09h, ipaq09m, ipaq10, ipaq10h, ipaq10m, ipaq11, ipaq11h, ipaq11m, |



Construction

ipaq12, ipaq12h, ipaq12m, ipaq13, ipaq13h, ipaq13m

**All durations are converted to minutes:**

- if ipaq11h then ipaqt11=-3;
- else if ipaq11h then ipaqt11=-1;
- else ipaqt11= ipaq11h \*60+ ipaq11m ;  
(analogue for ipaq02-ipaq13)

**Activities that take less than 10 minutes are converted to 0 minutes:**

- if ipaq11t>0 and ipaq11t<10 then ipaq11t=0;  
(analogue for ipaq02-ipaq13)

**Calculate total in different intensities:**

- IF (S2014=14) THEN  
TWPALTW=IPAQT11\*IPAQ11
- IF (S2014=14) THEN  
TMPALTW=IPAQT13\*IPAQ13;
- IF (S2014=14) THEN  
TVPALTW=IPAQT12\*IPAQ12;
  
- IF (S2014=14) THEN  
TMPAHWW\_1=IPAQT08\*IPAQ08;
- IF (S2014=14) THEN  
TMPAHWW\_2=IPAQT09\*IPAQ09;
- IF (S2014=14) THEN  
TMPAHWW\_3=IPAQT10\*IPAQ10;
  
- IF (S2014=14) THEN  
TWPATRW=IPAQT07\*IPAQ07;
- IF (S2014=14) THEN  
TMPATRW=IPAQT06\*IPAQ06;
- IF (S2014=14) THEN  
TVSBTRW=IPAQT05\*IPAQ05;
  
- IF (S2014=14) THEN  
TWPAWOW=IPAQT04\*IPAQ04;
- IF (S2014=14) THEN  
TMPAWOW=IPAQT03\*IPAQ03;
- IF (S2014=14) THEN  
TVPAWOW=IPAQT02\*IPAQ02;

**Truncations:**

Use guidelines Ghent University: per activity max  
840/600/1680 min/week:





- IF (S2014=14 AND TWPALTW > 840) THEN  
TWPALTW\_trun=840;
- IF (S2014=14 AND TWPALTW < 841) THEN  
TWPALTW\_trun=TWPALTW;
- IF (S2014=14 AND TMPALTW > 840) THEN  
TMPALTW\_trun=840;
- IF (S2014=14 AND TMPALTW < 841) THEN  
TMPALTW\_trun=TMPALTW;
- IF (S2014=14 AND TVPALTW > 840) THEN  
TVPALTW\_trun=840;
- IF (S2014=14 AND TVPALTW < 841) THEN  
TVPALTW\_trun=TVPALTW;
  
- IF (S2014=14 AND TMPAHWW\_1 > 840) THEN  
TMPAHWW\_1\_trun=840;
- IF (S2014=14 AND TMPAHWW\_1 < 841) THEN  
TMPAHWW\_1\_trun=TMPAHWW\_1;
- IF (S2014=14 AND TMPAHWW\_2 > 840) THEN  
TMPAHWW\_2\_trun=840;
- IF (S2014=14 AND TMPAHWW\_2 < 841) THEN  
TMPAHWW\_2\_trun=TMPAHWW\_2;
- IF (S2014=14 AND TMPAHWW\_3 > 840) THEN  
TMPAHWW\_3\_trun=840;
- IF (S2014=14 AND TMPAHWW\_3 < 841) THEN  
TMPAHWW\_3\_trun=TMPAHWW\_3;
  
- IF (S2014=14 AND TWPATRW > 840) THEN  
TWPATRW\_trun=840;
- IF (S2014=14 AND TWPATRW < 841) THEN  
TWPATRW\_trun=TWPATRW;
- IF (S2014=14 AND TMPATRW > 840) THEN  
TMPATRW\_trun=840;
- IF (S2014=14 AND TMPATRW < 841) THEN  
TMPATRW\_trun=TMPATRW;
- IF (S2014=14 AND TVSBTRW > 1680) THEN  
TVSBTRW\_trun=1680;
- IF (S2014=14 AND TVSBTRW < 1681) THEN  
TVSBTRW\_trun=TVSBTRW;
  
- IF (S2014=14 AND TWPAWOW < 601) THEN  
TWPAWOW\_trun=TWPAWOW;
- IF (S2014=14 AND TMPAWOW > 600) THEN  
TMPAWOW\_trun=600;
- IF (S2014=14 AND TMPAWOW < 601) THEN  
TMPAWOW\_trun=TMPAWOW;
- IF (S2014=14 AND TVPAWOW > 600) THEN  
TVPAWOW\_trun=600;



- IF (S2014=14 AND TVPAWOW < 601) THEN  
TVPAWOW\_trun=TVPAWOW;

**Calculate separate totals:**

- IF (S2014=14) THEN  
IP\_MVPA\_LT=TWPALTW\_trun+  
TMPALTW\_trun+TVPALTW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_HW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+  
TMPAHWW\_3\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_TR=TWPATRW\_trun+TMPATRW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_WO=TWPAWOW\_trun+  
TMPAWOW\_trun+TVPAWOW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_HW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;

**Calculate the total:**

- IF (S2014=14 AND age7c>4 AND  
IP\_MVPA\_HW=0) THEN IP\_Home\_per=0;
- IF (S2014=14 AND age7c>4 AND  
IP\_MVPA\_HW>0) THEN  
IP\_Home\_per=((IP\_MVPA\_HW)/  
(IP\_MVPA\_WO+  
IP\_MVPA\_TR+IP\_MVPA\_LT+IP\_MVPA\_HW))\*100;

Denominator  
Remarks

Adults  
Only individual with s2014=14 are complete individuals  
(provided an answer for each question of the IPAQ)

| Indicator FCS2014    | IP_LeTi_per                                                                                                                                                                                                                                                                                                            |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Total physical activity as part of leisure time                                                                                                                                                                                                                                                                        |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                    |
| Possible value       | 0 to 100                                                                                                                                                                                                                                                                                                               |
| Value labels         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                      |
| Based on variable(s) | ipaq02, ipaq02h, ipaq02m, ipaq03, ipaq03h, ipaq03m, ipaq04, ipaq04h, ipaq04m, ipaq05, ipaq05h, ipaq05m, ipaq06, ipaq06h, ipaq06m, ipaq07, ipaq07h, ipaq07m, ipaq08, ipaq08h, ipaq08m, ipaq09, ipaq09h, ipaq09m, ipaq10, ipaq10h, ipaq10m, ipaq11, ipaq11h, ipaq11m, ipaq12, ipaq12h, ipaq12m, ipaq13, ipaq13h, ipaq13m |



## Construction

### All durations are converted to minutes:

- if ipaq11h then ipaqt11=-3;
- else if ipaq11h then ipaqt11=-1;
- else ipaqt11= ipaq11h \*60+ ipaq11m ;  
(analogue for ipaq12-ipaq13)

### Activities that take less than 10 minutes are converted to 0 minutes:

- if ipaq11t>0 and ipaq11t<10 then ipaq11t=0;  
(analogue for ipaq12-ipaq13)

### Calculate total in different intensities:

- IF (S2014=14) THEN  
TWPALTW=IPAQT11\*IPAQ11
- IF (S2014=14) THEN  
TMPALTW=IPAQT13\*IPAQ13;
- IF (S2014=14) THEN  
TVPALTW=IPAQT12\*IPAQ12;
  
- IF (S2014=14) THEN  
TMPAHWW\_1=IPAQT08\*IPAQ08;
- IF (S2014=14) THEN  
TMPAHWW\_2=IPAQT09\*IPAQ09;
- IF (S2014=14) THEN  
TMPAHWW\_3=IPAQT10\*IPAQ10;
  
- IF (S2014=14) THEN  
TWPATRW=IPAQT07\*IPAQ07;
- IF (S2014=14) THEN  
TMPATRW=IPAQT06\*IPAQ06;
- IF (S2014=14) THEN  
TVSBTRW=IPAQT05\*IPAQ05;
  
- IF (S2014=14) THEN  
TWPAWOW=IPAQT04\*IPAQ04;
- IF (S2014=14) THEN  
TMPAWOW=IPAQT03\*IPAQ03;
- IF (S2014=14) THEN  
TVPAWOW=IPAQT02\*IPAQ02;

### Truncations:

Use guidelines Ghent University: per activity  
max 840/600/1680 min/week:

- IF (S2014=14 AND TWPALTW > 840) THEN



```
TWPALTW_trun=840;
• IF (S2014=14 AND TWPALTW < 841) THEN
  TWPALTW_trun=TWPALTW;
• IF (S2014=14 AND TMPALTW > 840) THEN
  TMPALTW_trun=840;
• IF (S2014=14 AND TMPALTW < 841) THEN
  TMPALTW_trun=TMPALTW;
• IF (S2014=14 AND TVPALTW > 840) THEN
  TVPALTW_trun=840;
  IF (S2014=14 AND TVPALTW < 841) THEN
  TVPALTW_trun=TVPALTW;

• IF (S2014=14 AND TMPAHWW_1 > 840)
  THEN TMPAHWW_1_trun=840;
• IF (S2014=14 AND TMPAHWW_1 < 841)
  THEN TMPAHWW_1_trun=TMPAHWW_1;
• IF (S2014=14 AND TMPAHWW_2 > 840)
  THEN TMPAHWW_2_trun=840;
• IF (S2014=14 AND TMPAHWW_2 < 841)
  THEN TMPAHWW_2_trun=TMPAHWW_2;
• IF (S2014=14 AND TMPAHWW_3 > 840)
  THEN TMPAHWW_3_trun=840;
• IF (S2014=14 AND TMPAHWW_3 < 841)
  THEN TMPAHWW_3_trun=TMPAHWW_3;

• IF (S2014=14 AND TWPATRW > 840)
  THEN TWPATRW_trun=840;
• IF (S2014=14 AND TWPATRW < 841)
  THEN TWPATRW_trun=TWPATRW;
• IF (S2014=14 AND TMPATRW > 840)
  THEN TMPATRW_trun=840;
• IF (S2014=14 AND TMPATRW < 841)
  THEN TMPATRW_trun=TMPATRW;
• IF (S2014=14 AND TVSBTRW > 1680)
  THEN TVSBTRW_trun=1681;
• IF (S2014=14 AND TVSBTRW < 1681)
  THEN TVSBTRW_trun=TVSBTRW;

• IF (S2014=14 AND TWPAWOW < 601)
  THEN TWPAWOW_trun=TWPAWOW;
• IF (S2014=14 AND TMPAWOW > 600)
  THEN TMPAWOW_trun=600;
• IF (S2014=14 AND TMPAWOW < 601)
  THEN TMPAWOW_trun=TMPAWOW;
• IF (S2014=14 AND TVPAWOW > 600)
  THEN TVPAWOW_trun=600;
• IF (S2014=14 AND TVPAWOW < 601)
  THEN TVPAWOW_trun=TVPAWOW;
```



**Calculate separate totals:**

- IF (S2014=14) THEN  
IP\_MVPA\_LT=TWPALTW\_trun+  
TMPALTW\_trun+TVPALTW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_HW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_TR=TWPATRW\_trun+  
TMPATRW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_WO=TWPAWOW\_trun+  
TMPAWOW\_trun+TVPAWOW\_trun;
- IF (S2014=14) THEN  
IP\_MVPA\_HW=TMPAHWW\_1\_trun+  
TMPAHWW\_2\_trun+TMPAHWW\_3\_trun;

**Calculate total leisure time:**

- IF (age7c <= 4 AND s2014<14) THEN  
IP\_LeTi\_per=-3;
- IF (S2014<14 AND age7c>4) THEN  
IP\_LeTi\_per=-1;
- IF (S2014=14 AND age7c>4 AND  
IP\_MVPA\_LT=0) THEN IP\_LeTi\_per=0;
- IF (S2014=14 AND age7c>4 AND  
IP\_MVPA\_LT>0) THEN  
IP\_LeTi\_per=((IP\_MVPA\_LT)/  
(IP\_MVPA\_WO+IP\_MVPA\_TR  
+IP\_MVPA\_LT+IP\_MVPA\_HW))\*100;

Denominator  
Remarks

Adults  
Only individual with s2014=14 are complete  
individuals (provided an answer for each question  
of the IPAQ)

**Indicator FCS2014**

**IP\_WHO\_CI\_T**

Title  
Type of variable  
Possible value  
Value labels

Physical activity according to WHO  
Num  
1 to 3

- 1 = Insufficient
- 2 = Sufficient
- 3 = Health-enhancing

Based on variable(s)

- -1 = No answer
- -3 = Not applicable

IP\_VPA\_tot, IP\_MPA\_tot



|                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Construction</p>            | <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then who_ind=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then who_ind=-1;</li> <li>• if (s2014=14 and ip_mpa_tot&gt;-1 and ip_vpa_tot&gt;-1) then who_ind=(ip_vpa_tot*2+ip_mpa_tot)*7;</li> <br/> <li>• if (age7c &lt;= 4 and s2014&lt;14) then IP_WHO_CI_T =-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then IP_WHO_CI_T =-1;</li> <li>• if (s2014=14 and who_ind&lt;150) then IP_WHO_CI_T =1;</li> <li>• if (s2014=14 and who_ind&gt;149 and who_ind&lt;300) then IP_WHO_CI_T =2;</li> <li>• if (s2014=14 and who_ind&gt;299) then IP_WHO_CI_T =3;</li> </ul> |
| <p>Denominator<br/>Remarks</p> | <p>Adults<br/>Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

|                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Indicator FCS2014</b></p>                                       | <p><b>IP_Suff_CI_T</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p>Title<br/>Type of variable<br/>Possible value<br/>Value labels</p> | <p>Sufficient physical activity according to WHO<br/>Num<br/>1 or 0</p> <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                              |
| <p>Based on variable(s)</p>                                           | <p>IP_VPA_tot, IP_MPA_tot</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <p>Construction</p>                                                   | <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then who_ind=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then who_ind=-1;</li> <li>• if (s2014=14 and ip_mpa_tot&gt;-1 and ip_vpa_tot&gt;-1) then who_ind=(ip_vpa_tot*2+ip_mpa_tot)*7;</li> <br/> <li>• if (age7c &lt;= 4 and s2014&lt;14) then IP_Suff_CI_T =-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then IP_Suff_CI_T =-1;</li> <li>• if (s2014=14 and who_ind&lt;150) then IP_Suff_CI_T =0;</li> <li>• if (s2014=14 and who_ind&gt;149) then IP_Suff_CI_T =1;</li> </ul> |



|             |                                                                                                           |
|-------------|-----------------------------------------------------------------------------------------------------------|
| Denominator | Adults                                                                                                    |
| Remarks     | Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ) |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_Hepa_CI_T</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Title                    | Health-enhancing physical activity according to WHO                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Based on variable(s)     | IP_VPA_tot, IP_MPA_tot                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then who_ind=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then who_ind=-1;</li> <li>• if (s2014=14 and ip_mpa_tot&gt;-1 and ip_vpa_tot&gt;-1) then who_ind=(ip_vpa_tot*2+ip_mpa_tot)*7;</li> <li>• if (age7c &lt;= 4 and s2014&lt;14) then ip_who_cl=-3;</li> <li>• if (age7c &lt;= 4 and s2014&lt;14) then IP_Hepa_CI_T =-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then IP_Hepa_CI_T =-1;</li> <li>• if (s2014=14 and who_ind&lt;300) then IP_Hepa_CI_T =0;</li> <li>• if (s2014=14 and who_ind&gt;299) then IP_Hepa_CI_T =1;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks                  | Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

|                          |                                                                                                   |
|--------------------------|---------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_TTSBD_tot</b>                                                                               |
| Title                    | Number of minutes per day sitting (including in motor vehicle)                                    |
| Type of variable         | Num                                                                                               |
| Possible value           | 0 to 1631.4285714                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | ipaq05, ipaq05h, ipaq05m, ipaq14, ipaq14h, ipaq14m, ipaq15, ipaq15h, ipaq15m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq05h then ipaqt05=-3;</li> <li>• else if ipaq05h then ipaqt05=-1;</li> <li>• else ipaqt05= ipaq05h *60+ ipaq05m ;</li> </ul> <ul style="list-style-type: none"> <li>• if ipaq14h then ipaqt14=-3;</li> <li>• else if ipaq14h then ipaqt14=-1;</li> <li>• else ipaqt14= ipaq14h *60+ ipaq14m ;</li> </ul> <ul style="list-style-type: none"> <li>• if ipaq15h then ipaqt15=-3;</li> <li>• else if ipaq15h then ipaqt15=-1;</li> <li>• else ipaqt15= ipaq15h *60+ ipaq15m ;</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq05t&gt;0 and ipaq05t&lt;10 then ipaq05t=0;</li> <li>• if ipaq14t&gt;0 and ipaq14t&lt;10 then ipaq14t=0;</li> <li>• if ipaq15t&gt;0 and ipaq15t&lt;10 then ipaq15t=0;</li> </ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"> <li>• if s2014=14 then tvsbtrw=ipaqt05*ipaq05;</li> </ul> <p><b>Calculate in minutes per day:</b></p> <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then ip_ttsbd_tot=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then ip_ttsbd_tot =-1;</li> <li>• if s2014=14 then ip_ttsbd_tot=tvsbtrw/7+ipaqt14*(5/7)+ ipaqt15*(2/7);</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Remarks              | Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

|                          |                                                                                                   |
|--------------------------|---------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_TVSB Tot</b>                                                                                |
| Title                    | Number of minutes per day sitting in motor vehicle                                                |
| Type of variable         | Num                                                                                               |
| Possible value           | 0 to 1220                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |





|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | ipaq05, ipaq05h, ipaq05m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Construction         | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq05h=-3 then ipaq05t=-3;</li> <li>• else if ipaq05h=-1 then ipaq05t =-1;</li> <li>• else ipaq05t = ipaq05h*60+ipaq05m</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq05t&gt;0 and ipaq05t&lt;10 then ipaq05t=0;</li> </ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then tvsbtrw=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then tvsbtrw=-1;</li> <li>• if (s2014=14) then tvsbtrw=ipaq05*ipaq05;</li> </ul> <p><b>Calculate in minutes per day:</b></p> <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then ip_tvsgd_tot=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then ip_tvsgd_tot=-1;</li> <li>• if (s2014=14) then ip_tvsgd_tot=tvsbtrw/7;</li> </ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Remarks              | Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

|                          |                                                                                                                                                                                                                                        |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_TSSBD_T</b>                                                                                                                                                                                                                      |
| Title                    | Number of minutes per day sitting (excluding in motor vehicle)                                                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                                                    |
| Possible value           | 0 to 1028.5714286                                                                                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                      |
| Based on variable(s)     | ipaq14, ipaq14h, ipaq14m, ipaq15, ipaq15h, ipaq15m                                                                                                                                                                                     |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq14h=-3 then ipaq14t=-3;</li> <li>• else if ipaq14h=-1 then ipaq14t =-1;</li> <li>• else ipaq14t = ipaq014h*60+ipaq14m</li> </ul> |



|                                   |                                                                                                                                                                           |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Denominator</p> <p>Remarks</p> | <p>Adults</p> <p>Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).</p> |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

- if ipaq15h then ipaqt15=-3;
- else if ipaq15h then ipaqt15=-1;
- else ipaqt15= ipaq15h \*60+ ipaq15m ;

**Activities that take less than 10 minutes are converted to 0 minutes:**

- if ipaq14t>0 and ipaq14t<10 then ipaq14t=0;
- if ipaq15t>0 and ipaq15t<10 then ipaq15t=0;

**Calculate total:**

- if (age7c <= 4 and s2014<14) then ip\_tssbd\_t=-3;
- if (s2014<14 and age7c>4) then ip\_tssbd\_t=-1;
- if (s2014=14) then ip\_tssbd\_t= ipaqt14\*(5/7)+ipaqt15\*(2/7);

|                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Indicator FCS2014</b></p> <p>Title</p> <p>Type of variable</p> <p>Possible value</p> <p>Value labels</p> <p>Based on variable(s)</p> <p>Construction</p> | <p><b>IP_T5SBSTD_tot</b></p> <p>Number of minutes per day sitting per week day</p> <p>Num</p> <p>0 to 1260</p> <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> <p>ipaq14, ipaq14h, ipaq14m</p> <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq14h=-3 then ipaq14t=-3;</li> <li>• else if ipaq14h=-1 then ipaq14t =-1;</li> <li>• else ipaq14t = ipaq014h*60+ipaq14m</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq14t&gt;0 and ipaq14t&lt;10 then ipaq14t=0;</li> </ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then ip_t5sbsstd_tot=-3;</li> </ul> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



|                        |                                                                                                                                                                                                                                                                                                                                          |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | <ul style="list-style-type: none"> <li>• if (s2014&lt;14 and age7c&gt;4) then ip_t5sbstd_tot=-1;</li> <li>• if (s2014=14) then ip_t5sbstd_tot=ipagt14;</li> </ul> <p>Adults<br/>Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).</p> |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_T2SBSTD_tot</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Title                    | Number of minutes per day sitting per weekend day                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Possible value           | 0 to 960                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Based on variable(s)     | ipaq15, ipaq15h, ipaq15m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Construction             | <p><b>All durations are converted to minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq15h then ipagt15=-3;</li> <li>• else if ipaq15h then ipagt15=-1;</li> <li>• else ipagt15= ipaq15h *60+ ipaq15m ;</li> </ul> <p><b>Activities that take less than 10 minutes are converted to 0 minutes:</b></p> <ul style="list-style-type: none"> <li>• if ipaq15t&gt;0 and ipaq15t&lt;10 then ipaq15t=0;</li> </ul> <p><b>Calculate total:</b></p> <ul style="list-style-type: none"> <li>• if (age7c &lt;= 4 and s2014&lt;14) then ip_t2sbstd_tot=-3;</li> <li>• if (s2014&lt;14 and age7c&gt;4) then ip_t2sbstd_tot=-1;</li> <li>• if (s2014=14) then ip_t2sbstd_tot=ipagt15;</li> </ul> |
| Denominator              | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Remarks                  | Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

|                          |                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>IP_sit_CI_T</b>                                                                                      |
| Title                    | Sitting longer than 8 hours per day                                                                     |
| Type of variable         | Num                                                                                                     |
| Possible value           | 1 or 0                                                                                                  |
| Value labels             | <ul style="list-style-type: none"> <li>• 0 = No</li> <li>• 1 = Yes</li> <li>• -1 = No answer</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                 |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> IP_TSSBD_T, age7c                                                                                                                                                                                                                         |
| Construction         | <ul style="list-style-type: none"><li>• if (age7c &lt;= 4 and s2014&lt;14) then IP_sit_Cl_T =-3;</li><li>• if (s2014&lt;14 and age7c&gt;4) then IP_sit_Cl_T =-1;</li><li>• if (s2014=14 and IP_TSSBD_T &lt;481) then ip_sit_cl=0;</li><li>• if (s2014=14 and IP_TSSBD_T &gt;480) then IP_sit_Cl_T =1;</li></ul> |
| Denominator          | Adults                                                                                                                                                                                                                                                                                                          |
| Remarks              | Variable 's2014' is a temporary variable. Only individual with s2014=14 are complete individuals (provided an answer for each question of the IPAQ).                                                                                                                                                            |



## 6.1.2. EHISPAQ adults

### Variables FCS 2014

|          |                                                                                                            |
|----------|------------------------------------------------------------------------------------------------------------|
| val01    | Participation to validation study                                                                          |
| eh01     | Physical activity at work (1 <sup>st</sup> interview)                                                      |
| eh02     | Walking for transport (1 <sup>st</sup> interview)                                                          |
| eh0201   | Number of days walking for transport (1 <sup>st</sup> interview)                                           |
| eh03     | Duration walking for transport (1 <sup>st</sup> interview)                                                 |
| eh04     | Bicycle for transport (1 <sup>st</sup> interview)                                                          |
| eh0401   | Number of days bicycle for transport (1 <sup>st</sup> interview)                                           |
| eh05     | Duration bicycle for transport (1 <sup>st</sup> interview)                                                 |
| eh06     | Sport, fitness and recreational (leisure) physical activities) (1 <sup>st</sup> interview)                 |
| eh0601   | Number of days sport, fitness or recreational (leisure) physical activities) (1 <sup>st</sup> interview)   |
| eh07h    | Hours per week sport, fitness or recreational (leisure) physical activities) (1 <sup>st</sup> interview)   |
| eh07m    | Minutes per week sport, fitness or recreational (leisure) physical activities) (1 <sup>st</sup> interview) |
| eh08     | Muscle strengthening exercises (1 <sup>st</sup> interview)                                                 |
| eh0801   | Number of days muscle strengthening exercises (1 <sup>st</sup> interview)                                  |
| eh09h    | Hours per day sitting (1 <sup>st</sup> interview)                                                          |
| eh09m    | Minutes per day sitting (1 <sup>st</sup> interview)                                                        |
| eh01val  | Physical activity at work (2 <sup>nd</sup> interview)                                                      |
| eh02val  | Walking for transport (2 <sup>nd</sup> interview)                                                          |
| eh0201va | Number of days walking for transport (2 <sup>nd</sup> interview)                                           |
| eh03 val | Duration walking for transport (2 <sup>nd</sup> interview)                                                 |
| eh04val  | Bicycle for transport (2 <sup>nd</sup> interview)                                                          |
| eh0401va | Number of days bicycle for transport (2 <sup>nd</sup> interview)                                           |
| eh05val  | Duration bicycle for transport (2 <sup>nd</sup> interview)                                                 |
| eh06val  | Sport, fitness and recreational (leisure) physical activities) (2 <sup>nd</sup> interview)                 |
| eh0601va | Number of days sport, fitness or recreational (leisure) physical activities) (2 <sup>nd</sup> interview)   |
| eh07hval | Hours per week sport, fitness or recreational (leisure) physical activities) (2 <sup>nd</sup> interview)   |
| eh07mval | Minutes per week sport, fitness or recreational (leisure) physical activities) (2 <sup>nd</sup> interview) |
| eh08val  | Muscle strengthening exercises (2 <sup>nd</sup> interview)                                                 |
| eh0801va | Number of days muscle strengthening exercises                                                              |



eh09hval  
eh09mval

(2<sup>nd</sup> interview)  
Hours per day sitting (2<sup>nd</sup> interview)  
Minutes per day sitting (2<sup>nd</sup> interview)



|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>val01</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Title                   | Participation to validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Possible value          | 1 or 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -1= Missing</li><li>• -3= Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                     |
| Denominator             | Adults                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Remarks                 | All adult participants were proposed to participate in a validation study of the EHISPAQ questionnaire. If they agreed to participate they received the EHISPAQ questions (two times) and had to wear an accelerometer during 7 days. This questionnaire was developed in the framework of the second wave of the European Health Interview Survey (EHIS). To assess the reliability of this questionnaire the questionnaire was asked during the first and the second interview. |

|                         |                                                                                                                                                                                                                                                                                               |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh01</b>                                                                                                                                                                                                                                                                                   |
| Title                   | Physical activity at work (1 <sup>st</sup> interview)                                                                                                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                                                                                                           |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Mostly sitting or standing</li><li>• 2 = Mostly walking or tasks of moderate physical effort</li><li>• 3 = Mostly heavy labour or physically demanding work</li><li>• 4 = Not performing any working tasks</li><li>• -3= Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                                                                                        |
| Remarks                 | /                                                                                                                                                                                                                                                                                             |

|                         |                                                                                                                               |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh02</b>                                                                                                                   |
| Title                   | Walking for transport (1 <sup>st</sup> interview)                                                                             |
| Type of variable        | Num                                                                                                                           |
| Possible value          | 1 or 2                                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Number of days</li><li>• 2 = I never carry out such physical activities</li></ul> |



|             |                                                                                                                                                              |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | Adults                                                                                                                                                       |
| Remarks     | <ul style="list-style-type: none"><li>-3= Not applicable</li></ul> If value is '1' (number of days) the next variable (eh0201) indicates the number of days. |

|                         |                                                                    |
|-------------------------|--------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh0201</b>                                                      |
| Title                   | Number of days walking for transport (1 <sup>st</sup> interview)   |
| Type of variable        | Num                                                                |
| Possible value          | 1 to 7                                                             |
| Value labels            | <ul style="list-style-type: none"><li>-3= Not applicable</li></ul> |
| Denominator             | Adults                                                             |
| Remarks                 | /                                                                  |

|                         |                                                                                                                                                                                                                                                                             |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh03</b>                                                                                                                                                                                                                                                                 |
| Title                   | Duration walking for transport (1 <sup>st</sup> interview)                                                                                                                                                                                                                  |
| Type of variable        | Num                                                                                                                                                                                                                                                                         |
| Possible value          | 1 to 5                                                                                                                                                                                                                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>1 = 10-29 minutes per day</li><li>2 = 30-59 minutes per day</li><li>3 = 1 hour to less than 2 hours per day</li><li>4 = 2 hours to less than 3 hours per day</li><li>5 = 3 hours or more per day</li><li>-3= Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                                                                                                                                      |
| Remarks                 | /                                                                                                                                                                                                                                                                           |

|                         |                                                                                                                                                      |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh04</b>                                                                                                                                          |
| Title                   | Bicycle for transport (1 <sup>st</sup> interview)                                                                                                    |
| Type of variable        | Num                                                                                                                                                  |
| Possible value          | 1 or 2                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"><li>1 = Number of days</li><li>2 = I never carry out such physical activities</li><li>-3= Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                               |
| Remarks                 | If value is '1' (number of days) the next variable (eh0401) indicates the number of days.                                                            |

|                         |               |
|-------------------------|---------------|
| <b>Variable FCS2014</b> | <b>eh0401</b> |
|-------------------------|---------------|





|                  |                                                                        |
|------------------|------------------------------------------------------------------------|
| Title            | Number of days bicycle for transport (1 <sup>st</sup> interview)       |
| Type of variable | Num                                                                    |
| Possible value   | 1 to 7                                                                 |
| Value labels     | <ul style="list-style-type: none"> <li>• -3= Not applicable</li> </ul> |
| Denominator      | Adults                                                                 |
| Remarks          | /                                                                      |

|                         |                                                                                                                                                                                                                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh05</b>                                                                                                                                                                                                                                                                                    |
| Title                   | Duration bicycle for transport (1 <sup>st</sup> interview)                                                                                                                                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                                                                                                                                            |
| Possible value          | 1 to 5                                                                                                                                                                                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = 10-29 minutes per day</li> <li>• 2 = 30-59 minutes per day</li> <li>• 3 = 1 hour to less than 2 hours per day</li> <li>• 4 = 2 hours to less than 3 hours per day</li> <li>• 5 = 3 hours or more per day</li> <li>• -3= Not applicable</li> </ul> |
| Denominator             | Adults                                                                                                                                                                                                                                                                                         |
| Remarks                 | /                                                                                                                                                                                                                                                                                              |

|                         |                                                                                                                                                                |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh06</b>                                                                                                                                                    |
| Title                   | Sport, fitness and recreational (leisure) physical activities) (1 <sup>st</sup> interview)                                                                     |
| Type of variable        | Num                                                                                                                                                            |
| Possible value          | 1 or 2                                                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Number of days</li> <li>• 2 = I never carry out such physical activities</li> <li>• -3= Not applicable</li> </ul> |
| Denominator             | Adults                                                                                                                                                         |
| Remarks                 | If value is '1' (number of days) the next variable (eh0601) indicates the number of days.                                                                      |

|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh0601</b>                                                                                            |
| Title                   | Number of days sport, fitness or recreational (leisure) physical activities) (1 <sup>st</sup> interview) |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 to 7                                                                                                   |
| Value labels            | <ul style="list-style-type: none"> <li>• -3= Not applicable</li> </ul>                                   |
| Denominator             | Adults                                                                                                   |



|         |   |
|---------|---|
| Remarks | / |
|---------|---|

|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh07h</b>                                                                                             |
| Title                   | Hours per week sport, fitness or recreational (leisure) physical activities) (1 <sup>st</sup> interview) |
| Type of variable        | Num                                                                                                      |
| Possible value          | /                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• -3= Not applicable</li></ul>                                     |
| Denominator             | Adults                                                                                                   |
| Remarks                 | /                                                                                                        |

|                         |                                                                                                            |
|-------------------------|------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh07m</b>                                                                                               |
| Title                   | Minutes per week sport, fitness or recreational (leisure) physical activities) (1 <sup>st</sup> interview) |
| Type of variable        | Num                                                                                                        |
| Possible value          | /                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• -3= Not applicable</li></ul>                                       |
| Denominator             | Adults                                                                                                     |
| Remarks                 | /                                                                                                          |

|                         |                                                                                                                                                            |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh08</b>                                                                                                                                                |
| Title                   | Muscle strengthening exercises (1 <sup>st</sup> interview)                                                                                                 |
| Type of variable        | Num                                                                                                                                                        |
| Possible value          | /                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Number of days</li><li>• 2 = I never carry out such physical activities</li><li>• -3= Not applicable</li></ul> |
| Denominator             | Adults                                                                                                                                                     |
| Remarks                 | If value is '1' (number of days) the next variable (eh0801) indicates the number of days.                                                                  |

|                         |                                                                           |
|-------------------------|---------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh0801</b>                                                             |
| Title                   | Number of days muscle strengthening exercises (1 <sup>st</sup> interview) |
| Type of variable        | Num                                                                       |
| Possible value          | 1 to 7                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• -3= Not applicable</li></ul>      |
| Denominator             | Adults                                                                    |



|         |   |
|---------|---|
| Remarks | / |
|---------|---|

|                         |                                                                      |
|-------------------------|----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh09h</b>                                                         |
| Title                   | Hours per day sitting (1 <sup>st</sup> interview)                    |
| Type of variable        | Num                                                                  |
| Possible value          | 0 to 24                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -3= Not applicable</li></ul> |
| Denominator             | Adults                                                               |
| Remarks                 | /                                                                    |

|                         |                                                                      |
|-------------------------|----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>eh09m</b>                                                         |
| Title                   | Minutes per day sitting (1 <sup>st</sup> interview)                  |
| Type of variable        | Num                                                                  |
| Possible value          | 0 to 60                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -3= Not applicable</li></ul> |
| Denominator             | Adults                                                               |
| Remarks                 | /                                                                    |

Remark: The variables from eh01**val** to eh09m**val** (the 2<sup>nd</sup> interview) have the same type of variables, possible values, value labels, denominators and remarks as the variables from the 1<sup>st</sup> interview (from eh01 to eh09m).



### 6.1.3. FPAQ adolescents

#### Variables FCS 2014

|          |                                                                  |
|----------|------------------------------------------------------------------|
| fpaq01   | Transport from and to school                                     |
| fpaq01m  | Minutes transport from and to school                             |
| fpaq02   | Going back home during noon                                      |
| fpaq0201 | Going back home during noon (answer 1)                           |
| fpaq0202 | Going back home during noon (answer 2)                           |
| fpaq0203 | Going back home during noon (answer 3)                           |
| fpaq0204 | Going back home during noon (answer 4)                           |
| fpaq03   | Allowed taking road alone from and to school                     |
| fpaq04   | Hours per week physical education or sport at school             |
| fpaq05   | Usual activity during playtime                                   |
| fpaq06   | Usual activity during playtime during lunch break                |
| fpaq07   | Ability sport activities at school outside school hours          |
| fpaq081  | Moment sport activities at school (answer 1)                     |
| fpaq082  | Moment sport activities at school (answer 2)                     |
| fpaq083  | Moment sport activities at school (answer 3)                     |
| fpaq084  | Moment sport activities at school (answer 4)                     |
| fpaq085  | Moment sport activities at school (answer 5)                     |
| fpaq086  | Moment sport activities at school (answer 6)                     |
| fpaq087  | Moment sport activities at school (answer 7)                     |
| fpaq0801 | Other moment for sport activities                                |
| fpaq09   | Participation in sport activities at school                      |
| fpaq101  | Moment of participation in sport activities at school (answer 1) |
| fpaq102  | Moment of participation in sport activities at school (answer 2) |
| fpaq103  | Moment of participation in sport activities at school (answer 3) |
| fpaq104  | Moment of participation in sport activities at school (answer 4) |
| fpaq105  | Moment of participation in sport activities at school (answer 5) |
| fpaq106  | Moment of participation in sport activities at school (answer 6) |
| fpaq107  | Moment of participation in sport activities at school (answer 7) |
| fpaq1001 | Participation at other moments                                   |
| fpaq11   | Duration sport activities at school                              |
| fpaq12   | Walking for transport during leisure time during weekdays        |



|          |                                                               |
|----------|---------------------------------------------------------------|
| fpaq13   | Bicycle for transport during leisure time during weekdays     |
| fpaq14   | Walking for transport during leisure time during weekend days |
| fpaq15   | Bicycle for transport during leisure time during weekend days |
| fpaq16   | Vigorous physical activity during at least 20 minutes         |
| fpaq17   | Moderate physical activity during at least 20 minutes         |
| fpaq1801 | Most important sport during leisure time (1)                  |
| fpaq1802 | Description of sport (1)                                      |
| fpaq1803 | Participation in sports club (1)                              |
| fpaq1804 | Competition (1)                                               |
| fpaq1805 | Weekly sport (1)                                              |
| fpaq1806 | Number of times weekly (1)                                    |
| fpaq1807 | Number of times monthly (1)                                   |
| fpaq1808 | Hours per time (1)                                            |
| fpaq1809 | Minutes per time (1)                                          |
| fpaq1901 | Most important sport during leisure time (2)                  |
| fpaq1902 | Description of sport (2)                                      |
| fpaq1903 | Participation in sports club (2)                              |
| fpaq1904 | Competition (2)                                               |
| fpaq1905 | Weekly sport (2)                                              |
| fpaq1906 | Number of times weekly (2)                                    |
| fpaq1907 | Number of times monthly (2)                                   |
| fpaq1908 | Hours per time (2)                                            |
| fpaq1909 | Minutes per time (2)                                          |
| fpaq2001 | Most important sport during leisure time (3)                  |
| fpaq2002 | Description of sport (3)                                      |
| fpaq2003 | Participation in sports club (3)                              |
| fpaq2004 | Competition (3)                                               |
| fpaq2005 | Weekly sport (3)                                              |
| fpaq2006 | Number of times weekly (3)                                    |
| fpaq2007 | Number of times monthly (3)                                   |
| fpaq2008 | Hours per time (3)                                            |
| fpaq2009 | Minutes per time (3)                                          |
| sb01     | Watching TV/DVD's on a normal weekday                         |
| sb02     | Watching TV/DVD's on a normal weekend day                     |
| sb03     | Video- or computer games on a normal weekday                  |
| sb04     | Video- or computer games on a normal weekend day              |
| sb05     | Internet, e-mail, chat on a normal weekday                    |



|      |                                                                               |
|------|-------------------------------------------------------------------------------|
| sb06 | Internet, e-mail, chat on a normal weekend day                                |
| sb07 | Doing homework a normal weekday                                               |
| sb08 | Doing homework a normal weekend day                                           |
| sb09 | Listening to music on a normal weekday                                        |
| sb10 | Listening to music on a normal weekend day                                    |
| sb11 | Talking on the phone or texting sitting down on a normal weekday              |
| sb12 | Talking on the phone or texting sitting down on a normal weekend day          |
| sb13 | Sitting, hanging around, talking to friends or family on a normal weekday     |
| sb14 | Sitting, hanging around, talking to friends or family on a normal weekend day |
| sb15 | Reading a book, comic or magazine (not for school) on a normal weekday        |
| sb16 | Reading a book, comic or magazine (not for school) on a normal weekend day    |
| sb17 | Inactive hobby's (music, film, art, etc.) on a normal weekday                 |
| sb18 | Inactive hobby's (music, film, art, etc.) on a normal weekend day             |
| sb19 | Sitting in a car on a normal weekday                                          |
| sb20 | Sitting in a car on a normal weekend day                                      |

#### **Indicators FCS 2014**

|       |                                                                                               |
|-------|-----------------------------------------------------------------------------------------------|
| FQ_1  | Minutes per week physical education or sport at school                                        |
| FQ_2  | Ability sport activities at school outside school hours                                       |
| FQ_3  | Ability sport activities at school outside school hours and participation in these activities |
| FQ_4  | Minutes per week sport activities at school outside school hours                              |
| FQ_5  | Type of transport from and to school                                                          |
| FQ_6  | Active transport from and to school                                                           |
| FQ_7  | Minutes per week active transport from and to school                                          |
| FQ_12 | Sport participation during leisure time                                                       |
| FQ_13 | Minutes per week sport during leisure time                                                    |
| FQ_15 | Minutes per week passive transport from and to school                                         |
| FQ_16 | Minutes per day watching TV/DVD's on a normal weekday                                         |
| FQ_17 | Minutes per day watching TV/DVD's on a normal weekend day                                     |
| FQ_18 | Minutes per day playing video- or computer games on a normal weekday                          |



|       |                                                                                              |
|-------|----------------------------------------------------------------------------------------------|
| FQ_19 | Minutes per day playing video- or computer games on a normal weekend day                     |
| FQ_20 | Minutes per day spending time on the internet, e-mailing or chatting on a normal weekday     |
| FQ_21 | Minutes per day spending time on the internet, e-mailing or chatting on a normal weekend day |
| FQ_22 | Minutes per day doing homework on a normal weekday                                           |
| FQ_23 | Minutes per day doing homework on a normal weekend day                                       |
| FQ_24 | Minutes per day spending time on other sedentary behaviours on a normal weekday              |
| FQ_25 | Minutes per day spending time on other sedentary behaviours on a normal weekend day          |
| FQ_26 | Screen time on a normal week day (minutes per day)                                           |
| FQ_27 | Screen time on a normal weekend day (minutes per day)                                        |
| FQ_28 | More than two hour per day screen time on a normal week day                                  |
| FQ_29 | More than two hour per day screen time on a normal weekend day                               |



|                         |                                                                                                                                                                                                                                                      |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq01</b>                                                                                                                                                                                                                                        |
| Title                   | Transport from and to school                                                                                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                                                                  |
| Possible value          | 1 to 4                                                                                                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = With the bicycle</li><li>• 2 = On foot</li><li>• 3 = With the car, train, bus or motorcycle</li><li>• 4 = With the step or rollerblades</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                          |
| Remarks                 | Only one answer is possible                                                                                                                                                                                                                          |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq01m</b>                                                        |
| Title                   | Minutes transport from and to school                                  |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                           |
| Remarks                 | /                                                                     |

|                         |                                                                                                          |
|-------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq02</b>                                                                                            |
| Title                   | Going back home during noon                                                                              |
| Type of variable        | Num                                                                                                      |
| Possible value          | 1 or 2                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                              |
| Remarks                 | /                                                                                                        |

|                         |                                                                                                           |
|-------------------------|-----------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq0201</b>                                                                                           |
| Title                   | Going back home during noon (answer 1)                                                                    |
| Type of variable        | Num                                                                                                       |
| Possible value          | 1 to 4                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Monday</li><li>• 2 = Tuesday</li><li>• 3 = Thursday</li></ul> |





|             |                                          |
|-------------|------------------------------------------|
| Denominator | Adolescents                              |
| Remarks     | This question was not asked if fpaq02=2. |

|                         |                                                                                                                                |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq0202</b>                                                                                                                |
| Title                   | Going back home during noon (answer 2)                                                                                         |
| Type of variable        | Num                                                                                                                            |
| Possible value          | 1 to 4                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Monday</li><li>• 2 = Tuesday</li><li>• 3 = Thursday</li><li>• 4 = Friday</li></ul> |
| Denominator             | Adolescents                                                                                                                    |
| Remarks                 | This question was not asked if fpaq02=2.                                                                                       |

|                         |                                                                                                                                |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq0203</b>                                                                                                                |
| Title                   | Going back home during noon (answer 3)                                                                                         |
| Type of variable        | Num                                                                                                                            |
| Possible value          | 1 to 4                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Monday</li><li>• 2 = Tuesday</li><li>• 3 = Thursday</li><li>• 4 = Friday</li></ul> |
| Denominator             | Adolescents                                                                                                                    |
| Remarks                 | This question was not asked if fpaq02=2.                                                                                       |

|                         |                                                                                    |
|-------------------------|------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq0204</b>                                                                    |
| Title                   | Going back home during noon (answer 4)                                             |
| Type of variable        | Num                                                                                |
| Possible value          | 1 to 4                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Monday</li><li>• 2 = Tuesday</li></ul> |



|             |                                                                                     |
|-------------|-------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"><li>• 3 = Thursday</li><li>• 4 = Friday</li></ul> |
| Denominator | Adolescents                                                                         |
| Remarks     | This question was not asked if fpaq02=2.                                            |

|                         |                                                                                                                                   |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq03</b>                                                                                                                     |
| Title                   | Allowed taking road alone from and to school                                                                                      |
| Type of variable        | Num                                                                                                                               |
| Possible value          | 1 or 2                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                                       |
| Remarks                 | /                                                                                                                                 |

|                         |                                                                                                |
|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq04</b>                                                                                  |
| Title                   | Hours per week physical education or sport at school                                           |
| Type of variable        | Num                                                                                            |
| Possible value          | /                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                    |
| Remarks                 | /                                                                                              |

|                         |                                                                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq05</b>                                                                                                                                                                                                                         |
| Title                   | Usual activity during playtime                                                                                                                                                                                                        |
| Type of variable        | Num                                                                                                                                                                                                                                   |
| Possible value          | 1 to 5                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Sitting</li><li>• 2 = Standing</li><li>• 3 = Walking</li><li>• 4 = Sport/playing</li><li>• 5 = There is no playtime</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |



|             |                           |
|-------------|---------------------------|
| Denominator | Adolescents               |
| Remarks     | Only one answer possible. |

|                         |                                                                                                                                                                                                                                                   |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq06</b>                                                                                                                                                                                                                                     |
| Title                   | Usual activity during playtime during lunch break                                                                                                                                                                                                 |
| Type of variable        | Num                                                                                                                                                                                                                                               |
| Possible value          | 1 to 5                                                                                                                                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Sitting</li> <li>• 2 = Standing</li> <li>• 3 = Walking</li> <li>• 4 = Sport/playing</li> <li>• 5 = There is no lunch break</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                       |
| Remarks                 | Only one answer possible.                                                                                                                                                                                                                         |

|                         |                                                                                                                                              |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq07</b>                                                                                                                                |
| Title                   | Ability sport activities at school outside school hours                                                                                      |
| Type of variable        | Num                                                                                                                                          |
| Possible value          | 1 or 2                                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adolescents                                                                                                                                  |
| Remarks                 | Only one answer possible.                                                                                                                    |

|                         |                                                                                                                                                                                                                                                  |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq081, fpaq082, fpaq083, fpaq084, fpaq085, fpaq086, fpaq087</b>                                                                                                                                                                             |
| Title                   | Moment sport activities at school (answer 1-7)                                                                                                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                                                                                              |
| Possible value          | 1 to 7                                                                                                                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = During playtime</li> <li>• 2 = During lunch break</li> <li>• 3 = During study (outside physical education hours)</li> <li>• 4 = After school hours</li> <li>• 5 = On Wednesday afternoon</li> </ul> |



|             |                                                                                                                            |
|-------------|----------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• 6 = At class or school tournaments</li> <li>• 7 = During other moments</li> </ul> |
| Denominator | Adolescents                                                                                                                |
| Remarks     | This question is only asked if fpaq07=1.                                                                                   |

|                         |                                                                                                                         |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq0801</b>                                                                                                         |
| Title                   | Other moment for sport activities                                                                                       |
| Type of variable        | Char                                                                                                                    |
| Possible value          | /                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                 |
| Denominator             | Adolescents                                                                                                             |
| Remarks                 | This question is only asked if fpaq081=7 or fpaq082=7 or fpaq083=7 or fpaq084=7 or fpaq085=7 or fpaq086=7 or fpaq087=7. |

|                         |                                                                                                                                        |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq09</b>                                                                                                                          |
| Title                   | Participation in sport activities at school                                                                                            |
| Type of variable        | Num                                                                                                                                    |
| Possible value          | 1 or 2                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adolescents                                                                                                                            |
| Remarks                 | /                                                                                                                                      |

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|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq101, fpaq102, fpaq103, fpaq104, fpaq105, fpaq106, fpaq107</b>                                                                                                                                                                             |
| Title                   | Moment of participation in sport activities at school (answer 1-7)                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                              |
| Possible value          | 1 to 7                                                                                                                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = During playtime</li> <li>• 2 = During lunch break</li> <li>• 3 = During study (outside physical education hours)</li> <li>• 4 = After school hours</li> <li>• 5 = On Wednesday afternoon</li> </ul> |



|             |                                                                                                                                                                                |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Denominator | Adolescents                                                                                                                                                                    |
| Remarks     | This question is only asked if fpaq09=1.                                                                                                                                       |
|             | <ul style="list-style-type: none"><li>• 6 = At class or school tournaments</li><li>• 7 = During other moments</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |

|                         |                                                                                                                         |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq1001</b>                                                                                                         |
| Title                   | Participation at other moments                                                                                          |
| Type of variable        | Char                                                                                                                    |
| Possible value          | /                                                                                                                       |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul>                          |
| Denominator             | Adolescents                                                                                                             |
| Remarks                 | This question is only asked if fpaq101=7 or fpaq102=7 or fpaq103=7 or fpaq104=7 or fpaq105=7 or fpaq106=7 or fpaq107=7. |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                   |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq11</b>                                                                                                                                                                                                                                                                                                                                                                                     |
| Title                   | Duration sport activities at school                                                                                                                                                                                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                               |
| Possible value          | 1 to 9                                                                                                                                                                                                                                                                                                                                                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Once in a while</li><li>• 2 = One hour per month</li><li>• 3 = 2 hours per month</li><li>• 4 = 3 hours per month</li><li>• 5 = 1 hour per week</li><li>• 6 = 2 hours per week</li><li>• 7 = 3 hours per week</li><li>• 8 = 4 hours per week</li><li>• 9 = more than 4 hours per week</li><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                                                                                                                                                                       |
| Remarks                 | This question is only asked if fpaq09=1.<br>Only one answer possible.                                                                                                                                                                                                                                                                                                                             |

|                         |                                                           |
|-------------------------|-----------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq12</b>                                             |
| Title                   | Walking for transport during leisure time during weekdays |



|                  |                                                                                                                                                                                                                                                                                     |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of variable | Num                                                                                                                                                                                                                                                                                 |
| Possible value   | 1 to 8                                                                                                                                                                                                                                                                              |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = 0-10 minutes</li><li>• 2 = 10-20 minutes</li><li>• 3 = 20-30 minutes</li><li>• 4 = 30-40 minutes</li><li>• 5 = 40-50 minutes</li><li>• 6 = 50-60 minutes</li><li>• 7 = 1u00-1u00 minutes</li><li>• 8 = more than 1u10 minutes</li></ul> |
| Denominator      | Adolescents                                                                                                                                                                                                                                                                         |
| Remarks          | /                                                                                                                                                                                                                                                                                   |

|                         |                                                                                                                                                                                                                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq13</b>                                                                                                                                                                                                                                                                       |
| Title                   | Bicycle for transport during leisure time during weekdays                                                                                                                                                                                                                           |
| Type of variable        | Num                                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 8                                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = 0-10 minutes</li><li>• 2 = 10-20 minutes</li><li>• 3 = 20-30 minutes</li><li>• 4 = 30-40 minutes</li><li>• 5 = 40-50 minutes</li><li>• 6 = 50-60 minutes</li><li>• 7 = 1u00-1u00 minutes</li><li>• 8 = more than 1u10 minutes</li></ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                                                         |
| Remarks                 | /                                                                                                                                                                                                                                                                                   |

|                         |                                                                                                                                                                                    |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq14</b>                                                                                                                                                                      |
| Title                   | Walking for transport during leisure time during weekend days                                                                                                                      |
| Type of variable        | Num                                                                                                                                                                                |
| Possible value          | 1 to 8                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = 0-10 minutes</li><li>• 2 = 10-20 minutes</li><li>• 3 = 20-30 minutes</li><li>• 4 = 30-40 minutes</li><li>• 5 = 40-50 minutes</li></ul> |



|             |                                                                                                                                          |
|-------------|------------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"><li>• 6 = 50-60 minutes</li><li>• 7 = 1u00-1u00 minutes</li><li>• 8 = more than 1u10 minutes</li></ul> |
| Denominator | Adolescents                                                                                                                              |
| Remarks     | /                                                                                                                                        |

|                         |                                                                                                                                                                                                                                                                                     |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq15</b>                                                                                                                                                                                                                                                                       |
| Title                   | Bicycle for transport during leisure time during weekend days                                                                                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                                                                                                                 |
| Possible value          | 1 to 8                                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = 0-10 minutes</li><li>• 2 = 10-20 minutes</li><li>• 3 = 20-30 minutes</li><li>• 4 = 30-40 minutes</li><li>• 5 = 40-50 minutes</li><li>• 6 = 50-60 minutes</li><li>• 7 = 1u00-1u00 minutes</li><li>• 8 = more than 1u10 minutes</li></ul> |
|                         | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                               |
| Denominator             | Adolescents                                                                                                                                                                                                                                                                         |
| Remarks                 | /                                                                                                                                                                                                                                                                                   |

|                         |                                                                                                                                                                                                                                                                                                            |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq16</b>                                                                                                                                                                                                                                                                                              |
| Title                   | Vigorous physical activity during at least 20 minutes                                                                                                                                                                                                                                                      |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                        |
| Possible value          | 1 to 9                                                                                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Once a week</li><li>• 3 = 2 times a week</li><li>• 4 = 3 times a week</li><li>• 5 = 4 times a week</li><li>• 6 = 5 times a week</li><li>• 7 = 6 times a week</li><li>• 8 = 7 times a week</li><li>• 9 = More than 7 times a week</li></ul> |
|                         | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                      |
| Denominator             | Adolescents                                                                                                                                                                                                                                                                                                |
| Remarks                 | /                                                                                                                                                                                                                                                                                                          |



|                         |                                                                                                                                                                                                                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq17</b>                                                                                                                                                                                                                                                                                                        |
| Title                   | Moderate physical activity during at least 20 minutes                                                                                                                                                                                                                                                                |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                  |
| Possible value          | 1 to 9                                                                                                                                                                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Never</li> <li>• 2 = Once a week</li> <li>• 3 = 2 times a week</li> <li>• 4 = 3 times a week</li> <li>• 5 = 4 times a week</li> <li>• 6 = 5 times a week</li> <li>• 7 = 6 times a week</li> <li>• 8 = 7 times a week</li> <li>• 9 = More than 7 times a week</li> </ul> |
| Denominator             | Adolescents                                                                                                                                                                                                                                                                                                          |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                    |

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| <b>Variable FCS2014</b> | <b>fpaq1801, fpaq1901, fpaq2001</b>                                                                                   |
| Title                   | Most important sport during leisure time (sport 1-3)                                                                  |
| Type of variable        | Num                                                                                                                   |
| Possible value          | 1 or 2                                                                                                                |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = I don't practice a sport</li> <li>• 2 = My first sport is ...</li> </ul> |
| Denominator             | Adolescents                                                                                                           |
| Remarks                 | /                                                                                                                     |

|                         |                                                                         |
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| <b>Variable FCS2014</b> | <b>fpaq1802, fpaq1902, fpaq2002</b>                                     |
| Title                   | Description of sport (sport 1-3)                                        |
| Type of variable        | Char                                                                    |
| Possible value          | /                                                                       |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adolescents                                                             |
| Remarks                 | This question was only asked if fpaq1801=2, fpaq1901=2 or fpaq2001=2.   |

|                         |                                     |
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| <b>Variable FCS2014</b> | <b>fpaq1803, fpaq1903, fpaq2003</b> |
|-------------------------|-------------------------------------|





|                  |                                                                                                               |
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| Title            | Participation in sports club (sport 1-3)                                                                      |
| Type of variable | Num                                                                                                           |
| Possible value   | 1 or 2                                                                                                        |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator      | Adolescents                                                                                                   |
| Remarks          | This question was only asked if fpaq1801=2, fpaq1901=2 or fpaq2001=2.                                         |

|                         |                                                                                                               |
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| <b>Variable FCS2014</b> | <b>fpaq1804, fpaq1904, fpaq2004</b>                                                                           |
| Title                   | Competition (sport 1-3)                                                                                       |
| Type of variable        | Num                                                                                                           |
| Possible value          | 1 or 2                                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                   |
| Remarks                 | This question was only asked if fpaq1801=2, fpaq1901=2 or fpaq2001=2.                                         |

|                         |                                                                                                                                           |
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| <b>Variable FCS2014</b> | <b>fpaq1805, fpaq1905, fpaq2005</b>                                                                                                       |
| Title                   | Competition (sport 1-3)                                                                                                                   |
| Type of variable        | Num                                                                                                                                       |
| Possible value          | 1 or 2                                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes, every week</li><li>• 2 = No, not every week</li><br/><li>• -3 = Not applicable</li></ul> |
| Denominator             | Adolescents                                                                                                                               |
| Remarks                 | This question was only asked if fpaq1801=2, fpaq1901=2 or fpaq2001=2.                                                                     |

|                         |                                                                                                      |
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| <b>Variable FCS2014</b> | <b>fpaq1806, fpaq1906, fpaq2006</b>                                                                  |
| Title                   | Number of times weekly (sport 1-3)                                                                   |
| Type of variable        | Num                                                                                                  |
| Possible value          | 1 to 8                                                                                               |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = 1 time per week</li><li>• 2 = 2 times per week</li></ul> |



|             |                                                                                                                                                                                                                                                    |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• 3 = 3 times per week</li> <li>• 4 = 4 times per week</li> <li>• 5 = 5 times per week</li> <li>• 6 = 6 times per week</li> <li>• 7 = 7 times per week</li> <li>• 8 = more than 7 times per week</li> </ul> |
|             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                  |
| Denominator | Adolescents                                                                                                                                                                                                                                        |
| Remarks     | This question is only asked if fpaq1805=1, fpaq1905=1 or fpaq2005=1.                                                                                                                                                                               |

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| <b>Variable FCS2014</b> | <b>fpaq1807, fpaq1907, fpaq2007</b>                                                                                                                                            |
| Title                   | Number of times monthly (sport 1-3)                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                            |
| Possible value          | 1 or 2                                                                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Several times a year</li> <li>• 2 = 1 time per month</li> <li>• 3 = 2 times per month</li> <li>• 4 = 3 times per month</li> </ul> |
|                         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                              |
| Denominator             | Adolescents                                                                                                                                                                    |
| Remarks                 | This question is only asked if fpaq1805=2, fpaq1905=2 or fpaq2005=2.                                                                                                           |

|                         |                                                                         |
|-------------------------|-------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq1808, fpaq1908, fpaq2008</b>                                     |
| Title                   | Hours per time (sport 1-3)                                              |
| Type of variable        | Num                                                                     |
| Possible value          | /                                                                       |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Adolescents                                                             |
| Remarks                 | This question is only asked if fpaq1805=2, fpaq1905=2 or fpaq2005=2.    |

|                         |                                     |
|-------------------------|-------------------------------------|
| <b>Variable FCS2014</b> | <b>fpaq1809, fpaq1909, fpaq2009</b> |
| Title                   | Minutes per time (sport 1-3)        |
| Type of variable        | Num                                 |
| Possible value          | /                                   |



|              |                                                                       |
|--------------|-----------------------------------------------------------------------|
| Value labels | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> |
| Denominator  | Adolescents                                                           |
| Remarks      | This question is only asked if fpaq1805=2, fpaq1905=2 or fpaq2005=2.  |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                 |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>sb01, sb02, sb03, sb04, sb05, sb06, sb07, sb08, sb09, sb10, sb11, sb12, sb13, sb14, sb15, sb16, sb17, sb18, sb19, sb20</b>                                                                                                                                                                                                                                                                   |
| Title                   | Sedentary behaviours (Watching TV/DVD's/ Video- or computer games/Internet, e-mail, chat/ Doing homework/ Listening to music/ Talking on the phone or texting sitting down/ Sitting, hanging around, talking to friends or family/ Reading a book, comic or magazine (not for school)/ Inactive hobby's (music, film, art, etc.)/ Sitting in a car) on a normal weekday or a normal weekend day |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                             |
| Possible value          | 1 to 7                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"> <li>1 = Not</li> <li>2 = 15 minutes</li> <li>3 = 30 minutes</li> <li>4 = 1 hour</li> <li>5 = 2 hours</li> <li>6 = 3 hours</li> <li>7 = 4 hour or more</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                |
| Denominator             | Adolescents                                                                                                                                                                                                                                                                                                                                                                                     |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                               |

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| <b>Indicator FCS2014</b> | <b>FQ_1</b>                                                                                                                                                   |
| Title                    | Minutes per week physical education or sport at school                                                                                                        |
| Type of variable         | Num                                                                                                                                                           |
| Possible value           | 0 to 200                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                 |
| Based on variable(s)     | fpaq04                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>if fpaq04&gt;=0 then FQ_1=fpaq04*40;</li> <li>if fpaq04=-1 then FQ_1=-1;</li> <li>if fpaq04=-3 then FQ_1=-3</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                   |
| Remarks                  | Hours per week was converted to minutes per week. One hour of PE was considered as 40 minutes effective class time. (cfr. Aelterman et al.                    |



| <b>Indicator FCS2014</b> | <b>FQ_2</b>                                                                                                                                                                                  |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Ability sport activities at school outside school hours                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                 |
| Based on variable(s)     | fpaq07                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if fpaq07=1 then FQ_2=1;</li> <li>• if fpaq07=2 then FQ_2=0;</li> <li>• if fpaq07=-1 then FQ_2=-1;</li> <li>• if fpaq07=-3 then FQ_2=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                                            |

| <b>Indicator FCS2014</b> | <b>FQ_3</b>                                                                                                                                                                                  |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Ability sport activities at school outside school hours                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                 |
| Based on variable(s)     | fpaq09                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if fpaq09=1 then FQ_3=1;</li> <li>• if fpaq09=2 then FQ_3=0;</li> <li>• if fpaq09=-1 then FQ_3=-1;</li> <li>• if fpaq09=-3 then FQ_3=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                                            |

| <b>Indicator FCS2014</b> | <b>FQ_4</b>                                                        |
|--------------------------|--------------------------------------------------------------------|
| Title                    | Minutes per week sport activities at school outside school hours   |
| Type of variable         | Num                                                                |
| Possible value           | 0 to 300                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> </ul> |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Based on variable(s) | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> fpaq11, fpaq07, fpaq09                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Construction         | <ul style="list-style-type: none"> <li>if fpaq11=0 then sport_school=0;</li> <li>if fpaq11=1 then sport_school=0;</li> <li>if fpaq11=2 then sport_school=15;</li> <li>if fpaq11=3 then sport_school=30;</li> <li>if fpaq11=4 then sport_school=45;</li> <li>if fpaq11=5 then sport_school=60;</li> <li>if fpaq11=6 then sport_school=120;</li> <li>if fpaq11=7 then sport_school=180;</li> <li>if fpaq11=8 then sport_school=240;</li> <li>if fpaq11=9 then sport_school=300;</li> <li>if fpaq11=-1 then sport_school=-1;</li> <li>if fpaq11=-3 then sport_school=-3;</li> </ul> |
| Denominator          | Only calculation in subpopulation: <ul style="list-style-type: none"> <li>FQ_4=sport_school;</li> <li>if fpaq07=2 or fpaq09=2 then FQ_4=-3;</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Remarks              | Adolescents <ul style="list-style-type: none"> <li>Recode categorical answers (expressed as hours per month) to minutes per week.</li> <li>This indicator calculates the total duration only for adolescents that participate in sport at school (subpopulation)</li> </ul>                                                                                                                                                                                                                                                                                                      |

|                          |                                                                                                                                                                                                                                                 |
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| <b>Indicator FCS2014</b> | <b>FQ_5</b>                                                                                                                                                                                                                                     |
| Title                    | Type of transport from and to school                                                                                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                                                                                             |
| Possible value           | 1 to 4                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>1 = With the bicycle</li> <li>2 = On foot</li> <li>3 = With the car, train, bus or motorcycle</li> <li>4 = With the step or rollerblades</li> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul> |
| Based on variable(s)     | fpaq01                                                                                                                                                                                                                                          |
| Construction             | <ul style="list-style-type: none"> <li>F5=fpaq01</li> </ul>                                                                                                                                                                                     |
| Denominator              | Adolescents                                                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                                               |

|                          |                                     |
|--------------------------|-------------------------------------|
| <b>Indicator FCS2014</b> | <b>FQ_6</b>                         |
| Title                    | Active transport from and to school |
| Type of variable         | Num                                 |
| Possible value           | 1 or 0                              |



|                      |                                                                                                                                                                                |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Active transport</li> <li>• 0 = Not active transport</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>          |
| Based on variable(s) | fpaq01                                                                                                                                                                         |
| Construction         | <ul style="list-style-type: none"> <li>• if fpaq01 in (1,2,4) then FQ_6=1; else FQ_6=0;</li> <li>• if fpaq01=-3 then FQ_6=-3;</li> <li>• if fpaq01=-1 then FQ_6=-1;</li> </ul> |
| Denominator          | Adolescents                                                                                                                                                                    |
| Remarks              | /                                                                                                                                                                              |

| <b>Indicator FCS2014</b> | <b>FQ_7</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Minutes per week physical education or sport at school                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Possible value           | 10 to 750                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Based on variable(s)     | fpaq01m, fpaq01, fpaq0201, fpaq0202, fpaq0203, fpaq0204, fpaq02, FQ_6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• if fpaq01m=222 then fpaq01m=-1;</li> <li>• if fpaq01 in (1,2,4) then fpaq01_day=fpaq01m*2; else fpaq01_day=0;</li> <li>• fpaq01_week = (fpaq01_day*5);</li> <li>• if fpaq0201=1 or fpaq0202=1 or fpaq0203=1 or fpaq0204=1 then fpaq02_mo=1; else fpaq02_mo=0;</li> <li>• if fpaq0201=2 or fpaq0202=2 or fpaq0203=2 or fpaq0204=2 then fpaq02_tu=1; else fpaq02_tu=0;</li> <li>• if fpaq0201=3 or fpaq0202=3 or fpaq0203=3 or fpaq0204=3 then fpaq02_th=1; else fpaq02_th=0;</li> <li>• if fpaq0201=4 or fpaq0202=4 or fpaq0203=4 or fpaq0204=4 then fpaq02_fr=1; else fpaq02_fr=0;</li> <li>• if fpaq0201=-1 and fpaq0202=-1 and fpaq0203=-1 and fpaq0204=-1 then do fpaq02_mo=-1; fpaq02_tu=-1; fpaq02_th=-1; fpaq02_fr=-1; end;</li> <li>• if fpaq0201=-3 and fpaq0202=-3 and fpaq0203=-3 and fpaq0204=-3 then do fpaq02_mo=-3; fpaq02_tu=-3; fpaq02_th=-3;</li> </ul> |



|             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|             | <p>3;fpaq02_fr=-3;end;</p> <ul style="list-style-type: none"> <li>• if fpaq02=1 then<br/>fpaq02_days=sum(fpaq02_mo,fpaq02_tu,<br/>fpaq02_th,fpaq02_fr);</li> <li>• if fpaq01 in (1,2,4) and fpaq02=1 then<br/>fpaq02_week=(fpaq02_days*fpaq01m*2); else<br/>fpaq02_week=0;</li> <li>• transport_school= sum (fpaq01_week,<br/>fpaq02_week);</li> <li>• if fpaq01=-3 then transport_school=-3;</li> <li>• if fpaq01=-1 then transport_school=-1;</li> <li>• if FQ_6=1 then FQ_7=transport_school;</li> <li>• if FQ_6 in (0,-3) then FQ_7 =-3;</li> <li>• if FQ_6 =-1 then FQ_7=-1;</li> </ul> |
| Denominator | Adolescents                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Remarks     | <ul style="list-style-type: none"> <li>• Extreme value of 222 minutes to go to school seems invalid and was put as missing (-1).</li> <li>• First, minutes per day is calculated → two times reported duration → TO school and FROM school (fpaq01m*2)</li> <li>• Next, minutes per week is calculated → 5 schooldays per week (fpaq01_day*5)</li> <li>• Next, the total days per week going home is calculated and this is added to the total duration.</li> </ul>                                                                                                                          |

|                          |                                                                                                                                                                                                                                                  |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FQ_12</b>                                                                                                                                                                                                                                     |
| Title                    | Sport participation during leisure time                                                                                                                                                                                                          |
| Type of variable         | Num                                                                                                                                                                                                                                              |
| Possible value           | 1 or 0                                                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                     |
| Based on variable(s)     | fpaq1801                                                                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>• if fpaq1801=2 or fpaq1901=2 or fpaq2001=2 then FQ_12=1;</li> <li>• if fpaq1801=-1 then FQ_12=-1;</li> <li>• if fpaq1801=-3 then FQ_12=-3;</li> <li>• if FQ_12 not in (1,-1,-3) then FQ_12=0;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                                                                      |
| Remarks                  | /                                                                                                                                                                                                                                                |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator</b>     | <b>FQ_13</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>FCS2014</b>       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Title                | Minutes per week sport during leisure time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Possible value       | 0 to 1680                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels         | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Based on variable(s) | fpaq1801, fpaq1805, fpaq1806, fpaq1807, fpaq1808, fpaq1809, fpaq1901, fpaq1905, fpaq1906, fpaq1907, fpaq1908, fpaq1909, fpaq2001, fpaq2005, fpaq2006, fpaq2007, fpaq2008, fpaq2009, FQ_12                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Construction         | <p><b>Calculate frequency per time (times per week)</b></p> <ul style="list-style-type: none"> <li>if fpaq2001=2 and fpaq2005=1 then sport3_freq=fpaq2006;</li> <li>if fpaq2001=2 and fpaq2005=2 and fpaq2007=1 then sport3_freq=0;</li> <li>if fpaq2001=2 and fpaq2005=2 and fpaq2007=2 then sport3_freq=0.25;</li> <li>if fpaq2001=2 and fpaq2005=2 and fpaq2007=3 then sport3_freq=0.5;</li> <li>if fpaq2001=2 and fpaq2005=2 and fpaq2007=4 then sport3_freq=0.75;</li> <li>if fpaq2001=1 then sport3_freq=0;</li> <li>if fpaq2001=-3 then sport3_freq=-3;</li> <li>if fpaq2001=-1 then sport3_freq=-1;</li> </ul> <p><b>Calculate duration per time (minutes per time)</b></p> <ul style="list-style-type: none"> <li>if fpaq2001=2 then fpaq2008m = fpaq2008*60;</li> <li>if fpaq2001=2 then sport3_duration= sum(fpaq2008m, fpaq2009);</li> <li>if fpaq2001=1 then do<br/>fpaq2008=0;fpaq2008m=0;fpaq2009=0;sport3_duration=0;<br/>end;</li> <li>if fpaq2001=-3 then sport3_duration=-3;</li> <li>if fpaq2001=-1 then sport3_duration=-1;</li> </ul> <p><b>Calculate total duration per week (minutes per week)</b></p> <ul style="list-style-type: none"> <li>if fpaq2001=2 then sport3_week= (sport3_freq*sport3_duration)*0.8;</li> <li>if fpaq2001=1 then sport3_week=0;</li> </ul> <p><i>(This part is repeated for fpaq1901—fpaq1909 and fpaq1801—fpaq1809)</i></p> <ul style="list-style-type: none"> <li>if 0&lt;sport1_week&lt;10 then sport1_week=0;</li> <li>if 0&lt;sport2_week&lt;10 then sport2_week=0;</li> <li>if 0&lt;sport3_week&lt;10 then sport3_week=0;</li> </ul> |





**Calculate total duration per week of all sports (minutes per week)**

- sport\_leisure= sum(sport1\_week,sport2\_week, sport3\_week);
- if 0<sport\_leisure<10 then sport\_leisure=0;

**Only calculate total duration for participants of sport in leisure time**

- if FQ\_12=1 then FQ\_13=sport\_leisure;
- if FQ\_12=0 then FQ\_13=-3;
- if FQ\_12=-3 then FQ\_13=-3;

Denominator Adolescents

Remarks

- First the frequency per week (times per week) is calculated (times per month is recoded to times per week). Then, the duration per time is calculated (minutes per time).
- A correction factor of 0.8 was applied to take into account the typical overestimation of self-reported duration of physical activity.
- All the sport durations between 0 and 10 minutes were truncated to 0 minutes.
- This indicator calculates the total duration only for adolescents that participate in sport during leisure time (subpopulation).

| Indicator FCS2014    | FQ_15                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Minutes per week passive transport from and to school                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Possible value       | 10 to 1200                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Value labels         | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Based on variable(s) | fpaq01, fpaq01m                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Construction         | <ul style="list-style-type: none"> <li>• if fpaq01=3 and fpaq01m ne -3 and fpaq01m ne-1 then sb_tr=fpaq01m*2; else sb_tr=0;</li> <li>• if fpaq01=3 and fpaq01m =-1 then sb_tr=-1;</li> <li>• if fpaq01=3 and fpaq01m=-3 then sb_tr=-3;</li> <li>• if fpaq01=-3 then sb_tr=-3;</li> <li>• if fpaq01=-1 then sb_tr=-1;</li> <li>• if sb_tr&gt;-1 then sb_tr_week = (sb_tr*5);</li> <li>• if sb_tr=-3 then sb_tr_week=-3;</li> <li>• if sb_tr=-1 then sb_tr_week=-1;</li> <li>• if sb_tr_week ne -3 or sb_tr_week ne -1 then sb_transport_school= sum (sb_tr_week,</li> </ul> |



|                        |                  |
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| Denominator<br>Remarks | Adolescents<br>/ |
|------------------------|------------------|

- sb\_tr\_lunch);
- if fpaq01=-3 then sb\_transport\_school=-3;
- if fpaq01=-1 then sb\_transport\_school=-1;
  
- if fpaq01=3 then sb\_transport\_school\_cat=1;
- if fpaq01 in (1,2,4) then sb\_transport\_school\_cat=0;
- if fpaq01=-3 then sb\_transport\_school\_cat=-3;
- if fpaq01=-1 then sb\_transport\_school\_cat=-1;
  
- if sb\_transport\_school\_cat=1 then sb\_transport\_sub=sb\_transport\_school;
- if sb\_transport\_school\_cat=0 then sb\_transport\_sub=-3;
- if sb\_transport\_school\_cat=-3 then sb\_transport\_sub=-3;
- if sb\_transport\_school\_cat=-1 then sb\_transport\_sub=-1;

|                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <b>Indicator FCS2014</b><br><br>Title<br>Type of variable<br>Possible value<br>Value labels<br>Based on variable(s)<br>Construction<br><br>Denominator<br>Remarks | <b>FQ_16, FQ_17, FQ_18, FQ_19, FQ_20, FQ_21, FQ_22, FQ_23</b><br><br>Minutes per day [ <i>certain sedentary behaviour</i> ] on a normal weekday/weekend day<br>Num<br>0 to 240<br><ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> sb01, sb02, sb03, sb04, sb05, sb06, sb07, sb08<br><ul style="list-style-type: none"> <li>• if sb01=-3 then FQ_16=-3;</li> <li>• if sb01=1 then FQ_16=0;</li> <li>• if sb01=2 then FQ_16=15;</li> <li>• if sb01=3 then FQ_16=30;</li> <li>• if sb01=4 then FQ_16=60;</li> <li>• if sb01=5 then FQ_16=120;</li> <li>• if sb01=6 then FQ_16=180;</li> <li>• if sb01=7 then FQ_16=240;</li> </ul> <i>(analogue for FQ_17, FQ_18, FQ_19, FQ_20, FQ_21, FQ_22, FQ_23)</i><br>Adolescents<br>Categorical values are recoded to continuous values. |
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| <b>Indicator FCS2014</b> | <b>FQ_24</b> |
|--------------------------|--------------|



|                      |                                                                                                                                                                                                                                                                                       |
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| Title                | Minutes per day spending time on other sedentary behaviours on a normal weekday                                                                                                                                                                                                       |
| Type of variable     | Num                                                                                                                                                                                                                                                                                   |
| Possible value       | 0 to 900                                                                                                                                                                                                                                                                              |
| Value labels         | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                 |
| Based on variable(s) | sb09, sb11, sb13, sb15, sb17                                                                                                                                                                                                                                                          |
| Construction         | <ul style="list-style-type: none"> <li>if (sb_09 ne -3 and sb_11 ne -3 and sb_13 ne -3 and sb_15 ne -3 and sb_17 ne -3) then FQ_24=sum(sb_09,sb_11,sb_13,sb_15,sb_17);</li> <li>if (sb_09 = -3 and sb_11 = -3 and sb_13 = -3 and sb_15 = -3 and sb_17 = -3) then FQ_24=-3;</li> </ul> |
| Denominator          | Adolescents                                                                                                                                                                                                                                                                           |
| Remarks              | /                                                                                                                                                                                                                                                                                     |

|                          |                                                                                                                                                                                                                                                                                       |
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| <b>Indicator FCS2014</b> | <b>FQ_25</b>                                                                                                                                                                                                                                                                          |
| Title                    | Minutes per day spending time on other sedentary behaviours on a normal weekend day                                                                                                                                                                                                   |
| Type of variable         | Num                                                                                                                                                                                                                                                                                   |
| Possible value           | 0 to 840                                                                                                                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                 |
| Based on variable(s)     | sb10, sb12, sb14, sb16, sb18                                                                                                                                                                                                                                                          |
| Construction             | <ul style="list-style-type: none"> <li>if (sb_10 ne -3 and sb_12 ne -3 and sb_14 ne -3 and sb_16 ne -3 and sb_18 ne -3) then FQ_25=sum(sb_10,sb_12,sb_14,sb_16,sb_18);</li> <li>if (sb_10 = -3 and sb_12 = -3 and sb_14 = -3 and sb_16 = -3 and sb_18 = -3) then FQ_25=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                                                                                                                                     |

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|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FQ_26</b>                                                                                                                                                                                               |
| Title                    | Screen time on a normal week day (minutes per day)                                                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                                                        |
| Possible value           | 0 to 720                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                      |
| Based on variable(s)     | FQ_16, FQ_18, FQ_20                                                                                                                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>if (FQ_16 ne -3 and FQ_18 ne -3 and FQ_20 ne -3) then FQ_26= sum (FQ_16, FQ_18, FQ_20);</li> <li>if (FQ_16 =-3 and FQ_18=-3 and FQ_20=-3) then FQ_26=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                                |



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| Remarks | / |
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| <b>Indicator FCS2014</b> | <b>FQ_27</b>                                                                                                                                                                                                |
| Title                    | Screen time on a normal weekend day (minutes per day)                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                         |
| Possible value           | 0 to 720                                                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                       |
| Based on variable(s)     | FQ_17, FQ_19, FQ_21                                                                                                                                                                                         |
| Construction             | <ul style="list-style-type: none"> <li>if (FQ_17 ne-3 and FQ_19 ne -3 and FQ_21 ne -3) then FQ_27= sum (FQ_18, FQ_19, FQ_21);</li> <li>if (FQ_17 =-3 and FQ_19 =-3 and FQ_21 =-3) then FQ_27=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                                                                 |
| Remarks                  | /                                                                                                                                                                                                           |

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| <b>Indicator FCS2014</b> | <b>FQ_28</b>                                                                                                                                                |
| Title                    | More than two hour per day screen time on a normal week day                                                                                                 |
| Type of variable         | Num                                                                                                                                                         |
| Possible value           | 0 or 1                                                                                                                                                      |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> <li>-3 = Not applicable</li> </ul>                                                      |
| Based on variable(s)     | FQ_26                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>if FQ_26&gt;120 then FQ_28=1;</li> <li>if FQ_26&lt;=120 then FQ_28=0;</li> <li>if FQ_26=-3 then FQ_28=-3;</li> </ul> |
| Denominator              | Adolescents                                                                                                                                                 |
| Remarks                  | /                                                                                                                                                           |

|                          |                                                                                                        |
|--------------------------|--------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>FQ_29</b>                                                                                           |
| Title                    | More than two hour per day screen time on a normal weekend day                                         |
| Type of variable         | Num                                                                                                    |
| Possible value           | 0 or 1                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> <li>-3 = Not applicable</li> </ul> |
| Based on variable(s)     | FQ_27                                                                                                  |



|              |                                                                                                                                                               |
|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Construction | <ul style="list-style-type: none"><li>• if FQ_27&gt;120 then FQ_29=1;</li><li>• if FQ_27&lt;=120 then FQ_29=0;</li><li>• if FQ_27=-3 then FQ_29=-3;</li></ul> |
| Denominator  | Adolescents                                                                                                                                                   |
| Remarks      | /                                                                                                                                                             |



## 6.1.4. TOYBOX children

### Variables FCS 2014

|        |                                                     |
|--------|-----------------------------------------------------|
| pa01   | Member in a sports club                             |
| pa02h  | Hours per week spend doing sport in a sports club   |
| pa02m  | Minutes per week spend doing sport in a sports club |
| pa031  | Kind of sport in a sports club (answer 1)           |
| pa032  | Kind of sport in a sports club (answer 2)           |
| pa033  | Kind of sport in a sports club (answer 3)           |
| pa034  | Kind of sport in a sports club (answer 4)           |
| pa035  | Kind of sport in a sports club (answer 5)           |
| pa0301 | Other kind of sport in a sports club                |
| school | Going to school                                     |
| pa04   | Walking to school                                   |
| pa04t  | Time walking to school                              |
| pa05   | Cycling (himself/herself) to school                 |
| pa05t  | Time cycling (himself/herself) to school            |
| pa06   | Cycling (by guardians bicycle) to school            |
| pa06t  | Time cycling (by guardians bicycle) to school       |
| pa07   | By bus and/or public transport to school            |
| pa07t  | Time by bus and/or public transport to school       |
| pa08   | By car or motorbike to school                       |
| pa08t  | Time by car or motorbike to school                  |
| pa09   | Other transport to school                           |
| pa0901 | Specification other transport to school             |
| pa09t  | Time other transport to school                      |
| pa10   | Walking from school                                 |
| pa10t  | Time walking from school                            |
| pa11   | Cycling (himself/herself) from school               |
| pa11t  | Time cycling (himself/herself) from school          |
| pa12   | Cycling (by guardians bicycle) from school          |
| pa12t  | Time cycling (by guardians bicycle) from school     |
| pa13   | By bus and/or public transport from school          |
| pa13t  | Time by bus and/or public transport from school     |
| pa14   | By car or motorbike from school                     |
| pa14t  | Time by car or motorbike from school                |
| pa15   | Other transport from school                         |
| pa1501 | Specification other transport from school           |



|       |                                                                   |
|-------|-------------------------------------------------------------------|
| pa15t | Time other transport from school                                  |
| pa16  | Weather yesterday                                                 |
| pa17h | Hours spend outdoors in active play yesterday                     |
| pa17m | Minutes spend outdoors in active play yesterday                   |
| pa18  | Weather last weekend day                                          |
| pa19h | Hours spend outdoors in active play last weekend day              |
| pa19m | Minutes spend outdoors in active play last weekend day            |
| pa20  | Distance location school from home                                |
| sb21  | Average duration watching television in free time on weekdays     |
| sb22  | Average duration watching television in free time on weekend days |
| sb23  | Average duration using computer in free time on weekdays          |
| sb24  | Average duration using computer in free time on weekend days      |
| sb25  | Average duration quiet play in free time on weekdays              |
| sb26  | Average duration quiet play in free time on weekend days          |

#### **Indicators FCS 2014**

|                 |                                                        |
|-----------------|--------------------------------------------------------|
| TX_walkper      | Walking to and from school                             |
| TX_cycper       | Cycling (himself/herself) to and from school           |
| TX_bikeper      | Cycling (by guardians bicycle) to and from school      |
| TX_pubper       | Bus or public transport to and from school             |
| TX_carper       | Car or motorbike to and from school                    |
| TX_2            | Active transport to and from school                    |
| TX_3            | Average duration active transport to and from school   |
| TX_4            | Member in a sports club                                |
| TX_5            | Average duration doing sport in a sports club          |
| TX_playweek     | Active play outdoors last weekday                      |
| TX_playweekend  | Active play outdoors last weekend day                  |
| TX_6            | Average duration active play outdoors last weekday     |
| TX_7            | Average duration active play outdoors last weekend day |
| TX_8            | Passive transport to and from school                   |
| TX_9            | Average duration passive transport to and from school  |
| TX_quietweek    | Quiet play on weekday                                  |
| TX_quietweekend | Quiet play on weekend day                              |



|              |                                                                |
|--------------|----------------------------------------------------------------|
| TX_16        | Average duration quiet play in free time on weekday            |
| TX_17        | Average duration quiet play in free time on weekend day        |
| TX_twweek    | Watching television on weekday                                 |
| TX_tweekend  | Watching television on weekend day                             |
| TX_10        | Average duration watching television on weekday                |
| TX_11        | Average duration watching television on weekend day            |
| TX_PCweek    | Using computer or game console on weekday                      |
| TX_PCweekend | Using computer or game console on weekend day                  |
| TX_12        | Average duration using computer or game console on weekday     |
| TX_13        | Average duration using computer or game console on weekend day |
| TX_14        | Total screen time on weekday                                   |
| TX_15        | Total screen time on weekend day                               |
| TX_18        | More than one hour of screen time on weekday                   |
| TX_19        | More than one hour of screen time on weekend day               |
| TX_20        | More than two hours of screen time on weekday                  |
| TX_21        | More than two hours of screen time on weekend day              |





|                         |                                                                            |
|-------------------------|----------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa01</b>                                                                |
| Title                   | Member in a sports club                                                    |
| Type of variable        | Num                                                                        |
| Possible value          | 1 or 2                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 2 = No</li></ul> |
| Denominator             | Children                                                                   |
| Remarks                 | /                                                                          |

|                         |                                                                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa02h</b>                                                                                                                                                         |
| Title                   | Hours per week spend doing sport in a sports club                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                  |
| Possible value          | 0 to 13                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                |
| Denominator             | Children                                                                                                                                                             |
| Remarks                 | This is the first part of the answer to pa02 'How much time does your child spend doing sport in a sports club per week?'<br>This question was only asked if pa01=1. |

|                         |                                                                                                                                                                       |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa02m</b>                                                                                                                                                          |
| Title                   | Minutes per week spend doing sport in a sports club                                                                                                                   |
| Type of variable        | Num                                                                                                                                                                   |
| Possible value          | 0 to 60                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                 |
| Denominator             | Children                                                                                                                                                              |
| Remarks                 | This is the second part of the answer to pa02 'How much time does your child spend doing sport in a sports club per week?'<br>This question was only asked if pa01=1. |

|                         |                                                                          |
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| <b>Variable FCS2014</b> | <b>pa031, pa032, pa033, pa034, pa035</b>                                 |
| Title                   | Kind of sport in a sports club (answer 1-5)                              |
| Type of variable        | Num                                                                      |
| Possible value          | 1 to 5                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Toddler gymnastics</li></ul> |



|             |                                                                                                                                    |
|-------------|------------------------------------------------------------------------------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• 2 = Swimming</li> <li>• 3 = Football</li> <li>• 4 = Dance</li> <li>• 5 = Other</li> </ul> |
| Denominator | Children                                                                                                                           |
| Remarks     | Multiple answers possible.<br>This question was only asked if pa01=1.                                                              |

|                         |                                                                                                   |
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| <b>Variable FCS2014</b> | <b>pa0301</b>                                                                                     |
| Title                   | Other kind of sport in a sports club                                                              |
| Type of variable        | Char                                                                                              |
| Possible value          | /                                                                                                 |
| Value labels            | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Children                                                                                          |
| Remarks                 | This question was only asked if pa01=1 and if pa031—pa035 = 5.                                    |

|                         |                                                                               |
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| <b>Variable FCS2014</b> | <b>school</b>                                                                 |
| Title                   | Going to school                                                               |
| Type of variable        | Num                                                                           |
| Possible value          | 1 or 2                                                                        |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> </ul> |
|                         | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>       |
| Denominator             | Children                                                                      |
| Remarks                 | /                                                                             |

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| <b>Variable FCS2014</b> | <b>pa04, pa05, pa06, pa07, pa08, pa09</b>                                                                                                                                                                      |
| Title                   | Walking to school<br>Cycling (himself/herself) to school<br>Cycling (by guardians bicycle) to school<br>By bus and/or public transport to school<br>By car or motorbike to school<br>Other transport to school |
| Type of variable        | Num                                                                                                                                                                                                            |
| Possible value          | 1 or 2                                                                                                                                                                                                         |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Yes</li> </ul>                                                                                                                                                    |



|             |                                                            |
|-------------|------------------------------------------------------------|
|             | <ul style="list-style-type: none"> <li>• 2 = No</li> </ul> |
| Denominator | Children                                                   |
| Remarks     | /                                                          |

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| <b>Variable FCS2014</b> | <b>pa04t, pa05t, pa06t, pa07t, pa08t, pa09t</b>                                                                                                                                                                                              |
| Title                   | Time walking to school<br>Time cycling (himself/herself) to school<br>Time cycling (by guardians bicycle) to school<br>Time by bus and/or public transport to school<br>Time by car or motorbike to school<br>Time other transport to school |
| Type of variable        | Num                                                                                                                                                                                                                                          |
| Possible value          | 1 to 100                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                      |
| Denominator             | Children                                                                                                                                                                                                                                     |
| Remarks                 | Time expressed in minutes.                                                                                                                                                                                                                   |

|                         |                                                                         |
|-------------------------|-------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa0901</b>                                                           |
| Title                   | Specification other transport to school                                 |
| Type of variable        | Char                                                                    |
| Possible value          | /                                                                       |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> |
| Denominator             | Children                                                                |
| Remarks                 | /                                                                       |

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| <b>Variable FCS2014</b> | <b>pa10, pa11, pa12, pa13, pa14, pa15</b>                                                                                                                                                                                  |
| Title                   | Walking from school<br>Cycling (himself/herself) from school<br>Cycling (by guardians bicycle) from school<br>By bus and/or public transport from school<br>By car or motorbike from school<br>Other transport from school |
| Type of variable        | Num                                                                                                                                                                                                                        |
| Possible value          | 1 or 2                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 2 = No</li> </ul>                                                                                                                                              |
| Denominator             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> Children                                                                                                                                           |



|         |   |
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| Remarks | / |
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| <b>Variable FCS2014</b> | <b>pa10t, pa11t, pa12t, pa13t, pa14t, pa15t</b>                                                                                                                                                                                                          |
| Title                   | Time walking from school<br>Time cycling (himself/herself) from school<br>Time cycling (by guardians bicycle) from school<br>Time by bus and/or public transport from school<br>Time by car or motorbike from school<br>Time other transport from school |
| Type of variable        | Num                                                                                                                                                                                                                                                      |
| Possible value          | 1 to 100                                                                                                                                                                                                                                                 |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul>                                                                                                                                                                                      |
| Denominator             | Children                                                                                                                                                                                                                                                 |
| Remarks                 | /                                                                                                                                                                                                                                                        |

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| <b>Variable FCS2014</b> | <b>pa1501</b>                                                       |
| Title                   | Specification other transport from school                           |
| Type of variable        | Num                                                                 |
| Possible value          | 1 to 100                                                            |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator             | Children                                                            |
| Remarks                 | /                                                                   |

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|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa16</b>                                                                                                                                                                                                                                           |
| Title                   | Weather yesterday                                                                                                                                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                                                                                                   |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>1 = Fine to play outdoors</li><li>2 = Too wet to play outdoors</li><li>3 = Too hot or humid to play outdoors</li><li>4 = Too cold to play outdoors</li><li>-1 = No answer</li><li>-3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                                                                              |
| Remarks                 | /                                                                                                                                                                                                                                                     |

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| <b>Variable FCS2014</b> | <b>pa16</b>       |
| Title                   | Weather yesterday |



|                  |                                                                                                                                                                                                                                                                        |
|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of variable | Num                                                                                                                                                                                                                                                                    |
| Possible value   | 1 to 4                                                                                                                                                                                                                                                                 |
| Value labels     | <ul style="list-style-type: none"><li>• 1 = Fine to play outdoors</li><li>• 2 = Too wet to play outdoors</li><li>• 3 = Too hot or humid to play outdoors</li><li>• 4 = Too cold to play outdoors</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator      | Children                                                                                                                                                                                                                                                               |
| Remarks          | /                                                                                                                                                                                                                                                                      |

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|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa17h</b>                                                                                   |
| Title                   | Hours spend outdoors in active play yesterday                                                  |
| Type of variable        | Num                                                                                            |
| Possible value          | 0 to 20                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                       |
| Remarks                 | /                                                                                              |

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|-------------------------|------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa17m</b>                                                                                   |
| Title                   | Minutes spend outdoors in active play yesterday                                                |
| Type of variable        | Num                                                                                            |
| Possible value          | 0 to 60                                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                       |
| Remarks                 | /                                                                                              |

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| <b>Variable FCS2014</b> | <b>pa18</b>                                                                                                                                                                                                                              |
| Title                   | Weather last weekend day                                                                                                                                                                                                                 |
| Type of variable        | Num                                                                                                                                                                                                                                      |
| Possible value          | 1 to 4                                                                                                                                                                                                                                   |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Fine to play outdoors</li><li>• 2 = Too wet to play outdoors</li><li>• 3 = Too hot or humid to play outdoors</li><li>• 4 = Too cold to play outdoors</li><br/><li>• -1 = No answer</li></ul> |



|             |          |
|-------------|----------|
| Denominator | Children |
| Remarks     | /        |

|                         |                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa19h</b>                                                                               |
| Title                   | Hours spend outdoors in active play last weekend day                                       |
| Type of variable        | Num                                                                                        |
| Possible value          | 0 to 20                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>-1 = No answer</li><li>-3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                   |
| Remarks                 | /                                                                                          |

|                         |                                                                                            |
|-------------------------|--------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>pa19m</b>                                                                               |
| Title                   | Minutes spend outdoors in active play last weekend day                                     |
| Type of variable        | Num                                                                                        |
| Possible value          | 0 to 60                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>-1 = No answer</li><li>-3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                   |
| Remarks                 | /                                                                                          |

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| <b>Variable FCS2014</b> | <b>pa20</b>                                                                                                                                                                                                                                                                                                                                                                                             |
| Title                   | Distance location school from home                                                                                                                                                                                                                                                                                                                                                                      |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                     |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"><li>1 = Up to 500 meters</li><li>2 = From 500 metres to &lt;1 kilometre</li><li>3 = From 1 kilometre to &lt;2 kilometres</li><li>4 = From 2 kilometres to &lt;3 kilometres</li><li>5 = From 3 kilometres to &lt;4 kilometres</li><li>6 = 4 kilometres or more</li></ul><br><ul style="list-style-type: none"><li>-1 = No answer</li><li>-3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                                                                                                                                                                                                                                |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                       |



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| <b>Variable FCS2014</b> | <b>sb21, sb22, sb23, sb24, sb25, sb26</b>                                                                                                                                                                                                                                                                                                                                                             |
| Title                   | Average duration watching television in free time on weekdays/weekend days<br>Average duration using computer in free time on weekdays/weekend days<br>Average duration quiet play in free time on weekdays/weekend days                                                                                                                                                                              |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                   |
| Possible value          | 1 to 6                                                                                                                                                                                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Never</li><li>• 2 = Less than 30 minutes/day</li><li>• 3 = 30 minutes to &lt;1 hr/day</li><li>• 4 = 1-2 hrs/day</li><li>• 5 = 3-4 hrs/day</li><li>• 6 = 5-6 hrs/day</li><li>• 7 = 7-8 hrs/day</li><li>• 8 = 8 hrs/day</li><li>• 9 = More than 8 hrs/day</li><li>• 99 = I don't know</li><br/><li>• -1 = No answer</li><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children                                                                                                                                                                                                                                                                                                                                                                                              |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                     |



| <b>Indicator FCS2014</b> | <b>TX_walkper</b>                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Walking to and from school                                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                       |
| Possible value           | 0 or 1                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                             |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> pa04, pa10                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if pa04 =1 or pa10 =1 then TX_walkper =1; else TX_walkper =0;</li> <li>• if pa04 =-3 or pa10 =-3 then TX_walkper =-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                                  |
| Remarks                  | /                                                                                                                                                                         |

| <b>Indicator FCS2014</b> | <b>TX_cycper</b>                                                                                                                                                       |
|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Cycling (himself/herself) to and from school                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                    |
| Possible value           | 0 or 1                                                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                          |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> pa05, pa11                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if pa05 =1 or pa11 =1 then TX_cycper =1; else TX_cycper =0;</li> <li>• if pa05 =-3 or pa11 =-3 then TX_cycper =-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                               |
| Remarks                  | /                                                                                                                                                                      |

| <b>Indicator FCS2014</b> | <b>TX_bikeper</b>                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Cycling (by guardians bicycle) to and from school                                                                                                                         |
| Type of variable         | Num                                                                                                                                                                       |
| Possible value           | 0 or 1                                                                                                                                                                    |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                             |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> pa06, pa12                                                                                        |
| Construction             | <ul style="list-style-type: none"> <li>• if pa06 =1 or pa12 =1 then TX_bikeper =1; else TX_bikeper =0;</li> <li>• if pa06 =-3 or pa12 =-3 then TX_bikeper =-3;</li> </ul> |





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| Denominator | Children |
| Remarks     | /        |

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| <b>Indicator FCS2014</b> | <b>TX_pubper</b>                                                                                                                                                       |
| Title                    | Bus or public transport to and from school                                                                                                                             |
| Type of variable         | Num                                                                                                                                                                    |
| Possible value           | 0 or 1                                                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                          |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> pa07, pa13                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if pa07 =1 or pa13 =1 then TX_pubper =1; else TX_pubper =0;</li> <li>• if pa07 =-3 or pa13 =-3 then TX_pubper =-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                               |
| Remarks                  | /                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>TX_carper</b>                                                                                                                                                       |
| Title                    | Car or motorbike to and from school                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                    |
| Possible value           | 0 or 1                                                                                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                          |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> pa08, pa14                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>• if pa08 =1 or pa14 =1 then TX_carper =1; else TX_carper =0;</li> <li>• if pa08 =-3 or pa14 =-3 then TX_carper =-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                               |
| Remarks                  | /                                                                                                                                                                      |

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|--------------------------|------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_2</b>                                                                                                                  |
| Title                    | Active transport to and from school                                                                                          |
| Type of variable         | Num                                                                                                                          |
| Possible value           | 0 or 1                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> pa04, pa10, pa05, pa11                               |
| Construction             | <ul style="list-style-type: none"> <li>• if pa04 = 1 or pa10 = 1 or pa05 = 1 or pa11= 1 then TX_2=1; else TX_2=0;</li> </ul> |



|                        |               |                                                                                                                       |
|------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------|
| Denominator<br>Remarks | Children<br>/ | <ul style="list-style-type: none"> <li>if pa04 = -3 or pa10 = -3 or pa05 = -3 or pa11 = -3 then TX_2 = -3;</li> </ul> |
|------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------|

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| <b>Indicator FCS2014</b> | <b>TX_3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |
| Title                    | Average duration active transport to and from school                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |
| Possible value           | 10 to 400                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |
| Value labels             | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |
| Based on variable(s)     | pa04t, pa10t, pa05t, pa11t                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |
| Construction             | <p><b>1) Walking duration to and from school</b></p> <ul style="list-style-type: none"> <li>if pa04t = -3 and pa10t = -3 then TXPA_Wb = -3;</li> <li>else if pa04t = -1 and pa10t = -1 then TXPA_Wb = -1; else if pa04t ge 0 and pa10t in (-1,-3) then TXPA_Wb = pa04t*5;</li> <li>else if pa04t in (-1,-3) and pa10t ge 0 then TXPA_Wb = pa10t*5;</li> <li>else TXPA_Wb = ((pa04t + pa10t)*5);</li> </ul> <p><b>2) Cycling duration to and from school</b></p> <ul style="list-style-type: none"> <li>if pa05t = -3 and pa11t = -3 then TXPA_Cb = -3;</li> <li>else if pa05t = -1 and pa11t = -1 then TXPA_Cb = -1;</li> <li>else if pa05t ge 0 and pa11t in (-1,-3) then TXPA_Cb = pa05t*5;</li> <li>else if pa05t in (-1,-3) and pa11t ge 0 then TXPA_Cb = pa11t*5;</li> <li>else TXPA_Cb = ((pa05t + pa11t)*5);</li> </ul> <p><b>3) Total duration to and from school</b></p> <ul style="list-style-type: none"> <li>if TXPA_Wb = -3 and TXPA_Cb = -3 then TX_3 = -3;</li> <li>else if TXPA_Wb = -1 and TXPA_Cb = -1 then TX_3 = -1;</li> <li>else if TXPA_Wb ge 0 and TXPA_Cb in (-1,-3) then TX_3 = TXPA_Wb;</li> <li>else if TXPA_Wb in (-1,-3) and TXPA_Cb ge 0 then TX_3 = TXPA_Cb;</li> <li>else TX_3 = TXPA_Wb + TXPA_Cb;</li> </ul> |  |
| Denominator<br>Remarks   | Children<br>/                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |



| <b>Indicator FCS2014</b> | <b>TX_4</b>                                                                                                                                                        |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Member in a sports club                                                                                                                                            |
| Type of variable         | Num                                                                                                                                                                |
| Possible value           | 0 or 1                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                      |
| Based on variable(s)     | pa01                                                                                                                                                               |
| Construction             | <ul style="list-style-type: none"> <li>• if pa01 =1 then TX_4=1; else TX_4=0;</li> <li>• if pa01 =-3 then TX_4=-3;</li> <li>• if pa01 =-1 then TX_4=-1;</li> </ul> |
| Denominator              | Children                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                  |

| <b>Indicator FCS2014</b> | <b>TX_5</b>                                                                                                                                                                                                                                                                                                                                                                                                        |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                    | Average duration doing sport in a sports club                                                                                                                                                                                                                                                                                                                                                                      |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                |
| Possible value           | 30 to 780                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                            |
| Based on variable(s)     | pa02h, pa02m                                                                                                                                                                                                                                                                                                                                                                                                       |
| Construction             | <ul style="list-style-type: none"> <li>• if pa02h = -3 and pa02m = -3 then TX_5= -3;</li> <li>• else if pa02h = -1 and pa02m = -1 then TX_5 = -1;</li> <li>• else if pa02h ge 0 and pa02m in (-1,-3) then TX_5 = pa02h*60;</li> <li>• else if pa02h in (-1,-3) and pa02m ge 0 then TX_5= pa02m;</li> <li>• else if pa02h = 1 and pa02m = 60 then TX_5 = pa02m;</li> <li>• else TX_5= (pa02h*60)+ pa02m;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                                           |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                                                                                                  |

| <b>Indicator FCS2014</b> | <b>TX_playweek</b>                                                                                             |
|--------------------------|----------------------------------------------------------------------------------------------------------------|
| Title                    | Active play outdoors last weekday                                                                              |
| Type of variable         | Num                                                                                                            |
| Possible value           | 0 or 1                                                                                                         |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                  |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> pa17h, pa17m |



|              |                                                                                                                                                                                                                                                                           |
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| Construction | <ul style="list-style-type: none"> <li>• if pa17h = -3 and pa17m = -3 then TX_playweek = -3;</li> <li>• else if pa17h = -1 and pa17m = -1 then TX_playweek = -1;</li> <li>• else if pa17h =0 and pa17m =0 then TX_playweek =0;</li> <li>• else TX_playweek =1;</li> </ul> |
| Denominator  | Children                                                                                                                                                                                                                                                                  |
| Remarks      | /                                                                                                                                                                                                                                                                         |

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| <b>Indicator FCS2014</b> | <b>TX_playweekend</b>                                                                                                                                                                                                                                                                 |
| Title                    | Active play outdoors last weekend day                                                                                                                                                                                                                                                 |
| Type of variable         | Num                                                                                                                                                                                                                                                                                   |
| Possible value           | 0 or 1                                                                                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                |
| Based on variable(s)     | pa19h, pa19m                                                                                                                                                                                                                                                                          |
| Construction             | <ul style="list-style-type: none"> <li>• if pa19h = -3 and pa19m = -3 then TX_playweekend = -3;</li> <li>• else if pa19h = -1 and pa19m = -1 then TX_playweekend = -1;</li> <li>• else if pa19h =0 and pa19m =0 then TX_playweekend =0;</li> <li>• else TX_playweekend =1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                              |
| Remarks                  | /                                                                                                                                                                                                                                                                                     |

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| <b>Indicator FCS2014</b> | <b>TX_6</b>                                                                                                                                                                                                                                                                    |
| Title                    | Average duration active play outdoors last weekday                                                                                                                                                                                                                             |
| Type of variable         | Num                                                                                                                                                                                                                                                                            |
| Possible value           | 3 to 630                                                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                                                                                                         |
| Based on variable(s)     | pa17h, pa17m                                                                                                                                                                                                                                                                   |
| Construction             | <ul style="list-style-type: none"> <li>• if pa17h =0 and pa17m=0 then TX_6 =-3;</li> <li>• else if pa17h = -3 and pa17m = -3 then TX_6 = -3;</li> <li>• else if pa17h = -1 and pa17m = -1 then TX_6 = -1;</li> <li>• else if pa17h &gt; 0 and pa17m in (-1,-3) then</li> </ul> |



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| Denominator<br>Remarks | $TX\_6 = pa17h*60;$ <ul style="list-style-type: none"> <li>• else if <math>pa17h</math> in (-1,-3) and <math>pa17m &gt; 0</math> then <math>TX\_6 = pa17m;</math></li> <li>• else if <math>pa17h = 1</math> and <math>pa17m = 60</math> then <math>TX\_6 = pa17m;</math></li> <li>• else <math>TX\_6 = (pa17h*60)+ pa17m;</math></li> </ul> Children<br>If $pa17h=1$ and $pa17m=60$ this was considered as a mistake an only minutes was used. |
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| <b>Indicator FCS2014</b><br><br>Title<br>Type of variable<br>Possible value<br>Value labels<br>Based on variable(s)<br>Construction<br>Denominator<br>Remarks | <b>TX_7</b><br><br>Average duration active play outdoors last weekend day<br>Num<br>2 to 840<br><ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> $pa19h, pa19m$<br><ul style="list-style-type: none"> <li>• if <math>pa19h = -3</math> and <math>pa19m = -3</math> then <math>TX\_7 = -3;</math></li> <li>• else if <math>pa19h = 0</math> and <math>pa19m = 0</math> then <math>TX\_7 = -3;</math></li> <li>• else if <math>pa19h = -1</math> and <math>pa19m = -1</math> then <math>TX\_7 = -1;</math></li> <li>• else if <math>pa19h &gt; 0</math> and <math>pa19m</math> in (-1,-3) then <math>TX\_7 = pa19h*60;</math></li> <li>• else if <math>pa19h</math> in (-1,-3) and <math>pa19m &gt; 0</math> then <math>TX\_7 = pa19m;</math></li> <li>• else if <math>pa19h = 1</math> and <math>pa19m = 60</math> then <math>TX\_7 = pa19m;</math></li> <li>• else <math>TX\_7 = (pa19h*60)+ pa19m;</math></li> </ul> Children<br>If $pa19h=1$ and $pa19m=60$ this was considered as a mistake an only minutes was used. |
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| <b>Indicator FCS2014</b><br><br>Title<br>Type of variable<br>Possible value<br>Value labels<br>Based on variable(s)<br>Construction | <b>TX_8</b><br><br>Passive transport to and from school<br>Num<br>1 or 0<br><ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <li>• -3 = Not applicable</li> </ul> $pa06, pa07, pa08, pa12, pa13, pa14$<br><ul style="list-style-type: none"> <li>• if <math>pa06 = 1</math> or <math>pa12 = 1</math> or <math>pa07 = 1</math> or <math>pa13 = 1</math> or <math>pa08 = 1</math> or <math>pa14 = 1</math> then <math>TX\_8 = 1;</math> else <math>TX\_8 = 0;</math></li> </ul> |
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| Denominator | Children                                                                                                                                        |
| Remarks     | /                                                                                                                                               |
|             | <ul style="list-style-type: none"> <li>if pa06 = -3 or pa12 = -3 or pa07 = -3 or pa13 = -3 or pa08 = -3 or pa14 = -3 then TX_8 = -3;</li> </ul> |

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| <b>Indicator FCS2014</b> | <b>TX_quietweek</b>                                                                                                                                                                                                                                 |
| Title                    | Quiet play on weekday                                                                                                                                                                                                                               |
| Type of variable         | Num                                                                                                                                                                                                                                                 |
| Possible value           | 1 or 0                                                                                                                                                                                                                                              |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> </ul>                                                                                                                                                                           |
| Based on variable(s)     | sb25                                                                                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>if sb25 = -3 then TX_quietweek = -3;</li> <li>if sb25 in (-1,10) then TX_quietweek = -1;</li> <li>if sb25 = 1 then TX_quietweek = 0;</li> <li>if sb25 in (2,3,4,5,6,7,8,9) then TX_quietweek = 1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                            |
| Remarks                  | /                                                                                                                                                                                                                                                   |

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| <b>Indicator FCS2014</b> | <b>TX_quietweekend</b>                                                                                                                                                                                                                                          |
| Title                    | Quiet play on weekend day                                                                                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                                             |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> </ul>                                                                                                                                                                                       |
| Based on variable(s)     | sb26                                                                                                                                                                                                                                                            |
| Construction             | <ul style="list-style-type: none"> <li>if sb26 = -3 then TX_quietweekend = -3;</li> <li>if sb26 in (-1,10) then TX_quietweekend = -1;</li> <li>if sb26 = 1 then TX_quietweekend = 0;</li> <li>if sb26 in (2,3,4,5,6,7,8,9) then TX_quietweekend = 1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                        |
| Remarks                  | /                                                                                                                                                                                                                                                               |

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| <b>Indicator FCS2014</b> | <b>TX_16</b>                                        |
| Title                    | Average duration quiet play in free time on weekday |



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| Type of variable     | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Possible value       | 15 to 480                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Value labels         | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Based on variable(s) | sb25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Construction         | <ul style="list-style-type: none"> <li>IF sb25 = -3 then TX_16 = -3;</li> <li>IF sb25 = -1 then TX_16 = -1;</li> <li>IF sb25 = 1 then TX_16 = -3;</li> <li>IF sb25 = 2 then TX_16 = 15;</li> <li>IF sb25 = 3 then TX_16 = 30;</li> <li>IF sb25 = 4 then TX_16 = 60;</li> <li>IF sb25 = 5 then TX_16 = 180;</li> <li>IF sb25 = 6 then TX_16 = 300;</li> <li>IF sb25 = 7 then TX_16 = 420;</li> <li>IF sb25 = 8 then TX_16 = 480;</li> <li>IF sb25 = 9 then TX_16 = 540;</li> <li>IF sb25 = 10 then TX_16 = -1;</li> </ul> |
| Denominator          | Children                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Remarks              | Never ('1') is considered as non-applicable                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>TX_17</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Title                    | Average duration quiet play in free time on weekend day                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Possible value           | 15 to 540                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Value labels             | <ul style="list-style-type: none"> <li>-1 = No answer</li> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Based on variable(s)     | sb26                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Construction             | <ul style="list-style-type: none"> <li>IF sb26 = -3 then TX_17 = -3;</li> <li>IF sb26 = -1 then TX_17 = -1;</li> <li>IF sb26 = 1 then TX_17 = -3;</li> <li>IF sb26 = 2 then TX_17 = 15;</li> <li>IF sb26 = 3 then TX_17 = 30;</li> <li>IF sb26 = 4 then TX_17 = 60;</li> <li>IF sb26 = 5 then TX_17 = 180;</li> <li>IF sb26 = 6 then TX_17 = 300;</li> <li>IF sb26 = 7 then TX_17 = 420;</li> <li>IF sb26 = 8 then TX_17 = 480;</li> <li>IF sb26 = 9 then TX_17 = 540;</li> <li>IF sb26 = 10 then TX_17 = -1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Remarks                  | Never ('1') is considered as non-applicable                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

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| <b>Indicator FCS2014</b> | <b>TX_tvweek</b>               |
| Title                    | Watching television on weekday |



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| Type of variable     | Num                                                                                                                                                                                                                                              |
| Possible value       | 1 or 0                                                                                                                                                                                                                                           |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                    |
| Based on variable(s) | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                          |
| Construction         | sb21 <ul style="list-style-type: none"> <li>• if sb21 = -3 then TX_tvweek =-3;</li> <li>• if sb21 in (-1,10) then TX_tvweek =-1;</li> <li>• if sb21 = 1 then TX_tvweek =0;</li> <li>• if sb21 in (2,3,4,5,6,7,8,9) then TX_tvweek =1;</li> </ul> |
| Denominator          | Children                                                                                                                                                                                                                                         |
| Remarks              | /                                                                                                                                                                                                                                                |

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| <b>Indicator FCS2014</b> | <b>TX_tvweekend</b>                                                                                                                                                                                                                                          |
| Title                    | Watching television on weekend day                                                                                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                                                                                          |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                       |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                                |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                      |
| Construction             | sb22 <ul style="list-style-type: none"> <li>• if sb22 = -3 then TX_tvweekend =-3;</li> <li>• if sb22 in (-1,10) then TX_tvweekend =-1;</li> <li>• if sb22 = 1 then TX_tvweekend =0;</li> <li>• if sb22 in (2,3,4,5,6,7,8,9) then TX_tvweekend =1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                     |
| Remarks                  | /                                                                                                                                                                                                                                                            |

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| <b>Indicator FCS2014</b> | <b>TX_10</b>                                                                                                                                                                                                                                                                                                                        |
| Title                    | Average duration watching television on weekday                                                                                                                                                                                                                                                                                     |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                 |
| Possible value           | 15 to 300                                                                                                                                                                                                                                                                                                                           |
| Value labels             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                             |
| Based on variable(s)     | sb21                                                                                                                                                                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>• IF sb21 = -3 then TX_10 = -3;</li> <li>• IF sb21 = -1 then TX_10 = -1;</li> <li>• IF sb21 = 1 then TX_10 = -3;</li> <li>• IF sb21 = 2 then TX_10 = 15;</li> <li>• IF sb21 = 3 then TX_10 = 30;</li> <li>• IF sb21 = 4 then TX_10 = 60;</li> <li>• IF sb21 = 5 then TX_10 = 180;</li> </ul> |





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|             | <ul style="list-style-type: none"> <li>• IF sb21 = 6 then TX_10 = 300;</li> <li>• IF sb21 = 7 then TX_10 = 420;</li> <li>• IF sb21 = 8 then TX_10 = 480;</li> <li>• IF sb21 = 9 then TX_10 = 540;</li> <li>• IF sb21 = 10 then TX_10 = -1;</li> </ul> |
| Denominator | Children                                                                                                                                                                                                                                              |
| Remarks     | Never ('1') is considered as non-applicable                                                                                                                                                                                                           |

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| <b>Indicator FCS2014</b> | <b>TX_11</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Title                    | Average duration watching television on weekend day                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Possible value           | 15 to 540                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Based on variable(s)     | sb22                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• IF sb22 = -3 then TX_11 = -3;</li> <li>• IF sb22 = -1 then TX_11 = -1;</li> <li>• IF sb22 = 1 then TX_11 = -3;</li> <li>• IF sb22 = 2 then TX_11 = 15;</li> <li>• IF sb22 = 3 then TX_11 = 30;</li> <li>• IF sb22 = 4 then TX_11 = 60;</li> <li>• IF sb22 = 5 then TX_11 = 180;</li> <li>• IF sb22 = 6 then TX_11 = 300;</li> <li>• IF sb22 = 7 then TX_11 = 420;</li> <li>• IF sb22 = 8 then TX_11 = 480;</li> <li>• IF sb22 = 9 then TX_11 = 540;</li> <li>• IF sb22 = 10 then TX_11 = -1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | Never ('1') is considered as non-applicable                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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| <b>Indicator FCS2014</b> | <b>TX_PCweek</b>                                                                                                                                                                                                                                |
| Title                    | Using computer or game console on weekday                                                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                             |
| Possible value           | 1 or 0                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                   |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> sb23                                                                                                                                                                    |
| Construction             | <ul style="list-style-type: none"> <li>• if sb23 = -3 then TX_PCweek = -3;</li> <li>• if sb23 in (-1,10) then TX_PCweek = -1;</li> <li>• if sb23 = 1 then TX_PCweek = 0;</li> <li>• if sb23 in (2,3,4,5,6,7,8,9) then TX_PCweek = 1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                        |



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| Remarks | / |
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|                          |                                                                                                                                                                                                                                                         |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_PCweekend</b>                                                                                                                                                                                                                                     |
| Title                    | Using computer or game console on weekend day                                                                                                                                                                                                           |
| Type of variable         | Num                                                                                                                                                                                                                                                     |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                  |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                           |
| Based on variable(s)     | sb24                                                                                                                                                                                                                                                    |
| Construction             | <ul style="list-style-type: none"> <li>• if sb24 = -3 then TX_PCweekend =-3;</li> <li>• if sb24 in (-1,10) then TX_PCweekend =-1;</li> <li>• if sb24 = 1 then TX_PCweekend =0;</li> <li>• if sb24 in (2,3,4,5,6,7,8,9) then TX_PCweekend =1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                |
| Remarks                  | /                                                                                                                                                                                                                                                       |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_12</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Title                    | Average duration using computer or game console on weekday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Possible value           | 15 to 540                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Value labels             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Based on variable(s)     | sb23                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Construction             | <ul style="list-style-type: none"> <li>• IF sb23 = -3 then TX_12 = -3;</li> <li>• IF sb23 = -1 then TX_12 = -1;</li> <li>• IF sb23 = 1 then TX_12 = -3;</li> <li>• IF sb23 = 2 then TX_12 = 15;</li> <li>• IF sb23 = 3 then TX_12 = 30;</li> <li>• IF sb23 = 4 then TX_12 = 60;</li> <li>• IF sb23 = 5 then TX_12 = 180;</li> <li>• IF sb23 = 6 then TX_12 = 300;</li> <li>• IF sb23 = 7 then TX_12 = 420;</li> <li>• IF sb23 = 8 then TX_12 = 480;</li> <li>• IF sb23 = 9 then TX_12 = 540;</li> <li>• IF sb23 = 10 then TX_12 = -1;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks                  | Never ('1') is considered as non-applicable                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

|                          |                                                 |
|--------------------------|-------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_13</b>                                    |
| Title                    | Average duration using computer or game console |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Type of variable     | on weekend day                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Possible value       | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Value labels         | 15 to 480                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Based on variable(s) | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Construction         | sb24                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Denominator          | <ul style="list-style-type: none"> <li>IF sb24 = -3 then TX_13 = -3;</li> <li>IF sb24 = -1 then TX_13 = -1;</li> <li>IF sb24 = 1 then TX_13 = -3;</li> <li>IF sb24 = 2 then TX_13 = 15;</li> <li>IF sb24 = 3 then TX_13 = 30;</li> <li>IF sb24 = 4 then TX_13 = 60;</li> <li>IF sb24 = 5 then TX_13 = 180;</li> <li>IF sb24 = 6 then TX_13 = 300;</li> <li>IF sb24 = 7 then TX_13 = 420;</li> <li>IF sb24 = 8 then TX_13 = 480;</li> <li>IF sb24 = 9 then TX_13 = 540;</li> <li>IF sb24 = 10 then TX_13 = -1;</li> </ul> |
| Remarks              | Children<br>Never ('1') is considered as non-applicable                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_14</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Title                    | Total screen time on weekday                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value           | 15 to 720                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Value labels             | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                       |
| Based on variable(s)     | TX_10, TX_12                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Construction             | <ul style="list-style-type: none"> <li>if TX_10 = -3 and TX_12 = -3 then TX_14 = -3;</li> <li>else if TX_10 = -1 and TX_12 = -1 then TX_14 = -1;</li> <li>else if TX_10 = -3 and TX_12 = -1 then TX_14 = -1;</li> <li>else if TX_10 = -1 and TX_12 = -3 then TX_14 = -1;</li> <li>else if TX_10 in (-3, -1) and TX_12 &gt; -1 then TX_14 = TX_12;</li> <li>else if TX_10 &gt; -1 and TXSB_8 in (-3, -1) then TX_14 = TX_10;</li> <li>else TX_14 = TX_10 + TX_12;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks                  | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

|                          |                                  |
|--------------------------|----------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_15</b>                     |
| Title                    | Total screen time on weekend day |
| Type of variable         | Num                              |
| Possible value           | 15 to 840                        |



|                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels         | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                 |
| Based on variable(s) | TX_11, TX_13                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Construction         | <ul style="list-style-type: none"> <li>if TX_11=-3 and TX_13=-3 then TX_15 =-3;</li> <li>else if TX_11=-1 and TX_13=-1 then TX_15 =-1;</li> <li>else if TX_11=-3 and TX_13=-1 then TX_15 = -1;</li> <li>else if TX_11=-1 and TX_13=-3 then TX_15 = -1;</li> <li>else if TX_11 in (-3,-1) and TX_13 &gt; -1 then TX_15 = TX_13;</li> <li>else if TX_11 &gt; -1 and TX_13 in (-3,-1) then TX_15 = TX_11;</li> <li>else TX_15 = TX_11+ TX_13;</li> </ul> |
| Denominator          | Children                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Remarks              | /                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

|                          |                                                                                                                                                                                                                                                                                                    |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_18</b>                                                                                                                                                                                                                                                                                       |
| Title                    | More than one hour of screen time on weekday                                                                                                                                                                                                                                                       |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                             |
| Value labels             | <ul style="list-style-type: none"> <li>1 = Yes</li> <li>0 = No</li> </ul>                                                                                                                                                                                                                          |
| Based on variable(s)     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> TX_14, age7c                                                                                                                                                                                                                 |
| Construction             | <ul style="list-style-type: none"> <li>if TX_14=-1 and age7c=1 then TX_18=-1;</li> <li>else if TX_14=-3 and age7c = 1 then TX_18=-3;</li> <li>else if TX_14&gt; 60 and age7c = 1 then TX_18=1;</li> <li>else if 0 &lt; TX_14&lt; 60 and age7c = 1 then TX_18=0;</li> <li>else TX_18=-3;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                           |
| Remarks                  | This indicator is only created for children between 3-5 years old (age7c=1).                                                                                                                                                                                                                       |

|                          |                                                  |
|--------------------------|--------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_19</b>                                     |
| Title                    | More than one hour of screen time on weekend day |
| Type of variable         | Num                                              |
| Possible value           | 1 or 0                                           |



|                      |                                                                                                                                                                                                                                                                                                              |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                                                                                |
| Based on variable(s) | TX_15, age7c                                                                                                                                                                                                                                                                                                 |
| Construction         | <ul style="list-style-type: none"> <li>• if TX_15=-1 and age7c=1 then TX_19=-1;</li> <li>• else if TX_15=-3 and age7c = 1 then TX_19=-3;</li> <li>• else if TX_15&gt; 60 and age7c = 1 then TX_19=1;</li> <li>• else if 0 &lt; TX_15&lt; 60 and age7c = 1 then TX_19=0;</li> <li>• else TX_19=-3;</li> </ul> |
| Denominator          | Children                                                                                                                                                                                                                                                                                                     |
| Remarks              | This indicator is only created for children between 3-5 years old (age7c=1).                                                                                                                                                                                                                                 |

|                          |                                                                                                                                                                                                                                                                                                                 |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_20</b>                                                                                                                                                                                                                                                                                                    |
| Title                    | More than two hours of screen time on weekday                                                                                                                                                                                                                                                                   |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                             |
| Possible value           | 1 or 0                                                                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> </ul>                                                                                                                                                                                                                                   |
| Based on variable(s)     | TX_14, age7c                                                                                                                                                                                                                                                                                                    |
| Construction             | <ul style="list-style-type: none"> <li>• if TX_14=-1 and age7c=2 then TX_20=-1;</li> <li>• else if TX_14=-3 and age7c = 2 then TX_20=-3;</li> <li>• else if TX_14&gt; 120 and age7c = 2 then TX_20=1;</li> <li>• else if 0 &lt; TX_14&lt; 120 and age7c = 2 then TX_20=0;</li> <li>• else TX_20= -3;</li> </ul> |
| Denominator              | Children                                                                                                                                                                                                                                                                                                        |
| Remarks                  | This indicator is only created for children between 6-9 years old (age7c=2).                                                                                                                                                                                                                                    |

|                          |                                                   |
|--------------------------|---------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>TX_21</b>                                      |
| Title                    | More than two hours of screen time on weekend day |
| Type of variable         | Num                                               |
| Possible value           | 1 or 0                                            |



|                      |                                                                                                                                                                                                                                                                                                                 |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Value labels         | <ul style="list-style-type: none"><li>• 1 = Yes</li><li>• 0 = No</li></ul>                                                                                                                                                                                                                                      |
| Based on variable(s) | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> TX_15, age7c                                                                                                                                                                                                                              |
| Construction         | <ul style="list-style-type: none"><li>• if TX_15=-1 and age7c=2 then TX_21 =-1;</li><li>• else if TX_15=-3 and age7c = 2 then TX_21 =-3;</li><li>• else if TX_15&gt; 120 and age7c = 2 then TX_21 =1;</li><li>• else if 0 &lt; TX_15 &lt; 120 and age7c = 2 then TX_21 =0;</li><li>• else TX_21 = -3;</li></ul> |
| Denominator          | Children                                                                                                                                                                                                                                                                                                        |
| Remarks              | This indicator is only created for children between 6-9 years old (age7c=2).                                                                                                                                                                                                                                    |



## 6.2. Accelerometer

### 6.2.1. Collected data

#### Variables FCS 2014

|                  |                                                                                             |
|------------------|---------------------------------------------------------------------------------------------|
| Totdays          | The total number of days saved in the MPD files from the raw data files                     |
| VldDays          | The total number of days saved in the MPD files from the raw data files that are valid days |
| Vldhrvd          | Total valid hours for valid days only                                                       |
| VldHours         | Total valid hours across all days                                                           |
| TotVdnon_wearing | The total number of epochs of non-wearing activity across all valid days                    |
| TotVdSedentary   | The total number of epochs of sedentary activity across all valid days                      |
| TotVdlight       | The total number of epochs of light activity across all valid days                          |
| TotVdmoderate    | The total number of epochs of moderate activity across all valid days                       |
| TotVdvigorous    | The total number of epochs of vigorous activity across all valid days                       |
| TotVdcou         | Total counts for valid days only, including invalid hours                                   |
| Totnon_wearing   | The total number of epochs of non-wearing activity across all days                          |
| TotSedentary     | The total number of epochs of sedentary activity across all days                            |
| Totlight         | The total number of epochs of light activity across all days                                |
| Totmoderate      | The total number of epochs of moderate activity across all days                             |
| Totvigorous      | The total number of epochs of vigorous activity across all days                             |
| TotCount         | Total counts across all days, including invalid hours                                       |
| EpochPeriod      | The epoch period                                                                            |
| d1date           | Date of day 1                                                                               |
| D1Day            | Day of the week of day 1                                                                    |
| D1vday           | Displays whether or not the day 1 is a valid day                                            |
| D1vhr            | The number of valid hours in day 1                                                          |
| D1Count          | The total activity count in day 1                                                           |
| D1non_wearing    | The number of epochs of non-wearing activity in day 1                                       |
| D1Sedentary      | The number of epochs of sedentary activity in day 1                                         |
| D1light          | The number of epochs of light activity in day 1                                             |
| D1moderate       | The number of epochs of moderate activity in day 1                                          |
| D1vigorous       | The number of epochs of vigorous activity in day 1                                          |



*Daily variables are repeated for each day (until day 23) (d2day, D2Day, D2vday, D2vhr, D2Count, D2non\_wearing, D2Sedentary, D2light, D2moderate, D2vigorous, etc.)*





| <b>Variable FCS2014</b> | <b>Totdays</b>                                                        |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of days saved from the raw data files                |
| Type of variable        | Num                                                                   |
| Possible value          | 3 to 23                                                               |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>VldDays</b>                                                             |
|-------------------------|----------------------------------------------------------------------------|
| Title                   | The total number of days saved from the raw data files that are valid days |
| Type of variable        | Num                                                                        |
| Possible value          | 2 to 23                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>      |
| Denominator             | Children, adolescents and adults participating in validation study         |
| Remarks                 | /                                                                          |

| <b>Variable FCS2014</b> | <b>Vldhrvd</b>                                                        |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | Total valid hours for valid days only                                 |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>VldHours</b>                                                       |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | Total valid hours across all days                                     |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |



| <b>Variable FCS2014</b> | <b>TotVdnon_wearing</b>                                                  |
|-------------------------|--------------------------------------------------------------------------|
| Title                   | The total number of epochs of non-wearing activity across all valid days |
| Type of variable        | Num                                                                      |
| Possible value          | /                                                                        |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>    |
| Denominator             | Children, adolescents and adults participating in validation study       |
| Remarks                 | /                                                                        |

| <b>Variable FCS2014</b> | <b>TotVdSedentary</b>                                                  |
|-------------------------|------------------------------------------------------------------------|
| Title                   | The total number of epochs of sedentary activity across all valid days |
| Type of variable        | Num                                                                    |
| Possible value          | /                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>  |
| Denominator             | Children, adolescents and adults participating in validation study     |
| Remarks                 | /                                                                      |

| <b>Variable FCS2014</b> | <b>TotVdSedentary</b>                                                  |
|-------------------------|------------------------------------------------------------------------|
| Title                   | The total number of epochs of sedentary activity across all valid days |
| Type of variable        | Num                                                                    |
| Possible value          | /                                                                      |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>  |
| Denominator             | Children, adolescents and adults participating in validation study     |
| Remarks                 | /                                                                      |

| <b>Variable FCS2014</b> | <b>TotVdlight</b>                                                     |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of light activity across all valid days    |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |



| <b>Variable FCS2014</b> | <b>TotVdmoderate</b>                                                  |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of moderate activity across all valid days |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>TotVdvigorous</b>                                                  |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of vigorous activity across all valid days |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>TotVdcou</b>                                                       |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | Total counts for valid days only, including invalid hours             |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>TotVdcou</b>                                                       |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | Total counts for valid days only, including invalid hours             |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |



| <b>Variable FCS2014</b> | <b>Totnon_wearing</b>                                                 |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of non-wearing activity across all days    |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>TotSedentary</b>                                                   |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of sedentary activity across all days      |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>Totlight</b>                                                       |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of light activity across all days          |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>Totmoderate</b>                                                    |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | The total number of epochs of moderate activity across all days       |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |



|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>Totvigorous</b>                                                    |
| Title                   | The total number of epochs of vigorous activity across all days       |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>TotCount</b>                                                       |
| Title                   | Total counts across all days, including invalid hours                 |
| Type of variable        | Num                                                                   |
| Possible value          | /                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

|                         |                                                                                |
|-------------------------|--------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>EpochPeriod</b>                                                             |
| Title                   | The epoch period                                                               |
| Type of variable        | Num                                                                            |
| Possible value          | 0:00:15 (children and adolescents) or 0:01:00 (adults)                         |
| Value labels            | <ul style="list-style-type: none"> <li>. (missing) = Not applicable</li> </ul> |
| Denominator             | Children, adolescents and adults participating in validation study             |
| Remarks                 | /                                                                              |

|                         |                                                                                                                                                                                                             |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>d1date, d2date, d3date, d4date, d5date, d6date, d7date, d8date, d9date, d10date, d11date, d12date, d13date, d14date, d15date, d16date, d17date, d18date, d19date, d20date, d21date, d22date, d23date</b> |
| Title                   | Date of day 1-23                                                                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                         |
| Possible value          | DDMMMYYYY                                                                                                                                                                                                   |



|              |                                                                    |
|--------------|--------------------------------------------------------------------|
| Value labels | • . (missing) = Not applicable                                     |
| Denominator  | Children, adolescents and adults participating in validation study |
| Remarks      | /                                                                  |

|                         |                                                                                                                                                                                      |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1Day, D2day, D3day, D4day, D5day, D6day, D7day, D8day, D9day, D10day, D11Day, D12day, D13day, D14day, D15day, D16day, D17day, D18day, D19day, D20day, D21Day, D22day, D23day</b> |
| Title                   | Day of the week of day 1-23                                                                                                                                                          |
| Type of variable        | Char                                                                                                                                                                                 |
| Possible value          | Monday, Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday                                                                                                                    |
| Value labels            | • -3 = Not applicable                                                                                                                                                                |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                    |

|                         |                                                                                                                                                                                                             |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1vday, D2vday, D3vday, d4vday, d5vday, d6vday, d7vday, d8vday, d9vday, d10vday, d11vday, d12vday, d13vday, d14vday, d15vday, d16vday, d17vday, d18vday, d19vday, d20vday, d21vday, d22vday, d23vday</b> |
| Title                   | Displays whether or not the day 1-23 is a valid day                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                         |
| Possible value          | 1 or 0                                                                                                                                                                                                      |
| Value labels            | • 1 = Yes<br>• 0 = No<br>• -3 = Not applicable                                                                                                                                                              |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                          |
| Remarks                 | /                                                                                                                                                                                                           |

|                         |                                                                                                                                                                                      |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1vhr, D2vhr, D3vhr, d4vhr, d5vhr, d6vhr, d7vhr, d8vhr, d9vhr, d10vhr, d11vhr, d12vhr, d13vhr, d14vhr, d15vhr, d16vhr, d17vhr, d18vhr, d19vhr, d20vhr, d21vhr, d22vhr, d23vhr</b> |
| Title                   | The number of valid hours in day 1-23                                                                                                                                                |
| Type of variable        | Num                                                                                                                                                                                  |



|                |                                                                       |
|----------------|-----------------------------------------------------------------------|
| Possible value | /                                                                     |
| Value labels   | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> |
| Denominator    | Children, adolescents and adults participating in validation study    |
| Remarks        | /                                                                     |

|                         |                                                                                                                                                                                                                                    |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1Count, D2Count, D3Count, d4count, d5count, d6count, d7count, d8count, d9count, d10count, d11count, d12count, d13count, d14count, d15count, d16count, d17count, d18count, d19count, d20count, d21count, d22count, d23count</b> |
| Title                   | The total activity count in day 1-23                                                                                                                                                                                               |
| Type of variable        | Num                                                                                                                                                                                                                                |
| Possible value          | /                                                                                                                                                                                                                                  |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                              |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                 |
| Remarks                 | /                                                                                                                                                                                                                                  |

|                         |                                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1non_wearing, D2non_wearing, D3non_wearing, d4non_wearing, d5non_wearing, d6non_wearing, d7non_wearing, d8non_wearing, d9non_wearing, d10non_wearing, d11non_wearing, d12non_wearing, d13non_wearing, d14non_wearing, d15non_wearing, d16non_wearing, d17non_wearing, d18non_wearing, d19non_wearing, d20non_wearing, d21non_wearing, d22non_wearing, d2non_wearing</b> |
| Title                   | The number of epochs of non-wearing activity in day 1-23                                                                                                                                                                                                                                                                                                                    |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                                                           |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                       |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                          |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                           |

|                         |                                                                                      |
|-------------------------|--------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1Sedentary, D2Sedentary, D3Sedentary, D4Sedentary, d4sedentary, d5sedentary,</b> |
|-------------------------|--------------------------------------------------------------------------------------|



|                  |                                                                                                                                                                                                                                                                             |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | <b>d6sedentary, d7sedentary, d8sedentary, d9sedentary, d10sedentary, d11sedentary, d12sedentary, d13sedentary, d14sedentary, d14sedentary, d15sedentary, d16sedentary, d17sedentary, d18sedentary, d19sedentary, d20sedentary, d21sedentary, d22sedentary, d23sedentary</b> |
| Title            | The number of epochs of non-wearing activity in day 1-23                                                                                                                                                                                                                    |
| Type of variable | Num                                                                                                                                                                                                                                                                         |
| Possible value   | /                                                                                                                                                                                                                                                                           |
| Value labels     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                       |
| Denominator      | Children, adolescents and adults participating in validation study                                                                                                                                                                                                          |
| Remarks          | /                                                                                                                                                                                                                                                                           |

|                         |                                                                                                                                                                                                                                                       |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1light, D2light, D3light, d4light, d4light, d5light, d6light, d7light, d8light, d9light, d10light, d11light, d12light, d13light, d14light, d14light, d15light, d16light, d17light, d18light, d19light, d20light, d21light, d22light, d23light</b> |
| Title                   | The number of epochs of light activity in day 1                                                                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                                                                                   |
| Possible value          | /                                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                 |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                    |
| Remarks                 | /                                                                                                                                                                                                                                                     |

|                         |                                                                                                                                                                                                                                                                                                                                  |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1moderate, D2moderate, D3moderate, d4moderate, d4moderate, d5moderate, d6moderate, d7moderate, d8moderate, d9moderate, d10moderate, d11moderate, d12moderate, d13moderate, d14moderate, d14moderate, d15moderate, d16moderate, d17moderate, d18moderate, d19moderate, d20moderate, d21moderate, d22moderate, d23moderate</b> |
| Title                   | The number of epochs of moderate activity in day 1-23                                                                                                                                                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                              |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                |





|              |                                                                     |
|--------------|---------------------------------------------------------------------|
| Value labels | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul> |
| Denominator  | Children, adolescents and adults participating in validation study  |
| Remarks      | /                                                                   |

|                         |                                                                                                                                                                                                                                                                                                                                  |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>D1vigorous, D2vigorous, D3vigorous, d4vigorous, d4vigorous, d5vigorous, d6vigorous, d7vigorous, d8vigorous, d9vigorous, d10vigorous, d11vigorous, d12vigorous, d13vigorous, d14vigorous, d14vigorous, d15vigorous, d16vigorous, d17vigorous, d18vigorous, d19vigorous, d20vigorous, d21vigorous, d22vigorous, d23vigorous</b> |
| Title                   | The number of epochs of vigorous activity in day 1-23                                                                                                                                                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                              |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul>                                                                                                                                                                                                                                                              |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                               |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                |



## 6.2.2. Logbook

### Variables FCS 2014

|          |                                               |
|----------|-----------------------------------------------|
| Sdag     | Day of start                                  |
| Sdate    | Date of start                                 |
| Day1     | Day 1: Day                                    |
| Date1    | Day 1: Date                                   |
| Nact1Arb | Day 1: Work: Number of actions                |
| ArbBegin | Day 1: Work: Action 1 start time              |
| ArbEnd1  | Day 1: Work: Action 1 end time                |
| ArbDescr | Day 1: Work: Action 1 description remark      |
| ArbBegi2 | Day 1: Work: Action 2 start time              |
| ArbEnd2  | Day 1: Work: Action 2 end time                |
| ArbDesc2 | Day 1: Work: Action 2 description remark      |
| ArbBegi3 | Day 1: Work: Action 3 start time              |
| ArbEnd3  | Day 1: Work: Action 3 end time                |
| ArbDesc3 | Day 1: Work: Action 3 description remark      |
| Nact1ver | Day 1: Transport: Number of actions           |
| VerplBeg | Day 1: Transport: Action 1 start time         |
| VerplEnd | Day 1: Transport: Action 1 end time           |
| VerplDes | Day 1: Transport: Action 1 description remark |
| VerplBe2 | Day 1: Transport: Action 2 start time         |
| VerplEn2 | Day 1: Transport: Action 2 end time           |
| VerplDe2 | Day 1: Transport: Action 2 description remark |
| VerplBe3 | Day 1: Transport: Action 3 start time         |
| VerplEn3 | Day 1: Transport: Action 3 end time           |
| VerplDe3 | Day 1: Transport: Action 3 description remark |
| VerplBe4 | Day 1: Transport: Action 4 start time         |
| VerplEn4 | Day 1: Transport: Action 4 end time           |
| VerplDe4 | Day 1: Transport: Action 4 description remark |
| VerplBe5 | Day 1: Transport: Action 5 start time         |
| VerplEn5 | Day 1: Transport: Action 5 end time           |
| VerplDe5 | Day 1: Transport: Action 5 description remark |
| VerplBe6 | Day 1: Transport: Action 6 start time         |
| VerplEn6 | Day 1: Transport: Action 6 end time           |
| VerplDe6 | Day 1: Transport: Action 6 description remark |
| Nact1Vri | Day 1: Leisure: Number of actions             |
| VrijBegi | Day 1: Leisure: Action 1 start time           |
| VrijEnd1 | Day 1: Leisure: Action 1 end time             |



|           |                                                    |
|-----------|----------------------------------------------------|
| VrijDesc  | Day 1: Leisure: Action 1 description remark        |
| VrijBeg2  | Day 1: Leisure: Action 2 start time                |
| VrijEnd2  | Day 1: Leisure: Action 2 end time                  |
| VrijDes2  | Day 1: Leisure: Action 2 description remark        |
| VrijBeg3  | Day 1: Leisure: Action 3 start time                |
| VrijEnd3  | Day 1: Leisure: Action 3 end time                  |
| VrijDes3  | Day 1: Leisure: Action 3 description remark        |
| VrijBeg4  | Day 1: Leisure: Action 4 start time                |
| VrijEnd4  | Day 1: Leisure: Action 4 end time                  |
| VrijDes4  | Day 1: Leisure: Action 4 description remark        |
| btime1    | Day 1: Time begin wearing accelerometer            |
| etime1    | Day 1: Time end wearing accelerometer              |
| Nactions  | Day 1: Number of actions not wearing accelerometer |
| offtime1  | Day 1: Time begin non-wearing (action 1)           |
| ontime1   | Day 1: Time end non-wearing (action 1)             |
| situ1     | Day 1: Situation non-wearing (action 1)            |
| situ1a    | Day 1: Other situation (action 1)                  |
| activ1    | Day 1: Activity non-wearing (action 1)             |
| intens1   | Day 1: Intensity non-wearing (action 1)            |
| intens1a  | Day 1: Other intensity (action 1)                  |
| remark1   | Day 1: Remark (action 1)                           |
| offtime2  | Day 1: Time begin non-wearing (action 2)           |
| ontime2   | Day 1: Time end non-wearing (action 2)             |
| situ2     | Day 1: Situation non-wearing (action 2)            |
| situ1a2   | Day 1: Other situation (action 2)                  |
| activ2    | Day 1: Activity non-wearing (action 2)             |
| intens2   | Day 1: Intensity non-wearing (action 2)            |
| intens1a2 | Day 1: Other intensity (action 2)                  |
| remark2   | Day 1: Remark (action 2)                           |
| offtime3  | Day 1: Time begin non-wearing (action 3)           |
| ontime3   | Day 1: Time end non-wearing (action 3)             |
| situ3     | Day 1: Situation non-wearing (action 3)            |
| situ1a2   | Day 1: Other situation (action 3)                  |
| activ3    | Day 1: Activity non-wearing (action 3)             |
| intens3   | Day 1: Intensity non-wearing (action 3)            |
| intens1a3 | Day 1: Other intensity (action 3)                  |
| remark3   | Day 1: Remark (action 3)                           |
| offtime4  | Day 1: Time begin non-wearing (action 4)           |
| ontime4   | Day 1: Time end non-wearing (action 4)             |
| situ4     | Day 1: Situation non-wearing (action 4)            |



|           |                                          |
|-----------|------------------------------------------|
| situ1a4   | Day 1: Other situation (action 4)        |
| activ4    | Day 1: Activity non-wearing (action 4)   |
| intens4   | Day 1: Intensity non-wearing (action 4)  |
| intens1a4 | Day 1: Other intensity (action 4)        |
| remark4   | Day 1: Remark (action 4)                 |
| offtime5  | Day 1: Time begin non-wearing (action 5) |
| ontime5   | Day 1: Time end non-wearing (action 5)   |
| situ5     | Day 1: Situation non-wearing (action 5)  |
| situ1a5   | Day 1: Other situation (action 5)        |
| activ5    | Day 1: Activity non-wearing (action 5)   |
| intens5   | Day 1: Intensity non-wearing (action 5)  |
| intens1a5 | Day 1: Other intensity (action 5)        |
| remark5   | Day 1: Remark (action 5)                 |
| offtime6  | Day 1: Time begin non-wearing (action 6) |
| ontime6   | Day 1: Time end non-wearing (action 6)   |
| situ6     | Day 1: Situation non-wearing (action 6)  |
| situ1a6   | Day 1: Other situation (action 6)        |
| activ6    | Day 1: Activity non-wearing (action 6)   |
| intens6   | Day 1: Intensity non-wearing (action 6)  |
| intens1a6 | Day 1: Other intensity (action 6)        |
| remark6   | Day 1: Remark (action 6)                 |
| offtime7  | Day 1: Time begin non-wearing (action 7) |
| ontime7   | Day 1: Time end non-wearing (action 7)   |
| situ7     | Day 1: Situation non-wearing (action 7)  |
| situ1a7   | Day 1: Other situation (action 7)        |
| activ7    | Day 1: Activity non-wearing (action 7)   |
| intens7   | Day 1: Intensity non-wearing (action 7)  |
| intens1a7 | Day 1: Other intensity (action 7)        |
| remark7   | Day 1: Remark (action 7)                 |

*Daily variables are repeated for each day (until day 8) (Day2, Date2, Nact2Arb, ArbBeg11, ArbEnd11, ArbDes11, ArbBeg12, ArbEnd12, ArbDes12...)*



| <b>Variable FCS2014</b> | <b>Sdag</b>                                                                                                                                                                                        |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Day of start                                                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                                |
| Possible value          | 1 to 7                                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Monday</li><li>• 2 = Tuesday</li><li>• 3 = Wednesday</li><li>• 4 = Thursday</li><li>• 5 = Friday</li><li>• 6 = Saturday</li><li>• 7 = Sunday</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> Children, adolescents and adults participating in validation study                                                           |
| Remarks                 | /                                                                                                                                                                                                  |

| <b>Variable FCS2014</b> | <b>Sdate</b>                                                          |
|-------------------------|-----------------------------------------------------------------------|
| Title                   | Date of start                                                         |
| Type of variable        | Num                                                                   |
| Possible value          | DD/MM/YYYY                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

| <b>Variable FCS2014</b> | <b>Day1, Day2, Day3, Day4, Day5, Day6, Day7, Day8</b>                                                                                                                                              |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                   | Day 1-8: Day                                                                                                                                                                                       |
| Type of variable        | Num                                                                                                                                                                                                |
| Possible value          | 1 to 7                                                                                                                                                                                             |
| Value labels            | <ul style="list-style-type: none"><li>• 1 = Monday</li><li>• 2 = Tuesday</li><li>• 3 = Wednesday</li><li>• 4 = Thursday</li><li>• 5 = Friday</li><li>• 6 = Saturday</li><li>• 7 = Sunday</li></ul> |
| Denominator             | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> Children, adolescents and adults participating in validation study                                                           |



|         |   |
|---------|---|
| Remarks | / |
|---------|---|

|                         |                                                                       |
|-------------------------|-----------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>Date1, Date2, Date3, Date4, Date5, Date6, Date7, Date8</b>         |
| Title                   | Day 1-8: Day                                                          |
| Type of variable        | Num                                                                   |
| Possible value          | DD/MM/YYYY                                                            |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

|                         |                                                                                                                  |
|-------------------------|------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>Nact1Arb, Nact2Arb, Nact3Arb, Nact4Arb, Nact5Arb, Nact6Arb, Nact7Arb, Nact8Arb</b>                            |
| Title                   | Day 1-8: Work: Number of actions                                                                                 |
| Type of variable        | Num                                                                                                              |
| Possible value          | 0 to 10                                                                                                          |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                            |
| Denominator             | Children, adolescents and adults participating in validation study                                               |
| Remarks                 | This variable indicates the number of actions in the context of work the participant indicated in their logbook. |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ArbBegin, ArbBegi2, ArbBegi3, ArbBegi4, ArbBegi5, ArbBegi6, ArbBegi7, ArbBegi8, ArbBegi9, ArbBeg10, ArbBeg11, ArbBeg12, ArbBeg13, ArbBeg14, ArbBeg15, ArbBeg16, ArbBeg17, ArbBeg18, ArbBeg19, ArbBeg20, ArbBeg21, ArbBeg22, ArbBeg23, ArbBeg24, ArbBeg25, ArbBeg26, ArbBeg27, ArbBeg28, ArbBeg29, ArbBeg30, ArbBeg31, ArbBeg32, ArbBeg33, ArbBeg34, ArbBeg35, ArbBeg36, ArbBeg37, ArbBeg38, ArbBeg39, ArbBeg40, ArbBeg51, ArbBeg52, ArbBeg53, ArbBeg54, ArbBeg55, ArbBeg56, ArbBeg57, ArbBeg58, ArbBeg59, ArbBeg60, ArbBeg61, ArbBeg62, ArbBeg63, ArbBeg64, ArbBeg65, ArbBeg66, ArbBeg67, ArbBeg68, ArbBeg69, ArbBeg70, ArbBeg71, ArbBeg72, ArbBeg73, ArbBeg74, ArbBeg75, ArbBeg76, ArbBeg77, ArbBeg78, ArbBeg79, ArbBeg80</b> |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



|                  |                                                                         |
|------------------|-------------------------------------------------------------------------|
| Title            | Day 1-8: Work: Action 1-10 start time                                   |
| Type of variable | Num                                                                     |
| Possible value   | hh:mm:ss                                                                |
| Value labels     | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> |
| Denominator      | Children, adolescents and adults participating in validation study      |
| Remarks          | /                                                                       |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ArbEnd1, ArbEnd2, ArbEnd3, ArbEnd4, ArbEnd5, ArbEnd6, ArbEnd7, ArbEnd8, ArbEnd9, ArbEnd10</b><br><b>ArbEnd11, ArbEnd12, ArbEnd13, ArbEnd14, ArbEnd15, ArbEnd16, ArbEnd17, ArbEnd18, ArbEnd19, ArbEnd20</b><br><b>ArbEnd21, ArbEnd22, ArbEnd23, ArbEnd24, ArbEnd25, ArbEnd26, ArbEnd27, ArbEnd28, ArbEnd29, ArbEnd30</b><br><b>ArbEnd31, ArbEnd32, ArbEnd33, ArbEnd34, ArbEnd35, ArbEnd36, ArbEnd37, ArbEnd38, ArbEnd39, ArbEnd40</b><br><b>ArbEnd41, ArbEnd42, ArbEnd43, ArbEnd44, ArbEnd45, ArbEnd46, ArbEnd47, ArbEnd48, ArbEnd49, ArbEnd50</b><br><b>ArbEnd51, ArbEnd52, ArbEnd53, ArbEnd54, ArbEnd55, ArbEnd56, ArbEnd57, ArbEnd58, ArbEnd59, ArbEnd60</b><br><b>ArbEnd61, ArbEnd62, ArbEnd63, ArbEnd64, ArbEnd65, ArbEnd66, ArbEnd67, ArbEnd68, ArbEnd69, ArbEnd70</b><br><b>ArbEnd71, ArbEnd72, ArbEnd73, ArbEnd74, ArbEnd75, ArbEnd76, ArbEnd77, ArbEnd78, ArbEnd79, ArbEnd80</b> |
| Title                   | Day 1-8: Work: Action 1-10 end time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Possible value          | hh:mm:ss                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

|                         |                                                                                                                                                                                                     |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>ArbDescr, ArbDesc2, ArbDesc3, ArbDesc4, ArbDesc5, ArbDesc6, ArbDesc7, ArbDesc8, ArbDesc9, ArbDes10</b><br><b>ArbDes11, ArbDes12, ArbDes13, ArbDes14, ArbDes15, ArbDes16, ArbDes17, ArbDes18,</b> |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



|                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | <b>ArbDes19, ArbDes20<br/>         ArbDes21, ArbDes22, ArbDes23, ArbDes24,<br/>         ArbDes25, ArbDes26, ArbDes27, ArbDes28,<br/>         ArbDes29, ArbDes30<br/>         ArbDes31, ArbDes32, ArbDes33, ArbDes34,<br/>         ArbDes35, ArbDes36, ArbDes37, ArbDes38,<br/>         ArbDes39, ArbDes40<br/>         ArbDes41, ArbDes42, ArbDes43, ArbDes44,<br/>         ArbDes45, ArbDes46, ArbDes47, ArbDes48,<br/>         ArbDes49, ArbDes50<br/>         ArbDes51, ArbDes52, ArbDes53, ArbDes54,<br/>         ArbDes55, ArbDes56, ArbDes57, ArbDes58,<br/>         ArbDes59, ArbDes60<br/>         ArbDes61, ArbDes62, ArbDes63, ArbDes64,<br/>         ArbDes65, ArbDes66, ArbDes67, ArbDes68,<br/>         ArbDes69, ArbDes70<br/>         ArbDes71, ArbDes72, ArbDes73, ArbDes74,<br/>         ArbDes75, ArbDes76, ArbDes77, ArbDes78,<br/>         ArbDes79, ArbDes80</b> |
| Title            | Day 1-8: Work: Action 1-10 description remark                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Type of variable | Char                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Possible value   | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Denominator      | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

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| <b>Variable FCS2014</b> | <b>Nact1ver, Nact2ver, Nact3ver, Nact4ver,<br/>         Nact5ver, Nact6ver, Nact7ver, Nact8ver</b>                    |
| Title                   | Day 1-8: Transport: Number of actions                                                                                 |
| Type of variable        | Num                                                                                                                   |
| Possible value          | 0 to 10                                                                                                               |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                 |
| Denominator             | Children, adolescents and adults participating in validation study                                                    |
| Remarks                 | This variable indicates the number of actions in the context of transport the participant indicated in their logbook. |

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| <b>Variable FCS2014</b> | <b>VerplBe1, VerplBe2, VerplBe3, VerplBe4,<br/>         VerplBe5, VerplBe6, VerplBe7, VerplBe8,<br/>         VerplBe9, VerplBe10<br/>         VerplB11, VerplB12, VerplB13, VerplB14,<br/>         VerplB15, VerplB16, VerplB17, VerplB18,<br/>         VerplB19, VerplB20</b> |
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|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | <p>VerplB21, VerplB22, VerplB23, VerplB24,<br/>         VerplB25, VerplB26, VerplB27, VerplB28,<br/>         VerplB29, VerplB30<br/>         VerplB31, VerplB32, VerplB33, VerplB34,<br/>         VerplB35, VerplB36, VerplB37, VerplB38,<br/>         VerplB39, VerplB40<br/>         VerplB41, VerplB42, VerplB43, VerplB44,<br/>         VerplB45, VerplB46, VerplB47, VerplB48,<br/>         VerplB49, VerplB50<br/>         VerplB51, VerplB52, VerplB53, VerplB54,<br/>         VerplB55, VerplB56, VerplB57, VerplB58,<br/>         VerplB59, VerplB60<br/>         VerplB61, VerplB62, VerplB63, VerplB64,<br/>         VerplB65, VerplB66, VerplB67, VerplB68,<br/>         VerplB69, VerplB70<br/>         VerplB71, VerplB72, VerplB73, VerplB74,<br/>         VerplB75, VerplB76, VerplB77, VerplB78,<br/>         VerplB79, VerplB80</p> |
| Title            | Day 1-8: Transport: Action 1-10 start time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Type of variable | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Possible value   | hh:mm:ss                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Value labels     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Denominator      | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

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|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <p>VerplEn1, VerplEn2, VerplEn3, VerplEn4,<br/>         VerplEn5, VerplEn6, VerplEn7, VerplEn8,<br/>         VerplEn9, VerplE10<br/>         VerplE11, VerplE12, VerplE13, VerplE14,<br/>         VerplE15, VerplE16, VerplE17, VerplE18,<br/>         VerplE19, VerplE20<br/>         VerplE21, VerplE22, VerplE23, VerplE24,<br/>         VerplE25, VerplE26, VerplE27, VerplE28,<br/>         VerplE29, VerplE30<br/>         VerplE31, VerplE32, VerplE33, VerplE34,<br/>         VerplE35, VerplE36, VerplE37, VerplE38,<br/>         VerplE39, VerplE40<br/>         VerplE41, VerplE42, VerplE43, VerplE44,<br/>         VerplE45, VerplE46, VerplE47, VerplE48,<br/>         VerplE49, VerplE50<br/>         VerplE51, VerplE52, VerplE53, VerplE54,<br/>         VerplE55, VerplE56, VerplE57, VerplE58,<br/>         VerplE59, VerplE60<br/>         VerplE61, VerplE62, VerplE63, VerplE64,<br/>         VerplE65, VerplE66, VerplE67, VerplE68,<br/>         VerplE69, VerplE70</p> |
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|                  | <b>VerplE71, VerplE72, VerplE73, VerplE74, VerplE75, VerplE76, VerplE77, VerplE78, VerplE79, VerplE80</b> |
| Title            | Day 1-8: Transport: Action 1-10 end time                                                                  |
| Type of variable | Num                                                                                                       |
| Possible value   | hh:mm:ss                                                                                                  |
| Value labels     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                     |
| Denominator      | Children, adolescents and adults participating in validation study                                        |
| Remarks          | /                                                                                                         |

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|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>VerplDes, VerplDe2, VerplDe3, VerplDe4, VerplDe5, VerplDe6, VerplDe7, VerplDe8, VerplDe9, VerplD10, VerplD11, VerplD12, VerplD13, VerplD14, VerplD15, VerplD16, VerplD17, VerplD18, VerplD19, VerplD20, VerplD21, VerplD22, VerplD23, VerplD24, VerplD25, VerplD26, VerplD27, VerplD28, VerplD29, VerplD30, VerplD31, VerplD32, VerplD33, VerplD34, VerplD35, VerplD36, VerplD37, VerplD38, VerplD39, VerplD40, VerplD41, VerplD42, VerplD43, VerplD44, VerplD45, VerplD46, VerplD47, VerplD48, VerplD49, VerplD50, VerplD51, VerplD52, VerplD53, VerplD54, VerplD55, VerplD56, VerplD57, VerplD58, VerplD59, VerplD60, VerplD61, VerplD62, VerplD63, VerplD64, VerplD65, VerplD66, VerplD67, VerplD68, VerplD69, VerplD70, VerplD71, VerplD72, VerplD73, VerplD74, VerplD75, VerplD76, VerplD77, VerplD78, VerplD79, VerplD80</b> |
| Title                   | Day 1: Transport: Action 1 description remark                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Type of variable        | Char                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

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|-------------------------|---------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>Nact1Vri, Nact2Vri, Nact3Vri, Nact4Vri, Nact5Vri, Nact6Vri, Nact7Vri, Nact8Vri</b> |
|-------------------------|---------------------------------------------------------------------------------------|



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|------------------|-----------------------------------------------------------------------------------------------------------------------|
| Title            | Day 1-8: Leisure: Number of actions                                                                                   |
| Type of variable | Num                                                                                                                   |
| Possible value   | 0 to 10                                                                                                               |
| Value labels     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                 |
| Denominator      | Children, adolescents and adults participating in validation study                                                    |
| Remarks          | This variable indicates the number of actions in the context of transport the participant indicated in their logbook. |

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| <b>Variable FCS2014</b> | <b>VrijBegi, VrijBeg2, VrijBeg3, VrijBeg4, VrijBeg5, VrijBeg6, VrijBeg7, VrijBeg8, VrijBeg9, VrijBe10, VrijBe11, VrijBe12, VrijBe13, VrijBe14, VrijBe15, VrijBe16, VrijBe17, VrijBe18, VrijBe19, VrijBe20, VrijBe21, VrijBe22, VrijBe23, VrijBe24, VrijBe25, VrijBe26, VrijBe27, VrijBe28, VrijBe29, VrijBe30, VrijBe31, VrijBe32, VrijBe33, VrijBe34, VrijBe35, VrijBe36, VrijBe37, VrijBe38, VrijBe39, VrijBe40, VrijBe41, VrijBe42, VrijBe43, VrijBe44, VrijBe45, VrijBe46, VrijBe47, VrijBe48, VrijBe49, VrijBe50, VrijBe51, VrijBe52, VrijBe53, VrijBe54, VrijBe55, VrijBe56, VrijBe57, VrijBe58, VrijBe59, VrijBe60, VrijBe61, VrijBe62, VrijBe63, VrijBe64, VrijBe65, VrijBe66, VrijBe67, VrijBe68, VrijBe69, VrijBe70, VrijBe71, VrijBe72, VrijBe73, VrijBe74, VrijBe75, VrijBe76, VrijBe77, VrijBe78, VrijBe79, VrijBe80</b> |
| Title                   | Day 1-8: Leisure: Action 1-10 start time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Possible value          | hh:mm:ss                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

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|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>VrijEnd1, VrijEnd2, VrijEnd3, VrijEnd4, VrijEnd5, VrijEnd6, VrijEnd7, VrijEnd8, VrijEnd9, VrijEn10, VrijEn11, VrijEn12, VrijEn13, VrijEn14, VrijEn15, VrijEn16, VrijEn17, VrijEn18, VrijEn19, VrijEn20, VrijEn21, VrijEn22, VrijEn23, VrijEn24, VrijEn25, VrijEn26, VrijEn27, VrijEn28, VrijEn29, VrijEn30, VrijEn31, VrijEn32, VrijEn33, VrijEn34, VrijEn35, VrijEn36, VrijEn37, VrijEn38, VrijEn39, VrijEn40, VrijEn41, VrijEn42, VrijEn43, VrijEn44, VrijEn45, VrijEn46, VrijEn47, VrijEn48, VrijEn49, VrijEn50, VrijEn51, VrijEn52, VrijEn53, VrijEn54, VrijEn55,</b> |
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|                  | <b>VrijEn56, VrijEn57, VrijEn58, VrijEn59, VrijEn60<br/>VrijEn61, VrijEn62, VrijEn63, VrijEn64, VrijEn65,<br/>VrijEn66, VrijEn67, VrijEn68, VrijEn69, VrijEn70<br/>VrijEn71, VrijEn72, VrijEn73, VrijEn74, VrijEn75,<br/>VrijEn76, VrijEn77, VrijEn78, VrijEn79, VrijEn80</b> |
| Title            | Day 1-8: Leisure: Action 1-10 End time                                                                                                                                                                                                                                        |
| Type of variable | Num                                                                                                                                                                                                                                                                           |
| Possible value   | hh:mm:ss                                                                                                                                                                                                                                                                      |
| Value labels     | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                         |
| Denominator      | Children, adolescents and adults participating in validation study                                                                                                                                                                                                            |
| Remarks          | /                                                                                                                                                                                                                                                                             |

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|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>VrijDesc, VrijDes2, VrijDes3, VrijDes4, VrijDes5,<br/>VrijDes6, VrijDes7, VrijDes8, VrijDes9, VrijDe10<br/>VrijDe11, VrijDe12, VrijDe13, VrijDe14, VrijDe15,<br/>VrijDe16, VrijDe17, VrijDe18, VrijDe19, VrijDe20<br/>VrijDe21, VrijDe22, VrijDe23, VrijDe24, VrijDe25,<br/>VrijDe26, VrijDe27, VrijDe28, VrijDe29, VrijDe30<br/>VrijDe31, VrijDe32, VrijDe33, VrijDe34, VrijDe35,<br/>VrijDe36, VrijDe37, VrijDe38, VrijDe39, VrijDe40<br/>VrijDe41, VrijDe42, VrijDe43, VrijDe44, VrijDe45,<br/>VrijDe46, VrijDe47, VrijDe48, VrijDe49, VrijDe50<br/>VrijDe51, VrijDe52, VrijDe53, VrijDe54, VrijDe55,<br/>VrijDe56, VrijDe57, VrijDe58, VrijDe59, VrijDe60<br/>VrijDe61, VrijDe62, VrijDe63, VrijDe64, VrijDe65,<br/>VrijDe66, VrijDe67, VrijDe68, VrijDe69, VrijDe70<br/>VrijDe71, VrijDe72, VrijDe73, VrijDe74, VrijDe75,<br/>VrijDe76, VrijDe77, VrijDe78, VrijDe79, VrijDe80</b> |
| Title                   | Day 1-8: Leisure: Action 1-10 description remark                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Type of variable        | Char                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

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|-------------------------|---------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>btime1, btime2, btime3, btime4, btime5, btime6,<br/>btime7, btime8</b> |
| Title                   | Day 1-8: Time begin wearing accelerometer                                 |
| Type of variable        | Num                                                                       |
| Possible value          | hh:mm:ss                                                                  |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>     |



|             |                                                                    |
|-------------|--------------------------------------------------------------------|
| Denominator | Children, adolescents and adults participating in validation study |
| Remarks     | /                                                                  |

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| <b>Variable FCS2014</b> | <b>etime1, etime2, etime3, etime4, etime5, etime6, etime7, etime8</b> |
| Title                   | Day 1-8: Time Des wearing accelerometer                               |
| Type of variable        | Num                                                                   |
| Possible value          | hh:mm:ss                                                              |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul> |
| Denominator             | Children, adolescents and adults participating in validation study    |
| Remarks                 | /                                                                     |

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|-------------------------|---------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>Naction1, Naction2, Naction3, Naction4, Naction5, Naction6, Naction7, Naction8</b> |
| Title                   | Day 1-8: Number of actions not wearing accelerometer                                  |
| Type of variable        | Num                                                                                   |
| Possible value          | 0 to 7                                                                                |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                 |
| Denominator             | Children, adolescents and adults participating in validation study                    |
| Remarks                 | /                                                                                     |

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|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>offtime1, offtime2, offtime3, offtime4, offtime5, offtime6, offtime7, offtime8, offtime9, offtim10, offtim11, offtime12, offtim13, offtim14, offtim15, offtim16, offtim17, offtim18, offtim19, offtim20, offtim21, offtim22, offtim23, offtim24, offtim25, offtim26, offtim27, offtim28, offtim29, offtime30, offtim31, offtim32, offtim33, offtim34, offtim35, offtim36, offtim37, offtim38, offtim39, offtim40, offtim41, offtim42, offtim43, offtim44, offtim45, offtim46, offtim47, offtim48, offtim49, offtim50, offtim51, offtim52, offtim53, offtim54, offtim55, offtim56</b> |
| Title                   | Day 1-8: Time begin non-wearing (action 1-7)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Possible value          | hh:mm:ss                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Value labels            | <ul style="list-style-type: none"> <li>-3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |



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|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Variable FCS2014</b> | <b>ontime1, ontime2, ontime3, ontime4, ontime5, ontime6, ontime7, ontime8, ontime9, ontime10, ontime11, ontime12, ontime13, ontime14, ontime15, ontime16, ontime17, ontime18, ontime19, ontime20, ontime21, ontime22, ontime23, ontime24, ontime25, ontime26, ontime27, ontime28, ontime29, ontime30, ontime31, ontime32, ontime33, ontime34, ontime35, ontime36, ontime37, ontime38, ontime39, ontime40, ontime41, ontime42, ontime43, ontime44, ontime45, ontime46, ontime47, ontime48, ontime49, ontime50, ontime51, ontime52, ontime53, ontime54, ontime55, ontime56</b> |
| Title                   | Day 1-8: Time Des non-wearing (action 1)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Possible value          | hh:mm:ss                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>-3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>situ1, situ2, situ3, situ4, situ5, situ6, situ7, situ8, situ9, situ10, situ12, situ13, situ14, situ15, situ16, situ17, situ18, situ19, situ20, situ21, situ22, situ23, situ24, situ25, situ26, situ27, situ28, situ29, situ30, situ31, situ32, situ33, situ34, situ35, situ36, situ37, situ38, situ39, situ40, situ41, situ42, situ43, situ44, situ45, situ46, situ47, situ48, situ49, situ50, situ51, situ52, situ53, situ54, situ55, situ56</b> |
| Title                   | Day 1-8: Situation non-wearing (action 1-7)                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of variable        | Num                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Possible value          | 1 to 4                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Value labels            | <ul style="list-style-type: none"><li>1 = School</li><li>2 = Transport</li><li>3 = Leisure</li><li>4 = Other</li></ul><br><ul style="list-style-type: none"><li>-3 = Not applicable</li></ul>                                                                                                                                                                                                                                                        |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                    |



|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <b>Variable FCS2014</b> | <b>situ1a, situ1a2, situ1a3, situ1a4, situ1a5, situ1a6, situ1a7, situ2a, situ2a2, situ2a3, situ2a4, situ2a5, situ2a6, situ2a7, situ3a, situ3a2, situ3a3, situ3a4, situ3a5, situ3a6, situ3a7, situ4a, situ4a2, situ4a3, situ4a4, situ4a5, situ4a6, situ4a7, situ5a, situ5a2, situ5a3, situ5a4, situ5a5, situ5a6, situ5a7, situ6a, situ6a2, situ6a3, situ6a4, situ6a5, situ6a6, situ6a7, situ7a, situ7a2, situ7a3, situ7a4, situ7a5, situ7a6, situ7a7, situ8a, situ8a2, situ8a3, situ8a4, situ8a5, situ8a6, situ8a7</b> |
| Title                   | Day 1-8: Other situation (action 1-7)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Type of variable        | Char                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>activ1, activ2, activ3, activ4, activ5, activ6, activ7, activ8, activ9, activ10, activ11, activ12, activ13, activ14, activ15, activ16, activ17, activ18, activ19, activ20, activ21, activ22, activ23, activ24, activ25, activ26, activ27, activ28, activ29, activ30, activ31, activ32, activ33, activ34, activ35, activ36, activ37, activ38, activ39, activ40, activ41, activ42, activ43, activ44, activ45, activ46, activ47, activ48, activ49, activ50, activ51, activ52, activ53, activ54, activ55, activ56</b> |
| Title                   | Day 1-8: Activity non-wearing (action 1-7)                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Type of variable        | Char                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Value labels            | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

|                         |                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>intens1, intens2, intens3, intens4, intens5, intens6, intens7, intens8, intens9, intens10, intens11, intens12, intens13, intens14, intens15, intens16, intens17, intens18, intens19, intens20, intens21, intens22, intens23, intens24, intens25, intens26, intens27, intens28, intens29, intens30, intens31, intens32, intens33, intens34, intens35,</b> |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



|                  |                                                                                                                                                                                                                         |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | <b>intens36, intens37, intens38, intens39, intens40, intens41, intens42, intens43, intens44, intens45, intens46, intens47, intens48, intens49, intens50, intens51, intens52, intens53, intens54, intens55, intens56</b> |
| Title            | Day 1-8: Intensity non-wearing (action 1-7)                                                                                                                                                                             |
| Type of variable | Num                                                                                                                                                                                                                     |
| Possible value   | 1 to 5                                                                                                                                                                                                                  |
| Value labels     | <ul style="list-style-type: none"> <li>• 1 = Not exhausting</li> <li>• 2 = A little exhausting</li> <li>• 3 = Exhausting</li> <li>• 4 = Very exhausting</li> <li>• 5 = Other</li> </ul>                                 |
| Denominator      | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul> Children, adolescents and adults participating in validation study                                                                              |
| Remarks          | /                                                                                                                                                                                                                       |

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>intens1a, intens1a2, intens1a3, intens1a4, intens1a5, intens1a6, intens1a7, intens2a, intens2a2, intens2a3, intens2a4, intens2a5, intens2a6, intens2a7, intens3a, intens3a2, intens3a3, intens3a4, intens3a5, intens3a6, intens3a7, intens4a, intens4a2, intens4a3, intens4a4, intens4a5, intens4a6, intens4a7, intens5a, intens5a2, intens5a3, intens5a4, intens5a5, intens5a6, intens5a7, intens6a, intens6a2, intens6a3, intens6a4, intens6a5, intens6a6, intens6a7, intens7a, intens7a2, intens7a3, intens7a4, intens7a5, intens7a6, intens7a7, intens8a, intens8a2, intens8a3, intens8a4, intens8a5, intens8a6, intens8a7</b> |
| Title                   | Day 1-8: Other intensity (action 1-7)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Type of variable        | Char                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| Possible value          | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Value labels            | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Denominator             | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Remarks                 | /                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

|                         |                                                                                                                                                                                   |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Variable FCS2014</b> | <b>remark1, remark2, remark3, remark4, remark5, remark6, remark7, remark8, remark9, remark10, remark21, remark22, remark23, remark24, remark25, remark26, remark27, remark28,</b> |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|





|                  |                                                                                                                                                                                                                                                                                               |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  | <b>remark29, remark30, remark31, remark32, remark33, remark34, remark35, remark36, remark37, remark38, remark39, remark40, remark41, remark42, remark43, remark44, remark45, remark46, remark47, remark48, remark49, remark50, remark51, remark52, remark53, remark54, remark55, remark56</b> |
| Title            | Day 1-8: Remark (action 1-7)                                                                                                                                                                                                                                                                  |
| Type of variable | Char                                                                                                                                                                                                                                                                                          |
| Possible value   | /                                                                                                                                                                                                                                                                                             |
| Value labels     | <ul style="list-style-type: none"><li>• -3 = Not applicable</li></ul>                                                                                                                                                                                                                         |
| Denominator      | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                            |
| Remarks          | /                                                                                                                                                                                                                                                                                             |



## 6.2.3. Indicators

### Indicators FCS 2014

|         |                                                                                      |
|---------|--------------------------------------------------------------------------------------|
| AC_1    | Average duration of sedentary activities (minutes/day)                               |
| AC_2    | Average duration of light intensity physical activities (minutes/day)                |
| AC_3    | Average duration of moderate to vigorous intensity physical activities (minutes/day) |
| AC_4    | Meeting guidelines for physical activity                                             |
| logbook | Type of logbook                                                                      |

The detailed syntaxes in which these indicators have been created are available upon request.

Additional information concerning data reduction, data cleaning and the addition of non-wear activities (logbooks) can be found in the following article:

*Thérésa Lebacqz, Cloë Ost, Sarah Bel, Loes Brocatus, Eveline Teppers, Koenraad Cuypers, Jean Tafforeau, Karin A. A. De Ridder. Physical activity and sedentary behavior in Belgium (BNFCS2014): design, methods and expected outcomes. Archives of Public Health; 74:44.*



| <b>Indicator FCS2014</b> | <b>AC_1</b>                                                                                       |
|--------------------------|---------------------------------------------------------------------------------------------------|
| Title                    | Average duration of sedentary activities (minutes/day)                                            |
| Type of variable         | Num                                                                                               |
| Possible value           | /                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | /                                                                                                 |
| Construction             | <i>The detailed syntax in which this indicator has been created is available upon request.</i>    |
| Denominator              | Children, adolescents and adults participating in validation study                                |
| Remarks                  | /                                                                                                 |

| <b>Indicator FCS2014</b> | <b>AC_2</b>                                                                                       |
|--------------------------|---------------------------------------------------------------------------------------------------|
| Title                    | Average duration of light intensity physical activities (minutes/day)                             |
| Type of variable         | Num                                                                                               |
| Possible value           | /                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | /                                                                                                 |
| Construction             | <i>The detailed syntax in which this indicator has been created is available upon request.</i>    |
| Denominator              | Children, adolescents and adults participating in validation study                                |
| Remarks                  | /                                                                                                 |

| <b>Indicator FCS2014</b> | <b>AC_3</b>                                                                                       |
|--------------------------|---------------------------------------------------------------------------------------------------|
| Title                    | Average duration of moderate to vigorous intensity physical activities (minutes/day)              |
| Type of variable         | Num                                                                                               |
| Possible value           | /                                                                                                 |
| Value labels             | <ul style="list-style-type: none"> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul> |
| Based on variable(s)     | /                                                                                                 |
| Construction             | <i>The detailed syntax in which this indicator has been created is available upon request.</i>    |
| Denominator              | Children, adolescents and adults participating in validation study                                |
| Remarks                  | /                                                                                                 |

| <b>Indicator FCS2014</b> | <b>AC_4</b> |
|--------------------------|-------------|
|--------------------------|-------------|



|                      |                                                                                                                                                                                                        |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title                | Meeting guidelines for physical activity                                                                                                                                                               |
| Type of variable     | Num                                                                                                                                                                                                    |
| Possible value       | 1 or 0                                                                                                                                                                                                 |
| Value labels         | <ul style="list-style-type: none"> <li>• 1 = Yes</li> <li>• 0 = No</li> <br/> <li>• -1 = No answer</li> <li>• -3 = Not applicable</li> </ul>                                                           |
| Based on variable(s) | /                                                                                                                                                                                                      |
| Construction         | <i>The detailed syntax in which this indicator has been created is available upon request.</i>                                                                                                         |
| Denominator          | Children and adolescents                                                                                                                                                                               |
| Remarks              | The recommendation for children and adolescents (6-17 years) is $\geq 60$ minutes of MVPA in each valid day and for children (3-5 years) is $\geq 180$ minutes of light PA and MVPA in each valid day. |

|                          |                                                                                                                                                                                                                                                                                                                                             |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Indicator FCS2014</b> | <b>logbook</b>                                                                                                                                                                                                                                                                                                                              |
| Title                    | Meeting guidelines for physical activity                                                                                                                                                                                                                                                                                                    |
| Type of variable         | Num                                                                                                                                                                                                                                                                                                                                         |
| Possible value           | 'adult' or 'child'                                                                                                                                                                                                                                                                                                                          |
| Value labels             | <ul style="list-style-type: none"> <li>• -3 = Not applicable</li> </ul>                                                                                                                                                                                                                                                                     |
| Based on variable(s)     | /                                                                                                                                                                                                                                                                                                                                           |
| Construction             | <ul style="list-style-type: none"> <li>• If the logbook database of children/adolescents was used then logbook='child'</li> <li>• If the logbook database of adults was used then logbook='adult'</li> </ul>                                                                                                                                |
| Denominator              | Children, adolescents and adults participating in validation study                                                                                                                                                                                                                                                                          |
| Remarks                  | Two versions of the logbook were used: <ul style="list-style-type: none"> <li>• One version for children and adolescents</li> <li>• One version for adults participating in the validation study of the EHISPAQ (this logbook also contains specific information on the context of physical activity (leisure, work, transport))</li> </ul> |